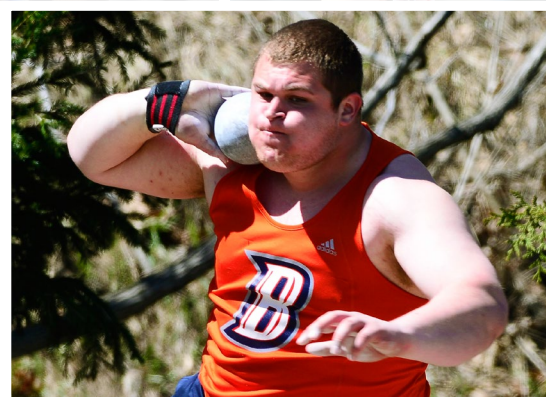
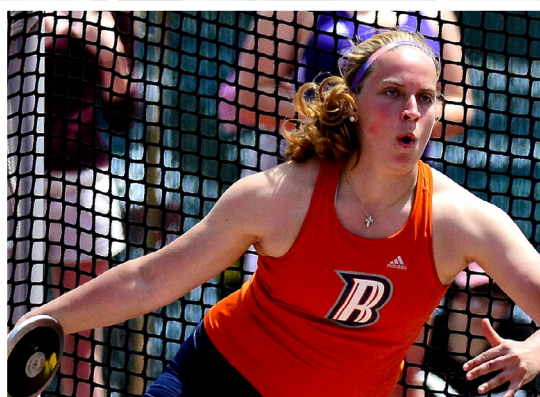




BUCKNELL TRACK & FIELD 2015-2016



QUICK FACTS



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Credits: This book was written, designed and edited by the Bucknell Office of Athletic Communications. Photography by Marc Hagemeier, Joel Turrell, Art Foxall, Laurie Jackson, Light Media, Tom Connelly, Gordon Wenzel and Bucknell Athletic Communications.



QUICK FACTS

University Information

Location	Lewisburg, Pennsylvania, 17837
Founded	1846 as the University at Lewisburg
Enrollment	3,500
Nickname	Bison
Colors	Orange and Blue
Affiliation	NCAA (Div. I)
Conference	ECAC, IC4A, Patriot League (American, Army, Boston U., Bucknell, Colgate, Holy Cross, Lafayette, Lehigh, Loyola (Md.), and Navy)
President	John C. Bravman
Director of Athletics	John P. Hardt
Senior Associate Director of Athletics/SWA	Maisha Kelly
Director of Athletic Communications	Jon Terry
Head Athletic Trainer	Mark Keppler

Athletic Communications

Track and Field Contact	Matt Torres
Phone	(570) 577-1227
Email	mct014@bucknell.edu

Cross Country/Track & Field Information

Head Coach	Kevin Donner (15th season)
Alma Mater	University of Detroit '84
Assistant Coaches	Richard Alexander (Bucknell '03, sixth season) Aimee Baylor (Bloomsburg '94, third season) Bryan Delsite (Syracuse '93, third season) Michael Farronato (Lock Haven '91) (first season) Dan Frake (Bucknell '06, third season) Rob Guisanie (Penn State '90, 15th season) Kip Hoffman (Bloomsburg '99, 10th season) Jim Knight (Bucknell '80, 15th season) Amy Mantush (Bucknell '10, first season)
Cross Country/Track & Field Phone	(570) 577-1482
Email	kdonner@bucknell.edu
Website	www.BucknellBison.com
Athletic Department FAX Phone	(570) 577-1660
Cross Country/Track & Field Address	Kevin Donner Bucknell University Gerhard Fieldhouse Lewisburg, PA 17837

Application Information

Admissions Phone	(570) 577-1101
Application Deadlines:	
Regular Decision	January 15, 2016
Early Decision I	November 15, 2015
Early Decision II	January 15, 2016
Financial Aid Deadlines	Nov. 15, 2015 (ED I)



NICHOLAS LOMBARDO

SOPHIA NNADI

WHAT IT MEANS TO BE A BISON

"... THE PURSUIT OF ATHLETICS IN COLLEGE NEED NOT INTERFERE WITH A FELLOW'S STUDIES, AND IF YOU GIVE A BOY A WELL DEVELOPED BODY HIS BRAIN WILL GET THE BENEFIT OF IT."

— CHRISTY MATHEWSON, IN HIS BOOK WON IN THE NINTH, WRITTEN IN 1910

The term "student-athlete" signifies something extraordinary on the campus of Bucknell University.

Being a Bison means that you have the rare blend of physical skills along with the drive and passion needed to succeed at the highest level of collegiate athletics.

Being a Bison also means that you are a scholar first and foremost. You believe that values associated with Division I athletics, such as time management, leadership, teamwork and grace under pressure, are but a part of a well-rounded college experience.

At Bucknell, our students, faculty and staff pride themselves as national leaders in upholding the scholar-athlete ideal that balances a challenging academic program with the demands of successful Division I athletics. **Being a Bison** means that you have pledged to be a student-athlete in the purest sense. In doing so, you will be rewarded for a lifetime.

SOPHIA NNADI WAS NAMED THE 2015 PATRIOT LEAGUE WOMEN'S TRACK AND FIELD SCHOLAR-ATHLETE OF THE YEAR.



BUCK

JEN
SILVESTRI



MAXWELL
PRIZANT



Capital One
Academic All-American
NSCAA Scholar All-American
JESSE KLUG



Capital One
Academic All-District
AUDREY DOTSON



Capital One
Academic All-District
MATT DeMAURO



Patriot League
Scholar-Athlete of Year
Field Athlete of Year
SOPHIA NNADI



3x NCAA Qualifier
JOE STOLFI



Patriot League
Award of Leadership &
Character
AMANDA SEIFERT



Honorable Mention
All-American
STEFAN ALEKSIC

BUCKNELL BISON ATHLETICS

SETTING THE STANDARD OF EXCELLENCE

Bucknell takes great pride in its commitment to excellence on and off the playing fields. From Presidents' Cups to Academic All-Americans to graduation rates that are ranked annually in the national top-10, Bucknell is clearly at the head of the class when it comes to upholding the scholar-athlete ideal.

- According to federal data released by the NCAA each fall, Bucknell's student-athlete graduation rate annually ranks in the top 10 among all Division I institutions. Bucknell has led the nation in graduation rates three times and ranked second in the most recent survey in the fall of 2015.
- All 27 Bison varsity teams easily met the NCAA's Academic Performance Rate (APR) standards once again last year. In fact, 19 programs boast perfect scores in the four-year rolling average. Bucknell received 19 NCAA Academic Progress Rate (APR) National Recognition Awards, the second-highest total among all Division I institutions.
- Bucknell has claimed a league-high 139 Patriot League Scholar-Athletes of the Year since the league's inception as an all-sports conference in 1990-91.
- A total of 441 Bison appeared on the Patriot League Academic Honor Roll in 2014-15 after recording a GPA of 3.2 or better during their sport's competition season. Among all BU student-athletes, 319 made the Dean's List with GPAs of 3.5 or better during the spring 2015 semester.
- In addition to the 126 Capital One Academic All-Americans produced since 1970, Bucknell has also claimed 346 Academic All-District honorees over the same span, including five in 2014-15.
- Bucknell has earned 101 Patriot League championships in 25 years in the league. In addition, Bucknell has had 129 conference players of the year, 110 PL coaches of the year and a whopping 605 individual league champions from sports such as cross country, track & field, swimming & diving, tennis and golf.
- 26 of Bucknell's 27 varsity squads posted team GPAs of 3.0 or better in the spring of 2015.
- Bucknell has captured the Patriot League Presidents' Cup, signifying the league's all-sports champion, 18 times in the 25-year history of the affiliation, including 14 of the last 18 years.
- Bucknell ranks FIFTH in the nation (to Nebraska, Notre Dame, Penn State and Stanford) in total number of Capital One Academic All-America selections with 126.
- A major element in ensuring Bucknell's commitment to athletics excellence is the Kenneth G. Langone Athletics & Recreation Center, which opened fully in 2003. One of the finest collegiate athletics facilities of its kind, the center includes the 4,000-seat Sojka Pavilion, the Olympic class Kinney Natatorium, the Krebs Family Fitness Center and the Berger Family Weight Room. A Hall of Fame area, a display of Bucknell's Medal of Honor recipients, an Academic All-America wall, a sports medicine suite, modern offices for coaches and staff, and locker room and classroom space are also included in the facility's layout.



Academic All-Patriot League
MARIA GIOFFI



Capital One Academic
All-District
DEREK MAURER



NCAA Qualifier
NSCAA Scholar All-American
EMMA LEVENDOSKI



NWCA All-Academic Team
PAUL PETROV



NFHA All-Region
KELSEY MUGELLI



USILA Scholar All-American
BEN KELLAR



Patriot League
All-Academic Team
BLAIR McDONALD



Patriot League
Player of Year
NICK BYBEL



BU All-Time Hits Leader
CYNDÉE SANDERS



Patriot League
Scholar-Athlete of Year
SAM GRINBERG



PL Scholar-Athlete of Year
KATIE JESSEE



Patriot League
Award of Leadership &
Character
RYAN FRAZIER



NSCAA Scholar All-Region
COURTNEY NELSON



Patriot League Indoor
Track Athlete of Year
ANDREW GARCIA-GARRISON

BUCKNELL BISON ATHLETICS

A NATIONAL MODEL IN PROMOTING THE SCHOLAR-ATHLETE IDEAL

Bucknell Athletics is first and foremost a student-centered organization, one that strives to be a national leader when it comes to operating by a true scholar-athlete model. At Bucknell, student-athletes' academic programs are their first priority, and providing a competitive Division I athletics program only advances the mission, values and residential learning goals of the university. To that end, the Department of Athletics and Recreation proactively seeks ways to assist student-athletes in their daily academic pursuits. Below are just some of the student-athlete support programs currently in place.

BUCKNELL BISON LEADERSHIP ACADEMY: In 2011-12, the Department of Athletics launched the Bucknell Bison Leadership Academy. This program is designed to help student-athletes learn how to be effective leaders on and off the playing fields. The Leadership Academy features programming and instruction that bridge theory, development and real experiences in an interactive learning environment. Through this endeavor, team leaders can enhance their impact on their teammates' and their program's performance immediately and for years to come.



FACULTY ATHLETICS REPRESENTATIVE: The faculty athletics representative (FAR) is a member of the faculty or administrative staff who is designated to represent Bucknell in its relationships with the NCAA and the Patriot League. Bucknell's FAR is Mitch Chernin, Professor of Biology. The FAR can enhance the student-athlete experience by promoting a balance between academics, athletics and the social lives of student-athletes, which affords them opportunities to enjoy a full range of collegiate experiences.

SIDELINE COACH PROGRAM: This program is a truly unique initiative in Division I college athletics, and it involves the invitation of a member of the faculty, administration, staff or community by one of Bucknell's 27 varsity teams. The participant has the opportunity to discuss the overall program with the respective coaching staff, including practice preparation and strategy for the upcoming contest. The sideline coach attends a practice session and an actual intercollegiate competition, where he/she is introduced to the team and gains rarely seen insight into the relationships that exist between player-coach and player-player. The purpose of the Sideline Coaches Program is to foster a better understanding by the faculty and administration of the roles played by coaches and athletes in the university's competitive intercollegiate athletic arena.

ACADEMIC ENHANCEMENT CENTER: In the Fall of 2005, the Department of Athletics opened a study/computer lab for student-athletes on the concourse level of Sojka Pavilion. The center is outfitted with computers, a laser printer, four television monitors and a projection unit with computer, VCR and DVD player. Additionally, the study lab can be used as a meeting place for group projects, tutorial area or just a secluded and quiet study space before or after practice. In addition, the Department of Athletics owns a number of laptop computers that may be signed out by student-athletes for use on away trips.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC): Representatives from each varsity team comprise the SAAC, which is designed to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare, and fostering a positive student-athlete image. The Committee is an invaluable resource for promoting communication between athletics administration and student-athletes; promoting communication between athletics and campus-wide administration; providing feedback and insight, as well as soliciting responses into department issues and proposed NCAA legislation; building a sense of community within the athletics program involving all athletics teams; organizing community service projects and efforts; creating a vehicle for student-athlete representation on campus-wide committees; serving as a collective voice of campus student-athletes; and disseminating information to the student-athlete body. Among the programs the Bucknell SAAC has undertaken in recent years are regular volunteer trips to the Lewisburg Food Bank, and involvement with the "Orange and Blue goes Green" sustainability program.

BISON GOOD SPORTS: Now in its ninth year, Bison Good Sports is a sportsmanship awareness program designed to promote appropriate fan conduct at all Bison sporting events. Bucknell teams have some of the best fan support in the Patriot League, and we encourage all fans to enthusiastically cheer on the Orange & Blue in a positive manner.



NSCAA Scholar All-American
CHRIS THORSHIM



NFHA All-Region
LIZ WILLS



7x Patriot League Champion
7 School Records
PL All-Academic Team
CHRISTIAN LUPICA



Patriot League Player of Year
NCAA All-Region
KRISTEN ZAHN



CSCAA Scholar All-American
Honorable Mention
LOUIS BEHNEN



Bucknell University
President's Award
(graduated with 4.0 GPA)
MARGO BOYD



Capital One
Academic All-District
JOE OGREN

This is Bucknell

Bucknell University is one of the top liberal arts colleges in the nation. Our academic programs encompass:

- ▶ The traditional liberal arts disciplines—arts, humanities, natural sciences and social sciences.
- ▶ Professional programs in accounting, management, education, engineering and music.
- ▶ Preprofessional programs in law and medicine.

With approximately 3,500 undergraduates and nearly 150 graduate students, we combine the personal attention of a small college with the resources of a large university.

THE CAMPUS: BEAUTIFUL AND CENTRALLY LOCATED

- ▶ More than 100 facilities for learning, living and recreation.
- ▶ Recent additions: music building, residence hall, geology/psychology building, engineering building and athletics center. The new Holmes Stadium complex at West Fields is home to field hockey, women's lacrosse, and men's and women's soccer.
- ▶ Approximately three hours from Baltimore, New York, Philadelphia and Washington D.C.

ACADEMICS: BROAD LEARNING OPPORTUNITIES

- ▶ More than 50 majors leading to bachelor of arts, bachelor of science, bachelor of science in engineering, bachelor of science in education, bachelor of science in business administration or bachelor of music.
- ▶ **College of Arts & Sciences:** Animal Behavior, Anthropology, Art and Art History, Biology, Cell Biology/Biochemistry, Chemistry, Classics, Comparative Humanities, Computer Science, East Asian Studies, Economics, Education, English, Environmental Geology, Environmental Science, Environmental Studies, French, Geography, Geology, German, History, International Relations, Latin American Studies, Linguistics, Mathematics, Music, Neuroscience, Philosophy, Physics, Political Science, Psychology, Religion, Russian, Sociology, Spanish, Theatre and Dance, Women's and Gender Studies.
- ▶ **School of Management:** Accounting and Financial Management; Global Management; Managing for Sustainability; Markets, Innovation and Design; Management for Engineers.
- ▶ **College of Engineering:** Biomedical, Chemical, Civil, Computer Engineering, Computer Science and Engineering, Electrical, Environmental, Mechanical.
- ▶ **Professional Advising:** Pre-Health Professions, Pre-Law.

THE FACULTY: FOCUSED ON STUDENTS

- ▶ More than 330 full-time faculty.
- ▶ More than 95% of faculty members hold doctoral degrees.
- ▶ Undergraduate learning is highest priority.
- ▶ Faculty members are active scholars who conduct research, produce creative works and publish their findings, often in collaboration with students.

UNDERGRADUATE RESEARCH

- ▶ Students conduct research in the lab and off campus in conjunction with faculty mentors.
- ▶ High degree of independence.
- ▶ Great preparation for graduate school and career.

CAMPUS LIFE: NEVER A DULL MOMENT

- ▶ Learning outside of class: academically oriented student organizations, guest lecturers, campus publications, concerts, art exhibitions, theatre, trips off campus and more.
- ▶ More than 150 student-run organizations to suit nearly every interest, from a capella singing to Zen Buddhist meditation.
- ▶ Volunteer and service projects on- and off-campus, including abroad.
- ▶ 13 fraternities and 6 sororities.
- ▶ Diverse religious life programs.

RESIDENTIAL COLLEGES: HOUSING OPTIONS WITH AN ACADEMIC TWIST

- ▶ Seven themed programs open to first-year students: arts, environment, global, humanities, language and culture, social justice, and society and technology.
- ▶ Students take a course together, live together, and participate in out-of-class activities such as informal discussions, guest lectures and off-campus trips.

CAREER SERVICES: PREPARATION FOR THE FUTURE

- ▶ Full- or part-time internships at companies, non-profits or governmental agencies.
- ▶ Resume writing and interviewing guidance.
- ▶ Two-day job shadowing externships.
- ▶ On-campus employment expos and off-campus networking nights.

VISIT CAMPUS: SEE BUCKNELL FOR YOURSELF

- ▶ Tours are offered five times daily on weekdays and three times on Saturdays.
- ▶ No appointment is necessary for tours; other options may require reservations.
- ▶ Please go to www.bucknell.edu/admissions/calendar or call (570) 577-1101 for more information about visit options.
- ▶ To take Bucknell's award-winning virtual tour, visit <http://community.bucknell.edu/>.

BUCKNELL ATHLETICS FACILITIES

Christy Mathewson-Memorial Stadium: The home of Bison track & field, football and lacrosse.

Bucknell Athletics Facilities

THE KENNETH LANGONE ATHLETICS & RECREATION CENTER

The Bucknell University Department of Athletics and Recreation prides itself on setting the standard of excellence when it comes to success both on the playing fields and in the classroom. With 18 Patriot League Presidents' Cups in 24 years, national leadership in graduation rates, 125 Academic All-Americans in 44 years and 136 Patriot League Scholar-Athletes in 24 years, Bucknell is clearly at the head of the class in terms of upholding the scholar-athlete model.

The addition of the Kenneth G. Langone Athletics and Recreation Center, one of the finest collegiate athletics and recreation venues of its kind, ensures the continuation of that success.

The facility, which celebrated its 10th birthday in 2012-13, has enhanced each of Bucknell's 27 varsity programs and has greatly expanded the scope of its growing intramural and recreational sports offerings. A visually appealing structure located along Moore Avenue on the "downhill" side of campus, the Langone Athletics and Recreation Center was designed to reach out to all members of the campus community, including the student body, varsity student-athletes, faculty, staff and alumni.

Three primary venues lie within the facility: the Arthur D. Kinney Jr. Natatorium, the 4,000-seat Gary A. Sojka Pavilion and the Krebs Family Fitness Center. Other features include a new location for the Bucknell Athletics Hall of Fame, a display of Bucknell's Congressional Medal of Honor recipients, a brand new display highlighting Bucknell's all-time Academic All-Americans, a sports medicine and athletic training suite, classrooms, modern offices for coaches and staff and increased locker room space for varsity and recreational athletes.

The facility is named in honor of Ken Langone, a 1957 Bucknell graduate who, along with his wife Elaine, pledged \$11 million toward the center's construction. Langone was a member of the university Board of Trustees from 1980 to 1996.

One of the special qualities of the Langone Athletics and Recreation Center is the manner in which it supplements the pre-existing facilities. The construction surrounds Gerhard Fieldhouse and historic Davis Gymnasium, which has been restored as a competition venue for the Bison wrestling and volleyball teams, as well as intramural, recreation and other varsity practice activities.

As Bucknell continues to strive toward its mission of setting the standard of excellence in college athletics, the Langone Athletics and Recreation Center becomes the centerpiece in an already impressive cache of athletics facilities that includes the 13,100-seat Christy Mathewson-Memorial Stadium and its new FieldTurf and 8-lane track surface; the scenic Bucknell Golf Club and the new Bachman Golf Center; the newly refurbished Depew Field (baseball) and Becker Field (softball); and Emmitt Field and Graham Field at Holmes Stadium, the new portion of the West Fields project that includes covered grandstand seats, ticket and concession areas, team rooms, a training room and a press box area for soccer, field hockey and women's lacrosse.

Please see p. 53 for more on Bucknell's cross country and track & field facilities, including stadium records.



1. Sojka Pavilion (M/W basketball); 2. Kinney Natatorium (M/W swimming & diving, M/W water polo); 3. Davis Gym (volleyball, wrestling); 4. Gerhard Fieldhouse (M/W indoor track & field); 5. Graham Field (field hockey, W lacrosse); 6. Emmitt Field (M/W soccer); 7. Fieldhouse Courts (M/W Tennis); 8. Becker Field (softball); 9. Depew Field (baseball); 10. Bison River Complex (rowing); 11. Bachman Golf Center; 12. Krebs Fitness Center.



**CHRISTOPHER
D'ALISO**



**CHRISTINE
BENDZINSKI**

CROSS COUNTRY PREVIEW/SCHEDULE



**DEVON
McDONALD**



**ANTHONY
MENZA**

Coming off yet another successful cross country season, the Bucknell women's and men's teams look to take the next step during the 2015-16 campaign. Both squads are coming off runner-up finishes at the Patriot League Championships last season.

The Bison women actually tied Patriot League champion Boston University at the championship meet last year, but the Terriers were awarded the title after a tiebreaker was used. They have good reason to believe they can jump to the top spot this season, as they return two All-Patriot League runners, as well as the Patriot League Rookie of the Meet.

"This may be one of our all-time better teams based on how our athletes ran this past track and field season," said Bucknell head coach Kevin Donner. "Obviously, the Patriot League Championship is always one of our primary meets, but I believe we are closer to doing something bigger at the NCAA Regional level."

Junior Kate Scott earned Second Team All-Patriot League honors with a 12th-place finish at last year's championship meet and carried that momentum into the track and field season. She went on to win the 10k at the league's Outdoor Championships with a meet-record time. Junior Sarah Chandler was just two spots behind Scott in 14th to also earn Second Team All-Patriot League accolades during the cross country season.

Sophomore Christine Bendzinski is coming off an outstanding rookie season. She just missed All-League honors by the narrowest of margins with her 15th-place finish at the Cross Country Championships, and went on to add Rookie of the Meet honors at the Patriot League Indoor Track and Field Championships.

The Bison women also return seniors Deanna Godby and Alison Billas, who took 24th and 32nd, respectively at last year's championship meet.

Bucknell's men's team finished second to Navy last year, but lost a large portion of the starting lineup to graduation. Don-



ner says that hasn't stopped the team from setting lofty goals.

"We graduated three All-Patriot League runners and we have a lot of guys who are inexperienced in the championship meets," Donner said. "This may be labeled as a rebuilding year; however these men are very hungry and ready to step things up. It will be very important for the men to keep healthy heading into the league meet."

Will Bordash earned Patriot League Rookie of the Meet honors at last year's championships and is Bucknell's top returning finisher (26th). The Bison also have back junior Luke Giugliano and a trio of seniors -- Andrew Kirna, Peter Murray and John Kirna -- that finished in the top 50.

Since taking over the Bucknell cross country programs in 2001, Donner has won five Patriot League titles on the women's side, while the men have brought home two runner-up trophies. The Bison women were picked to win the conference in a preseason vote of the league's coaches and sports information directors, and the men were voted to finish fourth.

The Patriot League Championships will be run on Colgate's Harry H. Lang Course in Hamilton, N.Y. on Oct. 31. The Mid-Atlantic Regional race will be held at Princeton on Nov. 13. The Bison have a regular season race scheduled on both courses.

2015 CROSS COUNTRY SCHEDULE

Sept. 4	Bison Open
Sept. 5	Harry Lang Invitational
Sept. 26	Dickinson Long-Short Invitational
Oct. 2	Paul Short Run
Oct. 3	Greater Louisville Classic
Oct. 17	Penn State Open
Oct. 17	Princeton Invitational
Oct. 31	Patriot League Championships
Nov. 13	NCAA Mid-Atlantic Regional Championships
Nov. 21	NCAA Championships

Lewisburg, Pa.
Hamilton, N.Y.
Newville, Pa.
Bethlehem, Pa.
Louisville, Ky.
University Park, Pa.
Princeton, N.J.
Hamilton, N.Y.
Princeton, N.J.
Louisville, Ky.

CROSS COUNTRY ROSTERS



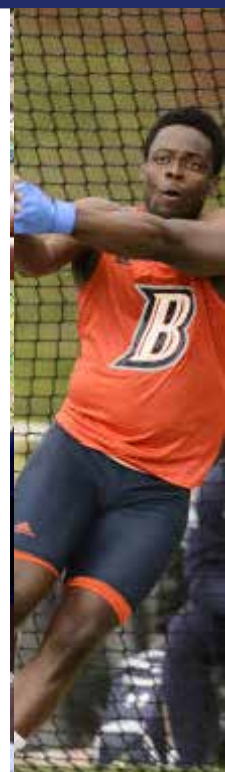
MEN'S CROSS COUNTRY ROSTER

Name	Cl.	Hometown/High School
Kyle Adams	So.	Boalsburg, Pa./State College
Brian Babyak	Fr.	Weston, Conn./Weston
Nate Bartos	Fr.	Mount Carmel, Pa./Mount Carmel
Jake Berman	Fr.	Weston, Conn./Staple
Will Bordash	So.	Ridgefield, Conn./Ridgefield
Connor Cobb	So.	Falmouth, Mass./Falmouth
Cole Conte	Sr.	Port Jefferson, N.Y./Earl L.
Landin Delaney	Fr.	Pittsburgh, Pa./Winchester Thurst.
David Frering	So.	Ridgewood, N.J./Ridgewood
Luke Giugliano	Jr.	Sparta, N.J./Sparta
Michael Hulme	Fr.	Tustin, Calif./Mater Dei
Jordan Jackson	Jr.	Wellsboro, Pa./Wellsboro
Andrew Kirna	Sr.	Westfield, N.J./Westfield
John Kirna	Sr.	Westfield, N.J./Westfield
Andrew Kuchta	Sr.	Pittsburgh, Pa./Baldwin
Zachary Moon	Sr.	Lewistown, Pa./Mifflin County
Benjamin Mueller	Jr.	Lititz, Pa./Warwick
Peter Murray	Sr.	Medford, N.J./Shawnee
Ross Pirnie	Jr.	Hilton, N.Y./Hilton Central
Chad Sussman	Fr.	Eldersburg, Md./Liberty
Matthew Taddeo	Jr.	Bohemia, N.Y./St. Anthony
Louis Tobias	Jr.	Cromwell, Conn./Cromwell
John Westwood	Sr.	Sewickley, Pa./Quaker Valley
Zach Williams	Fr.	North Branford, Conn./Xavier



WOMEN'S CROSS COUNTRY ROSTER

Name	Cl.	Hometown/High School
Nora Adams	Sr.	Boalsburg, Pa./State College Area
Christine Bendzinski	So.	Hebron, Conn./RHAM
Alison Billas	Sr.	Danville, Pa./Danville Area
Colleen Buckley	Fr.	River Edge, N.J./Immaculate Heart
Amber Carroll	Sr.	Tamaqua, Pa./Tamaqua
Meghan Carroll	Sr.	Phillipsburg, N.J./Phillipsburg
Sarah Chandler	Jr.	Pennington, N.J./Hopewell Valley Central
Sara Christian	So.	Flanders, N.J./Mt. Olive
Emma Cousins	So.	Lemont, Pa./State College Area
Sarah Decker	Sr.	Warren, N.J./Watchung Hills Regional
Jenna Farmer	Jr.	Lewisburg, Pa./Lewisburg
Kathleen Fitzgerald	Jr.	Warwick, N.Y./Warwick Valley
Deanna Godby	Sr.	Cleveland, Ohio/Mayfield
Lauren Hazzard	Fr.	Hopkinton, Mass./Hopkinton
Leigh Ann Labate	Sr.	Rexford, N.Y./Niskayuna
Grace Loh	Jr.	Darien, Conn./Darien
Laura Lamoureux	Jr.	Drexel Hill, Pa./Arch. Prendergast
Paige Lommerin	Jr.	Pleasanton, Calif./Amador Valley
Madison Narr	Fr.	Cambridge, Md./Cambridge-South Dorchester
Christine O'Kane	Fr.	Morris Plains, N.J./Morristown
Morgan Price	Fr.	Edinboro, Pa./General McLane
Lindsay Schafer	So.	Flanders, N.J./Mt. Olive
Kate Scott	Jr.	Newtown, Pa./Council Rock North
Brennan Sharkey	So.	Hackettstown, N.J./West Morris Ctrl.
Elizabeth Sheprow	Jr.	Sea Girt, N.J./Saint Rose
Margaret Thomson	Fr.	Randolph, N.J./Randolph
Kate VanNess	Gr.	Alexandria, Ohio/Granville
Tabitha Wismer	Fr.	Malvern, Pa./Great Valley
Delaney Worth	So.	Islip, N.Y./St. Anthony's



**OLU
SHOYOYE**



**SARAH
CHANDLER**

MEN'S TRACK & FIELD PREVIEW/ROSTER



**LEIGH ANN
LABATE**



**CODY
HAUPT**

MEN'S TRACK & FIELD ROSTER

Name	Event	Cl.	Hometown/High School
Kyle Adams	Mid-Distance	So.	Boalsburg, Pa./State College Area
Jacob Ashkettle	Sprints	Jr.	Warfordsburg, Pa./Southern Fulton
Brian Babyak	Distance	Fr.	Weston, Conn./Weston
Matthew Barton	Sprints	Fr.	Farmington, N.Y./Victor Central
Nate Bartos	Distance	Fr.	Mount Carmel, Pa./Mount Carmel
Jake Berman	Mid-Distance	Fr.	Weston, Conn./Staple
Steve Bolger	Jumps	Fr.	Coventry, Conn./East Catholic
Will Bordash	Distance	So.	Ridgefield, Conn./Ridgefield
Joseph Breen	Throws	So.	Northborough, Mass./Algonquin Regional
Bo Burleigh	Throws	Fr.	Columbia Cross Roads, Pa./North Penn
James Capone	Sprints	Fr.	Export, Pa./Franklin Regional
Conner Cobb	Distance	Fr.	Falmouth, Mass./Falmouth
Cole Conte	Distance	Sr.	Port Jefferson, N.Y./Earl L. Vandermeulen
Christopher D'Aliso	Hurdles	Jr.	Morristown, N.J./Delbarton
Landin Delaney	Mid-Distance	Fr.	Pittsburgh, Pa./Winchester Thurston
Matthew Dutton	Throws	Fr.	Acton, Mass./Acton-Boxborough
Matthew Fay	Pole Vault	Fr.	New Rochelle, N.Y./Iona Prep
David Frering	Mid-Distance	So.	Ridgewood, N.J./Ridgewood
Dan Gevirtz	Jumps	Sr.	Lansdale, Pa./North Penn
Luke Giugliano	Distance	Jr.	Sparta, N.J./Sparta
Scott Gulizio	Mid-Distance	Fr.	Huntington, N.Y./Huntington
Reginald Harris	Jumps	Jr.	Philadelphia, Pa./Haverford School
Cody Haupt	Multis	Sr.	Mount Carmel, Pa./Mount Carmel Area
Wade Heidel	Sprints	Fr.	Milton, Pa./Milton
Max Hubbauer	Mid-Distance	Fr.	North Caldwell, N.J./Oratory Prep
Michael Hulme	Mid-Distance	Fr.	Tustin, Calif./Mater Dei
Jordan Jackson	Mid-Distance	Jr.	Wellsboro, Pa./Wellsboro
Ryan Johnson	Mid-Distance	Sr.	Phoenix, Ariz./Loyola Blakefield
Adam Karl	Jumps	So.	East Petersburg, Pa./Hempfield
Elijah Kay	Jumps	Jr.	Summit, N.J./Gov. Livingston
Andrew Kirna	Distance	Sr.	Westfield, N.J./Westfield
John Kirna	Distance	Sr.	Westfield, N.J./Westfield
Andrew Kuchta	Distance	Sr.	Pittsburgh, Pa./Baldwin
Nicholas Lombardo	Jumps	So.	Darien, Conn./Darien
Conor Lunny	Mid-Distance	Fr.	Middletown, N.J./Christian Brothers Acad.
Thomas Matera	Hurdles	So.	Pelham, N.Y./Fordham Prep
William Melchionni	Sprints	Fr.	Loudonville, N.Y./Albany Academy
Anthony Menza	Sprints	Sr.	Englishtown, N.J./Manalapan
Zachary Moon	Distance	Sr.	Lewistown, Pa./Mifflin County
Adam Mszanki	Pole Vault	Jr.	Morristown, N.J./West Morris Mendham
Benjamin Mueller	Distance	Jr.	Lititz, Pa./Warwick
Pat Mulrooney	Javelin	Sr.	Somerville, N.J./Somerville
Peter Murray	Distance	Sr.	Medford, N.J./Shawnee
Peter Onusconich	Hurdles	So.	Manhattan Beach, Calif./Mira Costa
Ross Pirnie	Distance	Jr.	Hilton, N.Y./Hilton Central
Maxwell Prizant	Pole Vault	Fr.	Poland, Ohio/Shadyside Academy (Pa.)
Brian Regan	Sprints	Sr.	Cherry Hill, N.J./Cherry Hill East
Grant Reynolds	Hurdles	Sr.	Maitland, Fla./Trinity Prep School
Griffin Robertson	Sprints	Sr.	Mansfield, Mass./Mansfield
Alex Schraer	Mid-Distance	Fr.	Basking Ridge, N.J.
Olu Shoyoye	Throws	Sr.	Newark, N.J./The Lawrenceville School
Mark Stafurik	Throws	Sr.	Englishtown, N.J./Christian Brothers Acad.
Chad Sussman	Mid-Distance	Fr.	Eldersburg, Md./Liberty
Matthew Taddeo	Distance	Jr.	Bohemia, N.Y./St. Anthony
Louis Tobias	Mid-Distance	Jr.	Cromwell, Conn./Cromwell
John Westwood	Mid-Distance	Sr.	Sewickley, Pa./Quaker Valley
Andrew Wiener	Sprints	Jr.	Wayne, Pa./The Haverford School
Glen Williams	Distance	Sr.	Landenberg, Pa./Kennett
Zach Williams	Distance	So.	North Branford, Conn./Xavier

The Bucknell men's track and field program has had its share of success under Bucknell head coach Kevin Donner. The Bison have won four Patriot League Outdoor Championships and one Patriot League Indoor Championship under his guidance. The Bison lost numerous star athletes from a team that finished second during the indoor season and third at the conclusion of the outdoor season a year ago, but are still a team that expects to finish near the top of the league standings this year.

"Like cross country, many people will label 2016 as a rebuilding year based on the fact that we graduated over half of our points from last season," said Bucknell head coach Kevin Donner. "We will need to stay healthy throughout the year and we will need some people to step up big. I believe we have the guys to do so. We also had a nice recruiting class with a few guys who I expect will contribute immediately."

SPRINTS/HURDLES

Donner has praised the depth of the team's sprinters entering this season, led by Anthony Menza. The senior holds top-10 times at Bucknell in 300m, 400m and 500m races, has finished third in the 500m at each of the past two Indoor Championships, and earned All-East honors in the event last year. Jacob Ashkettle joined Menza on numerous PL scoring relays, while Gevirtz has postseason experience. Newcomers Wade Heidel, Billy Melchionni and Matt Barton are expected to contribute in their first season.

Grant Reynolds has had a terrific Bucknell career, including a runner-up finish in the 400-meter hurdles at the Outdoor Championships last year. Teammate Christian Lupica, who has now graduated was often one of the few athletes standing in Reynolds' way of more awards.

MID-DISTANCE

The middle-distance events were a strength for the team last season and Donner believes that could continue. The efforts will be bolstered by the return of Ryan Johnson, who missed last season with an injury, but earned three All-Patriot League honors during his first two seasons. John Westwood was a member of the 4x800 relay team that set a Patriot League Indoor record last year, and will be joined by Jordan Jackson, Louis Tobias and Cole Conte as top returners. Freshman Scott Gulizio joins the team after posting solid times in the 800m during his high school career.

DISTANCE

The men's distance runners hope to carry their momentum from a quality cross country season over to the track and field schedule. The group includes Zachary Williams - an IC4A qualifier last year - and John Kirna in the steeplechase, Will Bordash - an IC4A qualifier in the mile -- and Luke Giugliano and Peter Murray in the 5k and 10k.

JUMPS

With not much depth behind them, this is one area the Bison will have to stay healthy to have an impact during the championship portions of the schedule. Sophomore Nicholas Lombardo's versatility will be crucial for the group. He was the runner-up in the long jump at the Outdoor Championships in his rookie year and also scored points in the triple jump and high jump. He will be joined by two proven competitors, Adam Karl and Elijah Kay, in the high jump. Both jumpers scored points during championship meets last season. Steven Bolger is a freshman to watch. He cleared 6-6.25 in the high jump in high school.

POLE VAULT

Maxwell Prizant is the team's top returning pole vaulter. He finished just outside the top 10 at both the Indoor and Outdoor Championships, and will look to jump a few spots to score points this year. He will be joined by freshman Matt Fay, who cleared 15-9 in high school.

THROWS

Donner touts the historically consistent success of the Bucknell throwers, but also notes that this may be the most competitive set of events in the Patriot League. Junior Joseph Breen made huge strides in his second season with the Bison, including a third-place finish with a school record throw of 56-3 at the Outdoor Championships. He also owns the program's third best indoor shot put. The Bison lost a two-time NCAA East Preliminary qualifier in the javelin, Laddie Trees, to graduation, but Pat Mulrooney returns as an IC4A qualifier in the event. Olu Shoyoye will compete in the hammer and weight throws, Mark Stafurik competes in a variety of events, and Matt Wyman returns as one of the team's top throwers in the discus. Freshman Matt Dutton had a toss of 53-10 in the shot put during high school.

MULTIS

The Bison had three quality multi-athletes last year and two of them are back. Chris D'Aliso owns Bucknell's sixth best decathlon score and ninth best heptathlon score. He scored points in both events during the conference championship meets last season. Haupt has the program's eighth best decathlon and has scored in the event in two Outdoor Championships during his career.

WOMEN'S TRACK & FIELD PREVIEW/ROSTER

The Bucknell women's track and field team added a pair of titles to its already impressive total with a sweep of the Patriot League Indoor and Outdoor Championships last season. That brings the total to 30 (16 Indoor, 14 Outdoor) in program history, including 22 (11 Indoor, 11 Outdoor) under the direction of current head coach Kevin Donner. With a strong group of returning student-athletes from last year's championship teams, the Bison hope to add to that total this season.

"I believe after coming off one of our greatest years in school history, we are ready to step it up even another notch," Donner said. "We have a great core of returning athletes, as well as a few freshmen who are capable of contributing right away."

SPRINTS/HURDLES

Donner expects the Bison to utilize their quality depth in the sprints, and says he considers it one of the team's strengths, especially the longer sprints such as the 200m, 400m and 500m races. Jen Silvestri is one of the team's key returners thanks to her ability to score points a wide-range of events. She owns five individual top-10 marks in Bucknell's record book in both sprints and hurdles. Jess Bridle, Allison Sharkey, Kafilat Oladiran, Laura Papili and Elyse Pettaway have all helped the Bison excel in relay events over the past couple of seasons, including Patriot League titles and All-East honors in numerous events. Carlie Lucke had a solid indoor season for the Bison last year and scored points in the 60-meter dash at the conference meet.

Kafilat Oladiran joins Silvestri as the team's top two hurdlers. The two have proven their ability to compete with some of the best in the league, but Donner said the hurdle events are currently the strength of the conference.

MID-DISTANCE

Donner says the depth of the middle-distance runners is critical for any team looking to win a league title, and he believes the Bison have that this season. Christine Bendzinski dominated the Indoor Championships last season and was named the Rookie of the Meet after winning two individual races and one relay. She then added two All-Patriot League awards at the Outdoor Championships. Emma Cousins, Sarah Chandler, Emma Harris and Reagan Cerney all won league titles in relays last season, while Andrea Bourgal bring additional postseason experience. Newcomers Colleen Buckley and Jenna Farmer both ran under five minutes in the 1,600m during high school.

DISTANCE

The Bison distance runners were a key part of both league titles last season. Junior Kate Scott scored points in two events during the Indoor Championships and then won the 10k with a meet-record time at the Outdoor Championships. Deanna Godby and Elizabeth Shepro also contributed in multiple races. Freshman Christine O'Kane went under 11 minutes in the 3,200 during high school. Nora Adams has high hopes for the track and field season after earning her first All-League honors in cross country.

JUMPS

Donner says the jumpers may have been the team's most improved area last season, and the team returns multiple newcomers he expects to contribute. The Bison return four jumpers that have scored points in championship meets. Kimberly Lapszynski has scored in the long jump and triple jump, Devon McDonald in the long jump and high jump, Carly Reiner in the triple jump, and Laura Hudson in the high jump. Freshman Alexis Auman went over 38 feet in the triple jump in high school, while Janiel Slowly went over 18 feet in the long jump.

POLE VAULT

Jenna Calandro returns as the team's top pole vaulter. She owns the program's sixth-best indoor mark at 11-9 3/4.

THROWS

The Bison return seven throwers that contributed to the team's title runs a season ago, led by Sophia Nnadi. The senior was voted the Patriot League Women's Track and Field Scholar-Athlete of the Year at the conclusion of last season, which came shortly after her being named the Field Athlete of the Meet at the Outdoor Championships. She has won three league titles in the shot put during her career. The Bison swept the shot put titles last season, as Abigail Brundage took first at the event in the Indoor Championships. Stephanie Easse was a Second Team All-Patriot League selection in the discus, while Tara Lee scored points in both the weight throw and the hammer throw.

The javelin was a particularly good event for Bucknell last year, and that should continue this season. Meg Sangimino, Dayna Simone and Rebecca Skovira all scored points at the Outdoor Championships last season, and all three rank among the top 10 javelin throwers in program history.

MULTIS

Alison Varano is the team's top returning multi-athlete. She scored points in the pentathlon at the Indoor Championships and the heptathlon at the Outdoor Championships.

WOMEN'S TRACK & FIELD ROSTER			
Name	Event	Cl.	Hometown/High School
Nora Adams	Distance	Sr.	Boalsburg, Pa./State College Area
Alexis Auman	Jumps	Fr.	Selingsgrove, Pa./Selingsgrove
Christine Bendzinski	Distance	So.	Hebron, Conn./RHAM
Alison Billas	Distance	Sr.	Danville, Pa./Danville Area
Isabella Bjorkeson	Jumps	Fr.	Berkeley, N.J./Governor Livingston
Anna Black	Sprints	So.	Greenwich, Conn./Greenwich
Andrea Bourgal	Sprints	Sr.	Massapequa Park, N.Y./Massapequa
Jess Bridle	Sprints	Sr.	Tewksbury, Mass./Tewksbury
Chloe Brown	Pole Vault	Sr.	Glastonbury, Conn./Glastonbury
Abigail Brundage	Throws	So.	Red Bud, Ill./Red Bud Community
Colleen Buckley	Distance	Fr.	River Edge, N.J./Immaculate Heart Academy
Jenna Calandro	Pole Vault	So.	Sandy Hook, Conn./Newtown
Amber Carroll	Distance	Sr.	Tamaqua, Pa./Tamaqua
Meghan Carroll	Distance	Jr.	Phillipsburg, N.J./Phillipsburg
Reagan Cerney	Mid-Distance	Jr.	Newtown, Conn./Newtown
Sarah Chandler	Distance	Jr.	Pennington, N.J./Hopewell Valley Central
Sara Christian	Distance	So.	Flanders, N.J./Mt. Olive
Anna Chiodo-Ortiz	Mid-Distance	Fr.	Ambler, Pa./Wissahickon
Emma Cousins	Distance	So.	Lemont, Pa./State College Area
Liz Daniels	Sprints	Sr.	Pipersville, Pa./Central Bucks East
Maddie Davidian	Pole Vault	So.	Skillman, N.J./Montgomery
Sarah Decker	Distance	Jr.	Warren, N.J./Watchung Hills Regional
Alexa DiGregorio	Jumps	So.	Pilesgrove, N.J./Woodstown
Stephanie Easse	Throws	Jr.	Wayne, N.J./Wayne Valley
Shalyn Fahey	Sprints	Fr.	Newtown, Conn./Newtown
Jenna Farmer	Mid-Distance	Fr.	Lewisburg, Pa./Lewisburg
Emily Fisher	Throws	So.	Millerstown, Pa./Greenwood
Kathleen Fitzgerald	Distance	Jr.	Warwick, Pa./Warwick Valley
Kasey Getkin	Throws	Fr.	Danville, Pa./Danville
Deanna Godby	Distance	Sr.	Cleveland, Ohio/Mayfield
Hanna Greenfield	Multis	Jr.	Miller Place, N.Y./Miller Place
Chrissy Haney	Sprints/Hurdles	Sr.	Stone Mountain, Ga./George School
Colleen Hanisco	Sprints	Fr.	Rushland, Pa./Archbishop Wood
Emma Harris	Mid-Distance	So.	Powell, Ohio/Columbus School for Girls
Lauren Hazzard	Distance	Fr.	Hopkinton, Mass./Hopkinton
Isabelle Hinckley	Jumps	So.	Manakin-Sabot, Va./St. Catherine's School
Lauren Hudson	Jumps	So.	Amherst, N.Y./Williamsville
Paulina Johansson	Pole Vault	Fr.	Coral Gables, Fla./Ransom Everglades
Ellen Kalnins	Javelin	Sr.	Watertown, Conn./The Taft School
Jamie Kenney	Sprints/Hurdles	So.	Wallingford, Pa./Strath Haven
Megan Kirk	Jumps	Sr.	Pittsburgh, Pa./Fox Chapel
Leigh Ann Labate	Distance	Sr.	Rexford, N.Y./Niskayuna
Lauren Lamoureux	Mid-Distance	Jr.	Drexel Hill, Pa./Archbishop Prendergast
Kimberly Lapszynski	Jumps	Jr.	Kennett Square, Pa./Unionville
Tara Lee	Throws	Sr.	Wallingford, Conn./Mark T. Sheehan
Grace Loh	Distance	Jr.	Darien, Conn./Darien
Paige Lommerin	Distance	Sr.	Pleasanton, Calif./Amador Valley
Carli Lucke	Sprints	So.	Archbald, Pa./Valley View
Devon McDonald	Jumps/Multis	Sr.	Orinda, Calif./Miramonte
Michaela Mendygral	Throws	Fr.	Wallingford, Conn./Sheehan
Michaela Mincone	Sprints	Fr.	Huntington, N.Y./St. Anthony's
Molly Montalvo	Throws	Fr.	Greenville, Pa./Greenville
Arianna Moyer	Throws	Fr.	Enola, Pa./Cumberland Valley
Madison Narr	Mid-Distance	Fr.	Cambridge, Md./Cambridge-South Dorchester
Sophia Nnadi	Throws	Sr.	Columbus, Ohio/Saint Francis DeSales
Kafilat Oladiran	Hurdles	So.	Silver Spring, Md./Montgomery Blair
Christine O'Kane	Mid-Distance	Fr.	Morris Plains, N.J./Morristown
Rachel Paciello	Sprints	Fr.	Plymouth Meeting, Pa./Plymouth-Whitemarsh
Laura Papili	Sprints/Hurdles	Jr.	Chester, N.J./West Morris Mendham
Elyse Pettaway	Sprints	Jr.	Roselle, N.J./Blair Academy
Morgan Price	Mid-Distance	Fr.	Edinboro, Pa./General McLane
Carly Reiner	Jumps	Fr.	Tampa, Fla./Tampa Prep
Chelsea Reynolds	Sprints	Fr.	Collegeville, Pa./Spring-Ford
Emily Ryan	Sprints	So.	Wellesley, Mass./Wellesley
Kate Sabatino	Sprints/Hurdles	So.	Long Valley, N.J./West Morris Central
Meg Sangimino	Javelin	Jr.	Mars, Pa./Vincentian Academy
Lindsay Schafer	Distance	Sr.	Flanders, N.J./Mt. Olive
Kate Scott	Distance	Jr.	Newtown, Pa./Council Rock North
Chloe Shapiro	Jumps	So.	Weston, Conn./Weston
Allison Sharkey	Sprints	Jr.	Springfield, Pa./Cardinal O'Hara
Brennan Sharkey	Distance	So.	Hackettstown, N.J./West Morris Central
Elizabeth Shepro	Mid-Distance	Jr.	Sea Girt, N.J./Saint Rose
Jen Silvestri	Hurdles	Sr.	Sparta, N.J./Sparta
Dayna Simone	Throws	Sr.	Huntingdon Valley, Pa./Lower Moreland
Rebecca Skovira	Throws	Sr.	Park Ridge, N.J./Park Ridge/U.S. Naval Acad.
Janiel Slowly	Sprints/Hurdles	Fr.	Cheltenham, Pa./Cheltenham
Harper Stewart	Jumps/Multis	Fr.	Fairport, N.Y./Penfield
Kyle Stewart	Sprints	Jr.	Baltimore, Md./Bryn Mawr School for Girls
Seline Tan-Torres	Mid-Distance/Hurdles	Jr.	Audubon, Pa./Methacton
Kat Townsend	Sprints	Fr.	Middlebury, Vt./Middlebury Union
Margaret Thomson	Mid-Distance	Fr.	Randolph, N.J./Randolph
Mackenzie Todd	Jumps	Fr.	Freeville, N.Y./Dryden
Brianna Tutusta	Throws	Fr.	Eden, N.Y./Eden
Alison Varano	Multis	So.	Paxinos, Pa./Mount Carmel Area
Natalie Waterhouse	Sprints	Fr.	Ho-Ho-Kus, N.J./North Highlands Regional
Tabitha Wismer	Mid-Distance	Fr.	Malvern, Pa./Great Valley
Delaney Worth	Distance	So.	Islip, N.Y./St. Anthony's



**RYAN
JOHNSON**

**LAURA
PAPILI**



**JESS
BRIDLE**



**DAVID
FRERING**



KEVIN DONNER
HEAD COACH
15TH SEASON
UNIVERSITY OF DETROIT '84

Twenty-four-time Patriot League Coach of the Year Kevin Donner returns for his 15th season at the helm of the Bucknell men's and women's cross country and track and field program. During his successful tenure in Lewisburg, Donner has kept the Bison among the elite programs in the East.

The Bucknell women's track and field team swept the Indoor and Outdoor Championships last season, giving Donner 31 conference championship trophies -- five in women's cross country, 11 in women's indoor track and field, 10 in women's outdoor track and field, four in men's outdoor track and field and one in men's indoor track and field.

Donner's men's team continued its recent resurgence in 2009-10, winning its first Patriot League Outdoor Championship title in 19 years in a thrilling three-point victory over Army before repeating as team champions the next three seasons. The men also claimed their first indoor league title since 1993 during the 2011-12 season.

Numerous athletes have qualified for IC4A/ECAC berths in recent years and that success has expanded to the NCAA's postseason. In 2013 Leonard Joseph became Bucknell's first back-to-back NCAA Championship qualifier since 1980-81. The hammer thrower also earned a second All-America citation with an 11th-place finish.

The list of individual accomplishments among Bucknell's cross country and track and field athletes during Donner's first 14 years with the Orange

DONNER BY THE NUMBERS

Education
University of Detroit, B.A., 1984

Collegiate Coaching
Bucknell University, 2001-pres. (Head Coach)
Saint Francis (Pa.), 1995-2001 (Head Coach)
Central Michigan University, 1993-95 (Assistant Coach)
University of Detroit, 1984-93 (Head Coach)

Coaching Awards

- USTFCCA Women's Indoor Track Mid-Atlantic Region Coach of the Year (2006 & 2007)
- Women's Cross Country Patriot League Coach of the Year (2001, 2005, 2006, 2009)
- Women's Indoor Track & Field Patriot League Coach of the Year (2002, 2003, 2004, 2005, 2006, 2007, 2012, 2015)
- Women's Outdoor Track & Field Patriot League Coach of the Year (2002, 2004, 2005, 2007, 2010, 2011, 2013, 2015)
- Men's Indoor Track & Field Patriot League Coach of the Year (2012)
- Men's Outdoor Track & Field Patriot League Coach of the Year (2010, 2011, 2012, 2013.)
- Bucknellian Men's Coach of the Year (2002)
- Mid-Atlantic Region Men's Cross Country Coach of the Year (2000)
- Seven-time Northeast Conference Coach of the Year
- Three-time Midwestern Collegiate Conference Coach of the Year

Other Accomplishments

- Coached Saint Francis men's cross country to No. 26 national ranking, 2001
- Five NEC Championships at Saint Francis
- Coached three NCAA track & field provisional qualifiers and one automatic qualifier at Saint Francis
- Coached 14 NCAA track & field qualifiers at Bucknell
- Coached one NCAA Cross Country All-American, 2000
- Coached 2008 Olympic marathoner Brian Sell at Saint Francis
- All 81 men's and women's indoor and outdoor track & field records broken while at Saint Francis
- Coached 12 CoSIDA Academic All-Americans (six at Saint Francis, six at Bucknell)
- NCAA regional representative for cross country
- Member of the Saint Francis Hall of Fame

and Blue is staggering. Including all three seasons of competition, his Bison women's teams have crowned 156 Patriot League champions, 75 All-East performers and eight NCAA qualifiers. On the men's side, Bucknell has claimed 107 conference championships, 79 All-East citations, six NCAA qualifiers and two All-Americans under Donner.

In his very first season at Bucknell in 2001, Donner helped Theresa Dennis and Greg Costello qualify for the NCAA Cross Country Championships, and two more Bison returned to the national meet in 2006 when Leanna Nastase and Matt Forsys earned bids.

The following spring, Forsys went back to the NCAA Championships in outdoor track, where he qualified in the steeplechase. Record-setting pole vaulter Melanie Buczko made two NCAA appearances, first indoors in 2005 and then outdoors in 2006, and Maria Garcia made it to NAAs in the hammer throw in 2006. Laura Rycek and Ted Heitzman joined the list in the javelin in 2011, and Joseph advanced in the hammer in 2012 and 2013.

Before arriving at Bucknell in 2001, Donner, a native of Detroit, Mich., and a 1984 graduate of the University of Detroit, successfully transformed the Saint Francis (Pa.) program into one of the elite squads in the Northeast Conference. It was a banner campaign in 2000-01 for the Red Flash men's teams, as Saint Francis captured its second straight NEC cross country title, followed by indoor and outdoor track and field titles as well. The cross country unit placed third at the Mid-Atlantic Regional and vaulted to a Division I national ranking of 26th.

Donner also guided the Red Flash women to an NEC cross country title in 1997 and the men's and women's cross country teams to All-Academic Team honors in five consecutive seasons. He was cited as the conference coach of the year in cross country and track and field seven times, and in 2000, he was honored as the top men's cross country mentor in the Mid-Atlantic Region. All 81 men's and women's indoor and outdoor track and field school records were shattered under Donner's watch.

Among the stellar individual achievements by his Red Flash student-athletes were a cross country All-American, 40 men's and women's NEC titles, 27 all-conference performers, nine U.S. Junior National qualifiers, two Canadian National qualifiers and six CoSIDA Academic All-Americans. One of his top distance athletes, Brian Sell, competed in the Olympic marathon in Beijing in 2008.

Prior to his stint at Saint Francis, Donner served as assistant women's cross country and track and field coach at Central Michigan University from 1993-95. There, Donner coached eight All-Mid-American Conference performers and one NCAA qualifier.

Following his graduation from Detroit, Donner established a new varsity program at his alma mater, becoming the school's first-ever women's coach. He served a nine-year stint at Detroit, where he coached 20 All-Midwestern Collegiate Conference student-athletes and guided the women's cross-country program to back-to-back MCC titles in 1986 and 1987.

A member of the NCAA Division I Coaches Associations for cross country and track and field, Donner took over the reins of a Bucknell program that has listed among the elite in the East for the better part of two decades. Bucknell's women's cross country team has captured eight of the past 15 Patriot League titles, while the men's team won three straight championships from 1990-92 and again from 1997-99. Similarly successful on the track, the Bison women have earned 11 of the last 15 Patriot League outdoor titles and 12 of the last 16 indoor championships. All told, the Bucknell men's and women's indoor and outdoor track and field squads have captured 35 Patriot League championships in 23 years.

Donner currently resides in Lewisburg with his wife Amy, a statistics and mathematics instructor at Bucknell, and their nine-year-old daughter, Jillianne.



COACH PROFILES



RICHARD ALEXANDER
ASSISTANT COACH
SIXTH SEASON
BUCKNELL '03



Richard Alexander, who is now in his sixth season, returned to Bucknell as an assistant coach in 2010 after completing his own successful student-athlete career as a Bison from 1999-2003. In his current position, Alexander works with Bucknell's sprinters and hurdlers, and he previously coached the jumpers and multi-event athletes.

Alexander's impact since rejoining the team can be seen most readily by the success of recent graduates Andrew Powell and Christian Lupica. Powell won four multi-event titles at the Patriot League Championships, while Lupica won six individual league titles and a Patriot League Athlete of the Meet award.

As a member of the Bucknell track and field team, Alexander was a four-year letterwinner and served as a two-year captain. In 2002, he earned All-Patriot League recognition after finishing runner-up in the 110 hurdles at the league championships. As a senior in 2003, Alexander broke the program record in the 60 hurdles (8.42). Away from the track, he was a member of the Student-Athlete Advisory Committee in addition to acting as president of the Bucknell Chapter of the NAACP and secretary of the university's chapter of Brothers and Sisters Empowered.

After graduating from Bucknell with a degree in accounting, Alexander moved to Wagner College where he served as a graduate assistant coach and earned his MBA in 2005. He then took a position as an assistant with Fairleigh Dickinson, where he coached the Knights to conference titles in the outdoor long jump and 400 hurdles in addition to ECAC/IC4A qualifying marks in five events.

More recently, Alexander completed a turn as an assistant and recruiting coordinator at the University of Detroit Mercy where he helped his team to titles in the 60, 100, 400 and 400 hurdles. A total of 14 school records also fell under Alexander's watch.

Alexander is married to fellow Bucknellian and former All-Patriot League sprinter Monique Boley Alexander '05. The couple has a son, Richard III, and a daughter, Ruby.



BRYAN DELSITE
ASSISTANT COACH
THIRD SEASON
SYRACUSE '93



Kevin Donner announced the appointment of Bryan Delsite as assistant coach in September 2013. Delsite, a native of nearby Elysburg, Pa., had been the head coach at Duquesne for the previous 15 years.

At Bucknell, he coaches the jumpers and multi-event athletes, and he helped 2014 graduate Ray Holmes sweep the long and triple jumps both indoors and outdoors during his senior year. Holmes also won an IC4A gold medal in the triple jump. This past season, freshman Efe Agege won the Patriot League Indoor title at the triple jump, and was named the Patriot League Rooke of the Meet at the Outdoor Championships after winning the triple jump with a meet-record leap of 40-9.

Delsite was named head women's coach at Duquesne prior to the 1998-99 season. He helped start Duquesne's men's track and field program in 2001 and was named head men's coach in 2003, leading the Dukes to a fifth-place finish in the Atlantic 10 in his first year at the helm.

Delsite went on to earn four Atlantic 10 Coach of the Year awards, highlighted by his being named both Men's and Women's Coach of the Year at the 2005 A-10 Outdoor Championships. He has coached 83 all-conference performers and four A-10 Championships performers of the meet, and every Duquesne men's and women's track and field record was set under his watch.

Delsite's Duquesne programs excelled in the classroom as well. Since 1998 his Dukes teams produced 11 national CoSIDA Academic All-Americans, 12 Atlantic 10 Scholar-Athlete of the Year selections and 81 members of the Atlantic 10 Academic All-Conference teams.

Prior to being named head women's coach in 1998, Delsite served as the assistant coach during the 1996 and 1997 seasons. In addition, he served as the assistant athletic academic coordinator at Duquesne from 1996-98.

Delsite graduated from Syracuse University in 1993 with a degree in nutrition and food management, and he was a standout jumper on the Orange track and field team. He won three Big East championships in the triple jump and two more in the long jump, and he qualified for the NCAA

Championships in 1992. Delsite was a three-time team MVP and was a two-time recipient of the Neil Pratt Award given annually to a student who has exemplified outstanding leadership and lifestyle. He was also a two-time Academic All-District selection and a member of the Big East Postgraduate Scholarship Team.

In 1990, he competed in the Junior World Championship in Plovdiv, Bulgaria and finished as the triple jump runner-up at the 1990 TAC Junior National Championship in Fresno, Calif., as a member of the USA Junior National team.

Prior to his coaching tenure at Duquesne, Delsite served as the assistant men's and women's track and field and cross country coach at Robert Morris from 1994-96. He was interim head coach of the men's and women's track and field teams in the spring of 1995.

A graduate of Southern Columbia High School, Delsite was named the No. 28 selection on the Press Enterprise's Top 50 Sports Figures of the Century list in 1999. In 1996, Delsite was inducted into the Bernie Romanski Anthracite Chapter of the Pennsylvania Sports Hall of Fame. He won four PIAA state titles, three in the triple jump and one in the high jump, and he broke the PIAA Class AA state record in the triple jump. Delsite and his wife Jennifer have three children, Benjamin, Lydia and Sarah.



DAN FRAKE
ASSISTANT COACH
THIRD SEASON
BUCKNELL '06



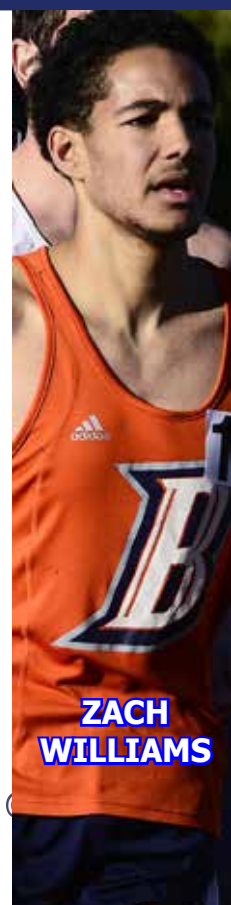
A 2006 Bucknell graduate, Dan Frake returned to his alma mater in 2013 as the Bison throws coach.

Frake was named Mid-Atlantic Region Women's Track and Field Assistant Coach of the Year by the U.S. Track & Field and Cross Country Coaches Association in 2015. He had athletes score 59 points to help the Bison win the team title at the Patriot League Outdoor Championships. Under his watch, nine top-10 marks were set, including the men's outdoor shot put record set by Joseph Breen (56-3) and the women's outdoor shot put record set by Sophia Nnadi (49-10.5), both of which were set at the 2015 Patriot League Championships. Nnadi's throw was also a meet record and helped her earn Athlete of the Meet honors.

After graduating with a degree in accounting and economics, Frake spent time as a financial services professional with New York Life Insurance Company and five years as an educator in the Upper Dauphin Area School District in Elizabethville, Pa. While at Upper Dauphin, Frake was the business, computer and information technology teacher. He also spent time as the school's librarian, the district business manager and the school board secretary.

Frake earned a master's of education degree in business education and office information systems from Bloomsburg University in 2009 and a master's of science degree in school business leadership from Wilkes University in 2012.

Frake was a multiple-time All-Patriot League selection, an All-East honoree and a member of the CoSIDA Academic All-District II First Team during his days as a Bison student-athlete. A team captain as a senior, Frake ranked in the top 10 in program history in the weight throw, indoor shot put, hammer throw and outdoor shot put at the time of his graduation.



ZACH WILLIAMS



NORA ADAMS

COACH PROFILES



AMY MANTUSH
ASSISTANT COACH
FIRST SEASON
BUCKNELL '10



Amy Mantush, a former standout athlete for the Bison, returns to Lewisburg after a two-year stint as a graduate assistant coach at Misericordia, where she earned a master's degree in organizational leadership. She is in her first season as an assistant coach at Bucknell.

Mantush concluded an illustrious four-year career at Bucknell in 2010, when she graduated as a dual major in education and animal behavior. She was a two-year captain for the Bison and earned back-to-back Patriot League Female Field Athlete of the Year honors. She was a 12-time All-Patriot League honoree while competing in the high jump, triple jump, long jump and pentathlon. She still holds Bucknell records in both the indoor and outdoor high jump.

In her two years at Misericordia, Mantush spent her time mentoring the jumpers and multi athletes while also serving as the team's recruiting coordinator and the offseason strength and conditioning coach for the throwers. In her first season with the program, she helped guide Ashlee Ward to indoor and outdoor national titles in the high jump. The Cougar women won back-to-back Middle Atlantic Conference Indoor and Outdoor titles while Mantush was an assistant coach.

Prior to Misericordia, Mantush spent two seasons as an assistant coach at Allegheny, where she trained the jumpers, hurdlers and multi athletes while also serving as the recruiting coordinator and strength coach for the men's and women's cross country teams. During her time in Meadville, Pennsylvania, the Gators won one North Coast Athletic Conference (NCAC) title in men's cross country and had three All-NCAC champions in the high jump and triple jump.

Mantush received her USATF Coaching Education Level I Certification in 2010. In addition to her collegiate coaching positions, she has gained experience as a camp counselor at Shippensburg, Bucknell and Army West Point. She also spent one season as a volunteer coach at Hazleton High School.



AMIEE BAYLOR
VOLUNTEER ASST. COACH
THIRD SEASON
BLOOMSBURG '94



Having amassed an impressive record as an assistant coach at Lewisburg Area High School, Amiee Baylor joined Bucknell's staff prior to the 2013-14 season.

Baylor spent 16 years guiding Lewisburg to more than a few accolades. During her time with the school, the Green Dragons went undefeated in dual meets for 16 years and amassed nine district titles, two state runner-up team finishes and five more top-five finishes at the state meet. As the sprints, jumps and relays coach, Baylor saw three 4x100 relays and three 4x800 relays earn gold medals at the state championships. She also coached multiple individual state champions in the hurdles and 800 meters as well as five-time state medalist and eventual Bucknell alum Kalle James-Wintjen at Lewisburg.

A graduate of Lewisburg Area High School, Baylor placed eighth in the 400 at the state meet during her own interscholastic career. She continued to race at Bloomsburg University where her 1,500-meter record stood for 16 years. Baylor graduated from Bloomsburg in 1994 with a degree in health science and a minor in history. She now lives in Lewisburg with her husband, Chris, and children, Blake Ann and Davis.



MICHAEL FARRONATO
VOLUNTEER ASST. COACH
FIRST SEASON
LOCK HAVEN '91



After ending an illustrious coaching career at the high school level, Michael Farronato is set to begin his first season as a volunteer assistant coach at Bucknell. He joins the staff after serving 15 years as the head coach at Mount Carmel High School, where he posted a record of 118-17-2.

Farronato, who holds a USATF Level 1 coaching certification, guided Mount Carmel to a PIAA state runner-up finish, one district title and seven league championships.



ROB GUISANIE
VOLUNTEER ASST. COACH
15TH SEASON
PENN STATE '90



Rob Guisanie is back with the Bison team for his 15th year as volunteer assistant coach. He works primarily with the distance runners throughout the season and serves as the head timer for the FinishLynx system at all home meets. Guisanie coordinates the women's cross country team's strength program and is instrumental in the development of the Bison women's long distance runners.

Guisanie is a 1990 Naval ROTC graduate of Penn State University where he competed in cross country. He coached track and cross country at Penns Valley Area High School from 1998-2001, including four individual state qualifiers in the distance events. Guisanie is currently a Senior Technology Support Specialist at Bucknell and resides in Lewisburg with his wife, Karen, and two sons, Kyle and Derek.



KIP HOFFMAN
VOLUNTEER ASST. COACH
10TH SEASON
BLOOMSBURG '99



Kip Hoffman enters his ninth season with the Bison as a volunteer assistant coach and mainly works with the distance runners and coordinates the men's cross country team's strength program. Hoffman was previously the head coach of the Warrior Run High School boys and girls cross country and track and field teams in nearby Turbotville, Pa., and was in charge of the distance and mid-distance runners from 2000-06.

In cross country, Hoffman coached six individual state qualifiers, a girl's division team championship and a two-time state qualifier, while also leading the Defenders to a 14-1 record, which was the most victories in school history. In track and field, Hoffman's girls' team produced eight records in mid-distance and distance, while the boys added one. He helped coach six state qualifiers and three state medalists on the boys' side.

Hoffman is a 1999 graduate of Bloomsburg University, where he was a member of the cross country and track teams. He was a three-time All-PSAC honoree in the 1,500 and placed second in the ECAC in the 3,000.

Hoffman teaches science at Warrior Run and resides in Watsontown with his wife, Tam, two daughters, Alyssa and Kara, and son, Aiden.



JIM KNIGHT
VOLUNTEER ASST. COACH
15TH SEASON
BUCKNELL '80



A two-year letterwinner and member of Bucknell Class of 1980, Jim Knight begins his 14th season this spring working with the current Bison steeplechase runners. Much of Knight's own collegiate success came in the steeplechase as he placed second in 1979 and third in 1980 in the event at the East Coast Conference Championships.

Knight also had his share of success on the cross country course. In the fall of 1979, one year after taking 22nd at the ECC Championships, the Vestal, N.Y., native won the individual title at the conference meet besting teammate and second-place finisher Rick Sayre by 18 seconds. Knight went on to finish 31st at the NCAA District Two Championship later that season.

Knight currently works at Bucknell as the Senior Associate Director of Energy and Utilities.

ELIJAH KAY

STUDENT-ATHLETE PROFILES

MEN'S PROFILES



JACOB ASHKETTLE

JUNIOR
SPRINTS
WARFORDSBURG, PA.
SOUTHERN FULTON



2014-15: [Indoor] Just missed All-Patriot League honors with a third-place finish in the 4x400 relay at the conference championships ... won the 500-meter dash with a time of 1:06.24 at the Bison Opener ... ran personal best time of 1:05.81 in the 500m while taking sixth at the Penn State National Invite ... runner-up in the 400-meter dash at the Gulden Invitational ... **[Outdoor]** Scored points at the Patriot League Championships with a fifth-place finish in the 4x400 relay ... also competed in the 400-meter dash and took 13th ... took third in the 200-meter dash at the Bloomsburg Invitational... **2013-14: [Indoor]** Competed primarily in the 400 and 500 and was an IC4A qualifier in the 500 ... placed fifth in the 500 at the Patriot League Championships ... won the 500 at the Bucknell Mini Meet ... ran season-best 1:06.05 in runner-up finish in 500 at the Youngstown State Invitational ... **[Outdoor]** Solid 400 runner and also competed some in the high jump late in the year ... won the 400 at the UMBC Invitational in a career-best time of 49.99 ... ran lead leg of 4x400 relay that finished third at Patriot League Championships ... **Major:** Economics

✦ CAREER BESTS ✦

Indoor	
200	23.06
400	49.94
500	1:05.81
Outdoor	
200	22.88
400	49.49
High Jump	6-2.75



JOSEPH BREEN

JUNIOR
THROWS
NORTHBOROUGH, MASS.
ALCONQUIN REGIONAL



****Ranks first all-time in outdoor shot put (56-3), third in indoor shot put (54-11 1/4) and ninth in discus (160-0)****

2014-15: [Indoor] Placed sixth in the shot put at the Patriot League Championships ... also competed in the weight throw at the conference meet ... qualified for the IC4A Championships in the shot put ... named the Patriot League Field Athlete of the Week after a runner-up finish in the shot put at the Bucknell Tune-Up ... his toss of 54-11.25 at the Bucknell Tune-Up ranked third on Bucknell's all-time list ... added a runner-up finish in the event at the Youngstown State National Invitational ... **[Outdoor]** Set a school record in the shot put with a toss of 56-3 while taking third at the Patriot League Championships ... also competed in the discus at the conference meet and finished 11th ... IC4A qualifier in the shot put and discus ... won both events at the Bloomsburg Invitational ... **2013-14: [Indoor]** Made an immediate impact, finishing third in the shot put in his first Patriot League Championships ... PL mark of 52-2.25 was the seventh-best in school history ... qualified for IC4As in the shot ... **[Outdoor]** Competed in the shot put, hammer throw and discus outdoors, and scored in the shot and discus at the Patriot League Championships ... took fifth in the shot put and eighth in the discus ... IC4A qualifier in the shot put ... PR of 53-1.5 in the shot ranked No. 5 all-time at Bucknell ... **Major:** Political Science.

✦ CAREER BESTS ✦

Indoor	
Shot Put	54-11.25
Weight Throw	49-7.75
Outdoor	
Discus	160-0
Hammer Throw	138-8
Shot Put	56-3



WILL BORDASH

SOPHOMORE
DISTANCE
RIDGEFIELD, CONN.
RIDGEFIELD



2014-15: [Cross Country] Earned Patriot League Rookie of the Year honors with a 26th place finish at the Patriot League Championships ... finished in the top 10 in his first two career events, taking fifth out of 67 runners at the Bison Open and ninth out of 117 runners at the Detroit Mercy Invitational ... took 47th in a competitive field of 301 runners at the Princeton invitational ... **[Indoor]** Set personal records in the mile and the 3,000-meter run at the Patriot League Championships ... took ninth in the mile and 15th in the 3,000 ... qualified for the IC4A Championships in the mile and ran a personal-best time of 4:12.00 ... won the 3,000-meter run at the Gulden Invitational with a time of 8:49.93 ... **[Outdoor]** Finished sixth in the 1,500-meter run at the Bucknell Team Challenge with a time of 4:03.02... **Major:** Cell Biology/Biochemistry

✦ CAREER BESTS ✦

Indoor	
Mile	4:12.00
3,000	8:46.13
Outdoor	
1,500	4:03.02
5,000	15:25.00



COLE CONTE

SENIOR | CO-CAPTAIN
DISTANCE
PORT JEFFERSON, N.Y.
EARL L. VANDERMEULEN



2014-15: [Cross Country] Competed in three events ... took 19th of 67 runners at the Bison Open ... placed 45th out of 117 at the Detroit Mercy Invitational ... was 38th of 355 at the Gettysburg Invitational ... **[Indoor]** Competed at the Patriot League Championships, where he took 14th in the 1,000-meter run ... ran a leg on the 4x800 relay team that finished second at the IC4A Championships ... placed fourth in the 800-meter run at the Bucknell Tune-Up ... **[Outdoor]** Placed third in the 800-meter run with a time of 1:56.16 at the Bloomsburg Invitational...

✦ CAREER BESTS ✦

Indoor	
800	1:56.70
1,000	2:29.82
Mile	4:27.39
Outdoor	
800	1:56.16
1,500	4:00.48
3,000	9:07.10
steeplechase	10:07.86

2013-14 (Sophomore): [Cross Country] Ran in five races ... finished 185th out of 516 at the Paul Short Run ... **[Indoor]** Competed at six events ... finished fourth in the 1,000-meter run at the Bucknell Tune-Up and fifth in the event at the Gulden Invitational ... **[Outdoor]** Competed at three events ... was the runner-up in the steeplechase at the UMBC Invitational and third in the 800-meter run at the Maroon & Gold Invitational ... earned a spot on the Patriot League Academic Honor Roll... **2012-13 (Freshman): [Cross Country]** Did not compete ... **[Indoor]** Competed at four events ... top-10 finishes in the 1,000-meter run at the Bucknell Mini Meet and the Gulden Invitational ... **[Outdoor]** Competed at three events ... took sixth in the 1,500-meter run at the UMBC Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Computer Science

ABIGAIL BRUNDAGE

WILL BORDASH

STUDENT-ATHLETE PROFILES



CHRISTOPHER D'ALISO

JUNIOR
HURDLES
MORRISTOWN, N.J.
DELBARTON



****Ranks sixth all-time in the decathlon (5,932) and ninth all-time in the heptathlon (4,268)****

2014-15: [Indoor] Placed fourth in the heptathlon with 4,285 points at the Patriot League Championships ... took seventh in the heptathlon at the Bison Open with a personal-best 4,286 points **[Outdoor]** Placed sixth in the decathlon at the Patriot League Championships with 5,932 points ... **Major:** English-Literary Studies

★ CAREER BESTS ★

Indoor	
Heptathlon.....	4,286
60.....	7.57
60H.....	8.90
1,000.....	2:58.94
High Jump.....	5-10
Pole Vault.....	11-1.75
Long Jump.....	20-7.25
Shot Put.....	37-9.25

Outdoor	
Decathlon.....	5,932
100.....	11.61
110H.....	15.68
400.....	52.73
1,500.....	5:01.35
High Jump.....	5-10.75
Pole Vault.....	11-5.75
Long Jump.....	20-7.75
Shot Put.....	37-11.5
Discus.....	87-5
Javelin.....	147-4



DAVID FRERING

SOPHOMORE
CROSS COUNTRY/DISTANCE
RIDGEWOOD, N.J.
RIDGEWOOD



2014-15: [Cross Country] Competed in two events ... took 33rd out of 67 runners at the Bison Open ... placed 93rd of 264 at the Dickinson Long/Short Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at the Patriot League Championships, where he took 12th in the 1,000-meter run with a time of 2:28.99 ... took 11th in the event at the IC4A Championships ... was third in the event at both the Penn State Relays and the Gulden Invitational ... **[Outdoor]** Took fourth in the 1,500-meter run at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Undeclared in the School of Management

★ CAREER BESTS ★

Indoor	
800.....	1:55.91
1,000.....	2:28.99
Outdoor	
800.....	1:57.11
1,500.....	3:58.86



GRANT REYNOLDS



DAN GEVIRTZ

SENIOR / CO-CAPTAIN
SPRINTS
LANSDALE, PA.
NORTH PENN

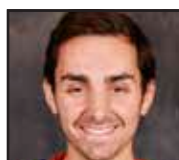


2014-15: [Indoor] Competed in three events at the Patriot League Championships, taking 15th in the 200-meter dash, 16th in the long jump and 18th in the 60-meter dash ... finished fourth in the 60-meter dash at the Bucknell Tune-Up ... **[Outdoor]** Competed in two events at the Patriot League Championships, taking ninth in the 100-meter dash and 11th in the 200-meter dash ... set a pair of personal records at the Bucknell Team Challenge, taking third in the 200-meter dash with a time of 21.97 and fourth in the 100-meter dash with a time of 11.05 ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore):** **[Indoor]** Competed at four events ... finished 10th in the long jump at the Bison Opener ... **[Outdoor]** Did not compete ... earned a spot on the Patriot League Academic Honor Roll... **2012-13 (Freshman):** **[Indoor]** Did not compete ... **[Outdoor]** Competed in jumps at three events ... took second in the long jump and third in the triple jump at the Marron & Gold Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Markets, Innovation & Design

★ CAREER BESTS ★

Indoor	
60.....	7.22
200.....	22.69
Long Jump.....	20-7.75

Outdoor	
100.....	11.05
200.....	21.97



LUKE GIUGLIANO

JUNIOR
CROSS COUNTRY/DISTANCE
SPARTA, N.J.
SPARTA



2014-15: [Cross Country] Competed in six events, including the Patriot League Championships where he was 39th of 107 runners ... finished 72nd out of 156 runners at the Mid-Atlantic Regional Championships ... was 11th out of 233 at the Dickinson Long/Short Invitational ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the fall semester ... **[Indoor]** Did not compete ... **[Outdoor]** Competed at the Patriot League Championships, taking 12th in the 10,000-meter run and 13th in the 5,000-meter run ... placed third in the 3,000-meter run at the Bucknell Team Challenge ... took fourth in the 1,500-meter run with a time of 4:11.85 at the Jim Taylor Invitational ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the spring semester ... **2013-14: [Cross Country]** Enjoyed a strong rookie cross country season ... finished seventh at the Bison Open in his first collegiate race ... runner-up at Bloomsburg's Husky Invitational ... Bucknell's No. 5 runner and 25th overall at the Leopard Invitational ... team's No. 6 finisher and 47th overall at Patriot League Championship (26:54.84 for 8K) ... **[Indoor]** Did not compete in an indoor meet ... **[Outdoor]** Ran the mile twice and the 3,000 meters once outdoors ... placed fourth in the 3,000 at the Bucknell Mini Meet ... **Major:** Mechanical Engineering

★ CAREER BESTS ★

Outdoor	
1,500.....	
4:11.85	
3,000.....	
8:57.97	
5,000.....	
15:07.12	
10,000.....	
31:38.28	



ELYSE PETTAWAY

STUDENT-ATHLETE PROFILES



**MEG
SANGIMINO**



CODY HAUPT

SENIOR
MULTIS
MOUNT CARMEL, PA.
MOUNT CARMEL AREA



Owns Bucknell's eighth-best decathlon score (5,875)

2014-15: [Indoor] Posted two top-10 finishes at the Bucknell Tune-Up, taking sixth in the 500-meter dash and 10th in the 60-meter hurdles ... **[Outdoor]** Scored points at the Patriot League Championships with a sixth-place finish in the decathlon ... he tallied 5,875 points in the decathlon at the championship meet, which ranked eighth all-time at Bucknell... **2013-14: [Indoor]** Competed in the 60-meter hurdles and 300 meters at the Bison opener ... **[Outdoor]** Posted a score of 5,100 in the Patriot League decathlon ... **2012-13: [Indoor]** Competed twice during the season in the 400 ... ran a season-best 52.52 at the Bucknell Winter Classic ... **[Outdoor]** Placed sixth in the decathlon at the Patriot League Championships with a career-best 5,664 points ... point total ranked seventh all-time at Bucknell ... posted personal-best marks in eight of 10 events at the league meet ... opened outdoor collegiate career with a 14th-place finish in the decathlon at the Washington & Lee Carnival ... mark also ranked in the top 10 in program annals ... **Major:** Mechanical Engineering.

✦ CAREER BESTS ✦

Indoor	
60H.....	9.19
200.....	23.59
300.....	37.87
400.....	52.52
Long Jump.....	19-10.25

Outdoor	
Decathlon.....	5,875
100.....	11.50
110H.....	16.61
400.....	51.90
800.....	2:21.44
1,500.....	4:57.29
High Jump.....	5-9.25
Pole Vault.....	11-5.75
Long Jump.....	20-8.5
Shot Out.....	41-0.5
Discus.....	108-8
Javelin.....	145-3



**PETER
MURRAY**



JORDAN JACKSON

JUNIOR
MID-DISTANCE
WELLSBORO, PA.
WELLSBORO



2014-15 (Sophomore): [Cross Country] Competed in four events ... took 21st of 264 runners at the Dickinson Long/Short Invitational and 34th of 355 runners at the Gettysburg Invitational ... **[Indoor]** Finished 10th in the 800-meter run at the Patriot League Championships ... ran a leg on the 4x800 relay team that took second at the IC4A Championships ... took fifth in the 800-meter run at the Youngstown State National Invitational ... added top-five finishes in the mile at the Bison Open and in the 1,000-meter run at the Gulden Invitational ... **[Outdoor]** Finished 15th in the 800-meter run at the Patriot League Championships ... was the runner-up in the 800-meter run at the Bloomsburg Invitational ... **2013-14 (Freshman): [Cross Country]** Ran in two races ... finished 10th at the Husky Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at two events ... took fourth in the 800-meter run at the Bison Opener and fifth in the 500-meter dash at the Bucknell Mini Meet ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Civil Engineering

✦ CAREER BESTS ✦

Indoor	
500.....	1:08.34
800.....	1:55.31
1,000.....	2:36.58
Mile.....	4:27.67
Outdoor	
800.....	1:54.26
1,500.....	4:01.70



RYAN JOHNSON

SENIOR
MID-DISTANCE
PHOENIX, MD.
LOYOLA BLAKEFIELD



**Part of school-record outdoor distance medley relay (9:50.10) ... also ranks sixth in program history in outdoor 800 (1:51.51), 10th in indoor 800 (1:52.33) and eighth in indoor 500 (1:04.58) ... ranks eighth at Bucknell in indoor distance medley relay (9:59.75) ... member of indoor 4x400 (3:18.75) that ranks eighth and outdoor 4x800 that ranks second (7:31.48). **

✦ CAREER BESTS ✦

Indoor	
400.....	50.60
500.....	1:04.58
800.....	1:52.33
Outdoor	
400.....	50.87
800.....	1:51.51

2014- 15 (Junior): Did not compete due to injury ... **2013-14: [Cross Country]** Placed 23rd at the Bison Open in his only cross country race ... Patriot League Academic Honor Roll ... **[Indoor]** Competed at distances from 400-1,000 meters during the indoor season ... earned All-Patriot League honors for a second-place finish in the 800 (1:54.02) and 4x800 relay (7:36.53) at the league meet ... also helped the distance medley relay to a Patriot League bronze medal ... ran a 1:52.33 in the 800 at the Akron Invitational, which was a personal best and the 10th-fastest time in school history ... won the 500 at the Youngstown State Invitational, setting a PR and a track record with a time of 1:04.58, which ranks No. 8 on Bucknell's all-time list ... placed first in the 1,000 at the Bucknell Mini Meet ... IC4A qualifier in both the 500 and 800 ... **[Outdoor]** Competed exclusively in the 800 outdoors ... finished 11th in the 800 at the Patriot League Championships ... clocked a season-best 1:52.98 in a third-place finish at the Bucknell Team Challenge ... also part of the 4x800 relay that took third at the PL meet and clocked the second-fastest time in program history (7:31.48) ... relay qualified for IC4A Championships ... Patriot League Academic Honor Roll ... **2012-13: [Cross Country]** Competed three times during debut campaign ... placed 30th at the Bison Open and 31st at the Saint Francis (Pa.) Invitational ... Patriot League Academic Honor Roll ... **[Indoor]** At the Patriot League Championships, helped distance medley relay to the title, earning First Team All-League honors in 10:15.99 ... also placed fifth in the 500 (1:06.19) at the league meet ... won the 500 with a season-best 1:05.57 and the 4x400 at the Youngstown State Invitational ... relay time of 3:18.75 ranks ninth in program history ... also posted top 800 time of the year (1:56.67) at the Penn State National Invitational, placing 13th ... was only individual race out of seven where he placed lower than fifth ... competed with the distance medley relay at the IC4A Championships ... IC4A time of 9:59.75 ranks eighth in program annals ... **[Outdoor]** Placed third in the 800 and 4x800 relay at the Patriot League Championships ... 800 time of 1:51.51 was a career best and ranks fifth at Bucknell ... relay time of 7:33.07 is the seventh-best in program history ... earned two 800-meter titles, winning the UMBC Invitational and the Bucknell Team Challenge ... also tied for fourth in the 800 at the Bison Outdoor Classic (1:52.57) ... competed in the 4x800 at the IC4A Championships ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Interdisciplinary Studies .. part of Bucknell ROTC program ... spent a summer in Tanzania with ROTC.



ADAM KARL

SOPHOMORE
JUMPS
EAST PETERSBURG, PA.
HEMPFIELD



2014-15: [Indoor] Competed in the high jump at five events ... scored points at the Patriot League Championships with an eighth-place finish, clearing 6-4 1/4 ... cleared 6-5 to take fifth in his group at the Penn State Relays ... finished second at the Bison Open ... **[Outdoor]** Competed in the high jump at five events ... cleared 6-4 1/4 to take 10th at the Patriot League Championships ... finished in the top five at the Bucknell Team Challenge, Bloomsburg Invitational and Colonial Relays ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Physics

✦ CAREER BESTS ✦

Indoor	
High Jump.....	6-5
Outdoor	
High Jump.....	6-4.25

STUDENT-ATHLETE PROFILES



ELIJAH KAY

JUNIOR
JUMPS
SUMMIT, N.J.
GOVERNOR LIVINGSTON



2014-15: [Indoor] Competed in the high jump at six events, finishing in the top 10 at all six ... scored points at the Patriot League Championships, clearing 6-6 1/4 to take seventh ... won the Bucknell Tune-Up with a height of 6-6 3/4 ... **[Outdoor]** Competed in the high jump at six events ... scored points at the Patriot League Championships, taking fourth with a height of 6-4 1/4 ... cleared 6-4 1/4 three times during the outdoor season ... finished in the top five at the Bloomsburg Invitational, Bucknell Team Challenge and Bison Outdoor Classic ... **2013-14: [Indoor]** Had a strong rookie year as a high jumper ... finished sixth in his first Patriot League Championships with a leap of 6-4.25 ... season-best was 6-4.75 at the Bucknell Tune-Up ... **[Outdoor]** Competed at the first two meets of the outdoor season, with a top jump of 6-4.25 ... tied for first in the high jump at the UMBC Invitational (6-2.75) ... **Major:** History

★ CAREER BESTS ★

Indoor	
High Jump.....	6-6.75
Outdoor	
High Jump.....	6-4.25



JOHN KIRNA

SENIOR
CROSS COUNTRY/DISTANCE
WESTFIELD, N.J.
WESTFIELD



2014-15: [Cross Country] Competed in five meets, including a 47th-place finish out of 107 runners at the Patriot League Championships ... finished 104th at the Mid-Atlantic Regional Championships ... took 19th out of 117 at the Detroit Mercy Invitational ... **[Indoor]** Competed in three events ... took seventh in the 3,000-meter run at the Bison Open ... **[Outdoor]** Competed in six events, including the conference championships ... scored points at the Patriot League Championships with an eighth-place finish in the 3,000-meter steeplechase, while also taking 11th in the 5k ... runner-up in the steeplechase at the Bucknell Team Challenge ... **2013-14: [Cross Country]** Competed in four meets, with a top finish of ninth at the Bison Open ... placed 14th at Penn State's Harry Groves Spiked Shoe Classic, helping Bucknell to a team victory ... **[Indoor]** Did not compete in an indoor meet ... **[Outdoor]** Primary event was the steeplechase ... placed 10th in the steeple at the Patriot League Championships ... best time was 9:40.24 in a fourth-place finish at the Bucknell Team Challenge ... **2012-13: [Cross Country]** Ran in three meets as a freshman ... best finish was 14th at the Saint Francis Invitational ... took 22nd at the Gettysburg Invitational and 29th at the Detroit Titan Invitational ... **[Indoor]** Competed in the mile and 5,000 early in the season ... **[Outdoor]** Participated in the 1,500, 3,000 and 5,000 across four spring competitions ... was runner-up in the 3,000 at the Bucknell Team Challenge ... **Major:** Managing for sustainability

★ CAREER BESTS ★

Indoor	
Mile	4:33.88
3,000	8:52.09
5,000	15:44.81
Outdoor	
1,500	3:59.68
3,000 steeple.....	9:29.97
5,000	15:18.48



ANDREW KIRNA

SENIOR
CROSS COUNTRY/DISTANCE
WESTFIELD, N.J.
WESTFIELD



2014-15 (Senior): [Cross Country] Competed in five events ... finished 45th of 107 runners at the Patriot League Championships and 85th of 156 at the Mid-Atlantic Regional Championships ... took 15th of 117 at the Detroit Mercy Invitational ... **[Indoor]** Competed in distance races at three events ... finished fifth in the 3,000-meter run at the Gulden Invitational ... **[Outdoor]** Competed in five events ... was the runner-up in the 5k at the Bloomsburg Invitational ... finished in the top 10 in the 3,000-meter run at the Monmouth Season Opener and in the 1,500-meter run at the Bucknell Team Challenge ... **2013-14: [Cross Country]** Participated in one meet, running 27:49 for 8K at the Paul Short Invitational ... **[Indoor]** Ran the mile or 3,000 meters in five indoor meets ... took sixth in the 3,000 in 8:50.32 at the Youngstown State Invitational ... season-best 4:26.45 in the mile at the Bucknell Tune-Up ... **[Outdoor]** Runner-up in the 5,000 meters at the Bloomsburg Invitational ... season-best 5K was 15:10.10 at the Bison Outdoor Classic ... **2012-13: [Cross Country]** Competed in four meets, with a top finish of 11th at the Saint Francis Invitational ... placed 20th at the Detroit Titan Invitational and 23rd at the Gettysburg Invitational ... **[Indoor]** Not with team ... **[Outdoor]** Not with team ... **2011-12: [Cross Country]** Was a regular in the lineup as a freshman ... placed fourth at the Bison Open in his first collegiate race ... took sixth on the team and 41st overall at the Patriot League Championship (26:40 for 8K) ... competed at the Mid-Atlantic Regionals ... **[Indoor]** Primary events were the mile and 1,000 meters ... best mile time was 4:27.66 at the Gulden Invitational ... clocked a 2:35.54 in a third-place finish in the 1,000 at the Bucknell Winter Classic ... **[Outdoor]** Injured during the outdoor season ... **Major:** Computer Science

★ CAREER BESTS ★

Indoor	
1,000	2:35.54
Mile	4:26.45
3,000	8:50.32
Outdoor	
1,500	4:04.27
3,000	8:50.59
5,000	15:10.10



ANDREW KUCHTA

SENIOR | CO-CAPTAIN
CROSS COUNTRY/DISTANCE
PITTSBURGH, PA.
BALDWIN



2014-15: [Cross Country] Competed in four meets, including an 84th-place finish at the Patriot League Championships ... won the Bison Open, a three-mile race, with a time of 14:44 ... took 13th out of 117 runners at the Detroit Mercy Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at four events ... finished fourth in the mile run and eighth in the 3,000-meter run at the Gulden Invitational ... **[Outdoor]** Competed at two events ... took third in the 5k at the Bloomsburg Invitational ... finished fourth in the 3,000-meter run at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Cross Country]** Was a regular in the Bison cross country lineup ... best finish was 11th at the Penn State Harry Groves Spiked Shoe Classic, helping the Bison to a team victory ... placed 57th at the Patriot League Championship in a time of 27:17.37 (8K) ... placed 67th at the NCAA Mid-Atlantic Regionals ... **[Indoor]** Competed mainly in the 3,000 and 5,000 indoors ... best finish was third in the 3,000 at the Bucknell Tune-Up ... **[Outdoor]** Won the 5,000 meters at the Bloomsburg Invitational in 15:20.85 ... placed 15th in the 5K at the Patriot League Championships ... **2012-13: [Cross Country]** Had a solid rookie cross country season ... placed ninth overall and first among Bison runners at the Gettysburg Invitational ... placed 48th at the Patriot League Championship in 27:22.6 (8K) ... **[Indoor]** Posted a runner-up finish in the 3,000 meters at the Bucknell Mini-Meet ... best time in 3,000 was 8:48.15 in a fifth-place finish at the Youngstown State Invitational ... also set a PR in the 5,000 with a 14:54.01 at the Colonial Relays ... **[Outdoor]** Ran the 1,500, 3,000 and 5,000 meters ... top finish was third in the 3,000 at the Bucknell Team Challenge and third in the 5K at the Bloomsburg Invitational ... **Major:** Mechanical Engineering

★ CAREER BESTS ★

Indoor	
3,000	8:45.82
5,000	15:13.63
Outdoor	
1,500	4:04.95
3,000	8:58.03
5,000	14:54.01
10,000	31:11.42



ANDREW KUCHTA



STEPHANIE EASSE

STUDENT-ATHLETE PROFILES



NICHOLAS LOMBARDO

SOPHOMORE
JUMPS
DARIEN, CONN.
DARIEN



2014-15: [Indoor] Cleared 6-8 1/4 to place third in the high jump at the Patriot League Championships ... also took ninth in the long jump ... named the Patriot League Rookie of the Week after clearing 6-6 3/4 to tie for first at the Gulden Invitational ... cleared 6-7 to win the high jump at the Penn State Relays ... jumped 23-2 1/4 to win the long jump at the Youngstown State National Invitational ... took third in the long jump at the IC4A Championships ... also qualified for the IC4A meet in the high jump ... **[Outdoor]** Had an outstanding performance at the conference meet, earning All-Patriot League honors with a runner-up finish in the long jump, leaping 22-11 3/4 ... also scored points with a fourth-place finish in the high jump and a fifth-place finish in the triple jump ... won the long jump at the Bloomsburg Invitational with a leap of 22-5 3/4 ... had six top-five finishes in the long jump, four in the triple jump and one in the 100-meter dash ... **Major:** Undeclared

✦ CAREER BESTS ✦

Indoor	
60	7.31
High Jump	6-8.25
Long Jump	23-2.75
Triple Jump	44-9.75
Outdoor	
100	11.07
High Jump	6-6.25
Long Jump	22-11.75
Triple Jump	46-11



ANTHONY MENZA

SENIOR
DISTANCE/SPRINTS
ENGLISHTOWN, N.J.
MANALAPAN



****Part of 4x400 relay that holds school indoor (3:11.54) and outdoor (3:09.93) records ... ranks third at Bucknell in 500 (1:03.69), sixth in indoor 400 (48.76) and seventh in indoor 300 (35.70). ****

✦ CAREER BESTS ✦

Indoor	
200	22.57
300	35.70
400	48.76
500	1:03.69
Outdoor	
200	22.43
400	48.84

2014-15: [Indoors] Finished third in the 500 meters at the Patriot League Championships for the second straight year ... took eighth in the same event at the IC4A Championships ... his time of 1:03.69 in the prelims of the IC4A meet was the third fastest in Bucknell history ... was the runner-up in the event at the Gulden Invitational ... **[Outdoors]** Competed in the 400-meter dash at five events ... was a member of the 4x400 relay team that took fifth at the Patriot League Championships, where he also finished 12th in the 400 ... had top-five finishes at the Monmouth Season Opener and Bucknell Team Challenge... **2013-14: [Indoors]** Medaled in two events at the Patriot League Championships, placing third in the 500 meters (1:05.24) and second with the 4x400 relay to earn All-PL honors ... IC4A qualifier in the 200, 400 and 500, and he was part of the 4x400 relay that broke the school record (3:11.54) and won the IC4A title ... ran a 48.76 in the 400 at IC4As, the fifth-fastest time in school history in that event ... set a PR in the 200 with a 22.57 at the Bucknell Tune-Up ... competed once in the 300 and posted the seventh-fastest time in school history (35.70) in a third-place finish at the Bison Opener ... won the 500 at the Gulden Invitational ... **[Outdoors]** Primary event was the 400 ... won that event at the Bloomsburg Invitational ... set a PR in the 400 with a 48.84 at the Bucknell Team Challenge ... part of 4x400 relay that smashed the 39-year-old school record with a victory at the Virginia Challenge (3:09.93) ... the 4x400 relay later finished third at Patriot League Championships and ninth at IC4A Championships... **2012-13: [Indoors]** Placed sixth in the 500 at the Patriot League Championships ... time of 1:06.45 was a season best ... also earned Second Team All-Patriot League honors with a runner-up finish in the 4x400 at the league meet ... time of 3:18.78 ranks 10th in Bucknell history ... member of the 4x400 relay that twice broke the school record at the IC4A Championships ... relay ran 3:14.02 in the prelims and 3:12.38 in the final for seventh place and All-East accolades ... were first relays in program history to run under 3:15 ... also broke on to the program top-10 lists in the 300 at the Bison Opener and 400 at the Youngstown State Invitational ... top 300 time of 36.05 is tied for 10th in program annals ... 400-meter time of 49.66 ranks ninth ...

finished second in the 500 at the Gulden Invitational (1:08.98) ... member of 4x400 relays that finished second at each of the first three meets of the season – Bison Opener, Bucknell Mini Meet and Gulden Invitational ... **[Outdoors]** At the Patriot League Championships placed 11th in the 400 (49.85) ... also placed fifth with the 4x400 relay (3:19.34) ... anchored 4x400 relay that ran the eighth-fastest time in program history in the IC4A Championships prelims ... ran a career-best 49.01 and finished third in the 400 at the Maroon & Gold Invitational ... also competed at 200 meters ... named Patriot League Rookie of the Week on April 29 ... **Major:** Philosophy/Economics



PAT MULROONEY

SENIOR
JAVELIN
SOMERVILLE, N.J.
SOMERVILLE



2014-15: [Outdoor] Placed sixth in the javelin at the Patriot League Championships with a PR of 196-7 ... IC4A qualifier ... won the Paul Kaiser Classic with a throw of 187-8 ... was the runner-up at the Bucknell Team Challenge, Swarthmore Final Qualifier and Jim Taylor Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Outdoor]** Placed eighth in the javelin at the Patriot League Championships with a PR of 186-8 ... won the javelin at the Bloomsburg Invitational and placed second at the UMBC Invitational ... Patriot League Academic Honor Roll... **2012-13: [Outdoor]** Placed seventh in javelin at first PL Championship appearance ... season-best throw of 183-4 came in fourth-place finish at Maryland Invitational ... runner-up at Bloomsburg and Bucknell Team Challenge ... Patriot League Academic Honor Roll ... **Major:** Mechanical Engineering.

✦ CAREER BESTS ✦

Outdoor	
Javelin	196-7



PETER MURRAY

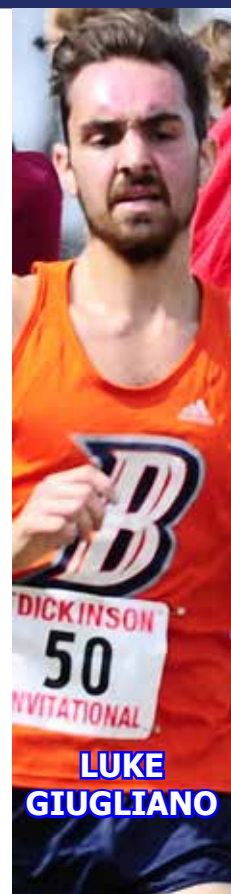
SENIOR
CROSS COUNTRY/DISTANCE
MEDFORD, N.J.
SHAWNEE



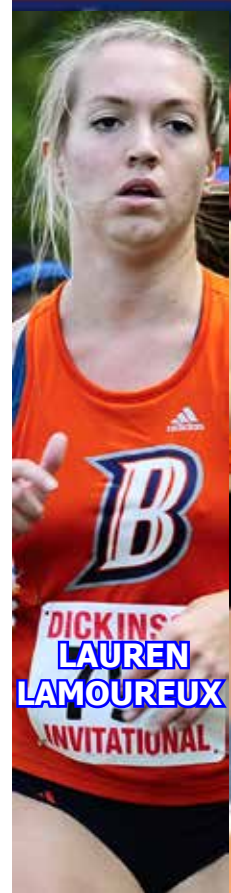
2014-15: [Cross Country] Competed at four events, including a 46th-place finish at the Patriot League Championships ... was 14th of 233 at the Dickinson Long/Short Invite ... took 31st of 341 at the Paul Short Invitational ... finished 136th in a highly competitive field of 301 runners at the Princeton invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at five events, posting top-10 finishes in four ... took fourth in the 3,000-meter run at the Bucknell Tune-Up ... **[Outdoor]** Competed at five events ... finished 14th in the 5k and 15th in the 10k at the Patriot League Championships ... runner-up in the 3,000-meter run at the Bucknell Team Challenge ... added top-five finishes in the 3,000-meter run at the Colonial Relays and in the 5k at the Bison Outdoor Classic ... earned a spot on the Patriot League Academic Honor Roll... **2013-14: [Cross Country]** Participated in two meets, with a top finish of sixth at the Bison Open ... also ran at the Leopard Invitational, placing 73rd ... **[Indoor]** Ran just once indoors, competing in the 3,000 meters at the Bucknell Tune-Up ... **[Outdoor]** Competed in the 1,500, 3,000 and 5,000 outdoors ... best finish was fifth in the 1,500 at the Bloomsburg Invitational ... **2012-13: [Cross Country]** Ran in three meets and posted two top-15 finishes ... placed 10th at the Saint Francis Invitational and 12th at the Detroit Titan Invitational ... **[Indoor]** Participated in four indoor meets, running the mile and the 3,000 meters ... top mile time was 4:36.53, and low 3,000 was 9:01.23 ... **[Outdoor]** Won the 5,000 meters at the Bloomsburg Invitational with a time of 14:57.94 ... **Major:** Economics

✦ CAREER BESTS ✦

Indoor	
Mile	4:26.93
3,000	8:43.52
5,000	15:14.43
Outdoor	
3,000	8:45.62
5,000	14:53.97
10,000	32:09.66



LUKE GIUGLIANO



LAUREN LAMOREUX

STUDENT-ATHLETE PROFILES



SELINE
TAN-TORRES



JOHN
WESTWOOD



ROSS PIRNIE

JUNIOR
CROSS COUNTRY/DISTANCE
HILTON, N.Y.
HILTON CENTRAL



2014-15: [Cross Country] Competed at five events ... finished 90th at the Patriot League Championships ... finished in the top 30 in the first three events of the season, taking seventh at the Bison Open, 28th at the Detroit Mercy Invitational and 22nd at the Dickinson Long/Short Invite ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at five events ... took sixth in the 3,000-meter run at the Bucknell Tune-Up ... finished eighth in the 5k at the Gulden Invitational ... **[Outdoor]** won the 3,000-meter steeplechase with a time of 9:48.63 at the Bloomsburg Invitational ... took third in the event at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Cross Country]** Competed in five meets as a freshman, with a top finish of ninth at the Husky Invitational ... placed 22nd at the Bison Open in his collegiate debut ... **[Indoor]** Ran the mile and 3,000 meters indoors ... best mile was 4:26.07 at the Youngstown State Invitational ... ran 8:59.70 in the 3K at the Bison Open ... **[Outdoor]** Competed in the steeplechase outdoors and placed 12th at the Patriot League Championships ... runner-up in the steeple at the Bucknell Team Challenge with a season-best time of 9:27.46 ... competed in the steeple at U.S. Junior Nationals in Eugene, Ore. **Major:** Cell biology/biochemistry

+ CAREER BESTS +

Indoor	
Mile	4:24.76
3,000	8:45.01
Outdoor	
3,000 Steeple.....	9:27.46



MAXWELL PRIZANT

SOPHOMORE
POLE VAULT
POLAND, OHIO
SHADY SIDE ACADEMY (PA.)



2014-15: [Indoor] Competed in the pole vault at six events ... cleared 14-9 to finish 12th at the Patriot League Championships ... also cleared 14-9 in a fourth-place finish at the Bison Opener ... added top-five finishes at the Bucknell Tune-Up, Youngstown State National Invitational and Penn State Relays ... **[Outdoor]** Competed in the pole vault at seven events ... cleared 14-5.25 to take 11th at the Patriot League Championships ... also cleared 14-5 1/4 to win the Bloomsburg Invitational ... took seventh at the Swarthmore Final Qualifier with a personal best height of 15-1 ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Undeclared in the School of Management

+ CAREER BESTS +

Indoor	
Pole Vault	14-9
Outdoor	
Pole Vault	15-1



GRANT REYNOLDS

SENIOR
HURDLES
MAITLAND, FLA.
TRINITY PREP



****Ranks No. 4 at Bucknell in 60 hurdles (8.16), fourth in 110 hurdles (14.33) and seventh in 400 hurdles (53.54). ****

+ CAREER BESTS +

Indoor	
60H.....	8.16
200.....	22.62
300.....	36.34
400.....	49.68
Long Jump.....	20-3
Outdoor	
110H.....	14.33
400H.....	53.54
200.....	22.66

2014-15: [Indoor] Medaled at the Patriot League Championships with a third-place finish in the 60-meter hurdles, crossing the line in 8.22 seconds ... also competed in the 400-meter dash and was 11th ... won the 60-meter hurdles at the Bison Open with a time of 8.17 ... took 12th at the Penn State National Invitational with a time of 8.16 ... qualified for the IC4A Championships and took 12th ... **[Outdoor]** Medaled in three events at the conference championships, earning All-Patriot League honors with a runner-up finish in the 400-meter hurdles and taking third in the 110-meter hurdles and 4x100 relay ... his time of 53.54 in the 400-meter hurdles was the seventh fastest in Bucknell history ... IC4A qualifier in both hurdles events ... runner-up in both hurdles events at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll... **2013-14: [Indoor]** Placed third in the 60-meter hurdles at the Patriot League Championships ... set a then-PR and the then-fourth-fastest time in school history in that event with an 8.18 in a second-place finish at the Bison Open ... won the hurdles at the Bucknell Mini Meet and the Bucknell Tune-Up ... IC4A qualifier ... **[Outdoor]** Placed fifth in the 400 hurdles at the Patriot League Championships, but false-started in the 110 hurdles ... set PRs in both events at the PL meet with a 14.73 in the prelims of the high hurdles and 54.22 in the intermediates ... IC4A qualifier in the 110 hurdles ... won the 400 hurdles at the Bloomsburg Invitational and the UMBC Invitational ... **2012-13: [Indoor]** Placed fifth in the 60 hurdles at the Patriot League Championships ... time of 8.30 was a career best and ranked fifth in program history ... also placed 12th in the 400 at the league meet ... ran a personal-record 50.46 in the 400 at the Youngstown State Invitational, placing fifth ... also took seventh in the 60 hurdles at Youngstown State ... won the 60 hurdles with a then-career-best 8.37 at the Bison Open & Multi ... also won the hurdles at the Bucknell Mini Meet ... **[Outdoor]** At the Patriot League Championships placed sixth in the 110 hurdles (15.51) and 400 hurdles (54.84) ... time of 14.80 in the 110 hurdles prelims at the league meet was a career best and ranked eighth in program history ... personal best in the 400 hurdles (54.78) came at the Bison Outdoor Classic ... time ranked ninth in program annals ... also placed second with the 4x400 at the Outdoor Classic ... won the 110 hurdles at the Maroon & Gold Invitational ... **Major:** Electrical Engineering



GRIFFIN ROBERTSON

SENIOR | CO-CAPTAIN
SPRINTS
MANSFIELD, MASS.
MANSFIELD



2014-15 (Junior): [Indoor] Competed at seven events ... finished ninth in the 500-meter dash at the Patriot League Championships ... had top-five finishes at the Bucknell Tune-Up, Bison Opener and Gulden Invitational ... **[Outdoor]** Competed at four events ... ran on the Bison 4x400 relay team at the IC4A Championships ... Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Competed at four events ... was the runner up in the 500 at the Bucknell Mini Meet and third in the event at the Bucknell Tune-Up ... **[Outdoor]** Competed at three events ... ran a season-best 52.18 in the 400 at the Colonial Relays ... **2012-13 (Freshman): [Indoor]** Competed at six events ... runner-up in the 500 at the Bucknell Winter Classic ... **[Outdoor]** Competed at five events ... finished fifth in the 400 at the Maroon and Gold Invitational **Major:** Environmental Studies

+ CAREER BESTS +

Indoor	
200.....	23.18
400.....	50.26
500.....	1:05.91
Outdoor	
200.....	22.52
400.....	50.83
800.....	2:02.82

STUDENT-ATHLETE PROFILES



**CARLY
REINER**



**JORDAN
JACKSON**



OLU SHOYOYE
SENIOR | CO-CAPTAIN
THROWS
NEWARK, N.J.
LAWRENCEVILLE SCHOOL



****Ranks 10th all-time at Bucknell in the weight throw (56-10 1/4)****

2014-15: [Indoor] Competed at nine events, primarily in the weight throw ... finished sixth in the weight throw with a toss of 56-5.25 at the Patriot League Championships ... finished eighth at the Penn State National Invitational with a throw of 56-10.25 ... took 18th at the IC4A Championships ... had top-five finishes at the Bison Opener, Bucknell Tune-Up, Gulden Invitational and Bison Open ... **[Outdoor]** Competed at six events, primarily in the hammer throw ... finished 12th at the Patriot League Championships ... took sixth at the Colonial Relays with a throw of 163-5... **2013-14: [Indoor]** Scored at the Patriot League Championships for the first time with a seventh-place finish in the weight throw ... recorded a career-best 55-7.75 at the league meet ... **[Outdoor]** Competed in the hammer throw, with a season best of 152-0 in a fourth-place finish at the Bloomsburg Invitational ... **2012-13: [Indoor]** Participated primarily in the shot put ... produced a season-best of 42-10.25 at the Bucknell Winter Classic ... **[Outdoor]** Recorded a season-best shot put of 42-5.25 at the Bucknell Team Challenge ... **Major:** Economics and Mathematics

✦ CAREER BESTS ✦

Indoor	
Weight Throw.....	56-10.25
Shot Put.....	42-10.25
Outdoor	
Hammer Throw.....	173-2
Discus.....	114-1
Shot Put.....	42-5.25



MARK STAFURIK
SENIOR
THROWS
ENGLISHTOWN, N.J.
CHRISTIAN BROTHERS ACADEMY



2014-15 (Junior): [Indoor] Competed at seven events ... finished 12th in the weight throw and 13th in the shot put at the Patriot League Championships ... took fourth in the weight throw and fifth in the shot put at the Bison Open ... **[Outdoor]** Competed at six events ... finished ninth in the discus and 13th in the shot put at the Patriot League Championships ... was the runner-up in both the hammer throw and discus and third in the shot put at the Jim Taylor Invitational... **2013-14 (Sophomore): [Indoor]** Competed in the shot put and weight throw at six events, including the Patriot League Championships ... finished fifth in the shot put at the Gulden Invitational ... **[Outdoor]** Competed in throws at five events ... was the runner-up in the hammer throw and third in the shot put at the Crusader Outdoor Classic... **2012-13 (Freshman): [Indoor]** Competed in the weight throw and shot put at two events ... took 12th in the shot put and 14th in the weight throw at the Bucknell Mini Meet ... **[Outdoor]** Competed in throws at four events ... took fifth in the shot put and ninth in the hammer at the Maroon & Gold Invitational ... **Major:** Physics

✦ CAREER BESTS ✦

Indoor	
Weight Throw.....	52-5.5
Shot Put.....	50-5.25
Outdoor	
Hammer Throw.....	171-6
Discus.....	148-9
Shot Put.....	49-1



LOUIS TOBIAS
JUNIOR
MID-DISTANCE
CROMWELL, CONN.
CROMWELL



****Part of school record indoor 4x800 relay (7:28.36)****

2014-15 (Sophomore): [Cross Country] Ran in the first three meets of the season, taking fourth out of 67 runners at the Bison Open, 23rd of 117 at the Detroit Mercy Invitational and 22nd of 264 at the Dickinson Long/Short Invite ... **[Indoors]** Ran a leg on the first-place 4x800 relay team that set a meet and school record with a time of 7:28.36 at the Patriot League Championships ... also scored points at the Patriot League Championships with an eighth-place finish in the 800-meter run, crossing the line in 1:53.33 ... finished 22nd in the event at the IC4A Championships ... won the event at the Gulden Invitational with a time of 1:55.67 ... **[Outdoors]** Competed at seven events ... finished 14th in the 800-meter run at the Patriot League Championships ... was seventh in the 1,500-meter run at the Paul Kaiser Classic and the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Indoors]** Primary events were the 800 and 1,000 meters ... best finish was third in the 1,000 at the Gulden Invitational ... best time in the 800 was 1:56.51 at the Youngstown State Invitational, and best in the 1,000 was 2:33.03 at the Gulden Invite ... **[Outdoors]** Ran the 800 and 1,500 meters outdoors ... won the 1,500 at the Bloomsburg Invitational ... best time in that event was a 3:58.57 at Swarthmore ... also ran a season-best

✦ CAREER BESTS ✦

Indoor	
800.....	1:53.33
1,000.....	2:33.03
Mile.....	4:26.38
Outdoor	
800.....	1:55.27
1,500.....	3:56.86



The Bucknell throwers had an outstanding season in 2015. Joseph Breen had one of the group's many highlight's, setting a school record in the outdoor shot put with a toss of 56-3 at the Patriot League Championships.

STUDENT-ATHLETE PROFILES



JOHN WESTWOOD
SENIOR | CO-CAPTAIN
MID-DISTANCE/CROSS COUNTRY
SEWICKLEY, PA.
QUAKER VALLEY



****Part of school record outdoor distance medley relay (9:50.10) and indoor distance medley relay (9:46.39) ... also ranks first at Bucknell in outdoor 4x800 (7:28.36) and No. 5 in the indoor 1,000 (2:24.84).****

2014-15: [Cross Country] Ran in the first three meets, taking sixth out of 67 runners at the Bison Open, 56th of 117 at the Detroit Mercy Invitational and 17th of 264 at the Dickinson/Long Short Invitational ... earned a spot on the Patriot League Academic Honor Roll and the Bucknell Dean's List ... **[Indoor]** Won two Patriot League titles as a member of the 4x800 and distance medley relay

... 4x800 relay team set a meet and school record with a time of 7:28.36 ... also took fifth in the 1,000-meter run ... earned All-East honors with a fourth-place finish in the 1,000-meter run at the IC4A Championships ... named to the Academic All-Patriot League Team ... won the 1,000m at the Bucknell Tune-Up with a time of 2:27.45 ... won the mile at the Gulden Invitational with a time of 4:21.12 ... also qualified for the IC4A meet in the 800-meter run ... **[Outdoor]** ran middle-distance races at five events ... competed in the 800-meter run at the Patriot League Championships ... was the runner-up in the event at the Bucknell Team Challenge ... finished third in the 3,000-meter run at the Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll and the Bucknell Dean's List...

2013-14: [Indoor] Scored in three events at the Patriot League Championships, including a silver medal with the 4x800 relay that secured All-Patriot League honors ... also placed fifth in the 1,000 meters and sixth in the mile ... then went on to earn All-East honors with a third-place finish in the 1,000 at the IC4A Championships ... recorded the fifth-fastest time in school history in the 1,000 with 2:24.84 in a fifth-place finish at the Penn State National Invitational ... set a PR with a 4:12.31 mile in a fourth-place finish at the Akron Invitational ... won the 800 at the Gulden Invitational and the mile at the Bucknell Mini Meet ... also qualified for IC4As in the mile ... **[Outdoor]** Placed fifth in the 1,500 meters at the Patriot League Championships, posting a PR and IC4A-qualifying time of 3:50.82 ... part of the 4x800 relay that finished third at the PL meet with the second-fastest time (7:31.48) in school history ... part of the distance medley relay that smashed the school record with a 9:50.10 in a win at Penn Relays ... won the 800 meters at the UMBC Invitational ... clocked a personal-best 1:52.62 in the 800 at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2012-13: [Indoor]** Member of distance medley relay that won the Patriot League title in 10:15.99 ... named First Team All-Patriot League ... placed fourth in the 800 (1:55.99) and fifth with the 4x800 (7:48.64) at the Patriot League Championships ... won five of seven individual races, including each of the first three of his collegiate career ... earned victories in the mile (4:20.21) at the Bison Opener, 1,000 (2:32.84) at the Bucknell Mini Meet and 800 (1:56.08) at the Gulden Invitational ... also swept the 800 (1:53.80) and 1,000 (2:29.91) at the Youngstown State Invitational ... 800-meter time at Youngstown State was a season best ... posted top 1,000 time of the season at the Penn State National Invitational ... placed fourth in the invitational heat in 2:29.24 ... **[Outdoor]** At the Patriot League Championships placed third with the 4x800 relay in 7:33.07 ... time ranks seventh in program history ... also placed seventh in the 800 (1:53.24) at the league meet ... 800-meter time was a season best ... earned top-five finishes in the 800 at the Bucknell Team Challenge (fourth, 1:56.06) and Maroon & Gold Invitational (third, 1:54.82) ... competed in the 4x800 at the IC4A Championships ... also competed at 1,500 meters ... earned a spot on the Patriot League Academic Honor Roll ... **[Cross Country]** Competed four times in debut campaign ... earned top-25 finishes at the Detroit Titan Invitational (21:42 at 4 miles) and Saint Francis (Pa.) Invite (25:35.1 at 7K) ... ended season by finishing ninth on the team and 58th overall at the Gettysburg Invite (27:03 at 8K) ... **Major:** Accounting and financial management, and Mathematics

✦ CAREER BESTS ✦

Indoor	
800	1:53.64
1,000	2:24.84
Mile	4:20.21
Outdoor	
800	1:53.24
1,500	3:50.82
3,000	8:49.42



ZACH WILLIAMS
SENIOR
CROSS COUNTRY/DISTANCE
NORTH BRANFORD, CONN.
XAVIER



2014-15: [Cross Country] Ran in five events ... finished 55th out of 107 at the Patriot League Championships ... was fourth out of 355 at the Gettysburg Invitational ... **[Indoor]** Competed at the Patriot League Championships, taking 13th in the 3,000-meter run and 15th in the 5k ... finished fourth in the 5k with a time of 14:51.63 at the Youngstown State National Invitational ... **[Outdoor]** Competed at seven events, including the conference meet ... took ninth in both the 5,000-meter run and the 3,000-meter steeplechase at the Patriot League Championships ... qualified for the IC4A Championships and finished 22nd in the steeplechase ... won the steeplechase at the Jim Taylor Invitational ... ran a personal-best time of 9:11.16 in the steeplechase at the Swarthmore Final Qualifier ... **Major:** Undeclared

✦ CAREER BESTS ✦

Indoor	
Mile	4:28.91
3,000	8:43.56
5,000	14:51.63
Outdoor	
1,500	4:06.14
5,000	15:14.99
3,000 Steeple	9:11.16



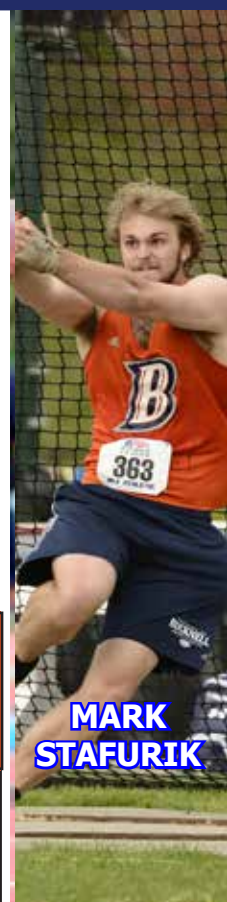
MATT WYMAN
SENIOR
THROWS
SOUTH AMBOY, N.J.
SAINT JOSEPH'S



2014-15: [Indoor] Competed in the shot put at three events ... took 14th at the Bucknell Tune-Up with a toss of 44-2 ... **[Outdoor]** Competed at five events ... took 16th in the discus at the Patriot League Championships ... was the runner-up in the discus and seventh in the shot put at the Bloomsburg Invitational ... **2013-14 (Sophomore): [Indoor]** Competed in the weight throw and shot put ... best weight throw was 47-7.25 at the Bison Opener ... top mark in the shot was 45-10 at the Bison Open ... **[Outdoor]** Threw the discus, hammer and shot put outdoors and made the Patriot League lineup ... just missed scoring in the discus, placing ninth ... took 15th in the shot put but set an outdoor personal best at 44-7 ... set a PR in the discus at 153-0 at Bloomsburg ... threw the hammer a personal-best 145-10 in a fourth-place finish at the Colonial Relays ... **2012-13: [Indoor]** Participated in five meets in the shot put and weight throw ... best finish was eighth in the shot at the Gulden Invitational ... top marks were 43-11.75 in the shot at the Gulden Invitational and 46-8.25 in the weight throw in his debut at the Bison Opener ... **[Outdoor]** Competed in the shot put, discus and hammer throw outdoors ... best marks were 142-10 in the hammer at the Bloomsburg Invitational; 40-0 in the shot at the Bucknell Team Challenge; and 136-6 in the discus at Bloomsburg ... **Major:** Global management ... president of Bucknell's Student-Athlete Advisory Committee.

✦ CAREER BESTS ✦

Indoor	
Shot Put	45-10
Weight Throw	47-7.25
Outdoor	
Discus	153-0
Shot Put	44-7
Hammer Throw	145-10



MARK STAFURIK



ELIZABETH SHEPROW

STUDENT-ATHLETE PROFILES

WOMEN'S PROFILES



NORA ADAMS

SENIOR
CROSS COUNTRY/DISTANCE
BOALSBURG, PA.
STATE COLLEGE AREA



2014-15 (Junior): [Cross Country] Ran in four meets, finishing in the top 50 in all four ... took 19th of 112 at the Detroit Mercy Invitational ... finished 34th of 301 at the Dickinson Long/Short Invitational ... was 48th of 360 at the Paul Short Run ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the fall semester ... **[Indoor]** Competed at one event, taking 17th in the 3,000-meter run at the Bison Open ... **[Outdoor]** Competed at four events ... had top-10 showings in the 1,500-meter run at the Jim Taylor Invitational and in the 5,000-meter run at the Bloomsburg Invitational ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the spring semester ... **2013-14 (Sophomore): [Cross Country]** Ran in four races ... finished sixth of 55 runners at the Bison Open ... Patriot League Academic Honor Roll ... **[Indoor]** Did not compete ... **[Outdoor]** Competed at three events ... won the 5,000-meter run with a time of 18:25.34 at the Crusader Outdoor Classic ... Patriot League Academic Honor Roll ... **2012-13 (Freshman): [Cross Country]** Ran in four races ... took sixth of 34 runners at the Saint Francis Invite ... Patriot League Academic Honor Roll **[Indoor]** Competed at five events ... took fourth in the 3,000-meter run at the Bucknell Mini Meet ... **[Outdoor]** Competed at four events ... took fourth in the 3,000-meter run at the Maroon and Gold Invitational ... Patriot League Academic Honor Roll ... **Major:** Double major in Linguistics and Psychology

★ CAREER BESTS ★

Indoor	
3,000	10:27.65
Outdoor	
1,500	4:58.86
3,000	10:26.02
5,000	18:25.34

GRACE LOH



CHRISTINE BENDZINSKI

SOPHOMORE
CROSS COUNTRY/DISTANCE
HEBRON, CONN.
RHAM



****Ranks first at Bucknell in the indoor 4x800 relay (8:55.51) ... other indoor ranks include second in the 1,000 (2:50.68), third in the mile (4:53.28), seventh in the DMR (11:55.18) and eighth in the 800 (2:13.82) ... on the outdoor list, she ranks fourth in the 1,500 (4:28.60), fifth in the 800 (2:11.57) and seventh in the DMR (11:55.73)****

★ CAREER BESTS ★

Indoor	
800	2:13.82
1,000	2:50.68
Mile	4:53.28
Outdoor	
800	2:11.57
1,500	4:28.60
3,000	10:18.47

2014-15 (Freshman): [Cross Country] Competed at six events, including the conference and regional meet ... finished 15th and was the second fastest freshman at the Patriot League Championships ... was 27th of 207 at the Mid-Atlantic Region Championships ... was the runner-up in a field of 265 runners at the Dickinson Long/Short Invitational ... finished eighth of 360 at the Paul Short Run ... earned Patriot League Rookie of the Week honors twice ... named to the Patriot League Academic Honor Roll ... **[Indoor]** Competed at five events ... voted the Patriot League Rookie of the Meet after winning the 1,000-meter run, the mile and the 4x800 relay at the conference championships ... time of 2:52.13 in the 1,000 set a meet record ... finished first in the 800-meter run with a time of 2:13.62 at the Bucknell Tune-Up and earned Patriot League Rookie of the Week honors ... qualified for the ECAC Championships in the 800, 1,000 and mile ... **[Outdoor]** Competed at six events ... earned two All-Patriot League honors with runner-up finishes in the 800- and 1,500-meter runs at the conference championships ... also took fifth in the 4x800 relay ... earned All-East honors with a second-place finish in the 1,500-meter run, crossing the line in 4:28.60 at the ECAC Championships ... won the 3,000-meter run with a time of 10:18.47 at the Monmouth Season Opener ... competed at the USATF Junior Outdoor Championships, where she took fourth in the 1,500-meter run... **Major:** Cell Biology/Biochemistry

DAN GEVIRTZ



ALISON BILLAS

SENIOR
CROSS COUNTRY/DISTANCE
DANVILLE, PA.
DANVILLE AREA



2014-15 (Junior): [Cross Country] Ran in four meets, including the Patriot League Championships, where she took 32nd in a field of 107 runners ... was 16th of 112 at the Detroit Mercy Invitational ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the fall semester ... **[Indoor]** Competed at five events ... scored points at the Patriot League Championships with an eighth-place finish in the 3,000-meter run (10:05.49) ... also took 10th in the 5k ... took fourth in the mile at the Bison Open and in the 3,000-meter run at the Gulden Invitational ... **[Outdoor]** Competed at five events ... took third in the 5k at the Bloomsburg Invitational ... had top-10 finishes in the 1,500 at the Bucknell Team Challenge and at the Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Cross Country]** Ran in six meets, including the Patriot League Championship, where she placed seventh among Bucknell competitors and 32nd overall (23:17.56 for 6K) ... best finish was 18th at the Bison Open ... took 22nd at the Leopard Invitational ... Patriot League Academic Honor Roll ... **[Indoor]** Competed in the mile, 3,000 and 5,000 ... set indoor PRs in each event ... ran a personal-best 10:10.10 in the 3,000 at the PL meet ... won the 5,000 in a personal-best 17:40.71 at the Youngstown State Invitational ... lowered her PR in the mile to 5:09.74 at the Penn State National Invitational ... won the mile in 5:12.57 at the Bucknell Mini Meet ... **[Outdoor]** Won the 3,000 meters at the Bloomsburg Invitational ... best time in that event was 10:19.21 at the Colonial Relays ... ran a career-best 4:49.52 in the 1,500 at the UMBC Invitational ... Patriot League Academic Honor Roll ... **2012-13 (Freshman): [Cross Country]** Enjoyed a strong rookie cross country season, placing in the top 20 at four events, including the Patriot League Championship (16th) ... was Bucknell's No. 4 finisher at the PL meet ... part of the lineup for the Mid-Atlantic Regionals ... placed fifth at the Detroit Titan Invitational, seventh at the Saint Francis Invitational and 12th at the Harry Lang Invitational ... Patriot League Academic Honor Roll ... **[Indoor]** Placed eighth in the 5,000 meters at the Patriot League Championships (18:19.75) ... also took 19th in the 3,000 ... recorded third-place finishes in the mile at the Bucknell Mini Meet and in the 5,000 at the Youngstown State Invitational ... **[Outdoor]** Primary event was the steeplechase ... was runner-up in that event at the UMBC Invitational in a season-best 11:46.83 ... Patriot League Academic Honor Roll ... **Major:** Animal Behavior

★ CAREER BESTS ★

Indoor	
Mile	5:09.74
3,000	10:05.49
5,000	17:40.71
Outdoor	
1,500	4:48.59
3,000	10:19.21
3,000 Steeple ...	11:46.83
5,000	18:06.23

CHRISTINE BENDZINSKI



Christine Bendzinski finished fourth in the USATF Junior National Championships while competing in the 1,500-meter run in Eugene, Oregon this past summer. Her place qualified her as an alternate for the Junior Pan-American Games.

STUDENT-ATHLETE PROFILES



ANDREA BOURGAL
SENIOR
MID-DISTANCE
MASSAPEQUA PARK, N.Y.



2014-15 (Junior): [Indoor] Competed at five events ... took fourth in the 500-meter dash at the Penn State National Invitational ... finished third in the event at the Bison Opener ... added top-five showings in the 800-meter run at the Youngstown State National Invite and the Bucknell Tune-Up ... **[Outdoor]** Competed in the 800-meter run at seven events ... finished 18th at the Patriot League Championships ... named the Patriot League Track Athlete of the Week after taking first with a time of 2:16.67 at the Bloomsburg Invitational ... took sixth at the Bucknell Team Challenge with a time of 2:16.27 ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Competed at five events ... took eighth in the 500 at the Youngstown State Invitational ... **[Outdoor]** Ran the 800 at four events ... took fourth at the Maroon & Gold Invitational ... **2012-13 (Freshman): [Indoor]** Competed at five events ... took third in the 800 at the Bison Opener ... **[Outdoor]** Competed at four events ... was the runner-up in the 400 at the Maroon & Gold Invitational ... **Major:** Chemical Engineering

✦ CAREER BESTS ✦

Indoor	
500.....	1:18.87
800.....	2:18.09
Outdoor	
800.....	2:16.27



JESS BRIDLE
SENIOR
SPRINTS
TEWKSBURY, MASS.
TEWKSBURY



****Member of indoor (3:42.68) and outdoor (3:45.69) 4x400 relays and the outdoor 4x100 relay (46.68) that hold school records ... member of outdoor 4x200 relay that ranks second (1:41.35).***

2014-15 (Junior): [Indoor] Competed at one event, taking fourth in the 400-meter dash and ninth in the 200-meter dash at the Bucknell Tune-Up ... **[Outdoor]** Competed at six events, including the Patriot League Championships, where she ran a leg on the winning 4x100 relay ... also scored points with a fourth-place finish in the 4x400 relay ... took seventh in the 400 at the Bison Outdoor Classic ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 [Indoor]** Scored in the 400 meters at the Patriot League Championships, placing eighth in 58.63 ... earned All-Patriot League honors with the 4x400 relay, which placed second in an ECAC-qualifying time of 3:52.84 ... that relay went on to earn All-East honors with a fourth-place finish at ECACs in a school-record time of 3:42.68 ... was runner-up in the 400 at the Bucknell Tune-Up ... **[Outdoor]** Saw limited action due to injury during the outdoor season ... Patriot League Academic Honor Roll ... **2012-13: [Indoor]** At the Patriot League Championships placed third with the 4x400 (3:54.79) and fifth in the 400 (58.77) ... set the then-Bucknell record in the 4x400 at 3:46.28 in the prelims at the ECAC Championships ... won the 200 with a season-best 26.05 at the Bucknell Winter Classic ... was first career victory ... also took second in the 400 (59.69) at the Bison Open & Multi ... ran a career-best 8.02 in the 60 prelims at the Gulden Invitational ... member of the 4x400 that was second (3:57.11) at the Gulden Invite ... **[Outdoor]** Member of 4x100 relay that won the Patriot League title ... set school record at 46.68 and earned First Team All-League honors in the 4x100 ... also placed seventh in the 400 with a season-best 57.68 at the league meet ... set third school record of the season at the ECAC Championships, running 3:45.69 with the 4x400 ... also competed in the 4x100 at ECACs ... set a then-school record in the 4x200 (1:41.35), placing third at the Colonial Relays ... season ended with time ranked second in program history ... set a program top-10 mark in the 4x100 at four of six meets ... placed second in the 100 and 200 at the Maroon & Gold Invitational ... Patriot League Academic Honor Roll ... **Major:** English-Creative Writing

✦ CAREER BESTS ✦

Indoor	
60.....	8.02
200.....	26.05
400.....	58.39
Outdoor	
100.....	12.68
200.....	25.54
400.....	57.62



ABIGAIL BRUNDAGE
SENIOR
THROWS
RED BUD, ILL.
RED BUD COMMUNITY



****Ranks third all-time at Bucknell in the indoor shot put (46-3 1/2) and fourth in the outdoor shot put (45-2 1/2)****

2014-15 (Junior): [Indoor] Competed at seven events, including the Patriot League Championships, where she won the shot put with a toss of 46-3.5 ... took 12th in the weight throw ... earned All-East honors with a seventh-place finish at the ECAC Championships ... finished in the top three in the shot put at the Bucknell Tune-Up, Bison Open and Gulden Invitational ... **[Outdoor]** Competed at nine events, including the Patriot League Championships, where she scored points with a fourth-place finish in the shot put ... took 12th in the hammer throw and 15th in the discus ... won the shot put with a toss of 44-6.25 at the Swarthmore Final Qualifier ... had top-five finishes in the shot put at the Bison Outdoor Classic, Bloomsburg Invitational, Monmouth Season Opener and the Colonial Relays ... qualified for the ECAC Championships in the shot put ... **2013-14: [Indoor]** Competed in seven meets, including the Patriot League Championships, in the shot put and weight throw ... won the bronze medal with a third-place finish in the shot put at the PL meet (personal-best 42-3.25) ... set PR in the weight throw with a 42-5.25 at the Bucknell Tune-Up ... **[Outdoor]** Repeated as the Patriot League bronze-medal winner in the shot put ... PL mark of 43-11.25 was the seventh-best in program history ... won the shot put at the UMBC Invitational in the first outdoor meet of the year ... also threw the hammer and discus ... **2012-13: [Indoor]** Placed ninth in the shot put at the Patriot League Championships (39-1.75) ... season-best in the shot was a 41-10.5 in her first collegiate meet at the Bison Opener ... **[Outdoor]** Competed primarily in the shot put and discus ... season-best 39-8.5 in the shot in a third-place finish at the Bloomsburg Invitational ... placed fourth in the discus at the UMBC Invitational ... **Major:** Political Science

✦ CAREER BESTS ✦

Indoor	
Shot Put.....	46-3.5
Weight Throw.....	42-5.25
Outdoor	
Discus.....	125-5
Shot Put.....	45-2.5
Hammer.....	131-11



JENNA CALANDRO
SOPHOMORE
POLE VAULT
SANDY HOOK, CONN.
NEWTOWN



2014-15 (Freshman): [Indoor] Competed in the pole vault at six events ... took 10th at the Patriot League Championships ... cleared a personal-best height of 11-9.75 to win the Bison Opener ... cleared 11-3.75 while winning both the Bucknell Tune-Up and the Gulden Invitational ... ECAC qualifier ... **[Outdoor]** Competed in the pole vault at four events ... took 14th at the Colonial Relays ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Undeclared

✦ CAREER BESTS ✦

Indoor	
Pole Vault.....	11-9.75
Outdoor	
Pole Vault.....	10-11.75



TARA LEE



MATT WYMAN

STUDENT-ATHLETE PROFILES



**KAFILAT
OLADIRAN**



REAGAN CERNEY

JUNIOR
MID-DISTANCE
NEWTOWN, CONN.
NEWTOWN



*****Ranks first all-time at Bucknell in the indoor 4x800 relay (8:55.51), seventh in the indoor distance medley relay (11:55.18) and seventh in the outdoor distance medley relay (11:55.73)*****

2014-15 (Sophomore): [Indoor] Competed at seven events, including the Patriot League Championships, where she ran a leg on the 4x800 relay team that won with a meet-record time of 8:55.51 ... also scored points with a third-place finish in the 4x400 relay and sixth in the 800-meter run ... won the 800 with a time of 2:19.85 at the Gulden Invitational ... took second in the 800 at the Bison Opener and in the 500 at the Bucknell Tune-Up ... **[Outdoor]** Competed at five events, including the Patriot League Championships, where she scored points with a third-place finish in the 800-meter run, fourth in the 4x400 relay and fifth in the 4x800 relay ... won the 800 with a time of 2:13.87 at the Bucknell Team Challenge ... took second in the 400 and sixth in the 800 at the Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Indoor]** Competed in the first three meets of the season before suffering an injury ... was runner-up in the 800 (2:22.11) in her first collegiate meet at the Bison Opener ... also placed second in the 500 at the Bucknell Mini Meet ... ran an ECAC-qualifying time of 1:16.95 in a fourth-place finish in the 500 at the Gulden Invitational ... **[Outdoor]** Primary event was the 400 meters ... ran season-best 59.83 in a third-place finish at the Bloomsburg Invitational ... clocked a 1:00.29 in a 17th-place finish at the Patriot League Championships ... Patriot League Academic Honor Roll ... **Major:** Management

★ CAREER BESTS ★

Indoor	
500	1:16.95
800	2:15.47
Outdoor	
200	26.63
400	58.01
800	2:13.27



SARAH CHANDLER

JUNIOR
CROSS COUNTRY/DISTANCE
PENNINGTON, N.J.
HOPEWELL VALLEY CENTRAL



****Member of the 4x800 relay team that holds the Bucknell record with a time of 8:55.51, the outdoor distance medley relay team that ranks fourth (11:55.73) and the indoor distance medley relay team that ranks seventh (11:55.18). She also ranks seventh in the steeplechase (11:12.13)****

2014-15 (Sophomore): [Cross Country] Competed in six races ... earned Second Team All-Patriot League honors with a 14th-place finish at the Patriot League Championships ... took second out of 112 runners at the Detroit Mercy Invitational and fourth out of 60 runners at the Bison Open ... **[Indoor]** Competed at five events, including the Patriot League Championships, where she ran a leg on the 4x800 relay team that won with a meet-record time of 8:55.51 ... also took first as part of the distance medley relay team and scored points with a fifth-place finish in the 800-meter run ... won the 1,000-meter run with a time of 2:58.92 at the Gulden Invitational ... **[Outdoor]** Competed at five events, including the Patriot League Championships, where she scored points with a fifth-place finish in the 4x800 relay and eighth in the 1,500-meter run ... also took 15th in the 800-meter run ... won the 1,500 with a time of 4:35.84 at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Cross Country]** Enjoyed a strong freshman cross country season ... placed 23rd in her first Patriot League Championship (fourth among Bucknell competitors) in 23:00.74 for 6K ... was Bucknell's No. 3 runner at the Mid-Atlantic Regionals (77th overall out of 203 runners) ... placed fifth at the Bison Open in her collegiate debut ... third on the team and 15th overall in Bucknell's second-place finish at the Harry Groves Spiked Shoe Invitational at Penn State ... Patriot League Academic Honor Roll ... **[Indoor]** Primary

★ CAREER BESTS ★

Indoor	
800	2:15.59
1,000	2:58.92
Mile	5:02.60
Outdoor	
800	2:12.61
1,500	4:35.84
3,000 Steeple....	11:12.13

event was the mile during indoor season ... posted a season-best 5:02.60 at the Akron Invitational ... was runner-up in the mile at the Gulden Invitational ... scored at the Patriot League Championships with a seventh-place finish (5:08.09) in the mile, and also helped the distance medley relay to a third-place finish ... part of 4x800 relay that earned All-East honors with an eighth-place finish at the ECAC Championships ... **[Outdoor]** Excelled in the steeplechase, where she placed fifth at the Patriot League Championships and posted a time (11:12.13) that ranks sixth in program history ... helped the 4x800 relay to a fourth-place finish at the PL meet and an ECAC Championships berth ... part of a distance medley relay that was runner-up at the Colonial Relays and ran the fourth-fastest time in school history (11:48.03) ... runner-up in the steeple at the UMBC Invitational ... placed second in the 1,500 meters (4:36.38) at the Bucknell Team Challenge ... Patriot League Academic Honor Roll ... **Major:** Undeclared



EMMA COUSINS

SOPHOMORE
CROSS COUNTRY/DISTANCE
LEMONT, PA.



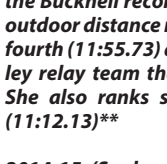
2014-15 (Freshman): [Cross Country] Finished in the top 40 of all five races in which she competed ... highlights included a seventh-place finish out of 365 runners at the Dickinson Invitational, 13th out of 394 at the Gettysburg Invitational and 36th out of 360 at the Paul Short Run ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the fall semester ... **[Indoor]** Competed at six events, including the Patriot League Championships, where she ran a leg on the distance medley relay team that took first with a time of 12:03.02 ... also scored points with a fifth-place finish in the 1,000-meter run ... took third in the 1,000 at both the Bucknell Tune-Up and the Gulden Invitational ... **[Outdoor]** Competed at four events ... took eighth in the 1,500-meter run at the Bison Outdoor Classic ... earned a spot on the Patriot League Academic Honor Roll and posted a perfect 4.0 GPA during the spring semester ... **Major:** Early Childhood Education

★ CAREER BESTS ★

Indoor	
800	2:21.45
1,000	2:57.47
Mile	5:12.58
Outdoor	
1,500	4:47.61
3,000	10:42.10



**PAT
MULROONEY**



STEPHANIE EASSE

JUNIOR
THROWS
WAYNE, N.J.
WAYNE VALLEY



*****Ranks 10th all-time at Bucknell in the discus (145-5)*****

2014-15 (Sophomore): [Indoors] Competed in the shot put at four events ... took seventh at the Bison Open with a toss of 40-4.75 ... **[Outdoor]** Competed at seven events, including the Patriot League Championships, where she earned Second Team All-League honors with a runner-up finish in the discus ... also took 12th in the javelin and 14th in the shot put ... won the discus with a throw of 133-8 at the Jim Taylor Invitational ... named the Patriot League Field Athlete of the Week after winning the discus with a throw of 144-8 at the Bloomsburg Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Outdoor]** Competed in the javelin and discus throws ... placed ninth in the javelin (120-6) and 11th in the discus (123-6) at the Patriot League Championships ... season-best javelin throw was 122-3 at the Bison Outdoor Classic ... best discus mark was a 133-4 in a fifth-place finish at the Colonial Relays ... runner-up in the javelin in her collegiate debut at the UMBC Invitational earned a spot on the Patriot League Academic Honor Roll ... **Major:** Management

★ CAREER BESTS ★

Indoor	
Shot Put	40-4.75
Outdoor	
Shot Put	37-10
Discus	145-5
Javelin	122-0

STUDENT-ATHLETE PROFILES



DEANNA GODBY
SENIOR / CO-CAPTAIN
CROSS COUNTRY/DISTANCE
CLEVELAND, OHIO
MAYFIELD



****Owns Bucknell's fifth fastest time in the indoor 5,000-meter run (17:25.06) and the fifth fastest outdoor 5,000 (17:02.41)****

✦ CAREER BESTS ✦

Indoor	
Mile	5:03.29
3,000	10:03.35
5,000	17:27.83
Outdoor	
1,500	4:35.73
5,000	17:02.41

2014-15 (Junior): [Cross Country] Competed in four races ... took 24th at the Patriot League Championships and 61st at the Mid-Atlantic Regional ... finished seventh of 301 runners at the Dickinson Invitational and 16th out of 360 at the Paul Short Run ... earned a spot on the Patriot League Academic Honor Roll ... earned a spot on the Patriot League Academic Honor Roll ...

[Indoor] Competed at six events, including the Patriot League Championships, where she scored points with sixth-place finishes in the 3,000-meter run and 5,000-meter run ... won the 5,000 with a time of 17:33.08 at the Bison Opener ... took second in the 3,000 at the Gulden Invitational ... ECAC qualifier in the 5k ... **[Outdoor]** Competed at five events, including the Patriot League Championships, where she scored points with a fourth-place finish in the 5,000-meter run ... also competed in the 1,500 and took 12th ... qualified for the ECAC Championships and finished 17th in the 5k ... earned a spot on the Patriot League Academic Honor Roll... **2013-14 (Sophomore): [Cross Country]** Ran in seven of the team's eight cross country meets ... placed 25th overall and fourth on the team at the Patriot League Championship (23:03.30 for 6K) ... placed 67th overall and second among Bison at the NCAA Mid-Atlantic Regionals ... best finish was 12th at the Bison Open ... Patriot League Academic Honor Roll ... **[Indoors]** Placed 13th in the 5,000 and 19th in the 3,000 at the Patriot League Championships ... chopped 12 seconds off her PR in the 3,000 with a 10:09.67 at the Akron Invitational ... ran a career-best 17:48.40 in the 5,000 in a third-place finish at the Youngstown State Invitational ... **[Outdoor]** Had a big outdoor season, scoring points in two events at the Patriot League Championships ... placed fifth in the 1,500 (4:35.73) and eighth in the 5,000 (17:39.38) ... recorded the sixth-fastest time in school history with a 17:15.82 in the 5,000 at the Bison Outdoor Classic ... that time was an ECAC qualifier ... also set a PR in the 3,000 with a 10:05.07 in a sixth-place finish at the Colonial Relays ... Patriot League Academic Honor Roll ... **2012-13 (Freshman): [Cross Country]** Placed 10th overall and second among Bison runners at her first Patriot League Championship ... ran 23:14.9 at Colgate to earn All-Patriot League honors ... placed 73rd overall and third on the team at the NCAA Mid-Atlantic Regionals ... Patriot League Academic Honor Roll ... **[Indoor]** Primary event was the 3,000 meters, where she posted a season-best time of 10:26.17 in a fifth-place finish at the Gulden Invitational ... **[Outdoor]** Competed in both the 3,000 and 3,000-meter steeplechase outdoors ... finished third in the steeple at the UMBC Invitational ... **Major:** Mechanical Engineering



EMMA HARRIS
SOPHOMORE
MID-DISTANCE
POWELL, OHIO



*****Ran on the indoor 4x800 relay team that holds the Bucknell record with a time of 8:55.51*****

✦ CAREER BESTS ✦

Indoor	
500	1:18.15
800	2:19.28
Outdoor	
400	1:00.41
800	2:19.53

2014-15 (Freshman): [Indoor] Competed at six events, including the Patriot League Championships, where she ran a leg on the 4x800 relay team that won with a meet-record time of 8:55.51 ... also competed in the 500-meter dash and took 13th ... finished fourth in the 500 at the Youngstown Invitational ... **[Outdoor]** Competed at five events ... took third in the 400-meter dash at the Bloomsburg Invitational ... **Major:** Chemical Engineering



LAUREN HUDSON
SOPHOMORE
JUMPS
AMHERST, N.Y.
WILLIAMSVILLE NORTH

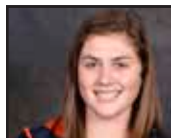


*****Holds Bucknell's fourth-best indoor high jump (5-5.75) and the eighth best outdoor high jump (5-4.5)*****

✦ CAREER BESTS ✦

Indoor	
High Jump	5-5.75
Outdoor	
High Jump	5-4.5

2014-15 (Freshman): [Indoor] Competed in the high jump at seven events, including the Patriot League Championships, where she scored points with a fourth-place finish ... cleared 5-5 while winning both the Bison Opener and the Bucknell Tune-Up ... cleared a personal-best height of 5-5.75 to take fifth at the Penn State Relays ... **[Outdoor]** Competed in the high jump at six events ... cleared 5-4.5 to win the Swarthmore Final Qualifier ... finished in the top five at the Bloomsburg Invitational, Bucknell Team Challenge and Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Undeclared



ELLEN KALNINS
SENIOR
JAVELIN
WATERTOWN, CONN.



2014-15 (Junior): [Indoor] Competed in the weight throw at five events ... took eighth at the Bucknell Tune-Up with a throw of 41-2.5 ... **[Outdoor]** Competed at six events ... finished in the top five in the hammer throw at the Bloomsburg Invitational and Jim Taylor Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Competed in the weight throw at six events ... threw a season-best 42-0.5 at the Gulden Invitational ... **[Outdoor]**

✦ CAREER BESTS ✦

Indoor	
Weight Throw	42-0.25
Outdoor	
Hammer	140-0.5
Javelin	108-4

Competed in the hammer at five events ... posted fifth-place finishes at the UMBC Invitational and the Crusader Outdoor Classic ... earned a spot on the Patriot League Academic Honor Roll ... **2012-13 (Freshman): [Indoor]** Did not compete ... **[Outdoor]** Competed in the javelin at three events ... took fifth at the Maroon and Gold Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Civil Engineering



KIMBERLEY LAPSYNSKI
JUNIOR
JUMPS
KENNETT SQUARE, PA.
UNIONVILLE



*****Owns Bucknell's eight-best indoor long jump (18-5.25) and the 10th-fastest indoor 200m (25.83). She also ran a leg on the school's fourth-fastest 4x100 relay (47.52).*****

✦ CAREER BESTS ✦

Indoor	
200	25.83
Long Jump	18-5.25
Triple Jump	34-2
Outdoor	
Long Jump	18-1.75
Triple Jump	38-0

2014-15 (Sophomore): [Indoor] Competed at seven events, including the Patriot League Championships, where she scored points with a third-place finish in the long jump ... also competed in the 200-meter dash (13th) and triple jump (18th) ... finished in the top three in the long jump at the Bison Opener, Bison Open and Bucknell Tune-Up ... **[Outdoor]** Competed at seven events, including the Patriot League Championships, where she scored points with a fifth-place finish in the triple jump ... won the long jump with a leap of 18-1.75 and took second in the 100-meter dash at the Bloomsburg Invitational ... **2013-14 Freshman): [Indoor]** Competed in the long jump, triple jump and 200-meter dash ... competed in all three events at the Patriot League Championships, finishing 13th in the triple jump, 17th in the long jump and 18th in the 200 ... best triple jump was 34-2 at the PL meet ... top long jump was 17-8.25 in a third-place finish at the Gulden Invitational ... fastest 200 was 26.21 at the Gulden Invitational ... **[Outdoor]** Scored at the Patriot League Championships for the first time with a sixth-place finish in the long jump (17-8.75) ... also placed 11th in the triple jump (35-3.25) ... season-best triple jump was 35-9.25 at the Bison Outdoor Classic ... runner-



JOHN KIRNA



DAYNA SIMONE

STUDENT-ATHLETE PROFILES



TARA LEE
SENIOR
THROWS
WALLINGFORD, CONN.
MARK T. SHEEHAN



2014-15 (Junior): [Indoor] Competed in throws at six events, including the Patriot League Championships, where she scored points with an eighth-place finish in the weight throw ... also competed in the shot put and took 10th ... took fourth in the shot put and sixth in the weight throw at the Bucknell Tune-Up ... **[Outdoor]** Competed in throws at seven events ... scored points at the Patriot League Championships with an eighth-place finish in the hammer throw ... took 10th in both the shot put and discus ... won the hammer with a throw of 140-3 at the Jim Taylor Invitational ... took third in the hammer and fifth in the discus at the Bloomsburg Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Competed in throws at seven events ... took fourth in the shot put and ninth in the weight throw at the Bucknell Tune-Up ... **[Outdoor]** Competed in throws at six events ... finished 10th in the shot put at the Patriot League Championships ... took second in the hammer throw, third in the shot put and fourth in the discus at the Maroon and Gold Invitational ... **2012-13 (Freshman): [Indoor]** Competed in throws at seven events ... finished 11th in the shot put and 17th in the weight throw at the Patriot League Championships ... finished in the top 10 in the shot put five times, including fourth-place showings at the Bucknell Mini Meet and Bison Open & Multi ... **[Outdoor]** Competed in throws at five events ... took second in the shot put and fourth in the discus at the Maroon and Gold Invitational ... **Major:** Psychology

★ CAREER BESTS ★

Indoor	
Shot Put.....	41-1
Weight throw.....	45-11.75
Outdoor	
Shot Put.....	40-6
Discus.....	127-9
Hammer.....	153-7



GRACE LOH
JUNIOR
DISTANCE
DARIEN, CONN.
DARIEN



2014-15 (Sophomore): [Cross Country] Ran in one race, taking 61st out of 301 runners at the Dickinson Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed in middle-distance races at six events ... finished in the top five in the 800-meter run at the Gulden Invitational and the 1,000-meter run at three events ... **[Outdoor]** Competed at five events ... took 19th in the 800-meter run at the Patriot League Championships ... was the runner-up in the 800 at the Bloomsburg Invitational ... took third in the 800 at the Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Cross Country]** Ran in four races ... took 12th out of 38 runners at Bloomsburg's Husky Invitational ... finished 56th out of 135 at Lafayette's Leopard Invitational ... **[Indoor]** Competed at four events ... took fourth in the 1,000-meter run at the Youngstown Invitational and fifth at the Bucknell Tune-Up ... **[Outdoor]** Competed at four events ... finished fourth in the 800-meter run at the UMBC Invitational ... **Major:** Economics

★ CAREER BESTS ★

Indoor	
800.....	2:18.52
1,000.....	2:59.88
Mile.....	5:21.32
Outdoor	
800.....	2:16.73
1,500.....	4:48.78



CARLI LUCKE
SOPHOMORE
SPRINTS
ARCHBOLD, PA.
VALLEY VIEW



*****Holds the fourth fastest indoor 60-meter dash (7.87) in Bucknell history*****

2014-15 (Freshman): [Indoor] Competed at seven events ... scored points at the Patriot League Championships with a sixth-place finish in the 60-meter dash ... was the runner-up in the 60-meter dash at the Bucknell Tune-Up and took third at the Bison Open ... **[Outdoor]** Did not compete ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Undeclared

★ CAREER BESTS ★

Indoor	
60.....	7.87
200.....	26.75



DEVON McDONALD
JUNIOR | CO-CAPTAIN
JUMPS/MULTIS
ORINDA, CALIF.
MIRAMONTE



2014-15 (Junior): [Indoor] Competed in the pentathlon, taking 10th at the Patriot League Championships ... won the event with 2,929 points at the Bison Opener and took third with 3,045 points at the Bison Open ... **[Outdoor]** Competed at seven events ... scored points at the Patriot League Championships with a sixth-place finish in the long jump ... also competed in the high jump and took 15th ... was the runner-up in the long jump at the Bloomsburg Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Scored at the Patriot League Championships with a T-8th finish in the high jump (5-1) ... just missed scoring in the long jump, placing ninth with a personal-best leap of 17-4.75 ... won the high jump at the Bucknell Mini-Meet, tying her PR of 5-3 ... **[Outdoor]** Continued to high jump and long jump, and then added the heptathlon late in the year ... won the heptathlon at the Bloomsburg Invitational (3,776) and placed 12th at the Patriot League Championships with a score of 3,576 ... set PRs in the high jump (5-3) and long jump (17-8) during the Bloomsburg heptathlon ... the 3,776 score at Bloomsburg is the 10th-best in program history ... **2012-13 (Freshman): [Indoor]** At the Patriot League Championships placed seventh in the long jump (17-3 ¼), 10th in the high jump (5-1) and 16th in the triple jump (32-3 ¾) ... was first career meet competing in the triple jump ... earned first career win in the high jump at the Bucknell Mini Meet, clearing a season-best 5-3 ... best long jump mark of the season came at Bison Open & Multi ... finished fourth in 17-3 ½ at the home meet ... was first career meet at better than 17 feet in the long jump ... **[Outdoor]** Tied for fourth in the high jump at the Patriot League Championships, clearing 5-1 ¼ ... height tied her personal best ... also took 12th in the long jump (16-2 ¼) at the league meet ... posted a mark of 16-11 ½ for a career best and third place in the long jump at the Maroon & Gold Invitational ... **Major:** English-Film/Media Studies

★ CAREER BESTS ★

Indoor	
Pentathlon.....	3,045
60H.....	9.84
800.....	2:45.35
High Jump.....	5-3
Long Jump.....	17-5.5
Shot Put.....	30-2
Outdoor	
High Jump.....	5-3
Long Jump.....	17-9.5



Sophia Nhadi qualified for the NCAA East Preliminary Meet in the shot put as a junior last season. She was the Patriot League champion in the event with a meet-record throw of 49-10 1/2. She earned Field Athlete of the Meet honors and was later named the Patriot League Women's Track and Field Scholar-Athlete of the Year.



ANDREW KIRNA



REAGAN CERNEY

STUDENT-ATHLETE PROFILES



SOPHIA NNADI

SENIOR | CO-CAPTAIN
THROWS
COLUMBUS, OHIO



****On Bucknell's all-time lists, ranks first in the outdoor shot put (49-10 1/2), third in the discus (153-6), fifth in the indoor shot put (45-10) and fifth in the hammer throw (170-10)****

2014-15 (Junior): [Indoor] Competed in throws at five events ... scored points at the Patriot League Championships with third-place finishes in the shot put and weight throw ... qualified for the ECAC Championships in the shot put and finished ninth ... won the shot put with a toss of 45-10 at the Youngstown State National Invitational ... was the runner-up in the weight throw at the Bison Open ... **[Outdoor]** Named the Patriot League Women's Track and Field Scholar-Athlete of the Year and earned a spot on the Academic All-Patriot League Team ... competed in throws at nine events ... voted the Field Athlete of the Meet with a first-place finish in the shot put, second in the hammer throw and third in the discus at the Patriot League Championships ... throw of 49-10.5 in the shot put was a meet record ... qualified for the NCAA East Preliminary Meet in the shot put and finished 37th ... earned All-East honors with a fourth-place finish in the shot put at the ECAC Championships ... also competed in the discus (9th) and hammer throw (16th) ... won the shot put with a throw of 44-9.5 and the hammer with a throw of 165-10 at the Bloomsburg Invitational ... won the shot put with a throw of 44-0.75 at the Monmouth Season Opener ... won the discus with a heave of 141-4 at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Sophomore): [Indoor]** Placed 10th in the weight throw (46-9) and 15th in the shot put (37-1.75) at the Patriot League Championships ... won the weight throw at the Bucknell Tune-Up and the shot put at the Gulden Invitational ... set PRs in both the shot put (45-1) and weight throw (51-11.75) at the Youngstown State Invitational ... shot put mark is fifth-best in program history, and weight throw is 10th-best ... **[Outdoor]** Had an excellent outdoor season, posting top-four finishes in three events at the Patriot League Championships ... earned All-Patriot League honors with a bronze-medal performance in the shot put (45-1.75) ... also took fourth in the discus (140-2) and hammer (170-2) throws ... ECAC qualifier in all three events ... PL hammer throw was a personal best and the sixth-longest throw in school history ... also set a new PR in the discus with a 153-6 at the Bloomsburg Invitational, the third-best twirl in program history ... swept all three events at Bloomsburg ... also won the hammer throw at the UMBC Invitational ... Patriot League Academic Honor Roll ... **2012-13 (Freshman): [Indoor]** Patriot League shot put champion with a career-best 43-11 3/4 ... mark ranks sixth in program history ... Bucknell's fourth consecutive indoor shot put league champion ... named First Team All-Patriot League ... also placed 11th in the weight throw with a season-best 44-7 ... cleared 40 feet in the shot put for the first time in her career at the Bucknell Winter Classic, winning with a throw of 43-10 ... was first career win ... broke 40 feet in the weight throw for the first time in her career at the same meet with a mark of 44-3 1/4 ... named Patriot League Rookie of the Week after the Winter Classic ... opened indoor career with a pair of top-10 finishes in the shot put (second) and weight throw (eighth) at the Bucknell Mini Meet ... **[Outdoor]** Patriot League shot put champion with a then-career-best 45-3 1/2 ... received First Team All-Patriot League honors ... also placed ninth in the discus (136-2) at the league meet ... threw a career-best 45-10 for ninth place in the shot put at the ECAC Championships ... distance ranks third in program history ... made outdoor debut with a top-10 throw in the shot put at the Maryland Invitational ... threw 43-2 1/2 for third at Maryland ... also placed fifth in the discus (123-6) and seventh in the hammer (111-1) ... discus season best of 137-1 came at the Maroon & Gold Invitational ... placed third in the discus and fifth in the hammer at the league meet ... also won the shot put (43-1 1/2) at the Maroon & Gold Invite ... placed in the top 10 in the shot put in seven of eight meets with lone exception being the Penn Relays ... Patriot League Academic Honor Roll ... **Major:** International Relations/French

✦ CAREER BESTS ✦

Indoor	
Shot Put.....	45-10
Weight Throw.....	51-11.75
Outdoor	
Shot Put.....	49-10.5
Discus.....	153-6
Hammer.....	170-10



KAFILAT OLADIRAN

SOPHOMORE
HURDLES
SILVER SPRING, MD.
MONTGOMERY BLAIR

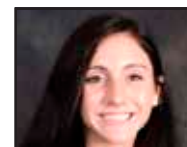


*****Ranks fourth in the 60-meter hurdles (8.91) and ninth in the 100-meter hurdles (14.65) on Bucknell's all-time list*****

2014-15 (Freshman): [Indoor] Competed at eight events ... scored points at the Patriot League Championships with an eighth-place finish at the 60-meter hurdles ... also competed in the 200-meter dash and took 20th ... won the 60-meter dash with a time of 7.99 at the Bison Open ... won the 60-meter hurdles with a time of 8.91 at the Gulden Invitational ... won the 60-meter hurdles with a time of 8.92 at the Bison Opener ... **[Outdoor]** Competed at six events ... scored points at the Patriot League Championships with a seventh-place finish in the 100-meter hurdles ... also competed in the 400-meter hurdles and took 14th ... won the 100-meter hurdles with a time of 14.80 at the Bloomsburg Invitational ... was the runner up in the event with a time of 14.65 at the Bucknell Team Challenge ... **Major:** Undeclared

✦ CAREER BESTS ✦

Indoor	
60.....	7.99
60H.....	8.91
200.....	26.35
Outdoor	
100.....	12.88
100H.....	14.65
200.....	26.46
400H.....	1:09.92



LAURA PAPILI

JUNIOR
SPRINTS/HURDLES
CHESTER, N.J.
WEST MORRIS MENDHAM



****Has the sixth-fastest time in school history in the 400 hurdles (1:02.72).****

2014-15 (Sophomore): [Indoor] Competed at seven events ... scored points at the Patriot League Championships with a fourth-place finish in the 500-meter dash ... finished in the top three at the Bison Opener and Bucknell Tune-Up ... **[Outdoor]** Competed in the 400-meter hurdles at six events ... scored points at the Patriot League Championships with an eighth-place finish ... took fifth at the Swarthmore Final Qualifier and at the Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Indoor]** Competed in the 400 and 500 meters in her debut season ... placed ninth in the 500 in 1:20.01 at the Patriot League Championships ... also helped the distance medley relay to a third place finish at the PL meet ... won the 500 at the Bucknell Tune-Up ... recorded a season-best 1:18.52 in the 500 and 1:00.47 in the 400 at the Youngstown State Invitational ... **[Outdoor]** Competed in the 400-meter hurdles outdoors ... scored with a sixth-place finish at the Patriot League Championships (1:03.28) ... recorded a season-best 1:02.72 at the Swarthmore Final Qualifier, which is the sixth-fastest time in school history ... **Major:** Mathematics/Philosophy

✦ CAREER BESTS ✦

Indoor	
400.....	58.73
500.....	1:16.99
Outdoor	
400H.....	1:02.72

STUDENT-ATHLETE PROFILES



ELYSE PETTAWAY

JUNIOR
SPRINTS
ROSELLE, N.J.
BLAIR ACADEMY



****Part of second-fastest outdoor 4x400 relay in school history (3:46.39) and fifth fastest indoor 4x400 relay (3:48.11). ****

2014-15 (Sophomore): [Indoor] Competed at five events ... member of the 4x400 relay team that took third at the Patriot League Championships ... also ran on the 4x400 team that earned All-East honors with a seventh-place finish at the ECAC Championships ... won the 400-meter dash with a time of 59.47 at the Bucknell Tune-Up ... was the runner-up in the event at the Bison Open ... **[Outdoor]** Competed at six events ... scored points at the Patriot League Championships as part of the 4x400 relay team that finished fourth ... also competed in the 400-meter dash and took 10th ... won the 200-meter dash at the Monmouth Season Opener ... **2013-14 (Freshman): [Indoor]** Ran the 200, 300, 400 and 500 during her first indoor season ... was runner-up in the 500 (1:20.70) at the Bucknell Tune-Up ... other season bests were 27.35 in the 200, 44.48 in the 300 and 1:00.18 in the 400 ... **[Outdoor]** Competed solely in the 400-meter dash and 4x400 relay outdoors, and earned All-Patriot League honors with a second-place finish with the 4x400 relay at her first Patriot League Championships ... helped the relay qualify for the ECAC Championships ... PL time of 3:46.39 is second-fastest in school history ... best individual time was 59.21 in a 12th-place finish at the PL meet ... runner-up at the Bloomsburg Invitational ... **Major:** Civil Engineering.

✦ CAREER BESTS ✦

Indoor	
200	27.24
400	59.47
500	1:20.70
Outdoor	
200	25.41
400	58.29



CARLY REINER

JUNIOR
JUMPS/SPRINTS
TAMPA, FLA.
TAMPA PREP



****Part of fourth-fastest outdoor 4x100 relay in program history (47.52) and eighth-fastest 60-meter dash (7.95). ****

2014-15 (Sophomore): [Indoor] Competed at seven events ... scored points at the Patriot League Championships with a seventh-place finish in the triple jump ... also competed in the 60-meter dash and took 13th ... finished third in the triple jump at the Bison Open ... **[Outdoor]** Competed at six events ... scored points at the Patriot League Championships with a seventh-place finish in the 100-meter dash ... also competed in the triple jump and took ninth ... won the 100 with a time of 12.89 and the triple jump with a distance of 37-0.25 at the Bloomsburg Invitational ... was second in the 100 and fourth in the long jump at the Jim Taylor Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Indoor]** Placed eighth in the triple jump (35-9.5) in her first Patriot League Championships appearance ... also competed in the 60-meter dash at the PL meet and advanced to the semifinals with a time of 8.02 ... ran an 8.00 at the Bison Open & Multi, which is tied for the eighth-fastest time in school history ... won the triple jump at the Bucknell Mini Meet ... **[Outdoors]** Scored again in the triple jump with a seventh-place finish (36-5.5) at the Patriot League Championships ... also placed 10th in the 100-meter dash (12.70) ... helped the 4x100 relay to a bronze-medal finish at the PL meet ... time of 47.52 is third-fastest in program history ... won the triple jump at the Bloomsburg Invitational with a season-best mark of 36-8.25 ... **Major:** Psychology

✦ CAREER BESTS ✦

Indoor	
60	7.95
Triple Jump	36-9
Outdoor	
100	12.37
Long Jump	16-1.75
Triple Jump	37-0.5



MEG SANGIMINO

JUNIOR
THROWS
MARS, PA.
VINCENTIAN ACADEMY



****Ranks sixth on Bucknell's all-time list in the javelin throw (137-5). ****

2014-15 (Sophomore): [Outdoor] Competed in the javelin at six events ... scored points at the Patriot League Championships with a sixth-place finish ... won at the Bucknell Team Challenge with a throw of 137-5 ... was top five at the Monmouth Season Opener, Colonial Relays and Paul Kaiser Classic ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Outdoor]** Improved in the javelin throughout her first year, culminating with a throw of 133-1 in a sixth-place finish at the Patriot League Championships ... that throw is fifth-best in program history ... placed second at the Bloomsburg Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Civil Engineering

✦ CAREER BESTS ✦

Outdoor	
Javelin	137-5



KATE SCOTT

JUNIOR
DISTANCE
NEWTOWN, PA.
COUNCIL ROCK NORTH



****Ranks second in program history in the 10,000-meter run (35:18.94), second in the outdoor 5,000-meter run (16:52.80), third in the indoor 5,000 (17:11.05) and eighth in the indoor 3,000-meter run (9:55.75). ****

2014-15 (Sophomore): [Cross Country] Ran in six races ... earned Second Team All-Patriot League honors with a 12th-place finish at the conference meet ... was 59th out of 207 runners at the Mid-Atlantic Regional ... finished fifth out of 265 runners at the Dickinson Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at five events ... scored points at the Patriot League Championships with a third-place finish in the 5,000-meter run and fourth in the 3,000-meter run ... won the 3k at the Gulden Invitational ... qualified for the ECAC Championships in the 5k and took 18th ... **[Outdoor]** Competed at four events ... won the Patriot League title with a meet-record time of 35:18.94 in the 10,000-meter run ... also ran the 5k and took ninth ... voted the Patriot League Track Athlete of the Week twice ... earned All-East honors with a fifth-place finish in the 10k at the ECAC Championships ... also qualified for ECACs in the 3k and 5k ... ran the 10k for the first time in her career at the Raleigh Relays and posted the second-best time (35:32.54) in program history ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Cross Country]** Had a strong rookie year ... placed 20th overall and second among Bison runners at the Patriot League Championship (22:54.58 for 6K) ... placed third at the Bison Open ... 12th at the Harry Groves Spiked Shot Invitational at Penn State ... 13th at the Leopard Invitational ... competed at the NCAA Mid-Atlantic Regional, placing 92nd of 203 runners ... Patriot League Academic Honor Roll ... **[Indoor]** Scored in the 5,000 at the Patriot League Championships with a sixth-place finish in 17:31.39 ... also placed 15th in the 3,000 (10:17.79) at the PL meet ... won the 5,000 at the Penn State National Invitational in 17:30.53, the ninth-fastest time in program history ... best 3,000 time was 10:04.98 in fifth-place finish at the Akron Invitational ... ran the 5,000 at the U.S. Junior Nationals in Eugene, Ore. ... **[Outdoor]** Injured during the outdoor season ... Patriot League Academic Honor Roll ... **Major:** History

✦ CAREER BESTS ✦

Indoor	
3,000	9:55.75
5,000	17:11.05
Outdoor	
1,500	4:41.35
5,000	16:52.80
10,000	35:18.94



ROSS
PIRNIE



ALISON
BILLAS

STUDENT-ATHLETE PROFILES



**DEANNA
GODBY**



**JOSEPH
BREEN**



ALLISON SHARKEY

JUNIOR
SPRINTS
SPRINGFIELD, PA.
CARDINAL O'HARA



On Bucknell's top-10 lists, ranks ninth in the indoor 300-meter dash (42.53), fifth in the indoor 4x400 relay (3:48.11) and eighth in the outdoor 4x400 relay (3:50.10)**

2014-15 (Sophomore): [Indoor] Competed at seven events ... scored points at the Patriot League Championships as part of the third-place 4x400 relay team ... also took 10th in the 400-meter dash and 15th in the 200-meter dash ... earned All-East honors with a seventh-place finish in the 4x400 relay at the ECAC Championships ... won the 500-meter dash with a time of 1:18.38 at the Bison Opener ... was the runner-up in the 400 at the Gulden Invitational ... **[Outdoor]** Competed at six events ... scored points at the Patriot League Championships with a fourth-place finish in the 4x400 relay and eighth in the 400-meter dash ... took third in the 400 at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Indoor]** Competed at nine events ... scored points at the Patriot League Championships with a seventh-place finish in the 500-meter dash ... took fourth in the 300-meter dash at both the Bison Opener and Bucknell Mini Meet ... **[Outdoor]** Competed at five events ... took fourth in the 400-meter dash at both the UMBC Invitational and the Colonial Relays ... **Major:** Psychology/Economics

✦ CAREER BESTS ✦

Indoor	
200	26.07
300	42.53
400	58.19
500	1:18.38
Outdoor	
200	26.25
400	57.72



BRENNAN SHARKEY

SOPHOMORE
DISTANCE
HACKETTSTOWN, N.J.
WEST MORRIS CENTRAL



2014-15 (Freshman): [Cross Country] Ran in seven races ... tied Patriot League record with three Rookie of the Week awards ... finished 37th out of 107 runners at the Patriot League Championships ... took third out of 60 at the Bison Open and sixth out of 112 at the Detroit Mercy Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at five events ... was the runner-up in the 3,000-meter run at the Bison Open and third in the event at the Bucknell Tune-Up ... finished third in the 5,000-meter run at the Gulden Invitational ... **[Outdoor]** Competed at four events ... won the unseeded 10,000-meter run with a time of 38:27.26 at the Bison Outdoor Classic ... took fifth in the 5,000-meter run at the Bloomsburg Invitational ... **Major:** Undeclared

✦ CAREER BESTS ✦

Indoor	
Mile	5:23.93
3,000	10:20.31
5,000	18:18.48
Outdoor	
5,000	18:13.52
10,000	38:27.26



ELIZABETH SHEPROW

JUNIOR | CO-CAPTAIN
MID-DISTANCE
SEA GIRT, N.J.
SAINT ROSE



2014-15 (Sophomore): [Cross Country] Ran in five races ... earned All-East honors with a 15th-place finish at the ECAC Championships ... took 13th out of 265 runners at the Dickinson Invitational and 14th out of 394 at the Gettysburg Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at seven events ... scored points at the Patriot League Championships with a fifth-place finish in the mile ... also competed in the 3,000-meter run and took 12th ... was the runner-up in the mile at the Bucknell Tune-Up ... **[Outdoor]** Competed at five events ... took 10th in the steeplechase and 18th in the 5,000-meter run at the Patriot League Championships ... won the 1,500-meter run with a time of 4:43.44 at the Bloomsburg Invitational ... won the steeplechase with a time of 11:08.87 at the Bucknell Team Challenge ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14 (Freshman): [Cross Country]** Ran in four races ... finished 18th of 38 at the Husky Invitational and 62nd out of 165 at the Leopard Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **[Indoor]** Competed at four events ... took fourth in the mile run at the Gulden Invitational ... **[Outdoor]** Competed at three events ... took third in the steeplechase at the UMBC Invitational and fourth in the 1,500-meter run at the Maroon & Gold Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** Markets, Innovation & Design

✦ CAREER BESTS ✦

Indoor	
Mile	5:02.22
3,000	10:07.75
5,000	18:03.42
Outdoor	
1,500	4:43.44
5,000	17:52.50
Steeplechase	11:08.87



JEN SILVESTRI

SENIOR | CO-CAPTAIN
HURDLES/SPRINTS
SPARTA, N.J.
SPARTA



****Part of school-record indoor 4x400 relay (3:42.68) and No. 7 indoor distance medley relay (11:55.18) ... ranks third at Bucknell in 300 (41.52), fourth in indoor 60 hurdles (8.91), eighth in indoor 500 (1:15.71), second in outdoor 400 hurdles (1:00.82), fifth in outdoor 100 hurdles (14.54) and second in outdoor 4x400 relay (3:46.39).****

2014-15 (Junior): [Indoor] Competed at six events ... won the Patriot League title in the 500-meter dash with a time of 1:15.71, while also scoring points with a third-place finish in the 4x400 relay and a sixth-place finish in the 60-meter hurdles ... won the 500 with a time of 1:16.55 at the Gulden Invitational ... earned All-East honors with a seventh-place finish in the 4x400 relay at the ECAC Championships ... also qualified for the ECAC Championships in the 500 ... **[Outdoor]** Competed at five events ... scored points at the Patriot League Championships with a fourth-place finish in the 400-meter hurdles and a fifth-place finish in the 100-meter hurdles ... runner-up in the 400-meter hurdles and sixth in the 100-meter hurdles at the Bucknell Team Challenge ... qualified for the ECAC Championships in both hurdles events ... earned a spot on the Patriot League Academic Honor Roll ... **2013-14: [Indoor]** Placed fourth in the 500 (1:16.35) and sixth in the 60-meter hurdles (8.94) at the Patriot League Championships ... prelim time of 8.91 is fourth-best in program history ... earned All-Patriot League honors with a runner-up finish with the 4x400 relay (3:52.84) ... ECAC qualifier in the 500 and 4x400 relay ... the relay placed fourth at the ECAC Championships and broke the school record in both the prelims and finals ... time of 3:42.68 is nearly four seconds faster than the previous record ... became the ninth-fastest performer in school history in the 500 (1:16.26) in a third-place finish at the Youngstown State Invitational ... **[Outdoor]** Earned a silver medal in the 400-meter hurdles (1:00.82) and placed sixth in the 100 hurdles (14.73) at the Patriot League Championships ... time in the 400 hurdles ranks No. 2 in program history and 100 hurdles time ranks 10th ... helped the 4x400 relay to a second-place finish at the PL meet in the second-fastest time (3:46.39) in program history ... ECAC quali-

✦ CAREER BESTS ✦

Indoor	
200	26.49
300	41.52
400	58.38
500	1:15.71
60H	8.91
Outdoor	
100H	14.54
400H	1:00.82

fier in the 400 hurdles ... won that event at the UMBC Invitational ... earned a spot on the Patriot League Academic Honor Roll ... **2012-13: [Indoor]** Competed in three meets during debut season ... finished second in the 60 hurdles (9.38) and 300 (41.52) at the Bucknell Mini Meet ... both times were career bests ... 300-meter time ranks second in program history ... also placed second in the 400 (59.61) at the Bison Opener ... suffered injury midway through indoor season and never fully recovered ... **[Outdoor]** Placed third overall and second among Bison in the 400 hurdles at the Patriot League Championships ... time of 1:03.22 at the league meet was a career best and ranks 10th in program history ... placed seventh in the 400 hurdles at the Bison Outdoor Classic (1:03.89) and Bucknell Team Challenge (1:03.92) ... won the 100 hurdles at the Maroon & Gold Invitational with a time of 15.59 ... was first and only 100 hurdles race of the season ... earned a spot on the Patriot League Academic Honor Roll ... **Major:** International Relations and Russian



DAYNA SIMONE

SENIOR | CO-CAPTAIN
THROWS
HUNTINGDON VALLEY, PA.
LOWER MORELAND



****Ranks fifth in program history in the javelin (143-4)****

✦ CAREER BESTS ✦
Outdoor
Javelin 143-4

2014-15 (Junior): [Outdoor] Competed in the javelin at seven events ... scored points with a third-place finish at the Patriot League Championships ... earned All-East honors with a fourth-place finish at the ECAC Championships ... finished in the top five at the Bucknell Team Challenge, Swarthmore Final Qualifier, Colonial Relays and Monmouth Season Opener ... earned a spot on the Patriot League Academic Honor Roll... **2013-14 (Sophomore): [Outdoor]** Scored with a seventh-place finish in the javelin at the Patriot League Championships (129-7) ... set PR with a throw of 130-7 at the Bison Outdoor Classic ... that was the 10th-best throw in program history ... won the javelin at the UMBC Invitational ... **2012-13 (Freshman): [Outdoor]** Competed in the javelin at five events ... was the runner-up at Bloomsburg's Maroon & Gold Invitational ... has a season-best throw of 124-9 at the Bison Outdoor Classic ... **Major:** Psychology/Education



REBECCA SKOVIRA

SENIOR
THROWS
PARK RIDGE, N.J.
PARK RIDGE



*****Ranks sixth all-time at Bucknell in the javelin (138-5)*****

✦ CAREER BESTS ✦
Outdoor
Javelin 138-5

2014-15 (Junior): [Outdoor] Competed in the javelin at seven events ... scored points with a fifth-place finish at the Patriot League Championships ... finished in the top five at the Bucknell Team Challenge, Monmouth Season Opener and Swarthmore Final Qualifier... **2013-14 (Sophomore): [Outdoor]** Competed in the javelin at two events ... won the Maroon and Gold Invitational with a throw of 138-5 ... qualified for the ECAC Championships ... **2012-13 (Freshman): [Outdoor]** Did not compete ... **Major:** Mechanical Engineering



SELINE TAN-TORRES

JUNIOR
MID-DISTANCE/HURDLES
AUDUBON, PA.
METHACTON



****Ranks sixth in program history in indoor 4x800 relay (9:00.87).****

✦ CAREER BESTS ✦
Indoor
500 1:19.88
800 2:18.15
Outdoor
400H 1:03.96

2014-15 (Sophomore): [Indoor] Competed at five events ... won the 800-meter run with a time of 2:21.22 at the Bison Opener ... took fifth in the 500-meter dash at the Gulden Invitational ... **[Outdoor]** Competed in the 400-meter hurdles at four events ... took 10th in the 400-meter hurdles at the Patriot League Championships ... won the 400-meter hurdles at the Bloomsburg Invitational ... **2013-14: [Indoor]** Competed in the 500 and 800 meters ... placed 13th in the 800 at the Patriot League Championships (2:20.02), but earned All-PL honors with a second-place finish with the 4x800 relay (9:05.48) ... went on to earn All-East honors with an eighth-place finish in the relay at the ECAC Championships ... time of 9:00.87 is sixth-best in program history ... season-best 800 was 2:18.32 at Bucknell Tune-Up ... best 500 was 1:19.88 at Penn State National Invitational ... **[Outdoor]** Primary event was the 400-meter hurdles ... placed seventh at the PL Championships in season-best time of 1:03.96 ... Patriot League Academic Honor Roll ... **Major:** Computer Science



ALISON VARANO

SOPHOMORE
MULTI
PAXINOS, PA.
MOUNT CARMEL AREA



***** Owns the eighth-best heptathlon in Bucknell history (4.195)*****

✦ CAREER BESTS ✦
Indoor
Pentathlon 3.030
800 2:28.99
60H 9.56
High Jump 4-7
Long Jump 17-3.25
Shot Put 31-9.5
Outdoor
Heptathlon 4.195
200 26.12
800 2:27.03
100H 15.60
High Jump 4-6.75
Long Jump 16-10
Shot Put 31-10.75
Javelin 83-5

2014-15 (Freshman): [Indoor] Scored points at the Patriot League Championships with an eighth-place finish in the pentathlon ... took third in the event at the Bison Opener and eighth at the Bison Open ... **[Outdoor]** Scored points at the Patriot League Championships with a seventh-place finish in the heptathlon ... **Major:** Unde-



COLE CONTE



ANDREA BOURGAL

CROSS COUNTRY RESULTS & HONORS

MEN'S CROSS COUNTRY YEAR-BY-YEAR RESULTS

Over the past 40-plus years, the Bison men's cross country team has been one of Bucknell's most successful programs on the national level. The Bison won 18 straight conference titles between 1975-92, and have appeared as a team in the NCAA Championships nine times. The Bison had one of the most impressive winning streaks in all of collegiate sports snapped in 1990, when Connecticut handed Bucknell a dual-meet defeat. That halted a string of 167 consecutive dual-meet victories spanning 16 seasons. Since that loss to the Huskies, the Bison have gone 93-6 in dual-meet competition.

Year	Dual Record	Conference*	IC4A	NCAA District II	NCAA
1970	9-1	9th	--	--	--
1971	13-0	7th	10th	--	--
1972	15-1	3rd	2nd	--	--
1973	11-2	Tie-1st	1st	--	--
1974	12-3	2nd	2nd	**	--
1975	14-0	1st	1st	--	--
1976	13-0	1st	10th	--	--
1977	13-0	1st	12th	--	--
1978	9-0	1st	--	3rd	17th
1979	9-0	1st	--	5th	17th
1980	9-0	1st	1st	3rd	16th
1981	13-0	1st	3rd	4th	20th
1982	7-0	1st	2nd	1st	12th
1983	10-0	1st	9th	6th	--
1984	9-0	1st	13th	6th	--
1985	16-0	1st	8th	4th	--
1986	11-0	1st	3rd	1st	19th
1987	8-0	1st	5th	3rd	16th
1988	13-0	1st	6th	3rd	22nd
1989	7-0	1st	7th	4th	--
1990	5-2	1st	13th	6th	--
1991	8-0	1st	5th	5th	13th
1992	6-0	1st	12th	8th	--
1993	9-2	2nd	20th	15th	--
1994	7-0	2nd	10th	7th	--
1995	12-0	2nd	18th	10th	--
1996	13-0	2nd	16th	10th	--
Mid-Atlantic Reg.					
1997	14-0	1st	--	6th	--
1998	8-1	1st	--	3rd	--
1999	7-0	1st	--	9th	--
2000	3-0	2nd	5th	10th	--
2001	3-0	2nd	1st	7th	--
2002	No Dual Meets	3rd	5th	10th	--
2003	No Dual Meets	4th	4th	8th	--
2004	No Dual Meets	5th	8th	13th	--
2005	No Dual Meets	5th	13th	15th	--
2006	No Dual Meets	3rd	4th	11th	--
2007	No Dual Meets	4th	4th	11th	--
2008	No Dual Meets	5th	11th	12th	--
2009	0-1	3rd	--	11th	--
2010	No Dual Meets	6th	14th	17th	--
2011	0-1	5th	12th	10th	--
2012	No Dual Meets	5th	--	13th	--
2013	No Dual Meets	6th	--	13th	--
2014	No Dual Meets	2nd	--	10th	--

Totals 316-14 (.958) 22 titles 4 IC4A titles 2 Dist. II titles 9 trips

* Bucknell competed in the MAC from 1970-73; in the East Coast Conference (ECC) from 1974-89; and in the Patriot League from 1990-present.

** USTFF Nationals, second.

IC4As combined with NCAA District II Regional from 1982-1996.

- As of 1997, Mid-Atlantic Regionals and IC4As were separated into two competitions.

WOMEN'S CROSS COUNTRY YEAR-BY-YEAR RESULTS

Over the past 37 years, the Bison women's cross country team has been one of Bucknell's most successful programs. Bucknell's women dominated their time in the East Coast Conference, winning the conference title in each of the eight years they participated in the league. After adjusting to the higher level of competition within the Patriot League, the Bison have come nearly full circle, from fifth place in 1991 to league champion in eight of the past 16 seasons. The women made their first-ever team appearance in the NCAAs in 2000, finishing 24th in the nation.

Year	Dual Record	Conference*	ECAC	EIAIW*	NCAA
1976	2-0	--	--	7th	--
1977	1-1	--	--	20th	--
1978	5-1	--	--	25th	--
1979	6-1	--	--	7th	--
1980	5-0	--	--	6th	--
1981	No Dual Meets	--	--	7th	--
NCAA District II					
1982	3-0	1st	--	6th	--
1983	9-0	1st	--	6th	--
1984	4-3	1st	17th	10th	--
1985	4-3	1st	20th	11th	--
1986	8-0	1st	12th*	7th*	--
1987	4-0	1st	12th	6th	--
1988	5-3	1st	19th	10th	--
1989	2-2	1st	4th	--	--
1990	2-3	5th	3rd	--	--
1991	2-4	5th	9th	--	--
1992	3-2	3rd	27th	16th	--
1993	8-5	4th	2nd	--	--
1994	4-2	2nd	2nd	--	--
1995	10-3	3rd	3rd	--	--
1996	8-1	2nd	3rd	--	--
Mid-Atlantic Reg.					
1997	15-0	2nd	--	4th	--
1998	7-0	1st	--	9th	--
1999	6-0	1st	--	3rd	24th
2000	2-0	1st	1st	4th	--
2001	2-0	1st	3rd	3rd	--
2002	No Dual Meets	2nd	4th	6th	--
2003	No Dual Meets	4th	8th	13th	--
2004	No Dual Meets	4th	10th	10th	--
2005	No Dual Meets	1st	12th	5th	--
2006	No Dual Meets	1st	2nd	5th	--
2007	No Dual Meets	T-1st	8th	9th	--
2008	No Dual Meets	2nd	7th	8th	--
2009	0-1	1st	--	12th	--
2010	No Dual Meets	2nd	8th	7th	--
2011	No Dual Meets	2nd	9th	12th	--
2012	No Dual Meets	2nd	--	12th	--
2013	No Dual Meets	4th	--	11th	--
2014	No Dual Meets	2nd	6th	8th	--
Totals	123-35 (.778)	16 titles	1 ECAC title		1 trip

* Bucknell competed in the EIAIW through the 1981 season; in the East Coast Conference (ECC) from 1982-1989; and in the Patriot League from 1990-present.

** ECACs combined with NCAA District II Regional from 1986-1996.

As of 1997, Mid-Atlantic Regionals and ECACs were separated into two competitions.

MEN'S 2014 PATRIOT LEAGUE CHAMPIONSHIPS RESULTS

Lafayette College — Easton, Pa.
Nov. 1, 2014 — 8K

TEAM RESULTS

1. Navy	30
2. Bucknell	76
3. Army	92
4. Boston University	97
5. American	111
6. Lehigh	111
7. Holy Cross	210
8. Colgate	258
9. Lafayette	272
10. Loyola	302

INDIVIDUAL RESULTS

1. Stephen Schroeder, Navy	23:57.00
2. Michael McGowan, Bucknell ..	24:05.20
3. A. Garcia-Garrison, Bucknell ..	24:07.00
4. Thomas Girardot, Army	24:09.10
5. Samuel Peckham, Navy	24:11.20
6. Ryan Mahalsky, Lehigh	24:12.20
7. John Sweeney, Navy	24:12.30
8. Zachary Hebda, Navy	24:13.10
9. Lucas Stalnaker, Navy	24:13.10
10. Kyle Davis, Navy	24:14.10
11. Trevoe LaFontaine, Army	24:26.20
12. Alec Olson, Boston U.	24:27.10
13. John Dugan, Bucknell	24:28.30
14. Harry Bullen, Navy	24:29.00
15. Kevin Thomas, Boston U.	24:30.30
16. Joshua Ellis, American	24:32.30

17. Robert Barger, Army	24:33.20
18. Brendan Johnson, American	24:36.40
19. Ryan McCoy, Navy	24:38.00
20. Ben Ravetz, Boston U.	24:39.40
21. Tom Woerner, American	24:45.10
22. Sean Burke, Lehigh	24:47.20
23. Jimmy Miller, Lehigh	24:51.40
24. Brian Dela Mora, Navy	24:55.00
25. Dennis Muldoon, Holy Cross	24:55.40
26. William Bordash, Bucknell	24:57.30
27. Mitchell Russo, Boston U.	24:58.20
28. Paul Gennaro, Boston U.	24:58.40
29. Nicholas Regan, American	24:59.20
30. Mitchell Pratt, Navy	24:59.30
31. Matthew Bearden, Army	25:00.00
32. Patrick Reilly, Lehigh	25:03.30
33. Dominic Genuario, American	25:03.30
34. Peter Rowe, American	25:04.10
35. Andrew Beck, Army	25:07.10
36. Samuel Williams, Navy	25:10.30
37. Ryan Cooney, Lehigh	25:13.40
38. Zachary Anderson, Navy	25:19.30
39. Luke Giugliano, Bucknell	25:22.20
40. Alex Duffy, Army	25:23.10
41. Ryan Smathers, Army	25:24.20
42. Andrew Warshauer, Lafayette	25:25.00
43. Daniel Reilly, Lehigh	25:27.30
44. John Tolbert, Lehigh	25:29.20
45. Andrew Kirna, Bucknell	25:34.20
46. Peter Murray, Bucknell	25:35.00
47. John Kirna, Bucknell	25:36.10
48. Matti Groll, Boston U.	25:37.20
49. Evan Hardy, Lehigh	25:40.20
50. William Bailey, Army	25:41.30

GILLIAN
NORDQUIST
2X ALL-PL
XC TEAM
SELECTION

ANDREW
HUEBNER
2009 ALL-PL
XC TEAM
SELECTION

CROSS COUNTRY RESULTS & HONORS

MEN'S PATRIOT LEAGUE CROSS COUNTRY CHAMPIONSHIPS: 1990-2014

1990		3. Lehigh	71	6. Colgate	158
1. Bucknell	15	4. Colgate	105	7. Lafayette	188
2. Colgate	67	5. Lafayette	120	8. Holy Cross	221
3. Fordham	102	6. Holy Cross	152		
4. Lafayette	106				
5. Lehigh	106				
6. Holy Cross	135				
1991		2000		2008	
1. Bucknell	15	1. Army	20	1. Army	47
2. Colgate	63	2. Bucknell	55	2. Navy	47
3. Lehigh	72	3. Colgate	83	3. Lehigh	77
4. Fordham	107	4. Lehigh	116	4. American	86
5. Holy Cross	136	5. Lafayette	134	5. Bucknell	122
6. Lafayette	138	6. Holy Cross	139	6. Holy Cross	169
				7. Colgate	177
				8. Lafayette	245
1992		2001		2009	
1. Bucknell	30	1. Army	36	1. Navy	34
2. Lehigh	51	2. Bucknell	54	2. American	57
3. Colgate	80	3. American	62	3. Bucknell	78
4. Lafayette	88	4. Colgate	101	4. Lehigh	98
5. Holy Cross	142	5. Lehigh	105	5. Army	107
6. Fordham	162	6. Holy Cross	182	6. Holy Cross	160
		7. Lafayette	199	7. Colgate	181
				8. Lafayette	251
1993		2002		2010	
1. Army	23	1. American	28	1. Navy	43
2. Bucknell	67	2. Army	46	2. American	52
3. Lehigh	68	3. Bucknell	82	3. Army	86
4. Colgate	114	4. Colgate	108	4. Colgate	106
5. Fordham	141	5. Holy Cross	145	5. Lehigh	120
6. Lafayette	154	6. Lehigh	147	6. Bucknell	130
7. Holy Cross	173	7. Lafayette	224	7. Holy Cross	192
				8. Lafayette	246
1994		2003		2011	
1. Army	24	1. American	26	1. Navy	38
2. Bucknell	33	2. Navy	50	2. American	49
3. Colgate	94	3. Army	79	3. Lehigh	78
4. Lehigh	119	4. Bucknell	98	4. Army	94
5. Fordham	155	5. Lehigh	123	5. Bucknell	108
6. Holy Cross	162	6. Colgate	155	6. Colgate	167
7. Lafayette	164	7. Holy Cross	207	7. Lafayette	211
		8. Lafayette	239	8. Holy Cross	215
1995		2004		2012	
1. Army	19	1. American	19	1. Lehigh	54
2. Bucknell	64	2. Navy	71	2. Navy	56
3. Colgate	96	3. Army	78	3. American	74
4. Lafayette	109	4. Lehigh	89	4. Army	83
5. Holy Cross	120	5. Bucknell	136	5. Bucknell	120
6. Lehigh	137	6. Colgate	173	6. Colgate	130
		7. Lafayette	187	7. Holy Cross	198
		8. Holy Cross	233	8. Lafayette	245
1996		2005		2013	
1. Army	21	1. American	22	1. Navy	61
2. Bucknell	52	2. Army	71	2. Lehigh	63
3. Colgate	94	3. Navy	79	3. American	66
4. Lafayette	104	4. Lehigh	85	4. Army	72
5. Lehigh	107	5. Bucknell	147	5. Boston University	112
6. Holy Cross	163	6. Lafayette	165	6. Bucknell	143
		8. Holy Cross	256	7. Holy Cross	230
1997		2006		8. Colgate	249
1. Bucknell	29	1. American	25	9. Loyola	279
2. Army	56	2. Navy	69	10. Lafayette	283
3. Lafayette	69	3. Bucknell	80		
4. Colgate	105	4. Army	99		
5. Lehigh	134	5. Lehigh	119		
6. Holy Cross	153	6. Colgate	169		
		7. Lafayette	203		
		8. Holy Cross	205		
1998		2007		2014	
1. Bucknell	23	1. American	47	1. Navy	30
2. Army	42	2. Navy	48	2. Bucknell	76
3. Lafayette	79	3. Army	78	3. Army West Point	92
4. Lehigh	103	4. Bucknell	95	4. Boston University	97
5. Holy Cross	160	5. Lehigh	121	5. American	111
6. Colgate	162			6. Lehigh	111
1999				7. Holy Cross	210
1. Bucknell	30			8. Colgate	258
2. Army	50			9. Lafayette	272
				10. Loyola (Md.)	302

WOMEN'S PATRIOT LEAGUE CROSS COUNTRY CHAMPIONSHIPS: 1990-2014

1990			3. Colgate	106	6. Lehigh	139
1. Fordham	22	4. Holy Cross	107	7. Holy Cross	140	
2. Holy Cross	65	5. Lafayette	114	8. Lafayette	230	
3. Lafayette	79	6. Lehigh	126			
4. Lehigh	94					
5. Bucknell	106					
6. Colgate	133					
1991			2000			
1. Fordham	20	1. Bucknell	21	1. Navy	23	
2. Holy Cross	81	2. Lehigh	55	2. Bucknell	62	
3. Colgate	82	3. Army	60	3. Lehigh	93	
4. Lehigh	86	4. Holy Cross	120	4. Army	96	
5. Bucknell	101	5. Colgate	122	5. American	154	
6. Lafayette	111	6. Lafayette	155	6. Holy Cross	161	
				7. Colgate	183	
				8. Lafayette	204	
1992			2001			
1. Lehigh	39	1. Bucknell	28	1. Bucknell	65	
2. Fordham	81	2. Army	77	2. Army	81	
3. Bucknell	69	3. Lehigh	106	3. Navy	87	
4. Holy Cross	75	4. Holy Cross	106	4. Colgate	114	
5. Lafayette	147	5. American	113	5. Holy Cross	135	
6. Colgate	164	6. Colgate	118	6. Lafayette	138	
		7. Lafayette	142	7. Lehigh	143	
				8. American	145	
1993			2002			
1. Lafayette	56	1. American	42	1. Colgate	42	
2. Lehigh	57	2. Bucknell	43	2. Bucknell	64	
3. Fordham	79	3. Army	55	3. Army	93	
4. Bucknell	83	4. Lehigh	120	4. Navy	109	
5. Army	108	5. Lafayette	128	5. Holy Cross	120	
6. Colgate	143	6. Colgate	151	6. American	136	
7. Navy	173	7. Holy Cross	181	7. Lehigh	140	
8. Holy Cross	182			8. Lafayette	170	
1994			2003			
1. Army	38	1. American	30	1. Navy	53	
2. Bucknell	83	2. Army	57	2. Bucknell	56	
3. Holy Cross	93	3. Navy	63	3. Colgate	98	
4. Colgate	96	4. Bucknell	82	4. Army	111	
5. Lafayette	96	5. Lehigh	152	5. Lehigh	128	
6. Fordham	100	6. Lafayette	171	6. American	139	
7. Lehigh	149	7. Colgate	186	7. Lafayette	173	
		8. Holy Cross	200	8. Holy Cross	178	
1995			2004			
1. Army	31	1. Army	46	1. Navy	46	
2. Colgate	40	2. Navy	56	2. Bucknell	68	
3. Bucknell	84	3. American	65	3. Army	78	
4. Lehigh	109	4. Bucknell	89	4. Lehigh	84	
5. Holy Cross	126	5. Colgate	127	5. Colgate	147	
6. Lafayette	130	6. Lehigh	155	6. Lafayette	168	
		7. Lafayette	186	7. Holy Cross	168	
		8. Holy Cross	212	8. American	171	
1996			2005			
1. Army	38	1. Bucknell	42	1. Navy	47	
2. Bucknell	55	2. Army	67	2. Lehigh	57	
3. Lafayette	65	3. Lehigh	77	3. Navy	81	
4. Colgate	99	4. American	102	4. Bucknell	106	
5. Lehigh	120	5. Navy	105	5. Army	140	
6. Holy Cross	173	6. Lafayette	132	6. American	160	
		7. Colgate	152	7. Holy Cross	182	
		8. Holy Cross	246	8. Lafayette	183	
1997			2006			
1. Army	32	1. Bucknell	28	1. Navy	211	
2. Bucknell	41	2. Navy	79	2. Holy Cross	294	
3. Lafayette	90	3. Colgate	82			
4. Colgate	96	4. Lehigh	92			
5. Holy Cross	139	5. Army	119			
6. Lehigh	147	6. American	148			
		7. Lafayette	184			
		8. Holy Cross	224			
1998			2007			
1. Bucknell	32	1. Bucknell	58	1. Boston University	52	
2. Army	53	2. Navy	58	2. Bucknell	52	
3. Colgate	70	3. Colgate	67	3. Army West Point	70	
4. Holy Cross	93	4. American	114	4. Navy	70	
5. Lafayette	131	5. Army	128	5. Holy Cross	130	
6. Lehigh	126			6. Lehigh	136	
				7. American	214	
				8. Loyola (Md.)	235	
				9. Lafayette	243	
				10. Colgate	290	
1999						
1. Bucknell	17					
2. Army	51					

WOMEN'S 2014 PATRIOT LEAGUE CHAMPIONSHIPS RESULTS

Lafayette College — Easton, Pa.
Nov. 1, 2014 — 6K

TEAM RESULTS

1. Boston University.....	52
2. Bucknell	52
3. Army	70
4. Navy	70
5. Holy Cross	130
6. Lehigh.....	136
7. American	214
8. Loyola	235
9. Lafayette.....	243
10. Colgate	290

INDIVIDUAL RESULTS

1. Rosa Moriello, Boston U.	20:18.10
2. Elizabeth Weiler, Lehigh	20:30.10
3. Katie Jessee, Bucknell	20:59.30
4. Kelley Robinson, Navy	21:05.00
5. Lindsay Rheiner, Navy	21:11.20
6. Sarah Saccoach, Boston U.	21:15.30
7. Hannah Jeter, Holy Cross	21:18.40
8. M. DiPietrantonio, Bucknell ...	21:19.20
9. Shelby Stableford, Boston U.	21:21.20
10. Rachel King, Army	21:23.20
11. Lindsay Gabow, Army	21:25.30
12. Catherine Scott, Bucknell	21:26.40
13. Jennifer Comfort, Army	21:27.00
14. Sarah Chandler, Bucknell	21:27.40
15. Christi Benzinski, Bucknell	21:29.10
16. Michelle Sumner, Boston U.	21:35.20
17. Lisa Junta, Army	21:36.00
18. Brenna McDannold, Navy	21:42.10
19. Madison Hill, Army	21:43.10
20. Hallie Armstrong, Boston U.	21:44.20
21. Meghan Harvey, Navy	21:46.00
22. Morgan O'Connor, Navy	21:46.10
23. Caroline Carley, Holy Cross	21:47.00
24. Deanna Godby, Bucknell	21:47.30
25. Amanda Ruschel, Lehigh	21:49.10
26. Mary Cate Scully, Navy	21:52.40
27. Rachel Sowinski, Holy Cross	21:54.20
28. Zoe Gaston, Bucknell	21:56.00
29. Michelle Nelson, Navy	22:00.00
30. Allison Parks, Navy	22:03.00
31. Julianne DeVita, American	22:05.00
32. Rachel Billas, Bucknell	22:05.30
33. Rachel Lotterman, Boston U.	22:06.00
34. Annie-No Beveridge, Navy	22:06.20
35. Stephanie Benko, Lafayette	22:07.00
36. Jillian O'Donohue, American	22:08.30
37. Brennan Sharkey, Bucknell	22:09.20
38. Mary Welsh, Holy Cross	22:11.40
39. Hannah Pierce, Lehigh	22:12.20
40. Laura Barnes, Lehigh	22:13.00
41. Erica Canas, Loyola	22:14.10
42. Ingrid Simon, Lehigh	22:15.20
43. Christina Blair, Navy	22:16.00
44. Caroline Carr, Holy Cross	22:17.00
45. Nikki Funkhauser, Navy	22:18.00
46. Grace Watters, Lafayette	22:19.40
47. Nicole Carter, Army	22:20.10
48. Anna Bosse, Loyola	22:21.40
49. Abigail Mitchell, Holy Cross	22:23.30
50. Alexandra Osman, Boston U.	22:23.40



MARK HULME
4X NCAA
QUALIFIER



LEANNA NASTASE
2006 NCAA
QUALIFIER

CROSS COUNTRY POSTSEASON HONORS



MEN'S CROSS COUNTRY POSTSEASON HONORS

USTFF ALL-AMERICANS		
Year	Athlete	Place
1975	Dan Davis	7th
	Lou Calvano	14th

ALL-AMERICANS		
1981	Bill Reifsnyder	38th
1982	Bill Reifsnyder	20th
1983	Bill Reifsnyder	15th

NCAA QUALIFIERS		
1976	George Buckheit	131st
	Robert Braille	247th
1977	George Buckheit	56th
1978*	George Buckheit	55th
	Bob Bickel	91st
	Lee Edmonds	98th
	Jim O'Shea	136th
	John Eichenberg	180th
	Chet Palesko	218th
	Karnik Seferian	220th
1979*	Rick Sayre	69th
	Jim O'Shea	111th
	John Eichenberg	119th
	Jim Knight	130th
	Mike Debraggio	145th
	Mark Hulme	173rd
	Rich Coffin	196th
1980*	Steve Bigotto	80th
	Mark Hulme	90th
	Rick Sayre	94th
	Bill Reifsnyder	136th
	Mike Debraggio	161st
	Jim O'Shea	209th
	Jeff Hines	213th
1981*	Bill Reifsnyder	38th
	Mark Hulme	105th
	Rick Sayre	116th
	Jeff Hines	148th
	Robert Murdock	149th
	Rich Coffin	156th
	Steve Bigotto	181st

1982*	Bill Reifsnyder	20th
	Mark Hulme	62nd
	Mike Deckert	94th
	Dave Hawes	104th
	Jerry Jurick	107th
	Brian Harshman	121st
	Tom Richardson	169th
1983	Bill Reifsnyder	15th
1985	Charles Cole	94th
1986*	Mark Floyd	86th
	Charles Cole	91st
	Joe Cresko	124th
	Ken Sevinsky	131st
	Rich Stark	132nd
	Carl Kemmerer	146th
	Steve West	156th
1987*	Steve West	87th
	Rich Stark	94th
	Charles Cole	107th
	John Floyd	113th
	Ted Neu	121st
	Mike Krafczyk	122nd
	Jeff Morganti	161st
1988*	Mike Krafczyk	98th
	John Floyd	104th
	Steve West	112th
	Mike Spangbelluri	115th
	Pete O'Brien	121st
	Norbert Berenyi	
	Mike Hayes	
1991*	Tom Wuchenich	52nd
	Matt Deardorff	60th
	Bob Kelly	85th
	Jason Cahilly	99th
	Judd Jarden	104th
	Tom Eagleson	116th
	Jeff Loomis	128th
1994	Steve Clarke	DNF
2001	Greg Costello	127th
2006	Matthew Forsys	75th

* - Team qualified for NCAA's

ALL-EAST/IC4A		
1972	Scott Bartram	10th
	Lou Calvano	18th
	Bruce Hyde	24th
1973	Lou Calvano	9th
	Frank Carroll	11th
	Pat Hannon	13th
	Bruce Hyde	14th
	Scott Bartram	17th
	Bill Ledgerwood	19th
1974	Frank Carroll	5th
	Lou Calvano	10th
	Dan Davis	20th
1975	Robert Braille	1st
	Dan Davis	2nd
	Lou Calvano	4th
	George Buckheit	9th
	Larry Hager	11th
1976	George Buckheit	17th
1977	George Buckheit	7th
1980	Bill Reifsnyder	3rd
	Steve Bigotto	9th
	Rick Sayre	12th
	Jim O'Shea	13th
	Mark Hulme	18th
	Jeff Hines	22nd
1981	Bill Reifsnyder	6th
	Mark Hulme	15th
	Jeff Hines	19th
1982	Bill Reifsnyder	3rd*
	Mike Deckert	20th
	Mark Hulme	23rd
1983	Bill Reifsnyder	15th
	Brian Harshman	17th
1984	Brian Harshman	25th
1985	Charles Cole	17th
1986	Carl Kemmerer	21st
	Mark Floyd	23rd
	Charles Cole	24th
1987	Steve West	19th
1988	Steve West	16th
1989	Pete O'Brien	21st

1991	Matt Deardorff	20th
1992	Tom Eagleson	25th
1994	Steve Clarke	17th
	Chris Preistaf	20th
2001	Bryan Johnston	5th
	P.J. Ward	16th
	Wes Reinhardt	21st
2002	Bryan Johnston	10th
2003	Greg Costello	4th
	Aaron Hanlon	20th
2007	Joe Foley	20th

* - District II champion

ECC/PL CHAMPIONS

1975	Dan Davis
1977	George Buckheit
1978	George Buckheit
1979	Jim Knight
1980	Bill Reifsnyder
1981	Bill Reifsnyder
1982	Bill Reifsnyder
1983	Bill Reifsnyder
1986	Charles Cole
1987	Charles Cole
1988	Steve West
1989	Pete O'Brien
	John Floyd
	Tom Wuchenich
	Norbert Berenyi
1990	Norbert Berenyi
1991	Matt Deardorff
1999	Dave Bronfenbrenner
2002	Bryan Johnston

ALL-PATRIOT LEAGUE

1990	Norbert Berenyi
	Matt Deardorff
	Jeff Loomis
	Bob Kelly
	Jason Cahilly
	Tom Wuchenich

	Todd Vincent
	Judd Jarden
	David Howard
1991	Matt Deardorff
	Tom Wuchenich
	Bob Kelly
	Jason Cahilly
	Jeff Loomis
	Judd Jarden
	Tom Eagleson
1992	Tom Eagleson
	Judd Jarden
	John Lewis
	Chris Preistaf
	Jim Farrer
1993	Steve Clarke
	Chris Preistaf
1994	Steve Clarke
	Chris Repasky
	Jamie DeFinnis
	Kevin Schilling
1995	Kevin Schilling
1996	Matt Kodak
	Wally Dietrich
1997	Matt Kodak
	Ron Hess
	Greg Colbrun
	Dave Bronfenbrenner
1998	Matt Kodak
	Jon Dietrich
	Ron Hess
	Chris Kearney
	Dave Bronfenbrenner
	Brad Wertz
1999	Dave Bronfenbrenner
	Brad Wertz
	Chris Nowakowski
	Rick Roundtree
	Steve Troisi
2000	Greg Costello
	Kevin Weatherill
	Brad Wertz

2001	Bryan Johnston
	Greg Costello
2002	Bryan Johnston (1)
	Stephen Schaefer (2)
2003	Greg Costello (1)
	Dan Lounsbury (2)
	Wes Reinhardt (2)
2006	Matthew Forsys (1)
	Wallace Campbell (2)
2007	Wallace Campbell (1)
	Clinton Orloski (2)
2009	Andrew Huebner (1)
	Kevin McGoldrick (1)
2011	Dave Brown (2)
	John Dugan (2)
2012	John Dugan (1)
2013	Michael McGowan (1)
2014	Michael McGowan (1)
	A. Garcia-Garrison (1)
	John Dugan (2)

PL COACH OF THE YEAR

1992	Art Gulden
1997	Art Gulden
1998	Art Gulden
1999	Art Gulden

NCAA DISTRICT II COACH OF THE YEAR

1973	Art Gulden
1976	Art Gulden
1980	Art Gulden
1982	Art Gulden
1986	Art Gulden



WOMEN'S CROSS COUNTRY POSTSEASON HONORS

AIAW NATIONAL CHAMPIONSHIP QUALIFIERS		
1979	Ann Bischoff	33rd
1980	Judy Olson	79th

NCAA QUALIFIERS		
1997	Julie Sweitzer	84th
1999*	Becki Marshall	96th
	Andrea Beisser	126th
	Theresa Dennis	143rd
	Jennifer Hart	153rd
	Carly Graytock	181st
	Mandy Youmell	229th
	Linda Mangan	DNF
2001	Theresa Dennis	73rd
2006	Leanna Nastase	94th

* - Team qualified for NCAA's

ALL-EAST/ECAC		
1984	Gabrielle Czaja	19th
1986	Judy Perry	18th
1989	Judy Perry	9th
	Holly Hollister	18th
	Kelly Marsh	24th
1990	Kelly Marsh	9th
	Kristen Opdyke	12th
1991	Kristen Opdyke	1st
1993	Kathy Wurster	13th
	Jessica Wilhelm	20th
	Maria Ryan	23rd
1994	Jessica Wilhelm	1st
	Leah Johnson	4th
1995	Julie Sweitzer	12th
	Annie Hamlin	15th
1996	Julie Sweitzer	7th
	Annie Hamlin	10th

2000	Becki Marshall	2nd
	Andrea Beisser	6th
	Theresa Dennis	8th
	Chris Crowe	15th
2001	Chris Crowe	2nd
	Becki Marshall	7th
	Kristin Ferrell	21st
2002	Theresa Dennis	4th
	Nicole Piper	19th
2003	Katie Pfeifer	22nd
2006	Leanna Nastase	9th

ECC/PL CHAMPIONS

1984	Gabrielle Czaja
1986	Judy Perry
1987	Judy Perry
1997	Julie Sweitzer
1998	Julie Sweitzer
1999	Becki Marshall
2000	Becki Marshall
2001	Becki Marshall
2006	Leanna Nastase

ALL-PATRIOT LEAGUE

1991	Kristen Opdyke
1992	Kristen Opdyke
1994	Jessica Wilhelm
	Leah Johnson
1996	Julie Sweitzer
	Annie Hamlin
1997	Julie Sweitzer
	Carly Graytock
	Annie Hamlin
1998	Julie Sweitzer
	Carly Graytock
	Becki Marshall
	Charlotte Shurrell

1999	Becki Marshall
	Andrea Beisser
	Jennifer Hart
	Carla Graytock
	Theresa Dennis
2000	Becki Marshall
	Andrea Beisser
	Theresa Dennis
	Chris Crowe
	Mandy Youmell
2001	Becki Marshall
	Chris Crowe
	Theresa Dennis
	Kelly McConnell
2002	Theresa Dennis (1)
	Nicole Piper (1)
	Allison Cole (1)
	Katie Pfeifer (2)
	Jamie Gow (2)
	Kayla Halloran (2)
2003	Katie Pfeifer (1)
	Lauren Bricker (2)
	Jamie Gow (2)
	Kayla Halloran (2)
	Leanna Nastase (2)
2004	Jennifer Stevens (1)
2005	Leanna Nastase (1)
	Erin Cranmer-Hart (2)
	Lauren Bricker (2)
	Kayla Halloran (2)
2006	Leanna Nastase (1)
	Erin Cranmer-Hart (1)
	Jenny Stevens (1)
	Nicole Falcaro (2)
	Gillian Nordquist (2)
	Christine Totten (2)

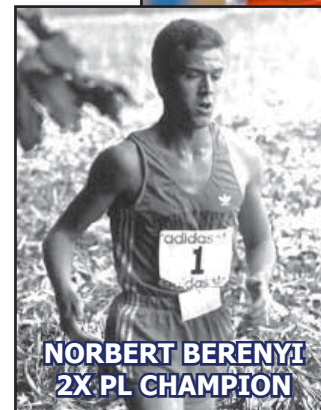
2007	Erin Cranmer-Hart (1)
	Christy Totten (2)
	Gillian Nordquist (2)
2008	Stephanie Fulmer (1)
	Caitlin Cavanaugh (2)
2009	Stephanie Fulmer (1)
	Sarah Moniz (1)
	Alexa Griffiths (2)
2010	Stephanie Fulmer (1)
	Sarah Moniz (1)
	Alysha Hooper (2)
2011	Stephanie Fulmer (1)
	Caroline Tolly (1)
	Emily Liggett (2)
2012	Caroline Tolly (1)
	Deanna Godby (2)
	Katie Jessee (2)
2014	Katie Jessee (1)
	M. DiPietrantonio (2)
	Catherine Scott (2)
	Sarah Chandler (2)

PL COACH OF THE YEAR

1996	Art Gulden
1998	Art Gulden
1999	Art Gulden
2001	Kevin Donner
2005	Kevin Donner
2006	Kevin Donner
2009	Kevin Donner



STEPHANIE FULMER
4X ALL-PL



NORBERT BERENYI
2X PL CHAMPION

BILL REIFSNYDER
4X ECC XC CHAMPION & 3X ALL-AMERICAN

MEN'S TRACK & FIELD CHAMPIONSHIP RESULTS



MEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2015

1991			4. Lehigh	44	2002			1. Army	210.5	2007			1. Army	154.50	2010			1. Army	165	2013			1. Navy	204.5		
1. Bucknell	205		5. Colgate	36	1. Army	86		2. Navy	140.50	1. Army	122		2. Bucknell	159	1. Army	115		2. Bucknell	182	2. Army	112					
2. Fordham	117		6. Navy	34	2. Bucknell	79.5		3. Lafayette	82	2. Navy	82		3. Navy	76	3. Army	76		3. Army	70	3. Army	70					
3. Colgate	106		7. Holy Cross	17	3. Lafayette	66		4. Colgate	46	3. Bucknell	46		4. Lafayette	42	4. Lafayette	42		4. Lehigh	17	4. Lehigh	17					
4. Lehigh	68		1997			5. Lehigh	56		5. Lafayette	43			5. American	41	5. American	20		5. American	15	5. American	15					
5. Lafayette	63		1. Army	203	1. Army	54		6. Navy	28	6. Lehigh	28		6. Lafayette	2	6. Lafayette	2		6. Colgate	14	6. Lafayette	14					
6. Holy Cross	29		2. Bucknell	133	2. Bucknell	50		7. American	4	7. Colgate	4		8. Holy Cross	2	7. Colgate	2		7. Colgate	14	7. Colgate	14					
1992			3. Lafayette	108	3. Lafayette	18		8. Holy Cross		8. Holy Cross					8. Holy Cross			8. Holy Cross	5.5	8. Holy Cross	5.5					
1. Bucknell	164.25		4. Lehigh	55	4. American	69		2003			2008			1. Navy	171	2011			1. Navy	201.83	2014			1. Navy	201.83	
2. Lehigh	129.25		5. Colgate	35	2. Lafayette	61		1. Army	191	1. Navy	188.5		2. Army	165	2. Army	165		2. Bucknell	173	2. Bucknell	173					
3. Fordham	110.5		6. Navy	33	3. Bucknell	99		2. Lafayette	109	2. Bucknell	138		3. Army	151	3. Army	151		3. Army	135.3	3. Army	135.3					
4. Lafayette	72		7. Holy Cross	22	4. American	55.5		3. Bucknell	69	3. Army	108		4. Colgate	46.5	4. Lehigh	46.5		4. Boston U.	109	4. Boston U.	109					
5. Colgate	64		1998			5. Lehigh	51		5. Lehigh	51			5. American	29.5	5. American	29.5		5. Lehigh	105.5	5. Lehigh	105.5					
6. Holy Cross	48		1. Army	212.5	6. Colgate	56		6. Colgate	39	6. Lafayette	39		6. Lafayette	29	6. Lafayette	29		6. Holy Cross	25.33	6. Holy Cross	25.33					
1993			2. Bucknell	139	7. Holy Cross	21		7. Holy Cross	35	7. Holy Cross	35		7. Colgate	20	7. Colgate	20		7. Lafayette	21	7. Lafayette	21					
1. Bucknell	170.5		4. Lehigh	71.5	8. Navy	14		8. Holy Cross	5	8. Holy Cross	5		8. Holy Cross	8	8. Holy Cross	8		8. Colgate	7	8. Colgate	7					
2. Lehigh	108		5. Navy	70	2004			2009			2012			1. Bucknell	185	2015			1. Navy	228.5	2016			1. Navy	228.5	
3. Lafayette	101		6. Colgate	20	1. Navy	177.75		1. Army	188	1. Bucknell	176.25		2. Navy	176.25	2. Bucknell	146.25		2. Bucknell	146.25	2. Bucknell	146.25					
4. Colgate	88		7. Holy Cross	6	2. Army	175.75		2. Navy	129	2. Navy	103		3. Army	106	3. Army	106		3. Boston U.	136	3. Boston U.	136					
5. Fordham	84.5		1999			3. Bucknell	68.75		3. Navy	103		4. Lehigh	65	4. Lehigh	65		4. Army	104	4. Army	104						
6. Holy Cross	37		1. Army	238	4. American	61		4. Lehigh	93	4. Lehigh	93		5. Lafayette	41.25	5. Lafayette	41.25		5. Lehigh	101	5. Lehigh	101					
1994			2. Bucknell	170	5. Lehigh	59.75		5. Lafayette	48	5. Lafayette	48		6. Colgate	29.5	6. Colgate	29.5		6. Holy Cross	27	6. Holy Cross	27					
1. Army	216		3. Lafayette	66	6. Lafayette	54		6. American	40	6. American	40		7. American	10	7. American	10		7. Lafayette	21.25	7. Lafayette	21.25					
2. Navy	121.33		4. Lehigh	60	7. Colgate	20		7. Colgate	12	7. Colgate	12		8. Holy Cross	7	8. Holy Cross	7		8. American	10	8. American	10					
3. Bucknell	93		5. Colgate	48	8. Holy Cross	3		8. Holy Cross	7	8. Holy Cross	7							9. Colgate	6	9. Colgate	6					
4. Lafayette	63		2000			2005			2010			2013			2016			2017			2018			2019		
5. Lehigh	30.33		1. Army	230	1. Navy	196		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188
6. Fordham	28		2. Bucknell	120	2. Army	152		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141
7. Colgate	27		3. Colgate	83	3. American	92		3. American	73	3. American	73		3. American	73	3. American	73		3. American	73	3. American	73		3. American	73	3. American	73
8. Holy Cross	10.33		4. Lehigh	70	4. Lehigh	68		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67
1995			5. Navy	68	5. Lafayette	49		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58
1. Army	200		6. Lafayette	38	6. Bucknell	35		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57
2. Bucknell	113		7. Holy Cross	11	7. Colgate	19		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26
3. Navy	95		2001			2006			2011			2014			2017			2018			2019			2020		
4. Lafayette	50.5		1. Army	212	1. Navy	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188
5. Lehigh	44		2. Bucknell	126.5	2. Navy	141		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141		2. Navy	141	2. Navy	141
6. Colgate	29		3. Lehigh	81	3. American	73		3. American	73	3. American	73		3. American	73	3. American	73		3. American	73	3. American	73		3. American	73	3. American	73
7. Holy Cross	28.5		4. Navy	79.5	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67		4. Lehigh	67	4. Lehigh	67
8. Fordham	28		5. Colgate	64	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58		5. Lafayette	58	5. Lafayette	58
1996			6. Lafayette	43	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57		6. Bucknell	57	6. Bucknell	57
1. Army	238		7. Holy Cross	14	7. Colgate	26		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26		7. Colgate	26	7. Colgate	26
2. Bucknell	158		2002			2007			2012			2015			2018			2019			2020			2021		
3. Lafayette	62		1. Army	228	1. Navy	196		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188		1. Army	188	1. Army	188



WOMEN'S TRACK & FIELD CHAMPIONSHIP RESULTS



WOMEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2015

1991 1. Fordham 166 2. Bucknell 148 3. Lafayette 128 4. Holy Cross 74 5. Lehigh 25 6. Colgate 15	1992 1. Bucknell 178 2. Lafayette 134 3. Fordham 80 4. Holy Cross 70 5. Lehigh 53 6. Colgate 42	1993 1. Bucknell 205 2. Fordham 114 3. Holy Cross 71 4. Lafayette 67 5. Colgate 52 6. Lehigh 49	1994 1. Army 176 2. Navy 121 3. Bucknell 118 4. Lafayette 42 5. Holy Cross 36 6. Lehigh 31 7. Fordham 20 8. Colgate 14	1995 1. Army 169 2. Navy 115 3. Bucknell 108 4. Fordham 46	1996 1. Army 141.5 2. Bucknell 136 3. Navy 125.5 4. Lehigh 50 5. Lafayette 37 6. Colgate 35 7. Holy Cross 33	1997 1. Army 149 2. Navy 142 3. Bucknell 125 4. Lafayette 70.5 5. Lehigh 47 6. Colgate 18 7. Holy Cross 5.5	1998 1. Bucknell 175.5 2. Army 150 3. Navy 106 4. Lafayette 83 5. Lehigh 37 6. Colgate 34 7. Holy Cross 3	1999 1. Bucknell 225.33 2. Army 146.83 3. Lafayette 104.5 4. Lehigh 70 5. Colgate 53 6. Holy Cross 17.33	2000 1. Bucknell 212 2. Navy 176 3. Army 84 4. Lafayette 63 5. Lehigh 45 6. Colgate 38 7. Holy Cross 2	2001 1. Navy 196 2. Bucknell 132 3. Lehigh 92 4. Army 87 5. Colgate 56 6. Lafayette 47 7. Holy Cross 10	2002 1. Bucknell 167 2. Army 123.16 3. Navy 112 4. Lehigh 81.48 5. Lafayette 59.32 6. Colgate 51 7. American 18 8. Holy Cross 8	2003 1. Bucknell 180 2. Army 120 3. Navy 114 4. Lehigh 90 5. American 48 6. Colgate 34 7. Lafayette 26 8. Holy Cross 8	2004 1. Bucknell 198 2. Navy 104 3. Army 100 4. Lehigh 62 5. American 56 6. Lafayette 44 7. Colgate 41 8. Holy Cross 15	2005 1. Bucknell 211.5 2. Navy 130 3. Army 115 4. Lehigh 53 5. American 48 6. Lafayette 30 7. Colgate 29 8. Holy Cross 3.5	2006 1. Bucknell 190 2. Army 122 3. Navy 117 4. Lafayette 83 5. American 40 6. Lehigh 32 7. Colgate 22 8. Holy Cross 14	2007 1. Bucknell 192 2. Navy 139.75 3. Army 81 4. Lafayette 76.75 5. Holy Cross 47.75 6. Lehigh 47.75 7. Colgate 34 8. American 1	2008 1. Bucknell 173 2. Lafayette 146 3. Navy 87 4. Army 75 5. Lehigh 49 6. Holy Cross 46 7. Colgate 28 8. American 16	2009 1. Navy 151 2. Bucknell 142 3. Army 94 4. Holy Cross 79 5. Lehigh 64 6. Colgate 52 7. Lafayette 30 8. American 8	2010 1. Bucknell 168 2. Navy 96 3. Lehigh 92 4. Holy Cross 80 5. Army 79 6. Colgate 60 7. Lafayette 30 8. American 15	2011 1. Navy 157 2. Bucknell 117 3. Lehigh 95 4. Army 67 5. Colgate 58 6. Lafayette 50 7. Holy Cross 48 8. American 28	2012 1. Bucknell 164 2. Navy 124 3. Lehigh 108 4. Holy Cross 70 5. Colgate 56 6. Army 56 7. Lafayette 42 8. American 0	2013 1. Bucknell 162 2. Navy 110 3. Lehigh 106.33 4. Army 84.33 5. Holy Cross 74 6. Lafayette 47.33 7. Colgate 36 8. American 0	2014 1. Boston U. 210 2. Lehigh 130 3. Bucknell 99.5 4. Navy 99 5. Holy Cross 92 6. Army 54.5 7. Lafayette 53 8. Colgate 19 9. Loyola 13 10. American 10	2015 1. Bucknell 180 2. Boston U. 112.5 3. Lehigh 107 4. Holy Cross 104.5 5. Navy 101 6. Army 94 7. Lafayette 56 8. American 11 9. Colgate 8 10. Loyola 6
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MATTHEW FORYS
2007 NCAA
PEOPLECHASE
QUALIFIER



WOMEN'S PATRIOT LEAGUE OUTDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2015

1991 1. Bucknell 168 2. Lafayette 159 3. Fordham 118 4. Holy Cross 109 5. Lehigh 33 6. Colgate 7	1992 1. Army 178 2. Bucknell 115 3. Lafayette 108 4. Fordham 81 5. Holy Cross 63 6. Lehigh 49 7. Colgate 25	1993 1. Army 167 2. Navy 129 3. Bucknell 123 4. Fordham 65 5. Colgate 44 6. Lafayette 43 7. Holy Cross 30 8. Lehigh 19	1994 1. Army 237 2. Bucknell 169 3. Lafayette 65 4. Fordham 60 5. Holy Cross 41 6. Lehigh 35 7. Colgate 13	1995 1. Army 225 2. Bucknell 136.5 3. Colgate 59.5 4. Holy Cross 48 5. Lafayette 48 6. Lehigh 46 7. Fordham 27	1996 1. Army 219 2. Bucknell 161 3. Lafayette 124 4. Lehigh 45 5. Colgate 36 6. Holy Cross 32	1997 1. Army 175 2. Bucknell 128 3. Navy 128 4. Lafayette 84 5. Lehigh 61 6. Colgate 27 7. Holy Cross 17	1998 1. Army 226 2. Bucknell 166 3. Navy 122 4. Lafayette 93 5. Lehigh 22 6. Holy Cross 28 7. Colgate 1	1999 1. Bucknell 190.5 2. Army 162.5 3. Lehigh 116 4. Lafayette 113 5. Colgate 49 6. Holy Cross 17	2000 1. Bucknell 212 2. Navy 154.25 3. Army 102.25 4. Lehigh 94.25 5. Lafayette 66.25 6. Holy Cross 14 7. Colgate 8	2001 1. Bucknell 212 2. Army 102.25 3. Lehigh 94.25 4. Lafayette 66.25 5. Holy Cross 14 6. Colgate 8	2002 1. Bucknell 159 2. Army 129 3. Navy 103 4. Lafayette 89 5. Lehigh 75 6. Colgate 58 7. Holy Cross 20 8. American 18	2003 1. Navy 139 2. Army 128 3. Bucknell 126 4. Lehigh 118 5. Lafayette 70 6. American 38 7. Colgate 19 8. Holy Cross 13	2004 1. Bucknell 182 2. Army 160 3. Navy 144 4. Lehigh 56 5. Lafayette 56 6. American 42 7. Colgate 36 8. Holy Cross 6	2005 1. Bucknell 209.5 2. Army 154 3. Navy 136.5 4. Lehigh 78 5. Lafayette 54.5 6. Colgate 24 7. American 16 8. Holy Cross 9.5	2006 1. Bucknell 187.5 2. Navy 132.5 3. Lafayette 128 4. Army 123 5. Colgate 47 6. Lehigh 38 7. American 21 8. Holy Cross 5	2007 1. Bucknell 207 2. Navy 187 3. Army 108 4. Lafayette 65.50 5. Lehigh 48.50 6. Colgate 42 7. Holy Cross 22 8. American 2	2008 1. Army 148 2. Bucknell 146 3. Lafayette 137 4. Holy Cross 78 5. Navy 70.33 6. Lehigh 68.67 7. Colgate 23 8. American 11	2009 1. Bucknell 188.5 2. Navy 119 3. Colgate 94 4. Army 84 5. Holy Cross 80 6. Lehigh 54.5 7. Lafayette 42 8. American 16	2010 1. Bucknell 191 2. Navy 120 3. Army 97 4. Holy Cross 80 5. Lehigh 76 6. Colgate 56 7. Lafayette 56 8. American 8	2011 1. Bucknell 189.5 2. Navy 164 3. Lehigh 84 4. Lafayette 64 5. Holy Cross 62 6. Army 60.4 7. Colgate 31 8. American 26	2012 1. Navy 156.5 2. Bucknell 133.5 3. Lehigh 118 4. Army 83 5. Lafayette 79 6. Holy Cross 55 7. Colgate 51 8. American 6	2013 1. Bucknell 183 2. Navy 141 3. Lehigh 119.25 4. Holy Cross 85.25 5. Lafayette 76.25 6. Army 66.25 7. Colgate 10 8. American 1	2014 1. Boston U. 203.5 2. Lehigh 140.5 3. Bucknell 129 4. Navy 109 5. Army 91 6. Holy Cross 83.5 7. Lafayette 77.5 8. Colgate 10 9. American 7 Loyola 7	2015 1. Bucknell 165 2. Boston U. 149 3. Army 122.50 4. Lehigh 120 5. Holy Cross 103.50 6. Navy 98.5 7. Lafayette 74.5 8. Colgate 11 9. American 7 Loyola 7
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THERESA DENNIS
2X NCAA
QUALIFIER



PATRIOT LEAGUE TRIPLE CROWN WINNERS
2005-06, 2006-07, 2009-10

TRACK & FIELD CHAMPIONSHIP RESULTS

MEN'S TRACK & FIELD CHAMPIONSHIP MEET RESULTS 1921-1990

INDOOR		1924	Third	1954	Eighth	East Coast Conference	
		1925	First	1955	--	1975	First
		1926	Second	1956	--	1976	First
		1927	Second	1957	--	1977	First
		1928	Second	1958	--	1978	Second
		1929	--	1959	Seventh	1979	Second
		1930	Fourth	1960	Ninth	1980	Second
		1931	Fifth	1961	--	1981	First
		1932	Fourth	1962	--	1982	First
		1933	Third	1963	Ninth	1983	Second
		1934	Third	1964	Eighth	1984	First
		1935	Third	1965	--	1985	First
		1936	Second	1966	Eighth	1986	Second
				1967	Ninth	1987	First
				1968	Eighth	1988	First
				1969	Eighth	1989	Second
				1970	Eighth	1990	First
				1971	Eighth		
				1972	Eighth		
				1973	Seventh		
				1974	Second		
OUTDOOR		Middle Atlantic Conference					
		1936	First				
		1937	Fifth				
		1938	Third				
		1939	--				
		1940	Eighth				
		1941	Fourth				
		1942	Sixth				
		1948	Sixth				
Central Pennsylvania Track Conference							
1921	First						
1922	First						
1923	First						

WOMEN'S EAST COAST CONFERENCE CHAMPIONSHIP MEET RESULTS 1983-1990

INDOOR		OUTDOOR	
1983	Second	1984	Fourth
1984	Third	1985	Third
1985	Third	1986	Second
1986	Third	1987	Second
1987	Second	1988	Second
1988	Second	1989	First
1989	First	1990	--
1990	Second		

ALL-TIME CROSS COUNTRY/TRACK & FIELD TEAM CAPTAINS

MEN						WOMEN	
1935-36	William "Bud" Wilkinson	1985-86	Chocky Spadafore	2008-09	Mante, James Meyer, William Holleran	1993-94	Bridget Dean, Beth Muehl, Kathy Wurster
1936-37	Edwin Stebbins		Steve Branch, Brian Fullem, Ray Sullivan, Bill Wilson		Kyle Anthony, Kerry Boyle, Andrew Huebner, Kevin MacLeod, Clinton Orloski	1994-95	Bridget Dean, Tameka Hinton, Megan Idell, Leah Johnson, Mary Clare Thompson, Becky Tobin
1937-38	--	1986-87	Carl Kemmerer, Mark Floyd, Vince O'Boyle	2009-10	Kyle Anthony, Gregory Baxter, Drew Fitzgerald, Andrew Huebner, Kevin McGoldrick	1995-96	Heather Houseknecht, Norine Nadeau, Kristen Overturf, Julie Shafer
1939-40	Charles Eyer	1987-88	Charles Cole, Antwan Minter, Ted Neu, Ken Sevensky, Ray Wood	2010-11	Rob Arent, Isaih Bell, Christopher Boyd, Joshua Clark, Drew Fitzgerald, Justin O'Brien, John Picardo, Zachary Shapiro	1996-97	Lisa Allen, Adele Conover, Kate Dei Cas, Heather Houseknecht, Julie Shafer
1941-42	Victor Cannestro	1988-89	Bob Gift, Tim Henkel, Mike Krafczyk, Steve West	2011-12	Rob Arent, Tom Barr, Dave Brown, Brian Charland, Dan Dillon, Jordan Donaldson, Ted Heitzman, Andrew Powell	1997-98	Annie Hamlin, Karen Leonard, Jen Rice, Julie Sweitzer, Rebecca Travers
1942-43 to 1950-51	--	1989-90	John Floyd, Tim Henkel, Greg Keller, Pete O'Brien, Rich Rebusck, Mike Sgambelluri	2012-13	Brian Charland, D.J. Krystek, Daniel Markwalter, Ted Motolla, Luke Webster	1998-99	Annie Hamlin, Connie Hamlin, Jessica Quintanna, Julie Sweitzer
1951-52	James LePard	1990-91	Paul Austin, Norbert Berenyi, John Daniels, Frank Hammer, Paul Houchens, Gary Serbent	2013-14	John Dugan, Jacob Eaton-Hall, Tyler Erhard, Ray Holmes, Christian Lupica, Alex Prieto	1999-00	Carly Graytock, Jennifer Hart, Kim McGrath, Karen Middleton, Audrey Myers
1952-53	--	1991-92	Jim Bock, Matt Deardorff, Bob Kelly, Jeff Schild, Tom Wuchenich	2014-15	Dylan Cowell, John Dugan, Jack Fellows, Alex Jagelsky, Christian Lupica, Brian Monahan, Kevin Tapper, Glen Williams	2000-01	Becki Marshall, Andrea Nyce, Mandy Youmell, Kim Zimbal
1953-54	Red Macauley, Larry Patz	1992-93	Tom Eagleson, Pete Gregory, Judd Jarden, John Lewis, Jean Simon			2001-02	Stephanie Bango, Becki Marshall, Kelly McConnell, LaTonya McSwain, Christie Wolfgang, Kim Zimbal
1954-55	Frank Vanderhoof	1993-94	Sam Bijelic, Stephen Clarke, Christopher Priestaf, Jean Simon, Eitan Tabak, Rick Van Emburgh			2002-03	Edwina Bourn, Charity Brady, Theresa Dennis, Jennifer Malcolm, Nicki Piper
1955-56	Ed Burg	1994-95	Stephen Clarke, Christopher Priestaf, Rick Van Emburgh			2003-04	Abigail Bouzan-Kaloustian, Jennifer Malcom, Jennifer Marsh, Katie Pfeifer, Laura Schaffer
1956-57	Al Larrabee, Art Saunders	1995-96	Karim Abdul-Matin, Dan Akwei, Ed Loges, Kevin Schilling, Terry Shea, Erik Stieler			2004-05	Tolu Fayanjuola, Jennifer Marsh, Katie Pfeifer, Kelly Rafferty, Danielle Todman
1957-58	Ollie Clowe, Chuck Wagner	1996-97	Andrew Bullard, Bob Chandler, Dave Granger, Mike Pistella, Steve Roeser, Brett Warner			2005-06	Kat Allen, Kerryann Branker, Lauren Bricker, Melanie Buccko, Leanna Nastase, Jennifer O'Connor, Nina Reinhardt, Danielle Todman
1958-59	--	1997-98	Jon Dietrich, Mike Ditzel, Peter Kelly, Matt Kodak, Todd Malligan, Darryl Volpicelli			2006-07	Melanie Buccko, Marjorie Grap, Leanna Nastase, Jenny Stevens
1959-60	Clint Gilkey, Dave Lynch	1998-99	Jon Dietrich, Ron Hess, Matt Kodak, Dave Pomfret, Stephen Williamson			2007-08	Erin Cranmer-Hart, Ashley Curry, Offeibea Hanson-Hall, Amanda Mockbee
1960-61	Dick Boddie, Marty Holmes	1999-00	David Bronfenbrenner, Ron Hess, Dave Pomfret, Bryan Schiding, Brad Wertz, Stephen Williamson			2008-09	Jenny Dalzell, Kati Dempsey, Megan Hathaway, Jessica Hibbert, Gillian Nordquist
1961-62	Ron Andreuzzi, Bob DeCamp	2000-01	James Hollins, Nate Kraft, Brad Wertz			2009-10	Allison Janda, Amy Mantush, Sarah Moniz, Chelsey Musante, Jennifer Pierce, Gabrielle Skovira
1962-63	Alan Holmes, Jeff Martin	2001-02	Richard Alexander, Greg Costello, Dave Gabriel, Bryan Johnston, Adam Kaufman, Matt Solomon			2010-11	Kristin Bretscher, Stephanie Hardenstine, Casey Krause, Jamie Leacock, Sarah Moniz, Laura Rycek
1963-64	Daniel Harris, Thomas Harris	2002-03	Richard Alexander, Greg Costello, Bryan Johnston, Adam Kaufman, Lou Palma, Matt Solomon			2011-12	Kat Folger, Meghan Frate, Stephanie Fulmer, Taylor Funk, Kelly Grosskurth, Alysha Hooper, Rebecca Misko, Christina Muccio
1964-65	Don Horning	2003-04	Greg Costello, Nick Moussetis, Chris Edwards, Justin McKnight, Mike Mel-las, Noel Powell, Kevin Walsh			2012-13	Leah Goeke, Sasha Hornock, Abby Monaghan, Caroline Tolly
1965-66	--	2004-05	Doug Creveling			2013-14	Emily Ando, Beth Braunnegg, Hana Casalnova, Chelsea Lodato, Jennifer Zymet
1966-67	--	2005-06	Matt Bonelli, Kevin Brown, Matt Corbetta, Ryan Delaney, Matt Forsys, Dan Frake, Ryan Whitfield			2014-15	Betsy Edinger, Deanna Godby, Michelle Golden, Devon McDonald, Kim Nagotko, Jen Silvestri
1967-68	Edward Hoffman	2006-07	Matt Bonelli, Mark Caroleo, Matt Forsys				
1968-69	Evan Davis, Robert Simons	2007-08	Andrew Corral, Michael Gibney, David				
1969-70	Joseph Cost, Gary Metzger						
1970-71	Richard Francel, Thomas Hagerty						
1971-72	Richard Francel, Thomas Hagerty, John Larner, Kevin MacCartney						
1972-73	Scott Bartram, W. Leonard Dillinger, Mitchell Farbstein, John Larner, J. Douglas Nauman						
1973-74	Scott Bartram, Paul Brant, William Ledgerwood, Glenn McLaughlin						
1974-75	Frank Carroll, James Carty, Bruce Hyde						
1975-76	Louis Calvano, R. Daniel Davis, Edward Dzurinko, J. Lawrence Hager						
1976-77	Wayne Bargiel, Bob Braile, Mike McCoy, Robert Scott						
1977-78	George Buckheit, Steve Fillebrown, Roger Gary, Bill Stillwell						
1978-79	Robert Bickel, George Buckheit, Lee Edmonds						
1979-80	Pete Legan, James O'Shea, Chet Palesko						
1980-81	Mike Debraggio, Jim O'Shea, Rick Sayre, Al Wegener						
1981-82	Gary Bartlett, Steve Bigotto, Rick Sayre, Mike Ward						
1982-83	Mark Hulme, Dave White						
1983-84	Mike Deckert, Mike Geraghty, David Hawes, Jeff Hines, Jerry Jurick, Bill Reifsnnyder						
1984-85	Brian Harshman, Dean Malatino,						



NOEL POWELL
7X PL
CHAMPION



TOLU FAYANJUOLA
4X PL
CHAMPION

2014 PATRIOT LEAGUE CHAMPIONSHIP RESULTS

2015 MEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS + FEB. 20-22 WESLEY A. BROWN FH + U.S. NAVAL ACADEMY

Final Team Scores

1. Navy	228.50
2. Bucknell	146.25
3. Lehigh	107
4. Holy Cross	104.50
5. Navy	101
6. Army	94
7. Lafayette	56
8. American	11
9. Colgate	8
10. Loyola	6

Heptathlon

1. Trevor Knowles, Lehigh	4906
2. Tyler Russell, Navy	4722
3. Ben Burgess, Bucknell	4585
4. Christopher D'Aliso, Bucknell	4285
5. Chris Castello, Lafayette	4227
6. Josh Nickerson, Holy Cross	4196
7. Jason Biesma, Boston U.	4194
8. Sebastian Prieto Vasquez, Boston U.	4060

60-Meter Dash

1. Jordan Sartor-Francis, Navy	6.87
2. Jose Santana, Army	6.88
3. Justin Flynn, Boston U.	6.90
4. Cameron Williams, Boston U.	6.94
5. Christian Lupica, Bucknell	6.99
6. Dewvin Enslin, Navy	7.02
7. William Bostick, Navy	7.11
8. Jordan Love, Boston U.	7.16

200-Meter Dash

1. Jordan Sartor-Francis, Navy	21.01
2. Cameron Williams, Boston U.	21.09
3. Austin Batiste, Navy	21.31
4. Devin Enslin, Navy	21.80
5. David Lagerberg, Boston U.	21.83
6. Christian Lupica, Bucknell	22.19
7. Kevin Tapper, Bucknell	22.22
8. Jordan Love, Boston U.	22.56

400-Meter Dash

1. Austin Batiste, Navy	48.53
2. David Lagerberg, Boston U.	48.54
3. Jose Santana, Army	48.68
4. Patrick Taylor, Army	48.73
5. Kevin Tapper, Bucknell	48.75
6. Christopher Del Rossi, Lehigh	49.43
7. Justin Mahoney, Lehigh	49.51
8. Bradley Gibson, Army	49.58

500-Meter Dash

1. Nathan Galney, Navy	1:04.73
2. Michael Galasso, Holy Cross	1:04.30
3. Anthony Menza, Bucknell	1:04.95
4. Stephen Vitale, Boston U.	1:05.27
5. Sebastian Nicewicz, Lehigh	1:05.44
6. Brendan Carroll, Lafayette	1:05.60
7. James Clements, Lehigh	1:05.64
8. Jacob Ashkettle, Bucknell	1:05.98

800-Meter Run

1. Clyde Wilson, Army	1:50.70
2. Ethan Homas, Boston U.	1:51.16
3. Alex Jagelsky, Bucknell	1:52.04
4. Joshua Kingsland, Navy	1:52.24
5. Trevor Dutton, Holy Cross	1:52.39
6. Trevor Touchton, Army	1:52.42
7. Lucas Keefer, Holy Cross	1:52.85
8. Tobias Louis, Bucknell	1:53.33

1,000-Meter Run

1. Andrew Garcia-Garrison, Bucknell	2:25.35
2. Stephen Schroeder, Bucknell	2:26.15
3. Mitchell Dutton, Army	2:26.66
4. Nicholas Palermo, Navy	2:26.80
5. John Weston, Bucknell	2:27.56
6. Mitchell Biler, Lehigh	2:27.47
7. Stephen Keiter, Lehigh	2:28.27
8. Kyle Davis, Navy	2:28.58

1-Mile Run

1. Andrew Garcia-Garrison, Bucknell	4:12.42
2. Rich Peter's, Boston U.	4:13.12
3. Stephen Schroeder, Navy	4:13.56
4. Stuart Ross, Boston U.	4:16.01
5. Matti Groll, Boston U.	4:17.50
6. Brian DeLaMora, Bucknell	4:17.52
7. Nick Causey, Army	4:18.84
8. Ryan McCoy, Navy	4:19.51

3,000-Meter Run

1. Kevin Thomas, Boston U.	8:13.81
2. Brian DeLaMora, Navy	8:14.82
3. Ryan Mahalsky, Lehigh	8:16.24
4. Samuel Peckham, Navy	8:18.13
5. Lucas Stalaker, Navy	8:19.46
6. Dennis Muldoon, Holy Cross	8:19.84
7. Robert Barger, Army	8:20.51
8. Trevor LaFontaine, Army	8:24.24

5,000-Meter Run

1. Samuel Peckham, Navy	14:16.87
2. Lucas Stalaker, Navy	14:18.39

3. Ryan Mahalsky, Lehigh	14:18.41
4. Trevor LaFontaine, Army	14:22.24
5. Mitchell Russo, Navy	14:35.28
6. Alex Olson, Boston U.	14:38.95
7. Mitchell Russo, Boston U.	14:39.91
8. Paul Gennaro, Boston U.	14:40.08

60-Meter Hurdles

1. Christian Lupica, Bucknell	8.03
2. Taylor Anderws, Army	8.25
3. Grant Reynolds, Bucknell	8.22
4. Malcolm White Jr., Navy	8.35
5. Fritz Isaac, Lehigh	8.39
6. Nick Beavers, Army	8.40
7. Kevin Hall, Army	8.56
8. John Bryant, Navy	9.04

High Jump

1. Adeolu Adesida, Lehigh	6-10.25
2. Cody Parker, Navy	6-8.25
3. Nicholas Lombardo, Bucknell	6-8.25
4. Daniel Boardman, Lehigh	6-8.25
5. Alex Olson, Army	6-8.25
6. Nicholas Deterding, Navy	6-6.25
7. Elijah Kay, Bucknell	6-6.25
8. Jeremy Granderson, Navy	6-4.25

Long Jump

1. David Oluwadara, Boston U.	23-1.75
2. Derek Gaul, Lehigh	23-0
3. Rico Goldstone, Navy	22-10
4. Janel Bobb, Lafayette	22-9.75
5. Khalif Wolfe, Navy	22-3.75
6. Kevin Tapper, Bucknell	22-3.75
7. Daniel Boardman, Lehigh	21-11
8. Jeremy Granderson, Navy	21-10

Triple Jump

1. David Oluwadara, Boston U.	48-11
2. Daniel Reichenbach, Lehigh	49-0.75
3. Kevin Tapper, Bucknell	47-0.25
4. Janel Bobb, Lafayette	46-10.25
5. Isaac Were, Army	46-6
6. John Bryant, Navy	46-6.25
7. Isaac Fritz, Lehigh	46-1.50
8. Tyler Malone, Boston U.	45-6.25

Pole Vault

1. Mark Vetere, Navy	16-8.75
2. Jiles Maness, Navy	16-2.75
3. Jonathan Drablos, Army	16-2.75
4. Jordan Worthington, Army	15-9
5. Lee Bares, Army	15-9
6. Nikolaos Farmakidis, Boston U.	15-9
7. Christian Mapes, Army	15-3
8. Tyler John, Lehigh	15-3

Shot Put

1. Ethan Knight, Boston U.	57-4.25
2. Thomas Buffone, Navy	55-6.5
3. Lucas Warming, Lehigh	55-2
4. Jack Fellows, Bucknell	53-9.75
5. Brian Monahan, Bucknell	53-4.5
6. Joseph Breen, Bucknell	52-6.75
7. Joseph Loy, Navy	52-1.25
8. John Campbell, Navy	52

Weight Throw

1. Thomas Buffone, Navy	61-10.5
2. Jack Fellows, Bucknell	60-10
3. Reuben Horace, Boston U.	60-9.5
4. John Campbell, Navy	59-10.5
5. Benjamin Beauchamp, Lehigh	56-8.75
6. Olu Shoyoye, Bucknell	56-5.25
7. Brian Monahan, Bucknell	55-0.75
8. Michael Maloof, Boston U.	54-9.25

4x400-Meter Relay

1. Army	3:15.41
2. Lehigh	3:17.74
3. Bucknell	3:18.30
4. Navy	3:19.16
5. Boston U.	3:19.25
6. Lafayette	3:21.92
7. Holy Cross	3:22.11
8. Colgate	3:23.64

4x800-Meter Relay

1. Bucknell	7:28.36
2. Army	7:28.47
3. Navy	7:28.47
4. Holy Cross	7:34.11
5. American	7:37.16
6. Lehigh	7:37.88
7. Colgate	7:54.16
8. Boston U.	7:57.70

Distance Medley Relay

1. Bucknell	10:02.76
2. Boston U.	10:03.60
3. American	10:04.11
4. Army	10:10.91
5. Navy	10:11.16
6. Colgate	10:17.32
7. Lehigh	10:22.72

Final Team Scores

1. Navy	251.5
2. Army	152
3. Bucknell	137
4. Boston U.	135.5
5. Lehigh	92
6. Lafayette	36
7. American	25
8. Holy Cross	22
9. Colgate	9

Decathlon

1. Trevor Knowles, Lehigh	5456
2. Chris Castello, Lafayette	5277
3. Ben Burgess, Bucknell	5035
4. Jason Biesma, Boston U.	5976
5. Christopher D'Aliso, Bucknell	5932
6. Cody Haupt, Bucknell	5875
7. Sam Cutrone, Lafayette	5484
8. Kyle Quinn, Holy Cross	4773

100-Meter Dash

1. Jordan Sartor-Francis, Navy	10.41
2. Cameron Williams, Boston U.	10.48
3. Devin Enslin, Navy	10.58
4. Jose Santana, Army	10.72
5. Justin Flynn, Boston U.	10.76
6. Kalif Raymond, Holy Cross	10.82
7. Jordan Love, Boston U.	11.03
8. Jereme Murray, Holy Cross	11.11

200-Meter Dash

1. Cameron Williams, Boston U.	20.78
2. Jordan Sartor-Francis, Navy	20.81
3. David Lagerberg, Boston U.	21.26
4. Devin Enslin, Navy	21.32
5. Austin Batiste, Navy	21.55
6. Jose Santana, Army	21.83
7. Justin Mahoney, Lehigh	22.17
8. Vincent Pini, Bucknell	22.76

400-Meter Dash

1. David Lagerberg, Boston U.	46.90
2. Austin Batiste, Navy	47.18
3. Stevyn Spees, Army	47.89
4. Justin Mahoney, Lehigh	48.09
5. Kevin Tapper, Bucknell	48.09
6. Patrick Taylor, Army	48.35
7. Glendrevous Harris, Navy	48.59
8. Nathan Galney, Navy	48.72

800-Meter Run

1. Clyde Wilson, Army	1:51.26
2. Joshua Kingsland, Navy	1:51.73
3. Ethan Homan, Boston U.	1:51.84
4. Trevor Touchton, Army	1:52.03
5. Francisco Tejedor, Holy Cross	1:53.79
6. Alex Jagelsky, Bucknell	1:53.94
7. Trevor Dutton, Holy Cross	1:54.34
8. Christopher Watson, Lehigh	1:54.72

1,500-Meter Run

1. Rich Peters, Boston U.	3:47.77
2. Stephen Schroeder, Navy	3:50.27
3. Matti Groll, Boston U.	3:51.89
4. James Belfatto, American	3:52.54
5. Robert Barger, Army	3:52.57
6. Kevin Thomas, Boston U.	3:53.12
7. Andrew Garcia-Garrison, Bucknell	3:53.31
8. Ben Ravetz, Boston U.	3:53.94

3,000-Meter Steeplechase

1. Thomas Girardot, Army	9:00.11
2. Joshua Ellis, American	9:00.38
3. Shane O'Donnell, Navy	9:06.36
4. Harry Bullen, Navy	9:12.16
5. Thomas Day, Lafayette	9:20.70
6. John Tolbert, Lehigh	9:25.98
7. Casey Gilboy, Lehigh	9:26.50
8. John Kirra, Bucknell	9:29.97

5,000-Meter Run

1. Ryan Mahalsky, Lehigh	14:27.81
2. Samuel Peckham, Navy	14:28.61
3. Brendan Johnson, American	14:29.51
4. Brian DeLaMora, Navy	14:44.92
5. Paul Gennaro, Boston U.	15:06.40
6. Andrew Warshawer, Lafayette	15:07.93
7. Patrick Reilly, Lehigh	15:11.97
8. Alec Olson, Boston U.	15:12.56

10,000-Meter Run

1. Ryan Mahalsky, Lehigh	30:08.26
2. Trevor LaFontaine, Army	30:15.14
3. Zachery Hebbda, Navy	30:21.17
4. Lucas Stalaker, Navy	30:23.05
5. Mitchell Pratt, Navy	30:24.62
6. Thomas Woerner, American	30:35.95
7. Mitchell Russo, Boston U.	30:53.21
8. Daniel Reilly, Lehigh	31:04.27

110-Meter High Hurdles

1. Christian Lupica, Bucknell	13.81
2. Taylor Andrews, Army	14.27
3. Grant Reynolds, Bucknell	14.33
4. Nick Beavers, Army	14.78
5. Kevin Hall, Army	14.85
6. Ross Puritty, Army	15.12
7. Matt Deysher, Bucknell	15.14
8. John Bryant, Navy	15.24

400-Meter Int. Hurdles

1. Christian Lupica, Bucknell	53.49
2. Grant Reynolds, Bucknell	53.54
3. Marcus Phillips, Army	55.32
4. Malcolm White Jr., Navy	55.45
5. Nick Beavers, Army	55.48

6. Robert Hugin, Lehigh	55.75
7. William Ward, Holy Cross	56.01
8. Tom Troxell, Lehigh	56.33

High Jump

1. Tyler Russell, Navy	6-10.25
2. Tony Holland, Army	6-8.25
3. Alex Olson, Army	6-6.25
4. Nicholas Deterding, Navy	6-4.25
Daniel Boardman, Lehigh	6-4.25
Jeremy Granderson, Navy	6-4.25
Elijah Kay, Bucknell	6-4.25
Nicholas Lombardo, Bucknell	6-4.25

Pole Vault

1. Mark Vetere, Navy	17-0
2. Lee Bares, Army	16-8
3. Jiles Maness, Navy	16-4
4. Jonathan Drablos, Boston U.	16-4
Nikolaos Farmakidis, Boston U.	16-4
6. Michael Brunofoote, Navy	15-11
7. Christian Mapes, Army	15-5
8. Fritz Howser, Boston U.	15-5

Long Jump

1. Daniel Boardman, Lehigh	23-5.25
2. Nicholas Lombardo, Bucknell	22-11.75
3. David Oluwadara, Boston U.	22-5.75
4. Kevin Tapper, Bucknell	22-3.75
5. Tyler Russell, Navy	22-1
6. Rico Goldstone, Navy	21-10
7. Eliot Knotts, Army	21-8.25
8. Daniel Reichenbach, Lehigh	21-8.25

Triple Jump

1. David Oluwadara, Boston U.	50-3.25
2. Khalif Wolfe, Navy	50-0.50
3. Daniel Reichenbach, Lehigh	48-9
4. Kevin Tapper, Bucknell	47-10.5
5. Nicholas Lombardo, Bucknell	46-11
6. John Bryant, Navy	46-10.25
7. Kevin Keller, Bucknell	46-5.25
8. Cody Israel, Lehigh	45-5.75

Hammer

1. Thomas Buffone, Navy	203-10
2. Reuben Horace, Boston U.	194-3
3. John Campbell, Navy	191-0
4. William Grammer, Navy	189-7
5. Benjamin Beauchamp, Lehigh	188-3
6. Juannell Riley, Lafayette	183-9
7. Brian Monahan, Bucknell	177-9
8. Jack Fellows, Bucknell	177-5

2014 PATRIOT LEAGUE CHAMPIONSHIP RESULTS

2015 WOMEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS + FEB. 20-22 WESLEY A. BROWN FH + U.S. NAVAL ACADEMY

Final Team Scores

1. Bucknell180
2. Boston U.....112.5
3. Lehigh.....107
4. Holy Cross.....104.5
5. Navy.....101
6. Army.....94
7. Lafayette.....56
8. American.....11
9. Colgate.....8
10. Loyola.....6

Pentathlon

1. Natalie Bates, Lehigh.....3458
2. Gabrielle Wardle, Lehigh.....3454
3. Sarah Dahlstrom, Holy Cross.....3401
4. Jennifer Kimball, Holy Cross.....3306
5. Adrienne Pascucci, Boston U.....3208
6. Amanda Graham, Navy.....3207
7. Sarah Cassidy, Lehigh.....3126
8. Alison Varano, Bucknell3030

60-Meter Dash

1. Gemma Acheampong, Boston U.....7.18
2. Brianna Tabin, Holy Cross.....7.26
3. Haley Winters, Army.....7.53
4. Erin Keen, Lafayette.....7.63
5. Mackenzie Arndt, Holy Cross.....7.64
6. Sydney Hawkins, Army.....7.70
7. Carlie Lucke, Bucknell7.70
8. Maya Marshall, Boston U.....7.85

200-Meter Dash

1. Gemma Acheampong, Boston U.....24.55
2. Brianna Tabin, Holy Cross.....24.97
3. Kim Nagotko, Bucknell25.00
4. Haley Winters, Army.....25.12
5. Devin Smith, Lafayette.....25.16
6. Sydney Hawkins, Army.....25.38
7. Alicia Minella, Colgate.....25.46
8. Lily Brose, Navy.....25.92

400-Meter Dash

1. Kim Nagotko, Bucknell56.45
2. Devin Smith, Lafayette.....56.50
3. Alicia Minella, Colgate.....57.11
4. Toria Levy, Boston U.....57.28
5. Drew Davis, Lafayette.....57.89
6. Ally Saccone, Boston U.....58.09
7. Ashley Ross, Navy.....58.44
8. Natalie Dent, Army.....58.69

500-Meter Dash

1. Jenn Silvestri, Bucknell1:15.71
2. Sarah Bernhardt, Navy.....1:57.72
3. Haley Langton, Lafayette.....1:15.90
4. Laura Papili, Bucknell1:16.99
5. Chrissy Haney, Bucknell1:17.11
6. Rachel O'Connell, Lehigh.....1:17.78
7. Charlotte Crique, Loyola.....1:17.84
8. Mary Grace Monahan, Navy.....1:17.84

800-Meter Run

1. Victoria Mullane, Lehigh.....2:15.46
2. Catherine Gildea, Holy Cross.....2:15.88
3. Tyler Scanlin, Lehigh.....2:15.96
4. Shannon Cuthbert, Navy.....2:16.02
5. Sarah Chandler, Bucknell2:16.13
6. Reagan Cerney, Bucknell2:16.52
7. Christina Shawver, Navy.....2:17.30
8. Katrina Donarski, Army.....2:17.92

1,000-Meter Run

1. Christine Bendzinski, Bucknell2:52.13
2. Meghan Harvey, Navy.....2:52.29
3. Caroline Carley, Holy Cross.....2:53.75
4. Rachel Sowinski, Holy Cross.....2:57.34
5. Emma Cousins, Bucknell2:57.47
6. Ingrid Simon, Lehigh.....2:57.67
7. Amanda Mulkey, Navy.....2:58.25
8. Ann O'Connell, Lehigh.....2:59.96

1-Mile Run

1. Christine Bendzinski, Bucknell4:56.83
2. Caroline Carley, Holy Cross.....4:57.77
3. Kelley Robinson, Navy.....4:58.29
4. Ashli Taggai, Boston U.....5:00.18
5. Elizabeth Sheprow, Bucknell5:02.22
6. Marissa Karl, Lehigh.....5:02.82
7. Lindsay Gabow, Army.....5:02.87
8. Christina Blair, Navy.....5:02.88

3,000-Meter Run

1. Rosa Moriello, Boston U.....9:47.05
2. Shelby Stableford, Boston U.....9:47.75
3. Lisa Junta, Army.....9:51.60
4. Catherine Scott, Bucknell9:55.75
5. Kelley Robinson, Navy.....10:01.03
6. Deanna Godby, Bucknell10:05.36
7. Morgan O'Connor, Navy.....10:05.46
8. Allison Ollas, Bucknell10:05.49

5,000-Meter Run

1. Shelby Stableford, Boston U.....16:53.52
2. Katie Jessee, Bucknell17:11.15
3. Catherine Scott, Bucknell17:12.92
4. Lindsay Gabow, Army.....17:17.71

5. Morgan O'Connor, Navy.....17:21.81
6. Deanna Godby, Bucknell17:27.83
7. Shannon Wright, Lehigh.....17:30.90
8. Emily Jensen, Navy.....17:34.60

60-Meter Hurdles

1. Ally Saccone, Boston U.....8.75
2. Katie Hatler, Lehigh.....8.82
3. Sophie Jancsurak, Boston U.....8.86
4. Chrissy Haney, Bucknell9.04
5. Halli McFadden, Navy.....9.06
6. Jenn Silvestri, Bucknell9.16
7. Alanna Hitscherich, Holy Cross.....9.21
8. Kafiat Oladiran, Bucknell9.22

High Jump

1. Courtney Avery, Lehigh.....5-8.75
2. Gabrielle Wardle, Lehigh.....5-7
3. Brittany Le Jouan, Lehigh.....5-5
4. Lauren Hudson, Bucknell5-3
5. Adrienne Pascucci, Boston U.....5-3
6. Melissa LaCoste, Holy Cross.....5-3
7. Alexandra Parise, Holy Cross.....5-3
8. Meagan Hilla, Army.....5-3

Long Jump

1. Brittany Powell, Lafayette.....18-9
2. Tessa Runels, Boston U.....18-8.5
3. Kim Lapszynski, Bucknell18-5.25
4. Halli McFadden, Navy.....18-0.25
5. Marissa Romano, Holy Cross.....17-7.5
6. Gabrielle Wardle, Lehigh.....17-7
7. Alanna Hitscherich, Holy Cross.....17-6
8. Crystan Mclymore, Navy.....17-5.5

Triple Jump

1. Efe Agege, Bucknell39-5.25
2. Tessa Runels, Boston U.....38-11
3. Crystan Mclymore, Navy.....38-10.25
4. Brittany Powell, Lafayette.....37-7.75
5. Alanna Hitscherich, Holy Cross.....37-3.75
6. Alexa Eldracher, Holy Cross.....36-11.5
7. Carly Reiner, Bucknell36-8.25
8. Serenah Polite, Lehigh.....36-4.25

Pole Vault

1. Ashley Zeitvogel, Army.....12-3.5
2. Michelle McGahan, Holy Cross.....11-9.75
3. Amanda Graham, Navy.....11-9.75
4. Charlene Kearns, Navy.....11-9.75
5. Megan Gemar, Army.....11-9.75
6. Jonelle Jerwick, Lehigh.....11-3.75
7. Laurel Neposchlan, Army.....11-3.75
8. Alexandra Parise, Holy Cross.....11-3.75

Shot Put

1. Abigail Brundage, Bucknell46-3.5
2. Briyah Brown, Army.....45-5.75
3. Sophia Nnadi, Bucknell45-5.75
4. Christina Harris, Army.....43-8
5. Ashanti Curry, Navy.....42-4
6. Cody Rothschild, Army.....41-3.75
7. Carly Deskins, Lehigh.....39-1
8. Justine Rennekamp, Army.....38-10.5

Weight Throw

1. Amy Slaughter, Army.....54-9.25
2. Briyah Brown, Army.....53-3.5
3. Sophia Nnadi, Bucknell49-2.25
4. Stephanie Simon, Navy.....47-0.75
5. Elizabeth Provost, Holy Cross.....46-7.5
6. Amanda Youngblood, Lehigh.....46-5.5
7. Angela Cleveland, Navy.....46-4
8. Tara Lee, Bucknell45-5.75

4x400-Meter Relay

1. Lafayette.....3:49.93
2. Army.....3:52.60
3. Bucknell3:53.93
4. Boston U.....3:54.31
5. Lehigh.....3:55.76
6. Holy Cross.....3:56.40
7. Navy.....3:57.60
8. Loyola.....3:58.01

4x800-Meter Relay

1. Bucknell8:55.51
2. Holy Cross.....8:57.46
3. Navy.....9:02.28
4. Lehigh.....9:03.55
5. Lafayette.....9:12.32
6. American.....9:13.78
7. Army.....9:20.44
8. Boston U.....9:25.48

Distance Medley Relay

1. Bucknell12:03.02
2. American.....12:04.28
3. Lehigh.....12:05.08
4. Navy.....12:06.86
5. Boston U.....12:09.91
6. Loyola.....12:16.40
7. Holy Cross.....12:20.08
8. Army.....12:20.55

Final Team Scores

1. Bucknell165
2. Boston U.....149
3. Army.....122.5
4. Lehigh.....120
5. Holy Cross.....103.5
6. Navy.....98.5
7. Lafayette.....74.5
8. Colgate.....11
9. American.....7
Loyola.....7

Heptathlon

1. Natalie Bates, Lehigh.....4770
2. Sarah Dahlstrom, Holy Cross.....4540
3. Jennifer Kimball, Holy Cross.....4533
4. Gabrielle Wardle, Lehigh.....4466
5. Adrienne Pascucci, Boston U.....4451
6. Sarah Cassidy, Lehigh.....4365
7. Alison Varano, Bucknell4195
8. Dina Naphor, Lafayette.....4134

100-Meter Dash

1. Gemma Acheampong, Boston U.....11.49
2. Brianna Tabin, Holy Cross.....11.89
3. Haley Winters, Army.....12.02
4. Kim Nagotko, Bucknell12.15
5. Erin Keen, Lafayette.....12.25
6. Maya Marshall, Boston U.....12.36
7. Carly Reiner, Bucknell12.37
8. Wade-Watta Kamara, Navy.....12.41

200-Meter Dash

1. Gemma Acheampong, Boston U.....23.92
2. Christina Wood, Boston U.....24.14
3. Haley Winters, Army.....24.49
4. Brianna Tabin, Holy Cross.....24.85
5. Alicia Minella, Colgate.....24.90
6. Devin Smith, Lafayette.....25.03
7. Kim Nagotko, Bucknell25.11
8. Djene Parris, Boston U.....25.30

400-Meter Dash

1. Christina Wood, Boston U.....55.55
2. Devin Smith, Lafayette.....55.91
3. Haley Langton, Lafayette.....56.56
4. Drew Davis, Lafayette.....57.03
5. Brianna Belo, American.....57.05
6. Alicia Minella, Colgate.....57.35
7. Kaitlyn Ruffing, Lehigh.....57.57
8. Allison Sharkey, Bucknell58.17

800-Meter Run

1. Catherine Gildea, Holy Cross.....2:12.29
2. Christine Bendzinski, Bucknell2:12.78
3. Reagan Cerney, Bucknell2:13.27
4. Caroline Carley, Holy Cross.....2:13.49
5. Victoria Mullane, Lehigh.....2:14.12
6. Shannon Cuthbert, Navy.....2:15.38
7. Grace Waters, Lafayette.....2:15.46
8. Madeline Zell, Navy.....2:16.01

1,500-Meter Run

1. Rosa Moriello, Boston U.....4:27.37
2. Christine Bendzinski, Bucknell4:31.16
3. Meghan Harvey, Navy.....4:32.73
4. Caroline Carley, Holy Cross.....4:33.61
5. Victoria Mullane, Lehigh.....4:34.30
6. Abigail Mitchell, Holy Cross.....4:36.86
7. Katie Jessee, Bucknell4:38.71
8. Sarah Chandler, Bucknell4:39.72

3,000-Meter Steeplechase

1. Shannon Nelson, Lehigh.....10:49.33
2. Allison Parks, Navy.....10:52.78
3. Christina Blair, Navy.....10:53.53
4. Hallie Armstrong, Boston U.....10:56.10
5. Shannon Wright, Lehigh.....10:59.74
6. Stephanie Benko, Lafayette.....11:03.27
7. Paige Miller, Navy.....11:04.06
8. Hannah Pierce, Lehigh.....11:10.01

5,000-Meter Run

1. Rosa Moriello, Boston U.....16:57.98
2. Shelby Stableford, Boston U.....17:07.30
3. Lindsay Gabow, Army.....17:18.75
4. Deanna Godby, Bucknell17:29.89
5. Katie Jessee, Bucknell17:44.34
6. Hannah Pierce, Lehigh.....17:48.35
7. Montana DiPietrantonio, Bucknell17:48.35
8. Kate VanNess, Bucknell17:51.03

10,000-Meter Run

1. Catherine Scott, Bucknell35:18.94
2. Lindsay Gabow, Army.....35:22.72
3. Hannah Jeter, Holy Cross.....36:40.19
4. Sarah Saccoch, Boston U.....36:46.66
5. Morgan O'Connor, Navy.....36:57.61
6. Montana DiPietrantonio, Bucknell37:12.92
7. Emily Jensen, Navy.....37:24.42
8. Mary Welsh, Holy Cross.....37:33.56

100-Meter High Hurdles

1. Toria Levy, Boston U.....13.92
2. Katie Hatler, Lehigh.....14.01
3. Ally Saccone, Boston U.....14.12
4. Tehya Noell, Boston U.....14.20
5. Jenn Silvestri, Bucknell14.54
6. Courtney Smith, Army.....14.58
7. Kafiat Oladiran, Bucknell14.66
8. Sophie Jancsurak, Boston U.....14.73

400-Meter Int. Hurdles

1. Toria Levy, Boston U.....1:00.37
2. Courtney Smith, Army.....1:01.77
3. Sarah Bernhardt, Navy.....1:01.89
4. Jenn Silvestri, Bucknell1:02.73

5. Ally Saccone, Boston U.....1:03.50
6. Tehya Noell, Boston U.....1:03.57
7. Tessa Broholm, Lafayette.....1:04.23
8. Laura Papili, Bucknell1:04.66

High Jump

1. Courtney Avery, Lehigh.....5-8.75
2. Meagan Hilla, Army.....5-7
3. Frances Gale, Navy.....5-5
4. Brittani Le Jouan, Lehigh.....5-5
5. Gabrielle Wardle, Lehigh.....5-5
6. Sarah Dahlstrom, Holy Cross.....5-3
7. Adrienne Pascucci, Boston U.....5-3
8. Jennifer Kimball, Holy Cross.....5-3

Pole Vault

1. Amanda Graham, Navy.....12-5.5
2. Laurel Neposchlan, Army.....11-11.75
3. Alexandra Parise, Holy Cross.....11-11.75
4. Michelle McGahan, Holy Cross.....11-11.75
5. Claire Murphy, Lafayette.....11-11.75
6. Charlene Kearns, Navy.....11-11.75
7. Megan Gemar, Army.....11-11.75
8. Jamison Briggs, Holy Cross.....11-5.75

Long Jump

1. Tessa Runels, Boston U.....18-6.5
2. Brittany Powell, Lafayette.....18-5.25
3. Alanna Hitscherich, Holy Cross.....17-7.5
4. Kiana Wright, Lehigh.....17-5.5
5. Efe Agege, Bucknell17-3.5
6. Devon McDonald, Bucknell17-3.5
7. Alexa Eldracher, Holy Cross.....17-1.25
8. Sarah Barnum, Navy.....16-11.25

Triple Jump

1. Efe Agege, Bucknell40-9
2. Tessa Runels, Boston U.....39-11.25
3. Crystan Mclymore, Navy.....39-8.5
4. Brittany Powell, Lafayette.....39-5.25
5. Kim Lapszynski, Bucknell38-0
6. Meagan Hilla, Army.....37-8.5
7. Alanna Hitscherich, Holy Cross.....37-5
8. Alexa Eldracher, Holy Cross.....37-1.25

Hammer

1. Amy Slaughter, Army.....172-6
2. Sophia Nnadi, Bucknell170-10
3. Rebecca Cousins, Army.....167-5
4. Briyah Brown, Army.....165-8
5. Ashanti Curry, Navy.....156-2
6. Angela Cleveland, Navy.....148-4
7. Michaela Bubak, Lehigh.....144-1
8. Tara Lee, Bucknell144-0

Discus

1. Cody Rothschild, Army.....148-2
2. Stephanie Easse, Bucknell145-5
3. Sophia Nnadi, Bucknell141-5
4. Stephanie Simon, Navy.....138-11
5. Amanda Youngblood, Lehigh.....137-9
6. Michaela Bubak, Lehigh.....134-7
7. Christina Harris, Army.....133-3
8. Briyah Brown, Army.....129-3

Javelin

1. Carly Deskins, Lehigh.....140-4
2. Justine Rennekamp, Army.....140-1
3. Dayna Simone, Bucknell137-6
4. Melody Walthers, Lehigh.....136-10
5. Rebecca Skovira, Bucknell135-3
6. Megan Sangimino, Bucknell132-4
7. Sarah Cassidy, Lehigh.....125-0
8. Meghan Reilly, Lehigh.....124-11

Shot Put

1. Sophia Nnadi, Bucknell49-10.5
2. Briyah Brown, Army.....49-4.5
3. Ashanti Curry, Navy.....48-6.25
4. Abigail Brundage, Bucknell43-9
5. Sarah Dahlstrom, Holy Cross.....41-8.5
6. Carly Deskins, Lehigh.....40-1.5
7. Christina Harris, Army.....39-5
8. Cody Rothschild, Army.....39-4

4x100-Meter Relay

1. Bucknell47.12
2. Lafayette.....47.50
3. Navy.....47.78
4. Lehigh.....48.14
5. Colgate.....48.88
6. Holy Cross.....49.47
7. Loyola.....49.47
8. Army.....52.45

4x

MEN'S TRACK & FIELD POSTSEASON HONORS



MEN'S INDOOR POSTSEASON HONORS

ALL-AMERICANS

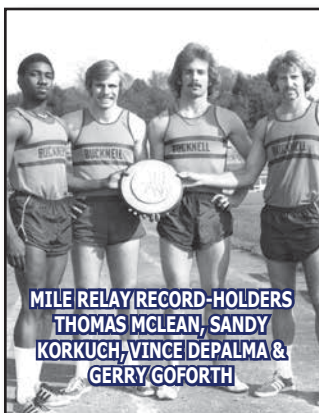
Year	Athlete	Place	Event
1976	Doug Butler	3rd	4x880 relay
	Gary Bonasorte		
	Ted Williamson		
	Thomas McLean		
1977	Thomas McLean	4th	880y
1979	George Buckheit	3rd	3-mile
1984	Bill Reifsnyder	--	3,000m

NCAA QUALIFIERS

1973	Glenn McLaughlin	12th	600y
1974	Glenn McLaughlin	11th	distance
	Gerry Gofort		medley relay
	Doug Butler		
	Frank Carroll		
1976	Doug Butler	3rd	4x880 relay
	Gary Bonasorte		
	Ted Williamson		
	Thomas McLean		
1977	Thomas McLean	4th	880y
1979	George Buckheit	3rd	3-mile
1982	Mike Geraghty	prelim	600y
	Mark Hulme	prelim	mile
	Dave White	prelim	1,000y
1984	Mike Geraghty	--	500m
	Bill Reifsnyder	prelim	3,000m

USA INDOOR NATIONAL CHAMPIONSHIPS

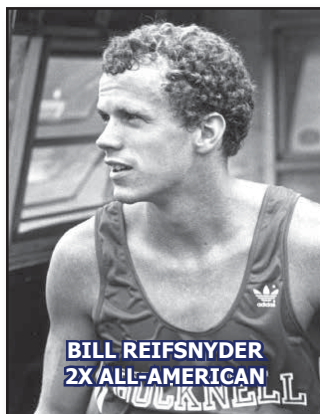
2003	Noel Powell	6th	long jump
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MILE RELAY/RECORD-HOLDERS
THOMAS MCLEAN, SANDY KORKUCH, VINCE DEPALMA & GERRY GOFORTH

ALL-EAST/IC4A

1977	Bill Gravely	2nd	triple jump
	George Buckheit	3rd	3-mile
1978	George Buckheit	2nd	3-mile
	Jerry Katz	1st	mile walk^
1979	Bob Bickel	6th	3-mile
	John McAndrew	5th	distance
	Jeff Lockett		medley relay
	Mike DeBraggio		
	George Buckheit		
	Jerry Katz	1st	mile walk^
1980	Rick Sayre	5th	5,000m
	Jerry Katz	1st	mile walk^
1981	Rick Sayre	5th	5,000m
1982	Bill Reifsnyder	4th	5,000m
1984	Brian Harshman	6th	3,000m
1988	Ken Sevensky	6th	mile
	Ted Neu	7th	mile
	Mike Smith	5th	distance
	Ray Wood		medley relay
	Mike Sgambelluri		
	Steve West		
1989	Steve West	7th	mile
1990	Mike Sgambelluri	6th	distance
	Jim Bock		medley relay
	Jeff Loomis		
	Norbert Berenyi		



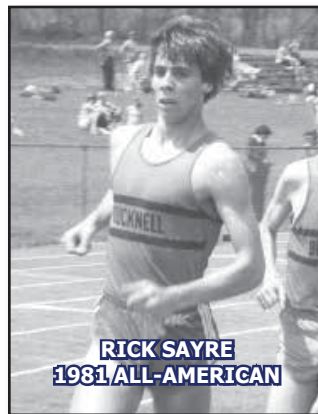
BILL REIFSNYDER
2X/ALL-AMERICAN

1992	Matt Deardorff	3rd	5,000m
	Bob Kelly	5th	5,000m
	Tom Eagleson	8th	mile
1994	Erik Stieler	7th	shot put
	Mark Beaver	6th	distance
	Daniel Akwei		medley relay
	Kevin Schilling		
	Michael Bronson		
1995	Chris Priestaf	4th	5,000m
	Erik Stieler	7th	shot put
1996	Darryl Volpicelli	4th	35-lb. wt.
	Jim Heizman	8th	35-lb. wt.
	Mark Beaver	6th	4x880y relay
	Brian Torres		
	Steve Roeser		
1997	Steve Roeser	5th	4x800m relay
	Mark Beaver		
	Peter Kelly		
	Brian Torres		
	Ron Hess	7th	distance
	Brian Cagno		medley relay
	Adam Seavey		
	Bob Chandler		
1998	Darryl Volpicelli	4th	35-lb. wt.
	Dave Pomfret	6th	pole vault
1999	Dave Pomfret	5th	pole vault
2000	Ron Hess	2nd	1,000m
	Bryan Schiding	8th	long jump
2003	Eric Furst	4th	1,000m
2004	Aaron Hanlon	8th	800m
2006	Wallace Campbell	7th	3,000m
	Mark Caroleo	6th	distance
	Matthew Bonelli		medley relay
	Adam Syty		
	Kevin Brown		
2007	Matthew Forsys	1st	3,000m
	Tyler Hoffman	2nd	35-lb. wt.
	Kyle Anthony	3rd	triple jump
		7th	long jump
	David Mante	8th	pole vault
2008	Drew Fitzgerald	7th	high jump
	Brian Mooney	8th	4x800 relay
	John Picardo		
	Clayton Smith		
2009	Nicholas Hrush	3rd	high jump
	Ryan White	7th	heptathlon
2010	Kyle Anthony	6th	triple jump
	Andrew Yehl	5th	55m H
	Conor McNamara	8th	distance
	Greg Baxter		medley relay
	Evan Novakowski		
	Dustin Horning		
2011	Rob Arent	6th	400m
	Christopher Boyd	7th	distance
	Dennis Logan		medley relay
	Clayton Smith		

	Dustin Horning		
2012	Rob Arent	4th	400m
	Tom Barr	1st	35-lb. wt.
	Alex Jagelsky	6th	1,000m
	Leonard Joseph	4th	35-lb. wt.
	Christian Lupica	7th	60m H
	Andrew Powell	8th	heptathlon
2013	Ray Holmes	2nd	triple jump
	Leonard Joseph	1st	35-lb. wt.
	Kevin Tapper	7th	4x400m relay
	Anthony Menza		
	Jacob Eaton-Hall		
	Christian Lupica		
2014	Jack Fellows	7th	35-lb. wt.
	Ray Holmes	1st	triple jump
	Ray Holmes	2nd	long jump
	Christian Lupica	3rd	60m H
	John Westwood	3rd	1,000m
	Kevin Tapper	1st	4x400m relay
	Jacob Eaton-Hall		
	Anthony Menza		
	Christian Lupica		
2015	A. Garcia-Garrison	1st	1,000m
	Christian Lupica	2nd	60m H
	Jordan Jackson	2nd	4x800 relay
	Alex Jagelsky		
	Cole Conte		
	Louis Tobias		
	N. Lombardo	3rd	long jump
	John Westwood	4th	1,000m
	Kevin Tapper	6th	400m
	Anthony Menza	8th	500m

^ - Non-scored event

EAST COAST CONFERENCE CHAMPIONS



RICK SAYRE
1981/ALL-AMERICAN

1978	Jeff Scott		35-lb. wt.
	Ron Sherry		shot put
	Bob Bickel		3-mile
	Lee Edmonds		3-mile
	George Buckheit		mile
	Peter Acquavella		distance
	Bill Stillwell		medley relay
	Steve Goodell		
	George Buckheit		
1979	George Buckheit		mile, 2-mile
	Lee Edmonds		3-mile
	Tom Madigan		distance
	Jeff Lockett		medley relay
	Mike DeBraggio		
	Bob Bickel		
1980	Rick Sayre		3-mile
	Steve Goodell		2-mile
	Doug Pickell		distance
	Mark Kaplan		medley relay
	Rick Sayre		
	Jim O'Shea		

1981	Rick Sayre		3-mile
	Steve Bigotto		1,000y
1982	Bill Reifsnyder		3-mile
	Mark Hulme		mile
	Mark Kaplan		880y
	Mike Ward		shot put
1983	Bill Reifsnyder		3-mile
	Mark Hulme		mile, 1,000y
	Mike Jackson		880y
	Brian Harshman		2-mile
	Steve Bigotto		distance
	Mike Geraghty		medley relay
	Bill Reifsnyder		
	Jeff Hines		
1984	Bill Reifsnyder		3-mile
	Brian Harshman		mile, 1,000y
	Chocky Spadafore		long jump
	Tom Maehl		880y
	Oliver Kirna		distance
	Chocky Spadafore		medley relay
	Mike Deckert		
	Carl Kemmerer		
1985	Ray Sullivan		3-mile
	Brian Harshman		mile, 1,000y
	Dean Malatino		triple jump
	Sean Walsh		distance
	Tom Matz		medley relay
	Steve Branch		
	Ray Sullivan		
1986	Bob Gift		long jump
	Bill Wilson		35-lb. wt.
	Ray Sullivan		5,000m
	Tom Farrell		distance
	Tom Matz		medley relay
	Steve West		
	Ray Sullivan		
1987	Dan Koebel		pole vault
	Rich Stark		3-mile
	Ray Wood		440y
	Vince O'Boyle		600m
	Ken Sevensky		1,000y
	Mike Smith		2-mile
	Ted Neu		relay
	Allen Keup		
	Ken Sevensky		
1988	Charles Cole		3-mile
	Greg Keller		shot put
	Ted Neu		mile, 1,000y
	Ray Wood		440y
	Ken Sevensky		880y
	Tim Henkel		long jump
	Mike Smith		2-mile
	Steve West		relay
	Ted Neu		
	Ken Sevensky		
1989	Kirk Luther		500m
	Mike Sgambelluri		1,000y
	Steve West		1,500m
	Gary Serbent		3,000m
	Mike Krafczyk		5,000m
	Paul Austin		35-lb. wt.
	Greg Keller		shot put
	Jeff Loomis		distance
	Mark Forster		medley relay
	Jason Cahilly		
	Matt Deardorff		
1990	Paul Austin		35-lb. wt.
	Mark Campbell		pole vault
	Greg Keller		shot put
	Pete O'Brien		3-mile
	Norbert Berenyi		1,000y
	Jeff Loomis		distance
	Norbert Berenyi		medley relay
	Matt Deardorff		
	Mike Sgambelluri		

LAUREN BRICKER
6X PL CHAMPION

JEFF LOCKETT
1979 ALL-EAST SELECTION

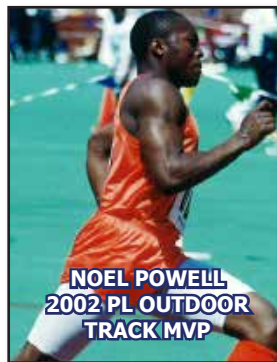
MEN'S TRACK & FIELD POSTSEASON HONORS



MEN'S INDOOR POSTSEASON HONORS

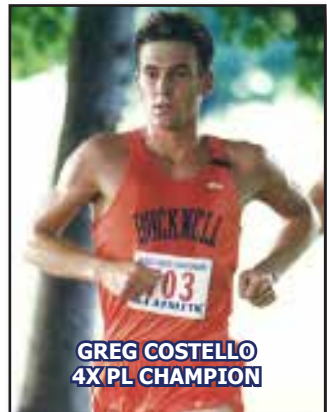
PATRIOT LEAGUE CHAMPIONS

1991	Paul Austin	35-lb. wt., shot put
	Jason Cahilly	5,000m
	Jim Bock	55m
	Norbert Berenyi	mile, 800m
	Jeff Schild	pole vault
	Matt Dearnoff	3,000m
1992	Bob Kelly	5,000m
	Joe LaBarge	pole vault
1993	Mike Bronson	5,000m
	Brett Karcher	pole vault
	Brad Bernardini	55m
	John Plante	high jump
1994	Ed Loges	long jump
	Stephen Clarke	3,000m
1995	Karim Abdul-Matin	long jump
	Chris Priestaf	5,000m
	Rick Van Emburgh	500m
	Jaime Silva	distance
	Mike Ditzel	medley relay
	Kevin Schilling	
	Chris Priestaf	
1996	Michael Pistella	55m
	Erik Stieler	shot put
	Mike Ditzel	4x400m
	Brian Cagno	relay
	Brett Warner	
	Dan Akwei	
	Kevin Schilling	4x800m
	Brian Torres	relay
	Steve Roeser	
	Mark Beaver	
1997	Brian Torres	800m
	Dave Granger	5,000m
	Mark Beaver	4x800m
	Steve Roeser	relay
	Peter Kelly	
	Brian Torres	
1998	Darryl Volpicelli	35-lb. wt.
	Dave Pomfret	pole vault



	Steve Williamson	400m
	Brian Torres	800m
	Mike Ditzel	500m
	Ron Hess	mile
	Ron Hess	4x800m
	Peter Kelly	relay
	Adam Seavey	
	Brian Torres	
1999	Dave Pomfret	pole vault
	Bryan Schiding	long jump
	Ron Hess	1,000m, mile
	Scott Sehon	5,000m
	Matt Murdock	high jump
	Bill Bartsch	4x800m
	Matt Davis	relay
	Ron Hess	
	Doug Yarosz	
2000	Ron Hess	mile
	Bryan Schiding	long jump,

	Dave Pomfret	triple jump
		pole vault
2001	Greg Costello	3,000m
	Dave Gabriel	200m
	Ryan Stairs	35-lb. wt.
	James Hollins	triple jump
2002	Greg Costello	3,000m
	Noel Powell	long jump



2003	Noel Powell	long jump
2006	Tyler Hoffman	35-lb. wt.
2007	Kerry Boyle	200m, 400m
	Matthew Fors	3,000m, 5,000m
	Kyle Anthony	triple jump
	Tyler Hoffman	35-lb. wt.
2008	Kerry Boyle	400m
	Nicholas Hrush	high jump
	David Mante	pole vault
2009	Kyle Anthony	triple jump
	Drew Fitzgerald	high jump
	Timothy Medlock	shot put
	Andrew Yehl	60m H
2010	Kyle Anthony	triple jump
	Rob Arent	400m
	Ryan White	heptathlon
	Rob Arent	4x400m
	John Picardo	relay
	Evan Novakowski	
	Justin Hicks	
2011	Rob Arent	400m
	Tom Barr	shot put
	Andrew Powell	heptathlon
	Chris Sacks	1,000m
	Christopher Boyd	4x800m
	Jordan Donaldson	relay
	Chris Sacks	
	Clayton Smith	
2012	Tom Barr	shot put
	Justin Hicks	60m, 200m
	Leonard Joseph	35-lb. wt.
	Andrew Powell	heptathlon
2013	Justin Hicks	60m
	Ray Holmes	triple jump
	Kevin Keller	long jump
	Luke Webster	shot put
	John Westwood	distance medley
	Ryan Johnson	relay
	Chris Oesterlin	
	Andrew Garcia-Garrison	
2014	Ray Holmes	long jump,
		triple jump
	Christian Lupica	60m H
2015	Andrew Garcia-Garrison	mile
	Andrew Garcia-Garrison	1,000m
	Andrew Garcia-Garrison	4x800m
	Louis Tobias	relay
	John Westwood	
	Alex Jagelsky	

	Andrew Garcia-Garrison	medley
	John Westwood	relay
	Grant Reynolds	
	Alex Jagelsky	
	Christian Lupica	60m H

ALL-PATRIOT LEAGUE*

1994	Steve Clarke, Ed Loges, Rick Van Emburgh
1995	Karim Abdul-Martin, Brian Preputnik, Chris Priestaf, Erik Stieler, Rick Van Emburgh, Darryl Volpicelli
1996	Karim Abdul-Matin, Dan Akwei, Mark Beaver, Brian Cagno, Mike Ditzel, Dave Granger, Jim Heizman, Ed Loges, Todd Malligan, Michael Pistella, Steve Roeser, Kevin Schilling, Brian Torres, Brett Warner
1997	Mark Beaver, Brian Cagno, Dave Granger, Peter Kelly, Dave Pomfret, Steve Roeser, Timothy Schnurr, Brian Torres, Darryl Volpicelli
1998	Bill Bartsch, Mike Ditzel, Vinnie Guandolo, Artie Gulden, Ron Hess, Peter Kelly, Dave Pomfret, Adam Seavey, Brian Torres, Darryl Volpicelli, Steve Williamson, Doug Yarosz
1999	Bill Bartsch, Matt Davis, Dave Gabriel, Ron Hess, Matt Kodak, Matt Murdock, Dave Pomfret, Bryan Schiding, Scott Sehon, Doug Yarosz
2000	Bill Bartsch, Eric Furst, Ron Hess, James Hollis, Chris Nowakowski, Dave Pomfret, Bryan Schiding, Scott Sehon, P.J. Ward, Steve Williamson
2001	Greg Costello, Matt Davis, Eric Furst, Dave Gabriel, Aaron Hanlon, James Hollins, Noel Powell, Ryan Stairs, P.J. Ward
2002	Greg Costello, Michael Euell, Eric Furst, Noel Powell, Tom Prochilo, P.J. Ward
2003	Bryan Johnston, Noel Powell, Wes Reinhardt, Emory Strother, John Trotta Jr., Micah Wright
2004	Second Team: Greg Costello, Aaron Hanlon, Noel Powell
2005	Second Team: Faizal Asumda, K.C. Brown, Wallace Campbell, Mike Mellas, James Redmond
2006	First Team: Tyler Hoffman Second Team: Kerry Boyle, Matt Corbetta, Matt Bonelli, Kevin MacLeod, Ryan Robinson
2007	First Team: Kyle Anthony, Kerry Boyle, Matthew Fors, Tyler Hoffman, David Mante
2008	First Team: Kerry Boyle, Nicholas Hrush, David Mante Second Team: Kyle Anthony, Kerry Boyle, Drew Fitzgerald, Guy Castranova, Tim Medlock
2009	First Team: Kyle Anthony, Drew Fitzgerald, Timothy Medlock, Andrew Yehl Second Team: Kerry Boyle, Drew Fitzgerald, Nicholas Hrush, Ryan White
2010	First Team: Kyle Anthony, Rob Arent, Justin Hicks, Evan Novakowski, John Picardo, Ryan White Second Team: Kyle Anthony, Timothy Medlock, Clayton Smith, Andrew Yehl
2011	First Team: Rob Arent, Tom Barr, Christopher Boyd, Jordan

	Donaldson, Andrew Powell, Chris Sacks, Clayton Smith
	Second Team: Rob Arent, Isaih Bell, Jordan Donaldson, Jacob Eaton-Hall, John Picardo
2012	First Team: Tom Barr, Justin Hicks, Leonard Joseph, Andrew Powell Second Team: Rob Arent, Tom Barr, Jordan Donaldson, Dustin Horning, Alex Jagelsky, Dennis Logan, Christian Lupica, Quinten Marcott, Andrew Powell
2013	First Team: Andrew Garcia-Garrison, Justin Hicks, Ray Holmes, Ryan Johnson, Kevin Keller, Chris Oesterlin, Luke Webster, John Westwood Second Team: Jason Brown, Tyler Erhard, Justin Hicks, Leonard Joseph, Kevin Keller, Anthony Menza, Alex Prieto, Kevin Tapper
2014	First Team: Ray Holmes, Christian Lupica Second Team: Jacob Eaton-Hall, Jack Fellows, Andrew Garcia-Garrison, Alex Jagelsky, Ryan Johnson, Dennis Logan, Christian Lupica, Anthony Menza, Kevin Tapper
2015	First Team: Andrew Garcia-Garrison, Christian Lupica, Alex Jagelsky, Grant Reynolds, Louis Tobias, John Westwood. Second Team: Jack Fellows

* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

EAST COAST CONFERENCE AWARDS

1983	Mark Hulme	Outstanding Athlete
1985	Brian Harshman	Outstanding Athlete
1988	Ted Neu	Outstanding Athlete

PATRIOT LEAGUE AWARDS

1993	Art Gulden	Coach of Year
1999	Ron Hess	Athlete of Meet
2000	Dave Pomfret	Field Athlete of Meet
2007	Matthew Fors	Track Athlete of Meet
	Kyle Anthony	Rookie of Meet
2009	Drew Fitzgerald	Field Athlete of Meet
2010	Justin Hicks	Rookie of Meet
2011	Chris Sacks	Rookie of Meet
2012	Justin Hicks	Track Athlete of Meet
	Kevin Donner	Coach of Year
2014	Ray Holmes	Field Athlete of Meet
2015	A. Garcia-Garrison	Track Athlete of Meet

MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Ron Hess	1997-2000	6
Brian Harshman	1982-85	5
A. Garcia-Garrison	2011-15	5
Paul Austin	1988-91	4
Norbert Berenyi	1988-91	4
George Buckheit	1978-79	4
Ted Neu	1985-88	4
Bill Reifsnnyder	1981-84	4
Ken Sevensky	1985-88	4
Ray Sullivan	1983-86	4
Brian Torres	1995-98	4
Rob Arent	2009-12	4
Justin Hicks	2010-13	4



JIM O'SHEA
4X ECC
CHAMPION

TRIA
TYLER
3X PL
DISCUS
CHAMPION

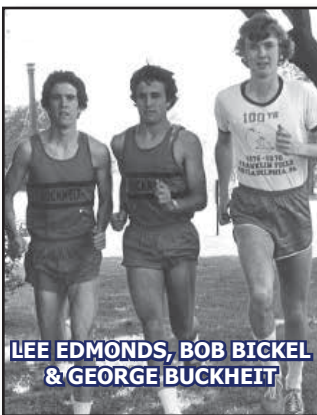
MEN'S TRACK & FIELD POSTSEASON HONORS



MEN'S OUTDOOR POSTSEASON HONORS

ALL-AMERICANS

Year	Athlete	Place	Event
1975	Thomas McLean	3rd	800m
1976	Thomas McLean	1st	800m
1977	Thomas McLean	4th	800m
1979	George Buckheit	6th	10K
1981	Rick Sayre	12th	steeple
1982	Bill Reifsnnyder	17th	10K
1996	Jim Heizman	13th	hammer
2011	Ted Heitzman	6th	javelin
2012	Leonard Joseph (HM)	17th	hammer
2013	Leonard Joseph (2nd)	11th	hammer



LEE EDMONDS, BOB BICKEL & GEORGE BUCKHEIT

NCAA CHAMPIONSHIP QUALIFIERS

1975	Thomas McLean	3rd	800m
1976	Thomas McLean	1st	800m
1977	Thomas McLean	4th	800m
	George Buckheit	--	5,000m
	Wayne Bargiel	--	10K
1978	Bob Bickel	17th	10K
	Lee Edmonds	20th	10K
	George Buckheit	injured	10K
1979	Bob Bickel	19th	10K
	Lee Edmonds	14th	10K
	George Buckheit	6th	10K
1980	Rick Sayre	6th (semis)	steeple
1981	Rick Sayre	12th	steeple
1982	Bill Reifsnnyder	17th	10K
1984	Brian Harshman	--	5,000m
1996	Jim Heizman	13th	hammer
2007	Matthew Forsy	17th	steeple
2011	Ted Heitzman	6th	javelin
2012	Leonard Joseph	17th	hammer
2013	Leonard Joseph	11th	hammer

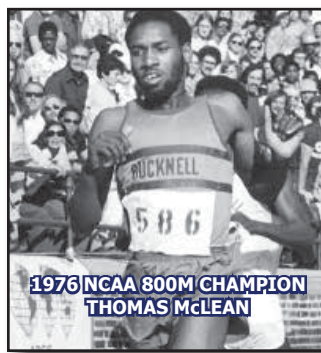
NCAA REGIONAL QUALIFIERS

2003	Noel Powell	19th (Prelims)	100m
	Noel Powell	18th	long jump
	Lou Palma	25th (Prelims)	1,500m
	Bryan Johnston	10th	steeple
	Justin McKnight	29th	javelin
2004	Noel Powell	14th	long jump
2006	Dan Frake	21st	hammer
	Tyler Hoffman	25th	hammer
	Joshua Kaehler	16th	javelin
2007	Matthew Forsy	7th	steeple
	--	--	5,000m
	--	--	10K
	David Mante	15th	pole vault
	Joshua Kaehler	16th	javelin
	Tyler Hoffman	27th	hammer
	Kevin MacLeod	--	400m IH
	Steven Pierce	--	javelin
2008	Kerry Boyle	30th	400m
	Kevin MacLeod	--	400m IH
2009	Kyle Anthony	15th	triple jump
	Drew Fitzgerald	--	high jump
	--	--	pole vault

	Ted Heitzman	27th	javelin
	Andrew Huebner	10th	steeple
	Timothy Medlock	32nd	shot put
	Steven Pierce	24th	javelin
2010	Kyle Anthony	18th	triple jump
	Rob Arent	27th	400m IH
	Ted Heitzman	17th	javelin
	Andrew Huebner	43rd	steeple
	Steven Pierce	36th	javelin
2011	Ted Heitzman	6th	javelin
	Leonard Joseph	37th	hammer
2012	Leonard Joseph	12th	hammer
2013	Leonard Joseph	8th	hammer
	Kevin Keller	24th	long jump
	Christian Lupica	DNF	110m HH
	Luke Webster	36th	discus
2014	Tyler Erhard	45th	steeple
	Christian Lupica	14th	110m HH
	Laddie Trees	17th	javelin
2015	Christian Lupica	17th	110m HH
	A. Garcia-Garrison	47th	1,500m
	Laddie Trees	46th	javelin

ALL-EAST/IC4A

1974	Glenn McLaughlin	5th	440y
	Thomas McLean	7th	880y
1976	Thomas McLean	1st	800m
	Bill Gravely	5th	triple jump
	George Buckheit	6th	10K
1977	Thomas McLean	1st	800m
	George Buckheit	4th	10K
1978	Lee Edmonds	2nd	10K
1979	George Buckheit	2nd	10K
	Lee Edmonds	3rd	10K
	Bob Bickel	4th	10K
1980	Rick Sayre	4th	steeple
	Jerry Katz	1st	10K walk^
1981	Rick Sayre	4th	steeple
	Bill Reifsnnyder	6th	10K
1982	Bill Reifsnnyder	3rd	10K
	Mike Geraghty	5th	400m
	Martin Carter	6th	100m
1983	Bill Reifsnnyder	3rd	10K
	Mark Hulme	4th	1,500m
1984	Bill Reifsnnyder	4th	10K
	Mike Deckert	5th	10K
1986	Carl Kemmerer	6th	steeple
1987	Carl Kemmerer	5th	steeple
1989	Pete O'Brien	5th	10K
1990	Pete O'Brien	2nd	10K
	Rich Rebeck	5th	javelin
1992	Bob Kelly	1st	10K
	Matt Deardorff	3rd	10K
1993	Blaine Fawcett	3rd	javelin
1994	Steve Clarke	8th	steeple
1995	Erik Stieler	8th	shot put
1997	Wally Dietrich	8th	10K
1998	Dave Pomfret	6th	pole vault
1999	Dave Bronfenbrenner	4th	steeple
2000	Dave Bronfenbrenner	4th	steeple
	Ron Hess	7th	1,500m
	Jonathan	8th	10K



1976 NCAA 800M CHAMPION
THOMAS MCLEAN

	Bryan Schiding	6th	long jump
2001	Shawn Matthews	5th	discus
	Ryan Stairs	6th	hammer
	Noel Powell	6th	long jump
	Matt Solomon	7th	4x100m relay
	Noel Powell		
	Doug Coen		
	Dave Gabriel		
2002	Greg Costello	4th	10K
2003	Ryan Newberger	3rd	200m
	Noel Powell	4th	long jump
	Noel Powell	8th	200m
2004	Noel Powell	4th	long jump
2006	Dan Frake	3rd	hammer
	Joshua Kaehler	5th	javelin
2007	Tyler Hoffman	5th	hammer
	Joshua Kaehler	4th	javelin
2008	Kevin MacLeod	4th	400m IH
	Ryan White	7th	decathlon
2010	Rob Arent	4th	400m IH
	Ted Heitzman	4th	javelin
	Andrew Huebner	4th	steeple
	Steven Pierce	5th	javelin
2011	Ted Heitzman	3rd	javelin
	Justin Hicks	4th	100m
	Leonard Joseph	7th	hammer
	Marlon Woods	7th	4x100m relay
	Justin Hicks		
	Kamal Riley		
	Isaih Bell		
2012	Jordan Donaldson	3rd	800m
	Leonard Joseph	3rd	hammer
	Dustin Horning	8th	4x800m
	Chris Oesterlin		
	Dennis Logan		
	Tyler Erhard		
2013	Ray Holmes	8th	triple jump
	Leonard Joseph	1st	hammer
	Kevin Keller	3rd	long jump
	Michael McGowan	4th	10K
2014	Tyler Erhard	8th	steeple
	Andrew Garcia-Garrison	1st	1,500m
	Christian Lupica	2nd	110m HH
2015	Christian Lupica	2nd	100m HH

^ - Non-scored event

CENTRAL PENNSYLVANIA TRACK CONFERENCE CHAMPIONS

1931	Henry Coates	880y, mile
	Norman Mackenzie	high jump

MIDDLE ATLANTIC CONFERENCE CHAMPIONS

1954	Harold Smith	high jump
1971	Bob Smith	triple jump
	Mitchell Farbstein	discus
1973	Doug Nauman	javelin
1974	Bruce Hyde	6-mile
	Frank Carroll	mile
	Thomas McLean	880y

EAST COAST CONFERENCE CHAMPIONS

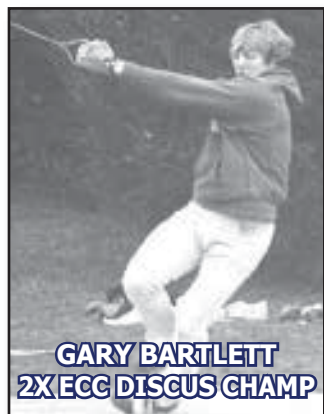
1975	Bill Gravely	triple jump
	Lou Calvano	6-mile
	Thomas McLean	880y
	Thomas McLean	mile relay
	Gerry Goforth	
	Sandy Korkuc	
	Vince DePalma	
1976	Bob Scott	100y, 220y
	Thomas McLean	880y
	George Buckheit	3-mile
	Gracian Mack	mile relay
	Bill Stillwell	
	Ted Williamson	
1977	George Buckheit	3-mile, 6-mile

	Wayne Bargiel	6-mile
	Bob Braile	6-mile
	Bill Gravely	triple jump
	Mike McCoy	steeple
	Thomas McLean	880m
	Jeff King	mile relay
	Bill Stillwell	
	Ted Williamson	
1978	Lee Edmonds	10K
1979	George Buckheit	1,500m, 5,000m
	Jim O'Shea	10K
	Bob Bickel	10K
	Lee Edmonds	10K
	Rick Sayre	steeple
1980	Jim O'Shea	10K, 5,000m
1981	Bill Reifsnnyder	10K
	Rick Sayre	steeple
	Gary Bartlett	discus
1982	Bill Reifsnnyder	10K
	Mike Deckert	steeple
	Gary Bartlett	discus
	Mike Geraghty	400m
	Martin Carter	100m, 200m
	Tom Richardson	5,000m
	Gary Thompson	4x100m relay
	Shawn Smith	
	Mike Geraghty	
	Martin Carter	
1983	Bill Reifsnnyder	10K
	Mark Hulme	1,500m
	Mike Geraghty	200m, 400m
1984	Chocky Spadafore	long jump
	Bill Reifsnnyder	10K
	Mike Deckert	steeple
	Mike Geraghty	400m
	Eric Droof	400m IH
	Chocky Spadafore	4x100m relay
	Steve Gercken	
	Mike Geraghty	
	Scott Peairs	
1985	Chocky Spadafore	long jump
	Dean Malatino	triple jump
	Brian Harshman	1,500m
	Steve Branch	10K
	Tom Schmidt	steeple
1986	Carl Kemmerer	steeple
	Ray Wood	200m
	Charles Cole	5,000m
1987	Sudanshu Kairab	10K
	Carl Kemmerer	steeple
	Rich Rebeck	javelin
	Greg Keller	shot put
	Bob Gift	triple jump
	Ray Wood	200m
	Rich Stark	5,000m
	Mark Forster	mile relay
	Tim Henkel	
	Vince O'Boyle	
	Ray Wood	
1988	Charles Cole	10K
	Rick Stark	10K, 5,000m
	Tim Henkel	long jump
	Bob McCormick	javelin
	John Floyd	steeple
	Ken Sevensky	1,500m
	Greg Keller	discus
	Antwan Minter	200m
1989	Frank Hamer	10K
	Pete O'Brien	10K
	Paul Austin	hammer
	Tim Henkel	long jump
	Greg Keller	discus, shot put
1990	Pete O'Brien	10K, 5,000m
	Paul Austin	hammer
	Rich Rebeck	javelin
	Mike Sgambelluri	800m, 1,500m
	Greg Keller	shot put
	Mark Barolo	400m IH

MEN'S TRACK & FIELD POSTSEASON HONORS



MEN'S OUTDOOR POSTSEASON HONORS



GARY BARTLETT
2X ECC DISCUS CHAMP

PATRIOT LEAGUE CHAMPIONS

1991	Frank Hamer	10K
	Paul Austin	hammer, shot put, discus
	Norbert Berenyi	1,500m
	Matt Deardorff	5,000m
1992	Bob Kelly	10K
	Jim Bock	100m
	Rick Van Emburgh	400m IH
	Matt Deardorff	5,000m
	Hank Ramsey	4x100m
	Jean Simon	relay
	Brad Bernardini	
	Jim Bock	
1993	Blaine Fawcett	javelin
	Pete Gregory	discus
	Dan Akwei	4x400m
	Michael Keogh	relay
	Jean Simon	
	Rick Van Emburgh	
1994	Steve Clarke	steeple
	Karim Abdul-Matin	triple jump
	Rick Van Emburgh	400m IH
1995	Karim Abdul-Matin	long jump
	Steve Clarke	steeple
	Chris Priestaf	10K
	Erik Stieler	shot put
1996	Dave Granger	steeple
	Karim Abdul-Matin	long jump
	Jim Heizman	discus
	Erik Stieler	shot put
1998	Brian Torres	800m
	Dave Pomfret	javelin
	Ron Hess	4x800m
	Peter Kelly	relay
	Brian Torres	
	Doug Yarosz	
1999	Dave Gabriel	200m
	Ron Hess	800m
	Wally Dietrich	10K
	Dave Bronfenbrenner	steeple
	Dave Pomfret	javelin
2000	Ron Hess	800m
	Dave Bronfenbrenner	steeple
	James Hollins	long jump, triple jump
	Dave Pomfret	javelin
	Scott Sehon	10K
2001	Dave Gabriel	100m
	Brad Wertz	10K
	Greg Costello	5,000m
	Ryan Stairs	hammer
2002	Greg Costello	10K
	Noel Powell	100m, 200m, long jump
	Noel Powell	4x100m
	Matt Solomon	relay

	David Gabriel	
	Ryan Newberger	
2003	Noel Powell	long jump, 100m
2006	Dan Frake	hammer
	Joshua Kaehler	javelin
2007	Matthew Forsy	10K
	Kevin MacLeod	400m IH
	Tyler Hoffman	hammer
	Joshua Kaehler	javelin
	David Mante	pole vault
2008	Kerry Boyle	400m
	Kevin MacLeod	400m IH
2009	Kyle Anthony	triple jump
	Drew Fitzgerald	pole vault
	Andrew Huebner	steeple
	Timothy Medlock	shot put
	Kevin McGoldrick	4x800m
	Christopher Boyd	relay
	Clayton Smith	
	Kyle Ramer	
2010	Kyle Anthony	triple jump, long jump
	Rob Arent	400m, 400m IH
	Steven Pierce	javelin
	Andrew Powell	decathlon
2011	Rob Arent	400m, 400m IH
	Jordan Donaldson	800m
	Ted Heitzman	javelin
	Justin Hicks	100m
	Leonard Joseph	hammer
	Luke Webster	discus
	John Picardo	4x400m
	Dan Mularz	relay
	Justin Hicks	
	Jordan Donaldson	
2012	Rob Arent	110m HH, 400m IH
	Jordan Donaldson	800m
	Leonard Joseph	hammer
	Andrew Powell	decathlon
2013	Justin Hicks	100m, 200m
	Ray Holmes	triple jump
	Leonard Joseph	hammer
	Kevin Keller	long jump
2014	Christian Lupica	110m HH
	Ray Holmes	long jump, triple jump
	Patryk Najbar	4x100m
	Kamal Riley	relay
	Jacob Eaton-Hall	
	Christian Lupica	
2015	Christian Lupica	110HH, 400IH
	Jackson, Westwood	4x800 relay
	Jagelsky, Garcia-Garrison	

ALL-PATRIOT LEAGUE*

1994	Karim Abdul-Matin, Brad Bernardini, Steve Clarke, Brian Preputnik, Chris Priestaf, Erik Swartz, Rick Van Emburgh
1995	Karim Abdul-Matin, I.B. Brown, Steve Clarke, Vinnie Guandolo, Jim Heizman, Brian Preputnik, Chris Priestaf, Erik Stieler, Eric Swartz
1996	Karim Abdul-Matin, Dan Akwei, Brian Cagno, Mike Ditzel, Dave Granger, Vinnie Guandolo, Jim Heizman, Ed Loges, Mike Pistella, Erik Stieler, Erik Swartz, Brian Torres, Brett Warner
1997	Mark Beaver, Brian Cagno, Bob Chandler, Mike Ditzel, Dave Granger, Peter Kelly, Steve Roeser, Bryan Schiding, Brian Torres, Steve Williamson
1998	Dave Bronfenbrenner, Mike Ditzel, Vinnie Guandolo, Ron Hess, Peter Kelly, Dave Pomfret, Scott Sehon, Bryan Schiding, Brian Torres, Daryl

	Volpicelli, Doug Yarosz
1999	Bill Bartsch, Dave Bronfenbrenner, Matt Davis, Wally Dietrich, Michael Euell, Dave Gabriel, Ron Hess, Matt Kodak, Shawn Matthews, Dave Pomfret, Bryan Schiding, Don Schump, Ryan Stairs
2000	Bill Bartsch, Dave Bronfenbrenner, Greg Costello, Eric Furst, Ron Hess, James Hollins, Dave Pomfret, Bryan Schiding, Scott Sehon, P.J. Ward
2001	Doug Coen, Greg Costello, David Gabriel, Justin McKnight, Noel Powell, Matt Solomon, Ryan Stairs, Kevin Weatherhill, Brad Wertz
2002	Richard Alexander, Greg Costello, David Gabriel, Adam Kaufmann, Ryan Newberger, Noel Powell, Matt Solomon
2003	Bryan Johnston, Ryan Newberger, Noel Powell, Matt Solomon, Micah Wright
2004	Second Team: Greg Costello, Justin Crane, Mike Mellas, Ryan Newberger, Nicholas Novotny, Noel Powell
2006	First Team: Dan Frake, Josh Kaehler Second Team: Matt Bonelli, Kerry Boyle, Wallace Campbell, Matt Corbetta, Eric Guja
2007	First Team: Matthew Forsy, Tyler Hoffman, Joshua Kaehler, Kevin MacLeod, David Mante Second Team: Kyle Anthony, Kerry Boyle, Wallace Campbell, Matthew



ROB ARENT
2X PL OUTDOOR TRACK MVP

	Forsy, Ryan White
2008	First Team: Kerry Boyle, Kevin MacLeod Second Team: Kerry Boyle, Wallace Campbell, David Mante, Kevin MacLeod, Nicholas Hurch, Andrew Yehl, Andrew Huebner, Clement Gyan, Guy Castranova
2009	First Team: Kyle Anthony, Christopher Boyd, Drew Fitzgerald, Andrew Huebner, Timothy Medlock, Kevin McGoldrick, Clayton Smith, Kyle Ramer Second Team: Ryan White, Andrew Yehl
2010	First Team: Kyle Anthony, Rob Arent, Steven Pierce, Andrew Powell Second Team: Jordan Donaldson, Ted Heitzman, Andrew Huebner, Dan Mularz, John Picardo, Andrew Powell, Thomas Vogler, Andrew Yehl
2011	First Team: Rob Arent, Jordan Donaldson, Ted Heitzman, Justin

	Hicks, Leonard Joseph, Dan Mularz, John Picardo, Luke Webster
	Second Team: Rob Arent, Isaih Bell, Drew Fitzgerald, Justin Hicks, Kamal Riley, Marlon Woods
2012	First Team: Rob Arent, Jordan Donaldson, Leonard Joseph, Andrew Powell Second Team: Rob Arent, Jacob Eaton-Hall, Justin Hicks, Stephen Koullias, Christian Lupica, Kamal Riley
2013	First Team: Justin Hicks, Ray Holmes, Leonard Joseph, Kevin Keller Second Team: John Dugan, Stephen Koullias, Alex Prieto, Kamal Riley, Kevin Tapper, Luke Webster, Nathaniel Witter
2014	First Team: Jacob Eaton-Hall, Ray Holmes, Christian Lupica, Patryk Najbar, Kamal Riley Second Team: Tyler Erhard, Andrew Garcia-Garrison, Brian Monahan, Laddie Trees
2015	First Team: Christian Lupica, Jordan Jackson, Alex Jagelsky, Andrew Garcia-Garrison, John Westwood Second Team: Nicholas Lombardo, Grant Reynolds, Laddie Trees
* - All-Patriot League teams began in 1994. First and second team designation began in 2004.	

PATRIOT LEAGUE AWARDS

1991	Art Gulden	Coach of Year
1999	Ron Hess	Athlete of Meet
2000	Ron Hess	Track Athlete of Meet
2002	Noel Powell	Track Athlete of Meet
2007	Joshua Kaehler	Field Athlete of Meet
	Kyle Anthony	Rookie of Meet
2010	Kyle Anthony	Field Athlete of Meet
	Rob Arent	Track Athlete of Meet
	Kevin Donner	Coach of Year
2011	Rob Arent	Track Athlete of Meet
	Kevin Donner	Coach of Year
2012	Kevin Donner	Coach of Year
2013	Leonard Joseph	Field Athlete of Meet
	Kevin Donner	Coach of Year
2014	Christian Lupica	Track Athlete of Meet

PATRIOT LEAGUE MEET RECORD HOLDERS

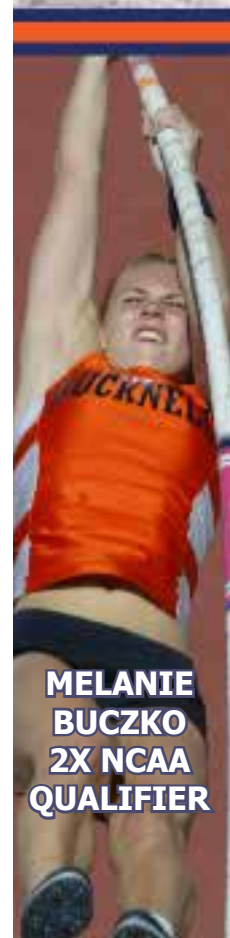
1994	Rick Van Emburgh	400m IH
2003	Noel Powell	100m
2011	Ted Heizman	javelin
2012	Andrew Powell	decathlon

MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Mike Geraghty	1981-84	6
Thomas McLean	1974-77	6
Noel Powell	2001-04	6
Rob Arent	2009-12	6
Paul Austin	1988-91	5
George Buckheit	1976-79	5
Greg Keller	1987-90	5
Ron Hess	1997-2000	4
Bill Reifsnnyder	1981-84	4
Justin Hicks	2010-13	4



BILL GRAVELY
BUCKNELL TRIPLE JUMP RECORD HOLDER



MELANIE BUCZKO
2X NCAA QUALIFIER

WOMEN'S TRACK & FIELD POSTSEASON HONORS



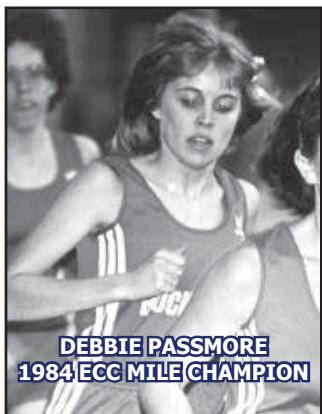
WOMEN'S INDOOR POSTSEASON HONORS

NCAA CHAMPIONSHIP QUALIFIERS

Year	Athlete	Place	Event
1988	Jill Wise	11th	triple jump
2005	Melanie Buczko	14th	pole vault

ALL-EAST/ECAC

1985	Gabrielle Czaja	5th	5,000m
1987	Judy Perry	3rd	5,000m
1988	Jill Wise	2nd	triple jump
1989	Gena Korrell	2nd	1,000m
1994	Norine Nadeau	7th	pentathlon
1997	Julie Sweitzer	2nd	4x800m
	Connie Hamlin		relay
	Annie Hamlin		
	Pamela Richardson		
1998	Jean Rice	6th	long jump
	Julie Sweitzer	6th	mile
1999	Stephanie Bango	5th	4x800m
	LaTonya McSwain		relay
	Julie Sweitzer		
	Meredith O'Doherty		
2000	Kim McGrath	7th	triple jump
	Stephanie Bango	5th	4x400m
	LaTonya McSwain		relay
	Christie Wolfgang		
	Yetunde Daniels		
2001	Laura Ryan	3rd	4x800m
	Kelly McConnell		relay
	LaTonya McSwain		
	Stephanie Bango		
2002	Stephanie Bango	8th	800m
	Stephanie Bango	6th	distance
	Rehana Lanewala		medley relay
	LaTonya McSwain		
	Kelly McConnell		
2003	Theresa Dennis	4th	5,000m
2004	Melanie Buczko	7th	pole vault
	Jennifer Marsh	5th	4x800m
	Amy Calvo		relay
	Lauren Bricker		
	Christa Sawko		
2005	Melanie Buczko	1st	pole vault
	Angie Hall	6th	pole vault
2006	Melanie Buczko	3rd	pole vault
	Marjorie Grap	3rd	20-lb. wt.
	Lauren Bricker	2nd	4x800m
	Offeibea Hanson-Hall		relay
	Victoria Gilbert		
	Christa Sawko		
	Erin Cranmer-Hart	7th	distance
	Catherine Trentacoste		medley relay
	Christa Sawko		
	Jenny Stevens		
2007	Erin Cranmer-Hart	4th	mile
	Christa Sawko	3rd	800m
	Melanie Buczko	2nd	pole vault
	Angie Hall	6th	pole vault
	Marjorie Grap	1st	20-lb. wt.



DEBBIE PASSMORE
1984 ECC MILE CHAMPION

2008	Rebecca Frey	8th	pole vault
2009	Chelsey Musante	5th	20-lb. wt.
		7th	shot put
2010	Amy Mantush	7th	high jump
	Chelsey Musante	8th	20-lb. wt.
2011	Beth Braunnegg	7th	distance
	Jennifer Zymet		medley relay
	Erin Horleman		
	Emily Liggett		
2013	Beth Braunnegg	8th	1,000m
	Hana Casanova	3rd	1,000m
	Caroline Tolli	3rd	mile
2014	Hana Casanova	4th	800m
	Jennifer Zymet	3rd	500m
	Jess Bridle	4th	4x400m
	Jennifer Zymet		relay
	Jenn Silvestri		
	Kim Nagotko		
	Sarah Chandler	8th	4x800m
	Seline Tan-Torres		relay
	Kylie Pearce		
	Morgan Roche		
2015	Abigail Brundage	7th	shot put
	Allison Sharkey	7th	4x400m
	Elyse Pettaway		relay
	Kim Nagotko		

EAAW CHAMPIONS

1982	Lonnie Fertik	60y H
	Elizabeth Donovan	distance
	Lisa Dignazio	medley relay
	Debbie Passmore	
	Stacey Nicholson	

EAST COAST CONFERENCE CHAMPIONS

1983	Stacey Nicholson	3-mile
	Lonnie Fertik	high jump
	Nancy Nelson	2-mile
	Judy Olson	distance
	Lisa Dignazio	medley relay
	Gabrielle Czaja	
	Stacey Nicholson	
1984	Debbie Passmore	mile
	Gabrielle Czaja	2-mile
	Kelly Hoskins	3-mile
1985	Pam Del Rio	high jump
	Gabrielle Czaja	mile, 2-mile
1986	Liz Ludwigson	1,000m
	Marcie Wieloch	distance
	Dawn Gray	medley relay
	Joanne Menapace	
	Kathleen Jensen	
	Liz Ludwigson	4x800m
	Connie Hall	relay
	Vicki Weiss	
	Sue Wallace	
1987	Jill Wise	long jump, triple jump
	Judy Perry	3-mile
	Susan Rowland	60m, 220y
	Joanne Menapace	2-mile relay
	Colleen Zakrewsky	
	Liz Ludwigson	
	Jennifer Kent	
1988	Alison Saeger	600y
	Kelly Marsh	2-mile
	Jill Wise	triple jump
	Gena Korrell	2-mile relay
	Mary Beth Allan	
	Colleen Zakrewsky	
	Kelly Marsh	
	Alison Saeger	mile relay
	Connie Hall	
	Sue Wallace	
	Susan Rowland	
1989	Susan Rowland	200m, 400m
	Alison Saeger	500m
	Gena Korrell	1,000m

	Alison Saeger	4x400m
	Tricia Plasko	relay
	Connie Hall	
	Susan Rowland	
	Connie Hall	distance
	Alison Saeger	medley relay
	Helene Wieting	
	Gena Korrell	
1990	Juli Winkler	shot put
	Judy Perry	3-mile
	Margaret Wilkes	60yH
	Kelly Marsh	2-mile

PATRIOT LEAGUE CHAMPIONS

1991	Lynnette McBride	long jump
	Lynda Rose	triple jump
	Dawn Ellery	high jump
	Karen Shimomura	55m H
	Tricia Plasko	55m, 200m
1992	Dawn Ellery	high jump
	Tameka Hinton	55m, 200m
	Becky Tobin	4x880y
		relay
	Gina Abraham	
	Leah Johnson	
	Kristen Opdyke	
1993	Dawn Ellery	high jump
	Tameka Hinton	55m, 200m
		shot put
		500m
	Bridget Dean	3,000m
	Kristen Opdyke	triple jump
	Kelly Peet	55m H
1994	Adele Conover	55m, 200m
	Tameka Hinton	4x800m
	Becky Tobin	relay
	Leah Johnson	
	Maria Ryan	
	Kathy Wurster	
1995	Tameka Hinton	55m, 200m
	Bridget Dean	4x440y
	Karen Leonard	relay
	Tameka Hinton	
	Sharon Shilling	
1996	Tina Hall	55m H
	Norine Nadeau	long jump
1997	Kate Deicas	long jump
	Yetunde Daniels	200m, 400m
	Jessica Quintana	4x400m
	Karen Leonard	relay
	Connie Hamlin	
	Yetunde Daniels	
	Julie Sweitzer	4x800m
	Connie Hamlin	relay
	Annie Hamlin	
	Pamela Richardson	
1998	Julie Sweitzer	800m, mile
	Jennifer Rice	long jump, triple jump
		200m, 400m
	Yetunde Daniels	1,000m
	Pamela Richardson	500m
	Yetunde Daniels	4x400m
	Jessica Quintana	relay
	Karen Leonard	
	Laura Ryan	
	Connie Hamlin	4x800m
	Annie Hamlin	relay
	Pamela Richardson	
1999	Kim McGrath	long jump
	Stephanie Bango	4x400m
	LaTonya McSwain	relay
	Jessica Quintana	
	Laura Ryan	
	Stephanie Bango	4x800m
	Meg Ghiggeri	relay
	Julie Sweitzer	
	Meredith O'Doherty	



MARIA GARCIA
4X PL HAMMER THROW CHAMPION

	Annie Hamlin	3,000m, 5,000m
	Stephanie Bango	800m
	Julie Sweitzer	1,000m, mile
2000	Kim McGrath	triple jump
	Yetunde Daniels	200m, 400m
	Jennifer Hart	5,000m
	Stephanie Bango	800m
	Christie Wolfgang	4x400m
	LaTonya McSwain	relay
	Laura Ryan	
	Yetunde Daniels	
	Meg Ghiggeri	4x800m
	Kelly McConnell	relay
	LaTonya McSwain	
	Stephanie Bango	
	Linda Mangan	distance
	Kristin Kyzmir	medley relay
	Stephanie Bango	
	Becki Marshall	
2001	Stephanie Bango	400m, 800m
	Jamie Lilien	55m H
	Stephanie Bango	4x400m
	LaTonya McSwain	relay
	Christie Wolfgang	
	Khadija Shariff	
	Stephanie Bango	4x800m
	Kelly McConnell	relay
	LaTonya McSwain	
	Laura Ryan	
	Michelle Baylor	distance
	Kelly McConnell	medley relay
	Nicole Piper	
	Laura Ryan	
2002	Rehana Lanewala	200m
	Stephanie Bango	800m
	Amy Calvo	4x400m
	Rehana Lanewala	relay
	LaTonya McSwain	
	Stephanie Bango	
	Nicole Piper	4x800m
	LaTonya McSwain	relay
	Kelly McConnell	
	Stephanie Bango	
2003	Nicole Piper	800m
	Theresa Dennis	5,000m
	Amy Calvo	400m
	Dionne Bonds	triple jump
2004	Tolu Fayanjuola	long jump, 60m
	Melanie Buczko	pole vault, 60m H
	Ann Doty	triple jump
	Amy Calvo	400m
	Christa Sawko	800m
2005	Nina Reinhardt	pentathlon
	Lauren Bricker	800m
	Kayla Halloran	5,000m
	Christa Sawko	1,000m
	Ann Doty	triple jump
	Marjorie Grap	shot put, 20-lb. wt.

WOMEN'S TRACK & FIELD POSTSEASON HONORS



WOMEN'S INDOOR POSTSEASON HONORS

2006	Melanie Buczko	pole vault	800m	Emma Harris	relay
	Lauren Bricker	high jump	800m	Sarah Chandler	
	Kati Dempsey	triple jump	800m	Christine Bendzinski	
	Ann Doty	20-lb. wt.	800m	Sarah Chandler	distance medley
	Marjorie Grap	1,000m	800m	Laura Papilli	relay
	Christa Sawko	4x400m	800m	Emma Cousins	
	Catherine Trentacoste	relay	800m	Katie Jessee	
	Megan Hathaway		800m	Alison Varano	pentathlon
	Christa Sawko		800m		
	Kat Allen		800m		
	Christa Sawko	4x800m	800m		
	Victoria Gilbert	relay	800m		
	Offeibea Hanson-Hall		800m		
	Lauren Bricker		800m		
2007	Melanie Buczko	pole vault	800m		
	Erin Cranmer-Hart	mile	800m		
	Marjorie Grap	20-lb. wt.	800m		
	Amy Mantush	high jump	800m		
	Leanna Nastase	5,000m	800m		
	Christa Sawko	800m	800m		
	Catherine Trentacoste	400m	800m		
	Mariel Fink	4x800m	800m		
	Victoria Gilbert	relay	800m		
	Offeibea Hanson-Hall		800m		
	Christa Sawko		800m		
2008	Nicole Ayala	long jump	800m		
	Erin Cranmer-Hart	mile	800m		
	Megan Hathaway	500m	800m		
	Jenny Dalzell	4x800m	800m		
	Victoria Gilbert	relay	800m		
	Allison Janda		800m		
	Offeibea Hanson-Hall	distance	800m		
	Offeibea Hanson-Hall	medley relay	800m		
	Jenny Dalzell		800m		
	Victoria Gilbert		800m		
	Erin Cranmer-Hart		800m		
2009	Rebecca Frey	pole vault	800m		
	Stephanie Fulmer	mile	800m		
	Megan Hathaway	500	800m		
	Chelsey Musante	20-lb. wt.	800m		
	Lindsay Appel	4x400m	800m		
	Jenny Dalzell	relay	800m		
	Jennifer Pierce		800m		
	Megan Hathaway		800m		
2010	Lindsay Appel	400m	800m		
	Casey Krause	triple jump	800m		
	Amy Mantush	heptathlon	800m		
	Chelsey Musante	high jump	800m		
		20-lb. wt.	800m		
		shot put	800m		
	Stephanie Fulmer	4x800	800m		
	Allison Janda	relay	800m		
	Caroline Tolli		800m		
	Jennifer Pierce		800m		
2011	Sarah Bella	shot put	800m		
	Sasha Hornock	60m	800m		
2012	Emily Ando	pole vault	800m		
	Sarah Bella	shot put	800m		
	Caroline Tolli	1,000m	800m		
	Jennifer Zymet	4x400m	800m		
	Hana Casanova		800m		
	Kim Nagotko		800m		
	Sasha Hornock		800m		
2013	Olivia Massey	long jump	800m		
	Sophia Nnadi	shot put	800m		
	Alexandra Romanelli	triple jump	800m		
	Caroline Tolli	mile	800m		
	Jennifer Zymet	500m	800m		
2015	Christine Bendzinski	1000m, mile	800m		
	Efe Agege	triple jump	800m		
	Abigail Brundage	shot put	800m		
	Kim Nagotko	400m	800m		
	Jen Silvestri	500m	800m		
	Allison Sharkey	4x400	800m		
	Reagan Cerney	relay	800m		
	Jen Silvestri		800m		
	Kim Nagotko		800m		
	Reagan Cerney	4x800	800m		

ALL-PATRIOT LEAGUE*

1994	Adele Conover, Bridget Dean, Tameka Hinton, Leah Johnson, Norine Nadeau, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster
1995	Kate DeiCas, Tina Hall, Tameka Hinton, Norine Nadeau
1996	Lisa Allen, Joylyn Brown, Tina Hall, Annie Hamlin, Connie Hamlin, Pamela Richardson, Julie Sweitzer
1997	Yetunde Daniels, Kate DeiCas, Tina Hall, Annie Hamlin, Connie Hamlin, Karen Leonard, Jessica Quintana, Pamela Richardson, Julie Sweitzer
1998	Lori Allen, Yetunde Daniels, Annie Hamlin, Connie Hamlin, Karen Leonard, Michelle Manikowski, Kim McGrath, Jessica Quintana, Jennifer Rice, Pamela Richardson, Laura Ryan, Julie Sweitzer
1999	Stephanie Bango, Kerri Black, Yetunde Daniels, Meg Ghiggeri, Annie Hamlin, Jennifer Hart, Kim McGrath, LaTonya McSwain, Becki Marshall, Meredith O'Doherty, Jessica Quintana, Laura Ryan, Julie Sweitzer, Tria Tyler, Christie Wolfgang
2000	Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Jennifer Hart, Kristin Kyzmir, Linda Mangan, Becki Marshall, Kelly McConnell, Kim McGrath, LaTonya McSwain, Laura Ryan, Christie Wolfgang
2001	Stephanie Bango, Michelle Baylor, Andrea Beisser, Jamie Lilien, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Nicole Piper, Laura Ryan, Khadija Shariff, Christie Wolfgang
2002	Stephanie Bango, Amy Calvo, Chris Crowe, Samantha Klotz, Rehana Lanewala, Kelly McConnell, LaTonya McSwain, Nicole Piper, Kim Zimbal
2003	Monique Boley, Dionne Bonds, Charity Brady, Keryann Branker, Amy Calvo, Theresa Dennis, Tolu Fayanjuola, Maria Garcia, Jennifer Marsh, Nicole Piper
2004	First Team: Melanie Buczko, Amy Calvo, Ann Doty, Tolu Fayanjuola, Christa Sawko Second Team: Monique Boley, Lauren Bricker, Sarah Groman
2005	First Team: Lauren Bricker, Ann Doty, Marjorie Grap, Kayla Halloran, Nina Reinhardt, Christa Sawko Second Team: Monique Boley, Lauren Bricker, Melanie Buczko, Amy Calvo, Tolu Fayanjuola, Kayla Halloran, Elizabeth Pendleton, Christa Sawko, Danielle Todman
2006	First Team: Kat Allen, Lauren Bricker, Melanie Buczko, Kati Dempsey, Ann Doty, Marjorie Grap, Victoria Gilbert, Offeibea Hanson-

	Hall, Megan Hathaway, Christa Sawko, Catherine Trentacoste
	Second Team: Kat Allen, Lauren Bricker, Kati Dempsey, Marjorie Grap, Nina Reinhardt
2007	First Team: Melanie Buczko, Erin Cranmer-Hart, Mariel Fink, Victoria Gilbert, Marjorie Grap, Offeibea Hanson-Hall, Amy Mantush, Leanna Nastase, Christa Sawko, Catherine Trentacoste Second Team: Erin Cranmer-Hart, Jenny Dalzell, Megan Hathaway, Jennifer Pierce, Nina Reinhardt, Jenny Stevens, Catherine Trentacoste
2008	First Team: Nicole Ayala, Erin Cranmer-Hart, Jenny Dalzell, Victoria Gilbert, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda Second Team: Mariel Fink, Rebecca Frey, Victoria Gilbert, Megan Hathaway, Offeibea Hanson-Hall, Allison Janda, Amy Mantush, Jennifer Pierce
2009	First Team: Lindsay Appel, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Chelsey Musante, Jennifer Pierce Second Team: Jenny Dalzell, Meghan Frate, Stephanie Fulmer, Megan Hathaway Allison Janda, Chelsey Musante, Jennifer Pierce
2010	First Team: Lindsay Appel, Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Chelsey Musante, Jennifer Pierce, Caroline Tolli Second Team: Lindsay Appel, Sarah Bella, Sasha Hornock, Allison Janda, Jamie Leacock, Sarah Moniz, Jennifer Pierce
2011	First Team: Sarah Bella, Sasha Hornock Second Team: Rebecca Misko, Jennifer Zymet
2012	First Team: Emily Ando, Sarah Bella, Hana Casanova, Sasha Hornock, Kim Nagotko, Caroline Tolli, Jennifer Zymet Second Team: Hana Casanova, Taylor Funk, Sasha Hornock, Alexandra Romanelli, Autumn Schellenberger
2013	First Team: Olivia Massey, Sophia Nnadi, Alexandra Romanelli, Caroline Tolli, Jennifer Zymet Second Team: Beth Braunegg, Alyssa Cardillo, Hana Casanova, Erin Holbrook, Chelsea Lodato, Michaela Read, Caroline Tolli, Emily Waksmunski
2014	Second Team: Jess Bridle, Hana Casanova, Kylie Pearce, Allison Sharkey, Jenn Silvestri, Seline Tan-Torres, Emily Waksmunski, Jennifer Zymet
2015	First Team: Efe Agege, Christine Bendzinski, Abigail Brundage, Sarah Chandler, Reagan Cerney, Emily Cousins, Emma Harris, Katie Jessee, Kim Nagotko, Laura Papili, Jen Silvestri

* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

EAST COAST CONFERENCE AWARDS

1989	Susan Rowland	Outstanding Athlete
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PATRIOT LEAGUE AWARDS

1992	Art Gulden	Coach of Year
1993	Art Gulden	Coach of Year
1994	Art Gulden	Coach of Year
	Tameka Hinton	Athlete of Meet
1995	Art Gulden	Coach of Year
	Tameka Hinton	Athlete of Meet
1996	Art Gulden	Coach of Year
1998	Art Gulden	Coach of Year
	Julie Sweitzer	Athlete of Meet
1999	Art Gulden	Coach of Year
2000	Art Gulden	Coach of Year
2001	Stephanie Bango	Track Athlete of Meet
2002	Kevin Donner	Coach of Year
2003	Kevin Donner	Coach of Year
2004	Kevin Donner	Coach of Year
2005	Kevin Donner	Coach of Year
2006	Kevin Donner	Coach of Year
	Christa Sawko	Track Athlete of Meet
	Marjorie Grap	Field Athlete of Meet
	Kati Dempsey	Rookie of Meet
2007	Kevin Donner	Coach of Year
2009	Chelsey Musante	Co-Field Athlete of Meet
	Stephanie Fulmer	Rookie of Meet
2010	Amy Mantush	Field Athlete of Meet
2012	Kevin Donner	Coach of Year
2015	Kevin Donner	Coach of Year
	Christine Bendzinski	Rookie of Meet

PATRIOT LEAGUE MEET RECORD HOLDERS

1995	Tameka Hinton	55m
2000	Stephanie Bango	800m
2002	Amy Calvo	4x400m relay
	Rehana Lanewala	
	LaTonya McSwain	
	Stephanie Bango	
2006	Melanie Buczko	pole vault
	Christa Sawko	4x800m relay
	Victoria Gilbert	
	Offeibea Hanson-Hall	
	Lauren Bricker	
2007	Marjorie Grap	20-lb. wt.
	Amy Mantush	high jump
2015	Harris, Bendzinski	4x800 relay
	Cerney, Chandler	

MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Stephanie Bango	1999-2002	13
Tameka Hinton	1992-95	10
Yetunde Daniels	1997-2000	9
LaTonya McSwain	1999-2002	7
Christa Sawko	2004-07	7
Julie Sweitzer	1996-99	7
Susan Rowland	1986-89	6
Laura Ryan	1998-2001	6
Alison Saeger	1988-91	5
Nine tied with		4



SUSAN ROWLAND
14X ECC CHAMPION



DAVID MANTE
2008 PL POLE VAULT CHAMPION

WOMEN'S TRACK & FIELD POSTSEASON HONORS



WOMEN'S OUTDOOR POSTSEASON HONORS

ALL-AMERICANS

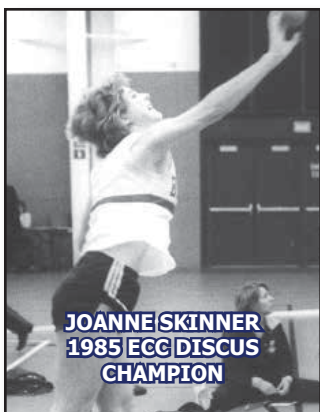
Year	Athlete	Place	Event
1982	Lonnie Fertik	4th	heptathlon
2011	Laura Rycek (HM)	23rd	javelin

NCAA CHAMPIONSHIP QUALIFIERS

2004	Melanie Buczko	11th	pole vault
	Maria Garcia	20th	hammer
2011	Laura Rycek	23rd	javelin

NCAA REGIONAL QUALIFIERS

2003	Nicole Piper	30th	800m
	Maria Garcia	20th	hammer
2004	Melanie Buczko	4th	pole vault
	Maria Garcia	8th	hammer
	Angie Hall	9th	pole vault
	Ann Doty	29th	triple jump
	Tolu Fayanjuola	34th	long jump
2005	Melanie Buczko	7th	pole vault
2006	Christa Sawko	13th (Prelims)	800m
	Catherine Trentacoste	26th	400m
	Melanie Buczko	12th	pole vault
	Marjorie Grap	17th	hammer
	Marjorie Grap	20th	discus
2007	Christa Sawko	14th	800m
		--	1,500m
	Christine Totten	13th	steeple
	Amy Mantush	20th	high jump
	Melanie Buczko	10th	pole vault
	Beverly Rogers	13th	javelin
	Marjorie Grap	6th	hammer
		24th	discus
2008	Amanda Mockbee	16th	discus
	Beverly Rogers	9th	javelin
	Laura Rycek	19th	javelin
2009	Sarah Bella	19th	shot put
		26th	discus
	Rebecca Frey	19th	pole vault
	Stephanie Fulmer	27th	1,500m
	Megan Hathaway	21st	800m
	Amy Mantush	--	high jump
		--	triple jump
2010	Laura Rycek	30th	javelin
2011	Kat Folger	45th	javelin
	Laura Rycek	11th	javelin
	Taylor Siegrist	42nd	javelin
2012	Kat Folger	31st	javelin
	Taylor Siegrist	32nd	javelin
2015	Sophia Nnadi	37th	shot put



JOANNE SKINNER
1985 ECC DISCUS
CHAMPION

ALL-EAST/ECAC

1984	Kelly Hoskins	2nd	10K
	Corinne Dinardo	5th	javelin
1985	JoAnne Skinner	2nd	hammer
1986	Heather Korhammer	3rd	javelin
	Sue Lorch	6th	400m H
1987	Judy Perry	2nd	10K
	Jill Wise	5th	triple jump
1988	Jill Wise	2nd	triple jump

Connie Hall	8th	4x800m
Alison Saeger		relay
Sue Wallace		
Gena Korrell		

1989	Judy Perry	5th	10K
	Alison Saeger	6th	4x400m
	Connie Hall		relay
	Lynnette McBride		
	Susan Rowland		

1993	Norine Nadeau	6th	javelin
1994	Norine Nadeau	4th	heptathlon
	Leah Johnson	6th	4x800m
	Becky Tobin		relay
	Maria Ryan		

1995	Norine Nadeau	6th	heptathlon
1996	Norine Nadeau	7th	heptathlon
1999	Emily Hoch	6th	discus
	Emily Hoch	6th	hammer
	Julie Sweitzer	8th	3,000m
	Sara Vargo	8th	heptathlon

2000	Carly Graytock	4th	10K
	Theresa Dennis	7th	10K
2001	Maria Garcia	8th	hammer
	Stephanie Bango	7th	4x800m
	Kristin Kyzmir		relay
	Kelly McConnell		
	LaTonya McSwain		

2003	Maria Garcia	5th	hammer
2004	Melanie Buczko	1st	pole vault
	Maria Garcia	2nd	hammer
	Jennifer Marsh	5th	4x800m
	Laura Nagy		relay
	Lauren Bricker		
	Christa Sawko		

2005	Beverly Rogers	6th	javelin
	Jennifer Marsh	1st	4x800m
	Amy Calvo		relay
	Lauren Bricker		
	Christa Sawko		
	Marjorie Grap	3rd	hammer
	Melanie Buczko	2nd	pole vault
	Christa Sawko	4th	800m
2007	Marjorie Grap	2nd	hammer
	Marjorie Grap	8th	discus
	Leanna Nastase	6th	10K
	Offeibea Hanson-Hall	4th	4x800m
	Erin Cranmer-Hart		relay
	Allison Janda		
	Christa Sawko		

2008	Beverly Rogers	8th	javelin
	Laura Rycek	7th	javelin
	Megan Hathaway	7th	4x800m
	Allison Janda		relay
	Jenny Dalzell		
	Jenn Pierce		
2009	Gillian Nordquist	5th	10K
2010	Chelsey Musante	6th	shot put
	Laura Rycek	6th	javelin
2011	Laura Rycek	6th	javelin
	Hana Casanova	4th	4x800m
	Emily Wakszynski		relay
	Erin Holbrook		
	Caroline Tolli		

2012	Kat Folger	2nd	javelin
2013	Katie Jessee	6th	3,000m
2015	C. Bendzinski	2nd	1500m
	Sophia Nnadi	4th	shot put
	Kate Scott	5th	10,000m
	Dayana Simone	4th	javelin

1985	JoAnne Skinner		discus
	Liz Ludwigson		800m
	Tracy Bigley		1,500m
	Gabrielle Czaja		5,000m
1986	Dawne Quackenboss		10K
	Tracy Bigley		3,000m
	Vicki Weiss		800m
	Heather Korhammer		javelin
	Jill Wise		triple jump
1987	Jill Wise		triple jump
	Judy Perry		10K, 5,000m
	Susan Rowland		100m
	Heather Korhammer		javelin
1988	Jill Wise		long jump, triple jump
	Heather Korhammer		javelin
	Susan Rowland		100m, 200m
	Susan Rowland		4x100m
	Alison Saeger		relay
	Jill Wise		
	Margaret Wilkes		
	Alison Saeger		4x400m
	Connie Hall		relay
	Sue Wallace		
	Susan Rowland		

1985	JoAnne Skinner		discus
	Liz Ludwigson		800m
	Tracy Bigley		1,500m
	Gabrielle Czaja		5,000m
1986	Dawne Quackenboss		10K
	Tracy Bigley		3,000m
	Vicki Weiss		800m
	Heather Korhammer		javelin
	Jill Wise		triple jump
1987	Jill Wise		triple jump
	Judy Perry		10K, 5,000m
	Susan Rowland		100m
	Heather Korhammer		javelin
1988	Jill Wise		long jump, triple jump
	Heather Korhammer		javelin
	Susan Rowland		100m, 200m
	Susan Rowland		4x100m
	Alison Saeger		relay
	Jill Wise		
	Margaret Wilkes		
	Alison Saeger		4x400m
	Connie Hall		relay
	Sue Wallace		
	Susan Rowland		

1989	Judy Perry		10K
	Helene Wieting		5,000m, 10K
	Juli Winkler		shot put
	Heather Korhammer		javelin
	Susan Rowland		200m, 400m
	Alison Saeger		4x400m
	Connie Hall		relay
	Lynnette McBride		
	Susan Rowland		

1990	Judy Perry		10K
	Juli Winkler		shot put
	Lynnette McBride		long jump
	Margaret Wilkes		100m H
	Kelly Marsh		5,000m
	Erin Ryan		4x400m
	Tricia Plasko		relay
	Alison Saeger		
	Lynnette McBride		

PATRIOT LEAGUE CHAMPIONS

1991	Dawn Ellery		high jump
	Lynnette McBride		long jump
	Lynda Rose		triple jump
	Karen Shimomura		100m H
	Tricia Plasko		100m, 200m
	Carla DeBiasi		400m H
	Dana Harbst		4x100m
	Tricia Plasko		relay
	Audra Wilson		
	Lynnette McBride		
	Audra Wilson		4x400m
	Tricia Plasko		relay
	Gina Abraham		
	Lynnette McBride		

1992	Kristen Opdyke		10K
	Dawn Ellery		high jump
	Tameka Hinton		100m
	Tricia Plasko		200m
	Julie Diercks		4x100m
	Tricia Plasko		relay
	Audra Wilson		
	Tameka Hinton		
1993	Bridget Dean		100m H
	Tameka Hinton		100m
	Sharon Shilling		4x100m
	Dana Harbst		relay
	Bridget Dean		
	Tameka Hinton		

1994	Kristen Overturf		discus
	Norine Nadeau		high jump
	Tameka Hinton		100m, 200m
	Becky Tobin		4x800m
	Kathy Wurster		relay
	Leah Johnson		

1981	Nancy Russo		long jump
1983	Lonnie Fertik		high jump
1984	Judy Olson		800m
	Corinne Dinardo		javelin
	Kelly Hoskins		10K
	Debbie Passmore		1,500m

1985	JoAnne Skinner		discus
	Liz Ludwigson		800m
	Tracy Bigley		1,500m
	Gabrielle Czaja		5,000m
1986	Dawne Quackenboss		10K
	Tracy Bigley		3,000m
	Vicki Weiss		800m
	Heather Korhammer		javelin
	Jill Wise		triple jump
1987	Jill Wise		triple jump
	Judy Perry		10K, 5,000m
	Susan Rowland		100m
	Heather Korhammer		javelin
1988	Jill Wise		long jump, triple jump
	Heather Korhammer		javelin
	Susan Rowland		100m, 200m
	Susan Rowland		4x100m
	Alison Saeger		relay
	Jill Wise		
	Margaret Wilkes		
	Alison Saeger		4x400m
	Connie Hall		relay
	Sue Wallace		
	Susan Rowland		

1989	Judy Perry		10K
	Helene Wieting		5,000m, 10K
	Juli Winkler		shot put
	Heather Korhammer		javelin
	Susan Rowland		200m, 400m
	Alison Saeger		4x400m
	Connie Hall		relay
	Lynnette McBride		
	Susan Rowland		

1990	Judy Perry		10K
	Juli Winkler		shot put
	Lynnette McBride		long jump
	Margaret Wilkes		100m H
	Kelly Marsh		5,000m
	Erin Ryan		4x400m
	Tricia Plasko		relay
	Alison Saeger		
	Lynnette McBride		

1991	Dawn Ellery		high jump
	Lynnette McBride		long jump
	Lynda Rose		triple jump
	Karen Shimomura		100m H
	Tricia Plasko		100m, 200m
	Carla DeBiasi		400m H
	Dana Harbst		4x100m
	Tricia Plasko		relay
	Audra Wilson		
	Lynnette McBride		
	Audra Wilson		4x400m
	Tricia Plasko		relay
	Gina Abraham		
	Lynnette McBride		

1992	Kristen Opdyke		10K
	Dawn Ellery		high jump
	Tameka Hinton		100m
	Tricia Plasko		200m
	Julie Diercks		4x100m
	Tricia Plasko		relay
	Audra Wilson		
	Tameka Hinton		
1993	Bridget Dean		100m H
	Tameka Hinton		100m
	Sharon Shilling		4x100m
	Dana Harbst		relay
	Bridget Dean		
	Tameka Hinton		

1994	Kristen Overturf		discus
	Norine Nadeau		high jump
	Tameka Hinton		100m, 200m
	Becky Tobin		4x800m
	Kathy Wurster		relay
	Leah Johnson		

1995	Tameka Hinton		100m, 200m,
			shot put
	Bridget Dean		400m H
	Norine Nadeau		high jump,
			long jump
1996	Norine Nadeau		high jump,
			long jump
	Tria Tyler		discus
1997	Jennifer Rice		long jump
	Tria Tyler		discus
	Yetunde Daniels		200m, 400m
	Julie Sweitzer		1,500m
1998	Yetunde Daniels		200m
	Carly Graytock		10K
	Kim McGrath		triple jump
	Tria Tyler		discus
1999	Yetunde Daniels		200m
	Stephanie Bango		800m
	Julie Sweitzer		1,500m
	Annie Hamlin		3,000m, 5,000m
	Carly Graytock		10K
	LaTonya McSwain		4x400m
	Jessica Quintana		relay
	Yetunde Daniels		
	Stephanie Bango		
	Stephanie Bango		4x800m
	Meg Ghiggeri		relay
	Kelly McConnell		
	Julie Sweitzer		

	shot put
Bridget Dean	400m H

WOMEN'S TRACK & FIELD POSTSEASON HONORS



WOMEN'S OUTDOOR POSTSEASON HONORS



STEPHANIE BANGO
21 PL GOLD MEDALS

Lauren Bricker	relay
Christa Sawko	
Erin Cranmer-Hart	
2007 Christa Sawko	800m, 1,500m
Christine Totten	steeple
Marjorie Grap	discus
Amy Mantush	high jump
Erin Cranmer-Hart	4x800m
Offeibea Hanson-Hall	relay
Victoria Gilbert	
Christa Sawko	
2008 Amanda Mockbee	discus
Beverly Rogers	javelin
2009 Sarah Bella	discus, shot put
Rebecca Frey	pole vault
Stephanie Fulmer	1,500m
Megan Hathaway	800m
Jamie Leacock	400m H
Amy Mantush	high jump, triple jump
Jenny Dalzell	4x400m
Jennifer Pierce	relay
Kalle James-Wintjen	
Megan Hathaway	
Amanda Steinke	4x800m
Stephanie Fulmer	relay
Jenny Dalzell	
Megan Hathaway	
2010 Casey Krause	triple jump
Amy Mantush	long jump
Rebecca Misko	discus
Chelsey Musante	hammer, shot put
Allison Janda	4x800m
Caroline Tolli	relay
Stephanie Fulmer	
Sarah Moniz	
2011 Leah Goeke	steeple
Jamie Leacock	400m H
Laura Rycek	javelin
Jennifer Zymet	400m
Jennifer Zymet	4x100m
Taylor Funk	relay
Christina Muccio	
Sasha Hornock	
2012 Emily Ando	pole vault
Sarah Bella	shot put
Kat Folger	javelin
Taylor Funk	400m H
Emily Waksmunski	4x800m
Beth Braunegg	relay
Caroline Tolli	
Hana Casalnova	
Jennifer Zymet	400m
2013 Beth Braunegg	1,500m
Alyssa Cardillo	long jump
Chrissy Haney	400m H
Sophia Nnadi	shot put
Jennifer Zymet	400m

Jennifer Zymet	4x100m
Sasha Hornock	relay
Jess Bridle	
Kim Nagotko	
Emily Waksmunski	4x800m
Erin Horleman	relay
Beth Braunegg	
Caroline Tolli	
2015 Efe Agege	triple jump
Sophia Nnadi	shot put
Kate Scott	10,000m
Jess Bridle	4x100
Kafilat Oladiran	relay
Kim Lapszynski	
Kim Nagotko	

ALL-PATRIOT LEAGUE*

1994 Adele Conover, Bridget Dean, Jodi DeRonde, Jennifer Hater, Tameka Hinton, Leah Johnson, Beth Muehl, Norine Nadeau, Janet O'leary, Kristen Overturf, Hayden Pasco, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster	
1995 Bridget Dean, Tameka Hinton, Norine Nadeau	
1996 Adele Conover, Kate DeiCas, Jodi DeRonde, Tina Hall, Karen Horn, Norine Nadeau, Jessica Quintana, Tria Tyler	
1997 Yetunde Daniels, Kate DeiCas, Jennifer Rice, Tria Tyler	
1998 Yetunde Daniels, Jen Flanders, Carly Graytock, Annie Hamlin, Emily Hoch, Karen Leonard, Kim McGrath, Jen Middleton, Jessica Quintana, Jennifer Rice, Laura Ryan, Julie Sweetzer, Tria Tyler, Sara Vargo	
1999 Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Annie Hamlin, Kelly McConnell, Kim McGrath, LaTonya McSwain, Jessica Quintana, Julie Sweetzer, Tria Tyler	
2000 Yetunde Daniels, Edwina Bourn, Sara Vargo, Kim McGrath, Kristin Kyzmir, Carly Graytock, Theresa Dennis, Linda Mangan, Laura Ryan, LaTonya McSwain, Stephanie Bango, Jennifer Hart, Becki Marshall, Andrea Nyce, Khadija Shariff, Lori Allen	
2001 Stephanie Bango, Dionne Bonds, Edwina Bourn, Chris Crowe, Theresa Dennis, Maria Garcia, Kristin Kyzmir, Shannon Maher, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Laura Ryan, Khadija Shariff	
2002 Stephanie Bango, Edwina Bourn, Chris Crowe, Kristin Ferrell, Maria Garcia, Rehana Lanewala, Becki Marshall, Kelly McConnell, LaTonya McSwain, Nicole Piper	
2003 Monique Boley, Dionne Bonds, Edwina Bourn, Charity Brady, Amy Calvo, Theresa Dennis, Maria Garcia, Rehana Lanewala, Kiley MacDonald, Nicole Piper	
2004 First Team: Ann Doty, Tolu Fayanjuola, Maria Garcia, Angie Hall Second Team: Lauren Bricker, Melanie Buczko, Amy Calvo, Megan Frederick, Jennifer Marsh, Katie Pfeifer, Christa Sawko, Jenny Stevens	
2005 First Team: Lauren Bricker, Melanie Buczko, Amy Calvo, Ann Doty,	

Marjorie Grap, Jennifer Marsh, Angela McFarland, Christa Sawko	
Second Team: Kat Allen, Monique Boley, Lauren Bricker, Tolu Fayanjuola, Marjorie Grap, Jennifer Marsh, Amanda Mockbee, Nina Reinhardt, Beverly Rogers, Christa Sawko	
2006 First Team: Kerryann Branker, Lauren Bricker, Melanie Buczko, Erin Cranmer-Hart, Marjorie Grap, Christa Sawko, Catherine Trentacoste Second Team: Nicole Ayala, Megan Hathaway, Kathleen Hart, Leanna Nastase, Nina Reinhardt, Beverly Rogers, Christa Sawko, Catherine Trentacoste, Sarah Vanden Broek	
2007 First Team: Christa Sawko, Christine Totten, Marjorie Grap, Amy Mantush, Erin Cranmer-Hart, Offeibea Hanson-Hall, Victoria Gilbert Second Team: Melanie Buczko, Erin Cranmer-Hart, Ann Doty, Marjorie Grap, Kathleen Hart, Megan Hathaway, Allison Janda, Jennifer Pierce, Nina Reinhardt, Beverly Rogers, Catherine Trentacoste	
2008 First Team: Amanda Mockbee, Beverly Rogers Second Team: Lindsay Appel, Erin Cranmer-Hart, Jenny Dalzell, Rebecca Frey, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda, Amy Mantush, Jennifer Pierce, Laura Rycek, Andrea Wright	
2009 First Team: Sarah Bella, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Kalle James-Wintjen, Jamie Leacock, Amy Mantush, Jennifer Pierce, Amanda Steinke Second Team: Chelsey Musante, Laura Rycek	
2010 First Team: Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Rebecca Misko, Sarah Moniz, Chelsey Musante, Caroline Tolli Second Team: Lindsay Appel, Sarah Bella, Kristin Bretscher, Sasha Hornock, Amy Mantush, Sarah Moniz, Christina Muccio, Chelsey Musante, Laura Rycek	
2011 First Team: Taylor Funk, Leah Goeke, Sasha Hornock, Jamie Leacock, Christina Muccio, Laura Rycek, Jennifer Zymet Second Team: Beth Braunegg, Hana Casalnova, Kelly Grosskurth, Sasha Hornock, Rebecca Misko, Sarah Moniz, Caroline Tolli, Jennifer Zymet	
2012 First Team: Emily Ando, Sarah Bella, Beth Braunegg, Hana Casalnova, Kat Folger, Taylor Funk, Caroline Tolli, Emily Waksmunski, Jennifer Zymet Second Team: Leah Goeke	
2013 First Team: Beth Braunegg, Jess Bridle, Alyssa Cardillo, Chrissy Haney, Erin Horleman, Sasha Hornock, Kim Nagotko, Sophia Nnadi, Caroline Tolli, Emily Waksmunski, Jennifer Zymet Second Team: Emily Ando, Kim Nagotko, Alexandra Romanelli,	

Caroline Tolli	
2014 Second Team: Hana Casalnova, Kim Nagotko, Sophia Nnadi, Elyse Pettaway, Jenn Silvestri, Jennifer Zymet	
2015 First Team: Efe Agege, Jess Bridle, Catherine Scott, Kim Lapszynski, Kim Nagotko, Sophia Nnadi, Kafilat Oladiran Second Team: Christine Bendzinski, Stephanie Easse	
* - All-Patriot League teams began in 1994. First and second team designation began in 2004.	

EAST COAST CONFERENCE AWARDS

1988 Jill Wise	Outstanding Athlete
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PATRIOT LEAGUE AWARDS

1988 Jill Wise	Outstanding Athlete
1995 Tameka Hinton	Athlete of Meet
1996 Norine Nadeau	Athlete of Meet
1999 Art Gulden	Coach of Year
2000 Art Gulden	Coach of Year
2001 Art Gulden	Coach of Year
2002 Kevin Donner	Coach of Year
2004 Kevin Donner	Coach of Year
Maria Garcia	Field Athlete of Meet
2005 Kevin Donner	Coach of Year
Marjorie Grap	Field Athlete of Meet
Beverly Rogers	Rookie of Meet
2006 Catherine Trentacoste	Track Athlete of Meet
2007 Kevin Donner	Coach of Year
2009 Amy Mantush	Field Athlete of Meet
Sarah Bella	Rookie of Meet
2010 Chelsey Musante	Field Athlete of Meet
Kevin Donner	Coach of Year
2011 Kevin Donner	Coach of Year
2013 Chrissy Haney	Rookie of Meet
Kevin Donner	Coach of Year
2015 Kevin Donner	Coach of Year
S. Nnadi	Field Athlete of Meet
Efe Agege	Rookie of Meet

PATRIOT LEAGUE MEET RECORD HOLDERS

2004 Maria Garcia	hammer
2006 Melanie Buczko	pole vault
2012 Emily Waksmunski	4x800m
Beth Braunegg	
Caroline Tolli	
Hana Casalnova	
2015 Efe Agege	triple jump
Sophia Nnadi	shot put
Kate Scott	10,000m

MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Tameka Hinton	1992-95	9
Stephanie Bango	1999-2002	8
Susan Rowland	1986-89	8
Yetunde Daniels	1997-2000	7
Tricia Plasko	1989-92	7
Christa Sawko	2004-07	7
Lynette McBride	1988-91	6
Marjorie Grap	2004-07	5
LaTonya McSwain	1999-2002	5
Norine Nadeau	1993-96	5
Jill Wise	1986-88	5
Jennifer Zymet	2011-2015	5



RICK VAN EMBURGH
4X PL CHAMPION



CARLY GRAYTOCK
7X ALL-PL SELECTION

MEN'S TRACK & FIELD ALL-TIME TOP 10



MEN'S TOP-10 ALL-TIME: INDOOR

55-Meter Dash

1.	6.44	Martin Carter	1982
2.	6.44	Jim Bock	1991
3.	6.44	Brad Bernardini	1993
4.	6.44	Ibikari Brown	1995
5.	6.44	Karim Abdul-Matin	1996
6.	6.44	Michael Pistella	1996
7.	6.47	Isaih Bell	2010
8.	6.51	David Gabriel	2001
9.	6.54	Joseph Tyler	1979
10.	6.54	Brett Rosen	1985
11.	6.54	Troy White	1995
12.	6.54	Noel Powell	2002
13.	6.54	A.J. Kizekai	2008

55-Meter HH

1.	7.53	Andrew Yehl	2010
2.	7.54	Roger Gary	1976
3.	7.58	Ed Loges	1996
4.	7.64	James Long	1978
5.	7.72	Kevin MacLeod	2007
6.	7.74	Jeffrey King	1977
7.	7.74	Richard Alexander	2003
8.	7.78	Darrell Perry	2002
9.	7.84	Gary Thompson	1981
10.	7.84	Chocky Spadafore	1984
11.	7.84	Mark Baralo	1991
12.	7.84	Jean Simon	1991
13.	7.84	Blaine Fawcett	1991
14.	7.84	Rick Van Emburgh	1991
15.	7.84	Tim Schnurr	1999

60-Meter Dash (run since 2002)

1.	6.84	Justin Hicks	2012
2.	6.85	Marlon Woods	2009
3.	6.87	Isaih Bell	2009
4.	6.90	Christian Lupica	2014
5.	6.92	Patryk Najbar	2014
6.	6.98	Jacob Eaton-Hall	2014
7.	6.98	Kamal Riley	2014
8.	7.01	Noel Powell	2004
9.	7.01	A.J. Kizekai	2008
10.	7.08	Rashad Bumpers	2008
11.	7.08	Thomas McGarrigle	2010

60-Meter Hurdles (run since 2002)

1.	7.82	Christian Lupica	2014
2.	8.07	Robert Arent	2011
3.	8.12	Andrew Yehl	2010
4.	8.16	Grant Reynolds	2015
5.	8.29	Kevin MacLeod	2007
6.	8.32	Sean Coyne	2010
7.	8.39	Dan Mularz	2010
8.	8.42	Richard Alexander	2003
9.	8.45	Jason Brown	2012
10.	8.47	Ryan White	2010

200-Meter Dash

1.	21.55	Christian Lupica	2013
2.	21.80	Noel Powell	2003
3.	21.83	Justin Hicks	2013
4.	21.93	Ryan Newberger	2003
5.	21.93	Patryk Najbar	2014
6.	21.98	David Gabriel	2001
7.	22.00	Isaih Bell	2010
8.	22.00	Malachi Bostic-Wattley	2014
9.	22.15	Robert Arent	2012
10.	22.19	Kerry Boyle	2007

300-Meter Dash

(No longer competed in Division I)

1.	34.62	Christian Lupica	2014
2.	34.86	Kerry Boyle	2006
3.	34.98	Kevin Tapper	2014
4.	35.34	Robert Arent	2011
5.	35.43	Justin Hicks	2010
6.	35.48	Kevin MacLeod	2006
7.	35.70	Anthony Menza	2014
8.	35.79	Kevin Keller	2013
9.	36.03	Matthew Bonelli	2006
10.	36.04	Ray Wood	1988

400-Meter Dash

1.	47.46	Robert Arent	2012
2.	47.56	Kerry Boyle	2008
3.	47.99	Kevin Tapper	2015
4.	48.05	Kevin MacLeod	2008
5.	48.42	Christian Lupica	2015
6.	48.76	Anthony Menza	2014
7.	49.01*	Mike Geraghty	1984
8.	49.18	Guy Castranova	2008
9.	49.30	Ryan Newberger	2003
10.	49.37	Steve Williamson	1998

500-Meter Dash

1.	1:02.34*	Mike Geraghty	1984
2.	1:02.74*	Glenn McLaughlin	1973
3.	1:03.69	Anthony Menza	2015
4.	1:03.76	Kerry Boyle	2007
5.	1:03.84	John Picardo	2010
6.	1:03.89	Rick Van Emburgh	1993
7.	1:04.14	Jordan Donaldson	2011
8.	1:04.28	Kevin Tapper	2013
9.	1:04.58	Ryan Johnson	2014
10.	1:04.53	Mike Ditzel	1998

800-Meter Run

1.	1:50.30*	Thomas McLean	1977
2.	1:50.41	Chris Sacks	2011
3.	1:50.85	Alex Jagelsky	2015
4.	1:51.77*	Mike Geraghty	1984
5.	1:51.87	Ron Hess	2000
6.	1:51.90*	Doug Butler	1975
7.	1:52.00	Brian Torres	1997
8.	1:52.10*	Dave White	1983
9.	1:52.18	Aaron Hanlon	2004
10.	1:52.20*	Mike Jackson	1983

1,000-Meter Run

1.	2:23.44*	Thomas McLean	1977
2.	2:23.61	Mark Hulme	1982
3.	2:23.91	Ron Hess	2000
4.	2:24.11	Dave White	1982
5.	2:24.84	John Westwood	2014
6.	2:25.14	Eric Furst	2002
7.	2:25.18	Alex Jagelsky	2014
8.	2:25.29	Andrew Garcia-Garrison	2015
9.	2:25.32	Chris Sacks	2011
10.	2:26.44*	Doug Butler	1974
11.	2:26.44	Ted Neu	1988

1,500-Meter Run

(No longer competed in Division I)

1.	4:00.51	Andrew Garcia-Garrison	2015
2.	4:04.54	Steve West	1989
3.	4:05.94	George Buckheit	1979
4.	4:07.64	Mark Hulme	1982
5.	4:07.79	Brian Harshman	1985
6.	4:08.94	Norbert Berenyi	1991
7.	4:09.25	Ken Sevinsky	1988
8.	4:09.26	Wallace Campbell	2008
9.	4:09.44	Frank Carroll	1974
10.	4:09.44	Ted Neu	1988

1,500-Meter Run

1.	3:45.24	Mark Hulme	1982
2.	3:51.04	Mike Smith	1988
3.	3:51.94	Steve West	1989
4.	3:52.09	Brian Fullem	1986
5.	3:52.14	Mike Sgambelluri	1988
6.	3:53.14	Ted Neu	1988
7.	3:54.44	Tom Eagleson	1992
8.	3:55.94	Rick Hughey	1985
9.	3:55.94	Ken Sevinsky	1987
10.	3:57.14	Jeff Hines	1983
11.	3:57.14	Chris Priestaf	1995

3,000-Meter Run

1.	8:05.04	Brian Harshman	1985
2.	8:05.64	Matthew Forys	2007
3.	8:05.94*	Bill Reifsnnyder	1983
4.	8:12.24*	Tom Richardson	1984
5.	8:13.34*	Brian Fullem	1984
6.	8:13.54*	Jerry Jurick	1983
7.	8:13.64*	George Buckheit	1977
8.	8:14.27	Wallace Campbell	2008
9.	8:16.04*	Dave Hawes	1984
10.	8:18.14	Greg Costello	2002

5,000-Meter Run

1.	14:03.34*	George Buckheit	1979
2.	14:10.44*	Bill Reifsnnyder	1982
3.	14:11.84	Rick Sayre	1980
4.	14:16.28	Matthew Forys	2007
5.	14:20.48	Chris Priestaf	1995
6.	14:26.34*	Mike Deckert	1984
7.	14:26.64*	Bob Bickel	1979
8.	14:26.64*	Lee Edmonds	1979
9.	14:27.87	Matt Deardorff	1992
10.	14:28.59	Greg Costello	2004

Long Jump

1.	25-0	Noel Powell	2003
2.	24-2 1/2	Bryan Schiding	2000
3.	23-11 3/4	James Hollins	2001
4.	23-11 3/4	Ray Holmes	2014
5.	23-11 1/4	Kyle Anthony	2006
6.	23-9 1/2	Karim Abdul-Matin	1996
7.	23-5 1/2	Isaih Bell	2011
8.	23-4 3/4	Ed Loges	1993

9.	23-4	Kevin Keller	2013
10.	23-3	Chocky Spadafore	1985
11.	23-3	Tim Henkel	1988

Triple Jump

1.	50-3 1/2	Bill Gravely	1977
2.	49-9 1/4	Ray Holmes	2014
3.	49-7 3/4	Kyle Anthony	2007
4.	49-2 1/4	Kevin Tapper	2014
5.	48-7 1/4	Alex Prieto	2013
6.	48-2	Karim Abdul-Matin	1996
7.	47-9 1/4	Bryan Schiding	2000
8.	47-9	James Hollins	2000
9.	47-1 1/2	Dean Malatino	1985
10.	46-11	Kevin Keller	2013

High Jump

1.	6-10 3/4	Ted Lewis	1982
2.	6-10 1/4	Drew Fitzgerald	2009
3.	6-10 1/4	Nicholas Hruh	2009
4.	6-10	Alex Preputnick	1995
5.	6-9 1/2	David Laukus	1988
6.	6-9	Matt Murdock	1999
7.	6-8 3/4	Larry Smith	1985
8.	6-8 3/4	Andrew Powell	2012
9.	6-8 1/4	Jason Brown	2013
10.	6-8 1/4	Nicholas Lombardo	2015

Shot Put

1.	55-8 1/4	Luke Webster	2013
2.	55-6 1/2	Tom Barr	2012
3.	54-11 1/4	Joseph Breen	2015
4.	54-8 1/4	Brian Monahan	2015
5.	54-2	Jack Fellows	2015
6.	54-0 1/2	Timothy Medlock	2008
7.	53-1 3/4	Quinten Marcott	2012
8.	52-8 1/4	Erik Stieler	1995
9.	51-7	Stephen Koullias	2013
10.	51-5 3/4	Zachary Shapiro	2011

35-Pound Weight

1.	65-10 1/2	Tyler Hoffman	2007
2.	65-0 3/4	Leonard Joseph	2013
3.	64-3	Darryl Volpicelli	1998
4.	64-2 1/2	Tom Barr	2012
5.	62-03 3/4	Jack Fellows	2014
6.	58-10 3/4	Ryan Stairs	2001
7.	57-7	James Heizman	1996
8.	57-2 1/2	Paul Austin	1991
9.	57-1 1/2	Bill Wilson	1986
10.	56-10 1/4	Brian Monahan	2015
11.	56-10 1/4	Olu Shoyoye	2015

Pole Vault

1.	17-3	Dave Pomfret	2000
2.	16-3 1/4	David Mante	2008
3.	15-9	J.C. Whittaker	2001
4.	15-9	Daniel Markwalter	2012
5.	15-9	Nathaniel Witter	2013
6.	15-6	Scott Weismiller	2013
7.	15-6	Justin Alden-Dunn	2003
8.	15-5 3/4	Ryan White	2010
9.	15-5	Joe LaBarge	1992
10.	15-5	Tim Evans	1998
11.	15-5	Adam Jacob	2003

Heptathlon

1.	5,143	Andrew Powell	2012
2.	4,973	Ryan White	2008
3.	4,826	Drew Fitzgerald	2009
4.	4,678	Ben Burgess	2015
5.	4,651	Mike Mellas	2004
6.	4,482	Sam Brandstadt	2012
7.	4,478	Thomas Vogler	2009
8.	4,355	Robert Gradoville	2007
9.	4,310	Christopher D'Aliso	2015
10.	4,242	Jason Brown	2010

4x400-Meter Relay

1.	3:11.54	Tapper, Eaton Hall, Menza, Lupica	2014
2.	3:12.38	Tapper, Menza, Eaton Hall, Lupica	2013
3.	3:14.06	Menza, Eaton Hall, Lupica, Tapper	2014
4.	3:15.51	Boyle, Corbetta, MacLeod, Bonelli	2006
5.	3:15.79	Donaldson, Picardo, Eaton Hall, Arent	2011
6.	3:15.96	Boyle, Baxter, Mooney, MacLeod	2007
7.	3:16.82	Arent, Hicks, Harris, Castranova	2010
8.	3:17.08	Ashkettle, Menza, Tapper, Lupica	2015
9.	3:17.59	Donaldson, Gyan,	2009

4x800-Meter Relay (Two-mile-3.0)

1.	7:28.36	Tobias, Westwood, Jagelsky, Garcia-Garrison	2015
2.	7:29.44	Bonasorte, Williamson, Butler, McLean	1976
3.	7:30.92	Tobias, Jackson, Conte, Jagelsky	2015
4.	7:32.34	Bonasorte, McAndrew, Butler, McLean	1977
5.	7:33.14	Unknown	1977
6.	7:33.44	Bonasorte, Nagelberg, Carroll, Butler	1975
7.	7:34.15	Boyd, Donaldson, Sacks, Smith	2011
8.	7:34.64	Bonasorte, Nagelberg, Carroll, Butler	1975
9.	7:34.64	Butler, Bonasorte, Williamson, McLean	1976
10.	7:35.14	Horning, Jagelsky, Logan, Donaldson	2012

Distance Medley Relay (DMR metric+5.0)

1.	9:46.39	Westwood, Tapper	2015
2.	9:53.04	Jagelsky, Garcia-Garrison	1979
3.	9:55.24	McAndrew, Lockett	
		Debraggio, Buckheit	
4.	9:55.55	Boyd, Logan,	2011
		Smith, Sacks	
5.	9:56.63	Sgambelluri, Bock,	1990
		Loomis, Berenyi	
		Horning, Logan,	2011
		Smith, Boyd	
6.	9:57.24	Unknown	
7.	9:59.61	Caroleo, Mooney,	2006
		Syty, Brown	
8.	9:59.72	Caroleo, Bonelli,	2006
		Syty, Brown	
9.	9:59.75	Erhard, Johnson,	2013
		Oesterlin, Garcia-Garrison	
10.	10:00.10	Beaver, Akwei,	1996
		Schilling, Roesser	

MEN'S TRACK & FIELD ALL-TIME TOP 10

MEN'S TOP-10 ALL-TIME: OUTDOOR

100-Meter Dash

1.	10.52	Noel Powell	2003
2.	10.59	Justin Hicks	2013
3.	10.61	Isaih Bell	2010
4.	10.62	Martin Carter	1980
5.	10.64	Brad Bernardini	1994
6.	10.64	Ibikari Brown	1995
7.	10.65	David Gabriel	2001
8.	10.70	Kamal Riley	2014
9.	10.71	Michael Pistella	1997
10.	10.74	Jim Bock	1992

200-Meter Dash

1.	21.16	Justin Hicks	2013
2.	21.24	Kerry Boyle	2007
3.	21.26	Christian Lupica	2013
4.	21.34	Noel Powell	2002
5.	21.43	Isaih Bell	2011
6.	21.44	Ryan Newberger	2003
7.	21.46	Patryk Najbar	2014
8.	21.55	David Gabriel	1999
9.	21.56	Kamal Riley	2013
10.	21.58	Antwan Minter	1988

400-Meter Dash

1.	46.84	Thomas McLean	1976
2.	47.50	Mike Geraghty	1983
3.	47.54	Kerry Boyle	2007
4.	47.94	Glenn McLaughlin	1974
5.	48.09	Kevin Tapper	2015
6.	48.12	Robert Arent	2010
7.	48.51	Guy Castranova	2008
8.	48.52	Mike Ditzel	1998
9.	48.66	Ryan Newberger	2003
10.	48.74	Ray Wood	1987

800-Meter Run

1.	1:45.24	Thomas McLean	1974
2.	1:49.84	Mike Geraghty	1983
3.	1:50.19	Ron Hess	2000
4.	1:50.52	Jordan Donaldson	2012
5.	1:50.94	Alex Jagelsky	2014
6.	1:50.99	Andrew Garcia-Garrison	2015
7.	1:51.51	Ryan Johnson	2013
8.	1:52.03	Brian Torres	1997
9.	1:52.10	Mike Jackson	1983
10.	1:52.11	Clayton Smith	2011

1,500-Meter Run

1.	3:43.84	Mark Hulme	1983
2.	3:44.95	Dave White	1983
3.	3:45.14	Ron Hess	2000
4.	3:46.17	Mike Sgambelluri	1990
5.	3:46.58	Andrew Garcia-Garrison	2015
6.	3:46.76	Ken Sevensky	1988
7.	3:46.88	Ted Neu	1988
8.	3:48.20	George Buckheit	1979
9.	3:49.39	Steve West	1988
10.	3:49.85	Lou Palma	2003

Mile Run

(No longer competed in Division I)

1.	4:02.72	Andrew Garcia-Garrison	2015
2.	4:08.14	Frank Carroll	1974
3.	4:08.34	Mark Hulme	1980
4.	4:11.14	Kenneth Linfield	1976
5.	4:12.24	Doug Butler	1974
6.	4:12.94	Robert Bickel	1979
7.	4:13.03	Ron Hess	1999
8.	4:13.44	John McAndrew	1979
9.	4:15.34	Daniel Nagelberg	1974
10.	4:16.24	John Noll	1966
	4:16.24	William Ledgerwood	1974

3,000-Meter Steeplechase

1.	8:42.54	Rick Sayre	1980
2.	8:47.93	Matthew Forsys	2007
3.	8:52.68	Andrew Huebner	2010
4.	8:56.24	Mike Deckert	1984
5.	8:57.14	Carl Kemmerer	1987
6.	8:58.55	David Bronfenbrenner	2000
7.	8:59.25	Stephen Clarke	1994
8.	8:59.46	Tyler Erhard	2014
9.	9:02.04	Michael McCoy	1976
10.	9:02.22	Bryan Johnston	2002

5,000-Meter Run

1.	13:57.04	Brian Harshman	1984
2.	13:57.84	George Buckheit	1979
3.	14:07.14	Jerry Jurick	1984
4.	14:07.83	Matthew Forsys	2007
5.	14:16.64	Lee Edmonds	1979
6.	14:18.84	Charles Cole	1986
7.	14:21.84	Mike Deckert	1983
8.	14:24.74	Mark Hulme	1981
9.	14:25.64	Brian Fullem	1985

10.	14:26.04	Ray Sullivan	1986
10,000-Meter Run			
1.	28:50.54	Bill Reifsnnyder	1982
2.	28:55.36	George Buckheit	1979
3.	29:06.14	Lee Edmonds	1979
4.	29:07.94	Robert Bickel	1979
5.	29:16.14	Mike Deckert	1984
6.	29:33.14	Rich Stark	1987
7.	29:41.74	Wayne Bargiel	1977
8.	29:43.14	Bob Murdock	1983
9.	29:44.14	Matt Deardorff	1992
10.	29:45.44	James O'Shea	1980

110-Meter High Hurdles

1.	13.80	Christian Lupica	2014
2.	14.31	Robert Arent	2012
3.	14.33	Andrew Yehl	2010
4.	14.33	Grant Reynolds	2015
5.	14.44	Ed Loges	1996
6.	14.64	Jeffrey King	1977
7.	14.64	Paul Gutowski	1979
8.	14.69	Kevin MacLeod	2007
9.	14.80	Tim Schnurr	1999
10.	14.86	Dan Mularz	2011

400-Meter Int. Hurdles

1.	51.59	Robert Arent	2010
2.	51.87	Kevin MacLeod	2008
3.	51.88	Rick Van Emburgh	1994
4.	52.59	Christian Lupica	2014
5.	52.98	Mark Barolo	1990
6.	53.30	Dan Mularz	2010
7.	53.54	Grant Reynolds	2015
8.	53.65	Vincent Guandolo	1995
9.	54.67	Sean Coyne	2009
10.	54.94	Gary Thompson	1982

Long Jump

1.	24-10 1/2	Noel Powell	2004
2.	24-6 1/2	Tim Henkel	1988
3.	24-3 1/2	Kevin Keller	2013
4.	24-0 1/2	Chocky Spadafore	1985
5.	23-11 1/2	Kyle Anthony	2010
6.	23-10 1/4	Isaih Bell	2010
7.	23-8 1/4	Emory Strother	2001
8.	23-8	Bryan Schiding	2000
9.	23-4 1/2	Ray Holmes	2014
10.	23-2 1/2	Shawn Smith	1982

Triple Jump

1.	50-11 3/4	Bill Gravely	1976
2.	50-6 1/4	Kyle Anthony	2010
3.	49-4 1/4	Ray Holmes	2013
4.	49-3 1/2	Kevin Tapper	2015
5.	48-3 1/4	Dean Malatino	1985
6.	47-7 3/4	Alex Prieto	2013
7.	47-6 1/2	Peter Legan	1980
8.	47-6 1/4	Karim Abdul-Matin	1994
9.	47-2 1/2	Bob Gift	1986
10.	47-2 1/4	James Hollins	2000

High Jump

1.	6-10 3/4	Drew Fitzgerald	2009
2.	6-10	Ted Lewis	1980
3.	6-9	Brian Preputnick	1995
4.	6-8 1/4	Richard Simpson	2007
5.	6-8 1/4	Nicholas Hrush	2009
6.	6-8 1/4	Andrew Powell	2011
7.	6-8 1/4	Jason Brown	2012
8.	6-8	Paul Miller	1976
9.	6-8	David Laukas	1989
10.	6-8	Matt Murdock	2000
	6-8	Emory Strother	2001

Pole Vault

1.	16-3	Dave Pomfret	2000
2.	16-2 3/4	Nathaniel Witter	2014
3.	16-2	David Mante	2007
4.	15-10	Jamie Dodd	1983
5.	15-9	Drew Fitzgerald	2011
6.	15-9	Daniel Markwalter	2012
7.	15-5	Scott Weismiller	2014
8.	15-3	Mark Campbell	1990
9.	15-3	Tim Evans	1997
10.	15-3	J.C. Whittaker	2000
	15-3	Jeff Arek	2002
	15-3	Jason Inzana	2007

Shot Put

1.	56-3	Joseph Breen	2015
2.	54-2 1/2	Tom Barr	2012
3.	54-1	Brian Monahan	2014
4.	53-5 1/2	Timothy Medlock	2009
5.	53-2	Erik Stieler	1995
6.	53-1 1/2	Jack Fellows	2014
7.	52-7 1/4	Stephen Koullias	2012

8.	52-6 3/4	Quinten Marcott	2013
9.	52-4 3/4	Luke Webster	2013
10.	52-2 3/4	Dan Frake	2006

Hammer Throw

1.	209-11	Leonard Joseph	2013
2.	209-3	James Heizman	1996
3.	206-2	Tyler Hoffman	2007
4.	200-2	Dan Frake	2006
5.	194-7	Ryan Stairs	2001
6.	188-11 3/4	Darryl Volpicelli	1998
7.	183-4 1/4	Paul Austin	1991
8.	182-11	Tom Barr	2012
9.	182-5	Jack Fellows	2015
10.	177-9	Brian Monahan	2015

Discus

1.	172-3	Luke Webster	2013
2.	169-0	J. Michael Dakan	1978
3.	168-1	Leonard Joseph	2013
4.	168-1	Jack Fellows	2014
5.	166-11	Shawn Matthews	2000
6.	163-5	Greg Keller	1987
7.	162-3	Tom Barr	2012
8.	160-2	Brian Monahan	2014
9.	160-0	Joseph Breen	2015
10.	159-1	Erik Swarts	1996

Javelin (after 1986)

1.	237-8	Ted Heitzman	2011
2.	233-0	Laddie Trees	2015
3.	230-6	Joshua Kaehler	2007
4.	225-7	Rich Rebeck	1990
5.	225-1	Steven Pierce	2010
6.	212-3	Bob McCormick	1988
7.	209-4	Dave Pomfret	2000
8.	208-3	Blaine Fawcett	1992
9.	207-0	Justin McKnight	2003
10.	198-8	Mark Kunkel	1989

Javelin (pre-1986)

1.	231-7	Doug Nauman	1971
2.	208-8	David Henry	1971
3.	206-1	William Allardice	1965
4.	205-3	Al Wegener	1981
5.	201-2 3/4	Ronald Barrett	1976

Decathlon

1.	6,667	Andrew Powell	2012
2.	6,437	Ryan White	2008
3.	6,353	Mike Mellas	2004
4.	6,240	Thomas Vogler	2010
5.	6,035	Ben Burgess	2015
6.	5,932	Christopher D'Aliso	2015
7.	5,902	Sam Brandstadt	2012
8.	5,875	Cody Haupt	2013
9.	5,803	Robert Gradoville	2007
10.	4,858	Kyle McLaughlin	2006

4x100-Meter Relay

1.	40.84	Najbar, Riley, Eaton Hall, Lupica	2014
2.	40.95	Woods, Hicks, Riley, Bell	2011
3.	41.03	Eaton-Hall, Hicks, Riley, Lupica	2013
4.	41.33	Solomon, Gabriel, Coen, Powell	2001
5.	41.37	Yehl, Hicks, McGarrigue, Bell	2010
6.	41.44	Lupica, Eaton-Hall, Riley, Hicks	2012
7.	41.57	Solomon, Gabriel, Newberger, Powell	2002
8.	41.63	Solomon, Wright, Newberger, Powell	2003
9.	41.68	Newberger, Powell, Solomon, Wright	2003
10.	41.70	Gevirtz, Tapper, Reynolds, Lupica	2015

4x400-Meter Relay

1.	3:09.93	Tapper, Menza, Eaton-Hall, Lupica	2014
2.	3:11.78	Tapper, Eaton-Hall, Menza, Lupica	2014
3.	3:11.9*	Goforth, Korkuch, DePalma, McLean	1975
4.	3:13.66	Picardo, Donaldson, Mularz, Arent	2010
5.	3:14.0*	Goforth, Korkuch, DePalma, McLean	1973
6.	3:14.58	Tapper, Hicks, Eaton-Hall, Arent	2012
7.	3:14.76	Boyle, Castranova, Gyan, MacLeod	2008
8.	3:15.17	Gyan, Castranova,	2008

9.	3:15.24	Boyle, MacLeod, Craig, Jackson, Smith, Geraghty, Tapper, Eaton-Hall, Logan, Menza	1983
10.	3:15.55		2013

4x800-Meter Relay

1.	7:30.63	Horning, Logan, Oesterlin, Donaldson	2012
2.	7:31.48	Westwood, Logan, Garcia-Garrison, Johnson	2014
3.	7:31.84	White, Kaplan, Geraghty, Hulme	1982
	7:31.84	White, Jackson, Hulme, Geraghty	1983
5.	7:32.42	Hess, Kelly, Yarosz, Torres	1998
6.	7:32.67	Jackson, Westwood, Jagelsky, Garcia-Garrison	2015
7.	7:32.76	Novakowski, Boyd, Picardo, Donaldson	2011
8.	7:33.05	Ward, Furst, Bartsch, Hess	2000
9.	7:33.07	Jagelsky, Oesterlin, Johnson, Westwood	2013
10.	7:33.61	Hanlon, Palma, Furst, Walsh	2003

Distance Medley Relay

1.	9:50.10	Westwood, Logan, Johnson, Garcia-Garrison	2014
2.	9:51.36	Furst, Palma, Newberger, Walsh	2003
3.	9:51.44	Neu, Luther, Sevensky, Smith	1988
4.	9:54.04	Geraghty, Jackson, Hulme, White	1983
5.	9:54.81	Caroleo, Boyle, Mooney, Forsys	2007
6.	9:55.14	Bonasorte, Williamson, Nagelberg, Carroll	1975
7.	9:56.74	McAndrew, Lockett, Debraggio, Buckheit	1979
8.	9:56.84	Maehl, Merrits, Geraghty, Hines	1984
9.	9:57.14	White, Kaplan, Hulme, Hines	1982
10.	9:57.25	Hess, Williamson, Beaver, Roeser	

WOMEN'S TRACK & FIELD ALL-TIME TOP 10



WOMEN'S TOP-10 ALL-TIME: INDOOR

55-Meter Dash

1.	7.12	Tameka Hinton	1994
2.	7.24	Lynnette McBride	1990
3.	7.28	Sue Rowland	1987
4.	7.28	Yetunde Daniels	2000
5.	7.31	Tricia Plasko	1991
6.	7.31	Christina Muccio	2009
7.	7.34	Tolu Fayanjola	2003
8.	7.35	Chessa Forer	2006
9.	7.38	Danielle Todman	2006
10.	7.41	Stephanie Evans	2008

55-Meter HH

1.	8.24	Karen Shimomura	1991
2.	8.25	Catherine Trentacoste	2007
3.	8.32	Melanie Buczko	2006
4.	8.37	Kiley MacDonald	2003
5.	8.38	Danielle Todman	2006
6.	8.40	Jamie Lilien	2003
7.	8.43	Tina Hall	1996
8.	8.47	Edwina Bourn	2003
9.	8.52	Margaret Wilkes	1989
10.	8.52	Sara Vargo	1999

60-Meter Dash (run since 2002)

1.	7.74	Sasha Hornock	2013
2.	7.75	Tolu Fayanjola	2004
3.	7.77	Kim Nagotko	2015
4.	7.87	Carli Lucke	2015
5.	7.88	Emma Rice	2012
6.	7.90	Christina Muccio	2009
7.	7.92	Stephanie Evans	2008
8.	7.95	Carly Reiner	2015
9.	7.99	Chessa Forer	2007
10.	7.99	Kafilat Oladiran	2015

60-Meter Hurdles (run since 2002)

1.	8.78	Catherine Trentacoste	2007
2.	8.84	Taylor Funk	2012
3.	8.89	Melanie Buczko	2005
4.	8.91	Jenn Silvestri	2014
5.	8.91	Kafilat Oladiran	2015
6.	9.02	Jamie Leacock	2011
7.	8.98	Chrissy Haney	2015
8.	9.10	Jamie Lilien	2003
9.	9.15	Danielle Todman	2005
10.	9.16	Kiley McDonald	2003

200-Meter Dash

1.	24.65	Kim Nagotko	2014
2.	24.89	Jennifer Zymet	2013
3.	24.94	Yetunde Daniels	2000
4.	24.95	Tameka Hinton	1994
5.	25.72	Rehana Lanewala	2002
6.	25.76	Chessa Forer	2006
7.	25.78	Charity Brady	2003
8.	25.79	Sue Rowland	1989
9.	25.80	Tricia Plasko	1991
10.	25.83	Kimberley Lapszynski	2015

300-Meter Dash

(No longer competed in Division I)

1.	40.25	Kim Nagotko	2015
2.	40.65	Jennifer Zymet	2012
3.	41.52	Jenn Silvestri	2013
4.	41.54	Tameka Hinton	1992
5.	41.81	Catherine Trentacoste	2006
6.	41.82	Chrissy Haney	2015
7.	41.99	Kalle James-Wintjen	2006
8.	42.34	Lynnette McBride	1991
9.	42.53	Allison Sharkey	2014
10.	42.77	Lindsay Appel	2009

400-Meter Dash

1.	55.93	Jennifer Zymet	2014
2.	56.19	Kim Nagotko	2015
3.	56.74	Yetunde Daniels	2000
4.	56.89	Stephanie Bango	2002
5.	57.26	Amy Calvo	2004
6.	57.28	Charity Brady	2003
7.	57.52	Catherine Trentacoste	2007
8.	57.59	Rehana Lanewala	2002
9.	57.76	Chrissy Haney	2015
10.	58.03	Jennifer Pierce	2009

500-Meter Dash

1.	1:12.92	Jennifer Zymet	2014
2.	1:14.25	Megan Hathaway	2009
3.	1:15.01	Amy Calvo	2003
4.	1:15.27	LaTonya McSwain	2000
5.	1:15.37	Stephanie Bango	2002
6.	1:15.56	Monique Boley	2005
7.	1:15.59	Christa Sawko	2005
8.	1:15.71	Jen Silvestri	2015
9.	1:15.94	Jennifer Pierce	2010
10.	1:16.45	Laura Ryan	2001

800-Meter Run

1.	2:09.08	Stephanie Bango	2002
2.	2:09.18	Christa Sawko	2005
3.	2:10.59	Hana Casalnova	2014
4.	2:12.13	Megan Hathaway	2009
5.	2:13.17	Caroline Tolli	2013
6.	2:13.42	LaTonya McSwain	2002
7.	2:13.60	Pamela Richardson	1996
8.	2:13.82	Christine Bendzinski	2015
9.	2:14.22	Amy Calvo	2005
10.	2:14.29	Lauren Bricker	2006

1,000-Meter Run

1.	2:49.81	Hana Casalnova	2013
2.	2:50.68	Christine Bendzinski	2015
3.	2:50.79	Beth Braunegg	2013
4.	2:50.88	Caroline Tolli	2013
5.	2:53.90	Christa Sawko	2006
6.	2:54.21	Jennifer Marsh	2005
7.	2:54.35	Pamela Richardson	1998
8.	2:54.38	Gena Korrell	1989
9.	2:54.50	Julie Sweitzer	1998
10.	2:54.64	Emily Wakszynski	2014

1,500-Meter Run

(No longer competed in Division I)

1.	4:39.63	Julie Sweitzer	1997
2.	4:39.93	Kathy Wurster	1994
3.	4:40.37	Gena Korrell	1989
4.	4:40.66	Gabi Czaja	1985
5.	4:41.74	Gina Abraham	1991
6.	4:42.44	Liz Ludwigson	1987
7.	4:44.74	Katrina Bikis	1983
8.	4:46.14	Tracey Bigley	1985
9.	4:46.88	Debbie Passmore	1983
10.	4:47.22	Mary Beth Allen	1988

Mile

1.	4:49.99	Caroline Tolli	2013
2.	4:52.41	Julie Sweitzer	1997
3.	4:53.28	Christine Bendzinski	2015
4.	4:53.78	Erin Cranmer-Hart	2007
5.	4:55.74	Kelly McConnell	2002
6.	4:57.26	Maddie Dulac	2012
7.	4:58.11	Christa Sawko	2007
8.	4:59.15	Emily Liggett	2012
9.	4:59.16	Stephanie Fulmer	2009
10.	4:59.50	Beth Braunegg	2012

3,000-Meter Run

1.	9:46.27	Gabi Czaja	1985
2.	9:50.01	Becki Marshall	2001
3.	9:50.33	Sarah Moniz	2010
4.	9:50.93	Emily Liggett	2012
5.	9:53.65	Stephanie Fulmer	2011
6.	9:55.00	Maddie Dulac	2012
7.	9:55.24	Stacey Nicholson	1984
8.	9:55.75	Kate Scott	2015
9.	9:56.58	Caroline Tolli	2013
10.	9:59.04*	Ann Bischoff	1980

5,000-Meter Run

1.	16:56.76	Gabi Czaja	1985
2.	16:59.78	Judy Perry	1987
3.	17:11.05	Kate Scott	2015
4.	17:11.15	Katie Jessee	2015
5.	17:12.57	Theresa Dennis	2003
6.	17:16.61	Jennifer Hart	2000
7.	17:22.73	Leanna Nastase	2007
8.	17:25.06	Deanna Godby	2015
9.	17:25.64*	Stacey Nicholson	1983
10.	17:27.15	Carly Graytock	2000

Long Jump

1.	19-1 1/2	Jen Rice	1998
2.	19-0 1/2	Tolu Fayanjola	2005
3.	18-10 3/4	Lynnette McBride	1991
4.	18-8 1/2	Kim McGrath	2000
5.	18-8	Nina Reinhardt	2006
6.	18-6 1/2	Olivia Massey	2013
7.	18-6 1/2	Alyssa Cardillo	2013
8.	18-5 1/4	Kim Lapszynski	2015
9.	18-3 1/4	Nicole Ayala	2008
10.	18-3 1/4	Alexandra Romanelli	2012

Triple Jump

1.	41-1 1/2	Jill Wise	1988
2.	40-9 3/4	Efe Agege	2015
3.	39-3 1/4	Kim McGrath	2000
4.	38-10 1/2	Ann Doty	2004
5.	38-9 3/4	Alexandra Romanelli	2012
6.	38-8 3/4	Amy Mantush	2008
7.	38-8 1/2	Jen Rice	1998
8.	38-0	Nicole Ayala	2008
9.	37-10 3/4	Dionne Bonds	2003

37-10 3/4

High Jump			
1.	5-8	Amy Mantush	2010
2.	5-7 1/4	Heather Dahl	1986
3.	5-6 1/2	Jen Rice	1998
4.	5-5 3/4	Lauren Hudson	2015
5.	5-5 1/2	Lonnie Fertik	1980
6.	5-5 1/4	Jamie Lilien	2001
7.	5-5	Pam DelRio	1985
	5-5	Shannon Maher	2002
	5-5	Kati Dempsey	2005
	5-5	Emily Ando	2012

Shot Put

1.	47-10 3/4	Chelsey Musante	2010
2.	47-0 3/4	Sarah Bella	2012
3.	46-3 1/2	Abigail Brundage	2015
4.	46-2	Marjorie Grap	2007
5.	45-10	Sophia Nnadi	2015
6.	45-5 1/4	Lori Allen	2000
7.	44-4	Tria Tyler	1999
8.	43-7	Rebecca Misko	2012
9.	43-2 1/2	Amanda Mockbee	2008
10.	43-2 1/4	Lisa Allen	1997

20-Pound Weight Throw

1.	65-7 1/2	Marjorie Grap	2007
2.	59-7	Chelsey Musante	2009
3.	56-5 3/4	Abby Monaghan	2012
4.	54-11 1/2	Amanda Mockbee	2008
5.	54-11 1/4	Sarah Bella	2012
6.	54 1/2	Maria Garcia	2004
7.	53-9 3/4	Angie McFarland	2005
8.	53-0 1/4	Lisa Allen	1997
9.	52-4	Joylyn Brown	1998
10.	51-11 3/4	Sophia Nnadi	2015

Pole Vault

1.	13-5 1/2	Melanie Buczko	2005
2.	12-3 1/2	Angie Hall	2005
3.	12-1 1/2	Rebecca Frey	2009
4.	12-1	Andrea Nyce	2002
5.	11-11 3/4	Emily Ando	2013
6.	11-9 3/4	Autumn Schellenberger	2013
7.	11-9 3/4	Yaelis Mestre	2013
8.	11-9 3/4	Jenna Calandro	2015
9.	11-4 1/2	Kristin Sundry	2015
10.	11-3 3/4	Ashley Curry	2005

Pentathlon

1.	3,504	Nina Reinhardt	2007
2.	3,460	Lonnie Fertik	1982
3.	3,449	Amy Mantush	2010
4.	3,403	Sara Vargo	1999
5.	3,400	Norine Nadeau	1994
6.	3,271	Jamie Lilien	2001
7.	3,267	Danielle Todman	2006
8.	3,147	Karen Middleton	2000
9.	3,119	Michaela Read	2013
10.	3,114	Kristin Bretscher	2011

4x400-Meter Relay (Mile Relay+1.2)

1.	3:42.68	Bridle, Nagotko, Silvestri, Zymet	2014
2.	3:46.28	Zymet, Bridle, Hornock, Nagotko	2013
3.	3:47.13	McSwain, Daniels, Wolfgang, Bango	2000
4.	3:47.64	Bango, McSwain, Wolfgang, Daniels	2000
5.	3:48.11	A. Sharkey, Pettaway, Silvestri, Nagotko	2015
6.	3:48.75	A. Sharkey, Haney, Nagotko, Silvestri	2015
7.	3:49.84	Calvo, McSwain, Lanewala, Bango	2002
8.	3:50.82	Bango, Ryan, McSwain, Daniels	1999
9.	3:51.54	Calvo, Lanewala, McSwain, Bango	2002
10.	3:52.45	Hornock, Nagotko, Casalnova, Zymet	2013

4x800-Meter Relay (Two-mile-3.0)

1.	8:55.51	Cerney, Harris, Chandler, Bendzinski	2015
2.	8:57.71	Ryan, McConnell, McSwain, Bango	2001
3.	8:58.26	Bricker, Hanson-Hall, Gilbert, Sawko	2006
4.	8:59.38	Ryan, McConnell, McSwain, Bango	2001
5.	9:00.10	Bango, McSwain,	1999

6.	9:00.22	Sweitzer, O'Doherty, Bango, McSwain, Sweitzer, O'Doherty	1999
7.	9:00.87	Tan Torres, Pearse, Chandler, Roche	2014
8.	9:01.92	Braunegg, Wakszynski, Tolli, Casalnova	2012
9.	9:02.37	Bricker, Hanson-Hall, Branker, Sawko	2006
10.	9:04.07	Wakszynski, Braunegg, Casalnova, Tolli	2013

Distance Medley Relay (DMR metric+5.0)

1.	11:35.10	Bango, Lanewala, McSwain, McConnell	2002
2.	11:36.05	Cranmer-Hart, Sawko, Trentacoste, Stevens	2006
3.	11:41.76	Braunegg, Zymet, Casalnova, Liggett	2012
4.	11:50.29	Casalnova, Zymet, Braunegg, Tolli	2013
5.	11:51.47	Braunegg, Zymet, Horleman, Liggett	2011
6.	11:55.00	McSwain, Marshall, Mangan, Bango	2000
7.	11:55.18	Bendzinski, Silvestri, Cerney, Chandler	2015
8.	11:56.00	Bricker, Trentacoste, Sawko, Cranmer-Hart	2006
9.	11:56.72	Fulmer, Zymet, Casalnova, Hooper	2011
10.	11:58.46	Bango, Shariff, McSwain, Marshall	2001

Sprint Medley Relay

1.	4:05.44	Trentacoste, James-Wintjen, Forer, Sawko	2007
2.	4:08.7	Hinton, Harbst, Plasko, Abraham	1992
3.	4:09.25	Allen, Lanewala, Vanden Broek, Bricker	2005
4.	4:11.46	Hathaway, Pierce, Evans, Janda	2008
5.	4:11.91	Zymet, Bretscher, Hornock, Casalnova	2011
6.	4:13.18	Hathaway, James-Wintjen, Appel, Fulmer	2009
7.	4:14.18	Allen, Emons, Vanden Broek, Sawko	2006
8.	4:16.59	Hathaway, Reinhardt, Mantush, Fink	2007
9.	4:21.07	Hathaway, Forer, Casey, Bricker	2006
10.	4:22.52	Boley, Klotz, Turner-Byfield, Piper	2002

WOMEN'S TRACK & FIELD ALL-TIME TOP 10

WOMEN'S TOP-10 ALL-TIME: OUTDOOR

100-Meter Dash

1.	12.05	Kim Nagotko	2013
2.	12.07	Tricia Plasko	1990
3.	12.09	Tameka Hinton	1995
4.	12.10	Yetunde Daniels	1999
5.	12.12	Tolu Fayanjuola	2004
6.	12.17	Sue Rowland	1988
7.	12.19	Sasha Hornock	2013
8.	12.21	Lynnette McBride	1990
9.	12.32	Emma Rice	2012
10.	12.34	Karen Leonard	1995

200-Meter Dash

1.	24.59	Kim Nagotko	2013
2.	24.60	Yetunde Daniels	2000
3.	24.74	Tricia Plasko	1992
4.	24.85	Tameka Hinton	1995
5.	24.91	Jennifer Zymet	2011
6.	24.93	Charity Brady	2003
7.	25.05	Sasha Hornock	2013
8.	25.11	Rehana Lanewala	2002
9.	25.21	Sue Rowland	1988
10.	25.30	Kiley McDonald	2003

400-Meter Dash

1.	54.98	Jennifer Zymet	2013
2.	55.50	Yetunde Daniels	2000
3.	56.41	Stephanie Bango	2002
4.	56.71	Catherine Trentacoste	2006
5.	56.88	Khadija Shariff	2001
6.	57.02	Rehana Lanewala	2002
7.	57.08	LaTonya McSwain	2000
8.	57.13	Charity Brady	2003
9.	57.13	Amy Calvo	2004
10.	57.15	Monique Boley	2005

800-Meter Run

1.	2:08.98	Christa Sawko	2006
2.	2:09.33	Stephanie Bango	2002
3.	2:09.90	Hana Casalnova	2012
4.	2:11.17	Megan Hathaway	2009
5.	2:11.57	Christine Bendzinski	2015
6.	2:11.74	Beth Brauneegg	2012
7.	2:12.02	Caroline Tolli	2012
8.	2:12.34	LaTonya McSwain	2002
9.	2:12.34	Lauren Bricker	2005
10.	2:12.45	Jenny Dalzell	2008

1,500-Meter Run

1.	4:25.55	Caroline Tolli	2013
2.	4:28.28	Christa Sawko	2006
3.	4:28.45	Beth Brauneegg	2013
4.	4:28.60	Christine Bendzinski	2015
5.	4:29.63	Sarah Moniz	2010
6.	4:29.81	Hana Casalnova	2014
7.	4:30.14	Lauren Bricker	2006
8.	4:33.04	Julie Sweitzer	1998
9.	4:33.57	Jennifer Marsh	2005
10.	4:33.98	Emily Liggett	2012

3,000-Meter Run

(No longer competed in Division I)			
1.	9:40.32	Julie Sweitzer	1999
2.	9:41.15	Sarah Moniz	2010
3.	9:45.55	Emily Liggett	2012
4.	9:45.91	Caroline Tolli	2013
5.	9:54.30	Stephanie Fulmer	2010
6.	9:58.24	Leanna Nastase	2007
7.	9:59.79	Jenny Stevens	2007
8.	10:01.17	Stacey Nicholson	1983
9.	10:04.41	Becki Marshall	2000
10.	10:04.33	Justine Schnell	2014

3,000 Steeplechase

1.	10:41.98	Chris Crowe	2002
2.	10:52.97	Lauren Bricker	2006
3.	10:55.07	Leah Goeke	2013
4.	11:05.17	Christine Totten	2007
5.	11:08.20	Kelly Grosskurth	2011
6.	11:08.87	Elizabeth Sheprow	2015
7.	11:12.13	Sarah Chandler	2014
8.	11:15.35	Kylie Pearse	2013
9.	11:19.27	Samantha Bower	2009
10.	11:20.70	Nichole Smith	2007

5,000-Meter Run

1.	16:51.95	Emily Liggett	2012
2.	16:52.80	Kate Scott	2015
3.	16:56.23	Sarah Moniz	2011
4.	16:59.98	Becki Marshall	2001
5.	17:02.41	Deanna Godby	2015
6.	17:09.57	Katie Jesse	2015
7.	17:09.74	Kelly Hoskins	1984
8.	17:10.94	Judy Perry	1987
9.	17:18.32	Zoe Gaston	2014
10.	17:18.64	Jennifer Hart	2000

10,000-Meter Run

1.	35:05.14	Judy Perry	1987
2.	35:18.94	Kate Scott	2015
3.	35:59.62	Carly Graytock	2000
4.	36:03.24	Kelly Hoskins	1984
5.	36:18.28	Theresa Dennis	2003
6.	36:18.74	Helene Weiting	1989
7.	36:24.97	Katie Pfeifer	2004
8.	36:31.20	Montana DiPietrantonio	2015
9.	36:35.75	Leanna Nastase	2007
10.	36:35.98	Zoe Gaston	2014

100-Meter High Hurdles

1.	14.14	Catherine Trentacoste	2007
2.	14.41	Taylor Funk	2012
3.	14.44	Edwina Bourn	2002
4.	14.48	Kiley MacDonald	2003
5.	14.54	Jenn Silvestri	2015
6.	14.56	Margaret Wilkes	1990
7.	14.57	Melanie Buczko	2006
8.	14.57	Jamie Leacock	2011
9.	14.65	Kafilat Oladiran	2015
10.	14.69	Jamie Lilien	2003

400-Meter Int. Hurdles

1.	1:00.75	Khadija Shariff	2001
2.	1:00.82	Jenn Silvestri	2014
3.	1:01.17	Catherine Trentacoste	2006
4.	1:01.19	Chrissy Haney	2013
5.	1:01.95	Taylor Funk	2012
6.	1:02.72	Laura Papili	2014
7.	1:02.81	Edwina Bourn	2000
8.	1:02.84	Bridget Dean	1995
9.	1:02.95	Jamie Leacock	2009
10.	1:03.12	Christa Sawko	2004

Long Jump

1.	19-8 1/4	Tolu Fayanjuola	2004
2.	19-0 1/4	Jill Wise	1988
3.	19-0 1/4	Lynnette McBride	1990
4.	19-0	Kate Dei Cas	1997
5.	19-0	Jen Rice	1997
6.	18-7	Alyssa Cardillo	2013
7.	18-6	Jennifer Pierce	2008
8.	18-5 3/4	Nina Reinhardt	2006
9.	18-5 1/4	Kim McGrath	2000
10.	18-4 1/4	Amy Mantush	2008
	18-4 1/4	Sasha Hornock	2012

Triple Jump

1.	41-3 1/4	Jill Wise	1988
2.	40-9	Efe Agege	2015
3.	39-1	Amy Mantush	2008
4.	39-0 1/2	Ann Doty	2005
5.	38-10 1/4	Kim McGrath	2000
6.	38-10 1/4	Casey Krause	2010
7.	38-7 3/4	Lauren Bricker	2004
8.	38-4	Nicole Ayala	2006
9.	38-2	Stephanie Evans	2009
10.	38-1 1/2	Dionne Bonds	2003

High Jump

1.	5-7	Amy Mantush	2007
2.	5-6 1/2	Karen Middleton	1998
3.	5-6	Norine Nadeau	1996
4.	5-5 3/4	Lonnie Fertik	1983
5.	5-5	Shannon Maher	2002
6.	5-5	Tolu Fayanjuola	2005
7.	5-5	Kati Dempsey	2006
8.	5-4 1/2	Jen Rice	1998
9.	5-4 1/2	Michaela Read	2013
10.	5-4 1/2	Lauren Hudson	2015

Shot Put

1.	49-10 1/2	Sophia Nnadi	2015
2.	46-10 1/4	Chelsey Musante	2010
3.	46-4	Sarah Bella	2009
4.	45-2 1/2	Abigail Brundage	2015
5.	45-0 1/2	Lori Allen	2000
6.	44-9 1/2	Marjorie Grap	2004
7.	43-11 3/4	Laura Schaffer	2004
8.	43-8 1/2	Beth Bittel	1990
9.	43-5 3/4	Rebecca Misko	2011
10.	43-4	Tria Tyler	1999

Hammer Throw

1.	202-8	Maria Garcia	2004
2.	192-0	Marjorie Grap	2007
3.	175-7	Chelsey Musante	2010
4.	173-1	Angie McFarland	2004
5.	170-10	Sophia Nnadi	2015
6.	170-3	Tria Tyler	1999
7.	166-2	Amanda Mockbee	2007
8.	164-3	Jen Kirschner	2000
9.	163-7	Erin Lee	2004
10.	163-4	Joylyn Brown	1998

Discus

1.	159-10	Tria Tyler	1999
2.	157-8	Amanda Mockbee	2008
3.	153-6	Sophia Nnadi	2014
4.	152-11	Rebecca Misko	2011
5.	151-9	Abby Monaghan	2012
6.	151-3	Marjorie Grap	2007
7.	148-5	Kathleen Hart	2007
8.	147-4	Emily Hoch	1999
9.	145-10	Erin Lee	2002
10.	145-5	Stephanie Easse	2015

Javelin (1999-pres.)

1.	158-7	Laura Rycek	2011
2.	157-3	Beverly Rogers	2008
3.	156-6	Kat Folger	2012
4.	144-1	Taylor Siegrist	2011
5.	143-4	Dayna Simone	2015
6.	137-5	Megan Sangimino	2015
7.	135-3	Rebecca Skovira	2015
8.	131-11	Danielle Brown	2002
9.	131-11	Erin Norris	2013
10.	131-0	Erin Lee	2002

Javelin (old implement)

1.	152-9	Heather Korhammer	1986
2.	143-11	Corinne Dinardo	1984
3.	139-10	Norine Nadeau	1993
4.	137-1	Jen Hafer	1994
5.	134-8	Sarah Vargo	1998
6.	127-10	Miriam Lopez	1996
7.	127-7	Julie Winkler	1987
8.	126-0	Tona Williams	1986

Pole Vault

1.	13-3 1/2	Melanie Buczko	2004
2.	12-4	Angie Hall	2004
3.	12-2 1/2	Emily Ando	2013
4.	12-0	Rebecca Frey	2009
5.	11-11 3/4	Andrea Nyce	2001
6.	11-7 3/4	Autumn Schellenberger	2012
7.	11-5 3/4	Yanelis Mestre	2015
8.	11-2 1/2	Rebekka Vuojolainen	2015
9.	11-1 3/4	Kristin Sundy	2012
10.	11-0	Samantha Klotz	2002
	11-0	Ashley Curry	2006

Heptathlon

1.	4,816	Lonnie Fertik	1983
2.	4,807	Norine Nadeau	1995
3.	4,640	Sara Vargo	1999
4.	4,630	Nina Reinhardt	2007
5.	4,434	Amy Mantush	2007
6.	4,258	Kristin Bretscher	2011
7.	4,208	Kat Allen	2007
8.	4,195	Alison Varano	2015
9.	4,161	Danielle Todman	2006
10.	4,027	Karen Middleton	2000

4x100-Meter Relay

1.	46.68	Zymet, Hornock, Bridle, Nagotko	2013
2.	47.12	Bridle, Oladiran, Lapszynski, Nagotko	2015
3.	47.45	Funk, Zymet, Rice, Hornock	2012
4.	47.52	Zymet, Lapszynski, Reiner, Nagotko	2014
5.	47.70	Zymet, Funk, Muccio, Hornock	2011
6.	47.93	Zymet, Nagotko, Bridle, Hornock	2013
7.	48.06	Brady, Lanewala, Bourn, MacDonald	2003
8.	48.08	Diercks, Plasko, Wilson, Hinton	1992
	48.08	Calvo, Vanden Broek, Lanewala, Fayanjuola	2004
10.	48.11	Calvo, Vanden Broek, Lanewala, Fayanjuola	2004

4x200-Meter Relay

1.	1:39.34	Zymet, Haney, Hornock, Nagotko	2013
2.	1:41.35	Zymet, Hornock, Bridle, Nagotko	2013
3.	1:41.40	Zymet, Rice, Hornock, Nagotko	2012
4.	1:43.42	Bourn, McDonald, Lanewala, Brady	2003
5.	1:43.54	Evans, James-Wintjen, Steele, Muccio	2009
6.	1:43.68	Dean, Plasko, Wilson, Hinton	1992
7.	1:43.84	Harbst, Plasko, Wilson, Hinton	1992

8.	1:44.08	Daniels, Quintana, Wolfgang, Vargo	1999
9.	1:44.15	Daniels, Nyce, Wolfgang, Bourn	2000
10.	1:44.52	Appel, James-Wintjen, Krause, Leacock	2010

4x400-Meter Relay

1.	3:45.69	Zymet, Hornock, Bridle, Nagotko	2013
2.	3:46.39	Silvestri, Nagotko, Pettaway, Zymet	2014
3.	3:47.09	Calvo, McSwain, Lanewala, Bango	2002
4.	3:47.24	Zymet, Nagotko, Silvestri, Pettaway	2014
5.	3:48.51	McSwain, Quintana, Daniels, Bango	1999
6.	3:48.53	Calvo, McSwain, Lanewala, Bango	2002
7.	3:49.08	McSwain, Quintana, Daniels, Bango	1999
8.	3:50.10	A. Sharkey, Bridle, Silvestri, Pettaway	2015
9.	3:50.13	Kyzmir, Bango, McSwain, Daniels	2000
10.	3:50.28	Kyzmir, Shariff, Daniels, McSwain	2000

4x800-Meter Relay

1.	8:44.94	Wakmsunski, Braunegg, Tolli, Casalnova	2012
2.	8:53.63	Bango, Kyzmir, McConnell, McSwain	2001
	8:53.63	Calvo, Bricker, Marsh, Sawko	2005
4.	8:54.40	Steinke, Fulmer, Dalzell, Hathaway	2009
5.	8:56.96	Hanson-Hall, Wright, Janda, Dalzell	2008
6.	8:57.00	Hanson-Hall, Cranmer-Hart, Janda, Sawko	2007
7.	8:57.80	Cranmer-Hart, Hanson-Hall, Gilbert, Sawko	2007
8.	8:53.67	Wakmsunski, Horleman, Brauneegg, Tolli	2013
9.	8:58.01	Tolli, Holbrook, Wakmsunski, Casalnova	2011
10.	8:58.04	Casalnova, Wakmsunski, Holbrook, Tolli	2011

ACADEMIC HONORS/MISSION



**LaTONYA
McSWAIN
12X PL
CHAMPION**

MEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

ACADEMIC ALL-AMERICANS

1989	Steve West	First Team
1990	Pete O'Brien	Third Team
1991	Matt Deardorff	First Team
1992	Matt Deardorff	First Team
	Bob Kelly	Second Team
1999	Ron Hess	Third Team
2000	Ron Hess	Second Team
2003	Bryan Johnston	Second Team
	Adam Kaufman	Second Team
2008	David Mante	Third Team

ACADEMIC ALL-DISTRICT

1983	Mike Deckert	
1984	Mike Deckert	
1989	Steve West	
1990	Pete O'Brien	
1991	Matt Deardorff	
1992	Matt Deardorff	
	Bob Kelly	
1996	Terrance Shea	
1999	Ron Hess	
	Matt Kodak	
2000	Ron Hess	
2003	Eric Furst	Second Team
	Bryan Johnston	First Team
	Adam Kaufman	First Team
2004	Mike Mellas	First Team
2006	Dan Frake	First Team
2007	Joshua Kaehler	First Team
	David Mante	First Team
2008	David Mante	First Team
	Kevin MacLeod	First Team
2009	Jonathan Lockhart	First Team
	Kevin MacLeod	First Team
2010	Kyle Anthony	First Team
	Jonathan Lockhart	First Team
2011	John Picardo	First Team
2012	Rob Arent	First Team
	Jordan Donaldson	First Team
2013	Leonard Joseph	First Team
	Luke Webster	First Team

NCAA POSTGRADUATE SCHOLARSHIPS

1982	Rick Sayre
1989	Steve West
1992	Matt Deardorff
	Jason Cahilly

ECC SCHOLAR-ATHLETES

1980	Rick Sayre	Cross Country
1981	Rick Sayre	Cross Country
1982	Mike Deckert	Cross Country
1983	Mike Deckert	Indoor/Outdoor
	Mike Deckert	Cross Country
1984	Mike Deckert	Indoor/Outdoor
1985	Chocky Spadafore	Outdoor
	Rich Stark	Cross Country
1986	Charles Cole	Cross Country
1987	Rich Stark	Indoor/Outdoor
	Charles Cole	Cross Country
1988	Ken Sevinsky	Indoor
	Charles Cole	Outdoor
	Steve West	Cross Country
1989	Steve West	Indoor/Outdoor
	Pete O'Brien	Cross Country

PATRIOT LEAGUE SCHOLAR-ATHLETES

1991	Matt Deardorff	Indoor/Outdoor
1992	Bob Kelly	Indoor
	Matt Deardorff	Outdoor
1994	Chris Priestaf	Cross Country
1995	Chris Priestaf	Indoor/Outdoor
	Terrance Shea	Cross Country
1996	Matt Kodak	Cross Country
1997	Matt Kodak	Cross Country
1998	Ron Hess	Indoor
	Matt Kodak	Cross Country
1999	Ron Hess	Indoor/Outdoor
2000	Ron Hess	Indoor/Outdoor
	Kevin Weatherill	Cross Country
2002	Bryan Johnston	Cross Country
2007	David Mante	Indoor
	Joshua Kaehler	Outdoor

ECAC MEDALLION

1974	Scott Bartram
1980	Chet Palesko
1984	Mike Deckert
1991	Matt Deardorff
1995	Terrance Shea
1999	Kevin Weatherill

WOMEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

ACADEMIC ALL-AMERICANS

1984	Kelly Hoskins	Second Team
1990	Kelly Marsh	First Team
1991	Kelly Marsh	First Team
1999	Julie Sweitzer	Third Team
2002	Becki Marshall	Third Team
2002	Kelly McConnell	Third Team
2007	Melanie Buczko	Third Team
2013	Caroline Tolli	Second Team

ACADEMIC ALL-DISTRICT

1983	Lonnie Fertik	
1984	Kelly Hoskins	
1990	Kelly Marsh	
1991	Kelly Marsh	
1999	Julie Sweitzer	
2000	Julie Sweitzer	
2001	Becki Marshall	First Team
2002	Stephanie Bango	Second Team
	Becki Marshall	First Team
	Kelly McConnell	First Team
2006	Melanie Buczko	Second Team
	Catherine Trentacoste	Second Team
2007	Lauren Bricker	First Team
	Melanie Buczko	First Team
	Christa Sawko	First Team
2008	Gillian Nordquist	First Team
	Beverly Rogers	First Team
2009	Megan Hathaway	Second Team
	Gillian Nordquist	First Team
2010	Allison Janda	First Team
2011	Kristin Bretscher	First Team
	Sarah Moniz	First Team
	Caroline Tolli	First Team
2012	Caroline Tolli	First Team
2013	Caroline Tolli	First Team
	Emily Waksunski	First Team

NCAA POSTGRADUATE SCHOLARSHIPS

1984	Kelly Hoskins
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ECC SCHOLAR-ATHLETES

1983	Kelly Hoskins	Cross Country
1984	Kelly Hoskins	Outdoor
1987	Judy Perry	Cross Country
1988	Judy Perry	Outdoor
1989	Margaret Wilkes	Indoor

1989	Judy Perry	Outdoor
1990	Kelly Marsh	Indoor

PATRIOT LEAGUE SCHOLAR-ATHLETES

1990	Kelly Marsh	Cross Country
1991	Lynette McBride	Indoor
1996	Julie Sweitzer	Cross Country
1997	Lisa Allen	Outdoor
	Julie Sweitzer	Cross Country
1998	Julie Sweitzer	Indoor
	Julie Sweitzer	Cross Country
1999	Julie Sweitzer	Indoor
	Becki Marshall	Outdoor
	Becki Marshall	Cross Country
2000	Carly Graytock	Outdoor
	Becki Marshall	Cross Country
2001	Becki Marshall	Indoor
	Becki Marshall	Cross Country
2002	Kelly McConnell	Indoor
2005	Melanie Buczko	Indoor
2006	Melanie Buczko	Indoor
2007	Gillian Nordquist	Cross Country
2012	Caroline Tolli	Indoor
	Caroline Tolli	Outdoor
2014	Emily Waksunski	Indoor
	Katie Jessee	Cross Country
2015	Sophia Nnadi	Outdoor

ECAC MEDALLION

1984	Kelly Hoskins
1990	Kelly Marsh
1999	Amanda Youmell

NACDA/DISNEY SCHOLARSHIP

1991	Kelly Marsh
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**DAVE
BRONFENBRENNER
3X PL
CHAMPION**

BUCKNELL DEPARTMENT OF ATHLETICS MISSION STATEMENT

The Department of Athletics and Recreation strives to set the standard of excellence for intercollegiate and intramural programs in higher education, thereby advancing and drawing attention to the mission, core values, and educational goals of Bucknell University.

The Department believes that student-athletes' academic programs must be their first priority. It is therefore committed to maintaining Bucknell's high national ranking for student-athletes' graduation rates and for producing Academic All-Americans, and to continued leadership of the Patriot League in Academic Honor Roll nominations, based on grade-point averages. The coaches' and staff's paramount responsibility is maintaining academic priorities and supporting student-athletes' education, even while providing the rigorous and serious NCAA Division I athletic opportunities Bucknell student-athletes seek.

Further, the Department promotes the personal growth of student-athletes and the general student body by encouraging personal health, development, and balance among intellectual, social, civic, and physical pursuits; by celebrating challenge and competition; and by preparing participants for service and leadership in the world. Coaches and staff direct a rich array of athletic programs and recreational opportunities aimed at increasing student engagement, as well as strengthening character, healthy living, teamwork, sportsmanship, and spirit. In creating shared experiences for students, faculty, and staff, as well as alumni, family, and friends, the Department's programs add substantially to Bucknell's sense of community and foster life-long relationships with Bucknell.

The Department embraces the University's decision to compete at the highest extramural level, in Division I of the National Collegiate Athletic Association (NCAA). Division I membership is valuable not only because this level of competition maximally challenges student-athletes, but also because it signals clearly Bucknell's high standards and seriousness of purpose in all extracurricular endeavors and it helps position Bucknell apart from other National Liberal Arts Colleges. Likewise, the competitive success the Department seeks, measured in part by consistent contention for the Patriot League Presidents' Cup, reflects positively upon Bucknell's student-athletes and the University alike, and it brings distinction and national recognition to Bucknell.

A student-centered operation, the Department is committed to providing equitable opportunities to women and men, as well as members of minority and majority groups of all kinds. The Department subscribes to, and complies with, all principles and regulations of the Patriot League, the Eastern College Athletic Conference, and the NCAA.

The department is proud that so many of today's exemplary Bison scholar-athletes will be tomorrow's outstanding leaders.





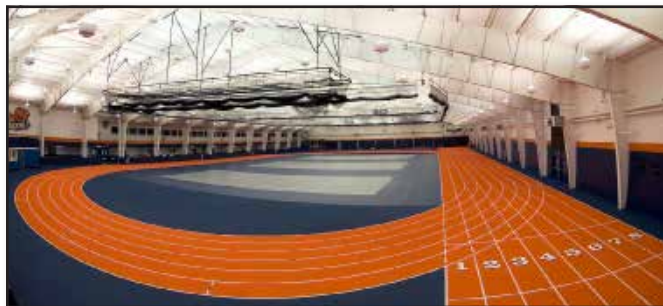
CROSS COUNTRY/TRACK & FIELD FACILITIES



Cross Country Course, Bucknell Golf Club

The Bucknell cross country teams run on the challenging, scenic course of the Bucknell Golf Club. The men's course measures 8,000 meters, and the women's 6,000. Bucknell has hosted the Patriot League Cross Country Championships twice, and the course has also been the site of the Pennsylvania Interscholastic Athletic Association (PIAA) State Championships.

XC Course Length: 8,000 meters (men); 6,000 meters (women)



Gerhard Fieldhouse

Gerhard Fieldhouse serves as Bucknell's indoor track and field facility. Renovated in 1995 and in the summer of 2008, the Bison boast one of the finest indoor tracks in the East. The facility has attracted several outstanding teams to Lewisburg, and has played host to the Patriot League Championships five times. The main floor of the fieldhouse includes a 200-meter track; courts for basketball, tennis and volleyball; and facilities for field events. The two-and-one-half acre building also includes racquetball/handball courts, squash courts, a climbing wall, a dance studio and aerobics room, a wrestling room, locker rooms, a classroom, offices, two lounges and the Bucknell Athletics Hall of Fame.

Surface: Rubberized eight-lane track, all-purpose flooring
Built: Feb. 1978
Renovated: 1995 & 2008

GERHARD FIELDHOUSE RECORDS

Men

55m	D. Ross (Lincoln/ D. Bobb (Unattached) ...	6.27	2000
60m	P. Obuon (VMI)	6.72	2004
200m	J. Sartor-Francis (Navy)	21.68	2014
300m	L. Gordon (Zenith Velocity)	34.13	2011
400m	K. Boyle (Bucknell)	48.32	2007
500m	M. Geraghty (Bucknell)	1:02.24	1984
600y	M. Eneyart (Pacific Coast)	1:09.4	1982
800m	S. Strauman (IUP)	1:51.09	2007
1000y	S. Bigotto (Bucknell)	2:11.6	1981
1000m	M. Hulme (Bucknell)	2:23.6	1982
1500m	M. Hulme (Bucknell)	3:45.1	1982
Mile	J. Derienzo (NYAC)	4:03.2	1979
3000m	B. Reifsnnyder (Bucknell)	8:08.1	1983
5000m	G. Buckheit (Bucknell)	14:03.34	1979
2-Mile	B. Reifsnnyder (Bucknell)	8:42.9	1983
55m HH	R. Melbourne (Team Ist)	7.24	2006
60m H	C. Lupica (Bucknell)	7.82	2014
4x200	UMBC	1:30.51	2007
4x400	Hampton	3:15.05	1999
4x800	Navy	7:33.74	2004
DMR	Navy	9:55.86	2004
SMR	James Madison	3:25.93	1999
SHR	Lincoln	29.62	1998
LJ	J. Gorham (Penn St.)	25.0	2003
	N. Powell (Bucknell)	25.0	2003
	J. Gooden (Towson)	51-9 3/4	2003
	R. Ramsey (Shippensburg)	7-0 1/2	2014
Shot	K. Kirtan (UMES)	61-5	2007
WT	T. Carey (Saint Francis)	67-7 1/2	2004
Pent.	M. Stinson (Lock Haven)	3,885	2003
Hept.	R. Belany (Navy)	5,311	2008
PV	J. Scott (Allegheny)	17-7 1/4	2003

Women

55m	S. Patterson (G. Mason)	6.89	1998
60m	M. Jackson (UMBC)	7.46	2014
200m	S. Okpobo (Holy Cross)	24.25	2014
300m	A. Johnson (Georgetown)	39.61	2009
400m	L. McNary (Howard)	55.07	2006
500m	J. Helms (Navy)	1:13.22	2000
600m	T. Hart (Penn St.)	1:31.7	1982
800m	T. Hart (Penn St.)	2:09.64	1984
1000m	D. Startare (Penn St.)	2:50.14	1983
1500m	B. Leddy (Villanova)	4:29.14	1980
	D. Startare (Penn St.)	4:29.14	1982
Mile	R. Donaahue (Unattached)	4:42.13	2006
3000m	C. Ihrig (Penn St.)	9:26.6	1980
5000m	K. Spratford (Shippensburg)	16:34.71	2012
60m H	V. Johnson (Unattached)	7.57	2006
55m HH	L. Buckley (Howard)	8.42	2009
4x200	UMBC	1:44.26	2007
4x400	Maryland "A"	3:46.32	2000
4x800	George Mason	8:59.06	1997
DMR	George Mason	11:55.2	1996
SMR	George Mason	4:04.87	1998
SHR	Mount St. Mary's	32.54	2006
LJ	A. Brown (G. Mason)	20-8	1997
	D. Brown (Cornell)	40-9 1/2	1999
TJ	K. Gaito (Open)	5-10	1982
Shot	C. Bore I (UMBC)	55-4 1/4	2002
WT	J. Leatherman (Unattached)	68-6 1/2	2006
Pent.	J. Alston (Maryland)	3,863	1982
PV	M. Buczek (Bucknell)	13-4 1/4	2007



Christy Mathewson-Memorial Stadium

Christy Mathewson-Memorial Stadium, Bucknell's outdoor facility, has been almost completely refurbished in the last 20 years. In 1988, the horseshoe edifice was totally resurfaced and new seating was added. New concession stands, restrooms, ticket booths and souvenir stands were added a year later, along with an eight-lane, all-weather track. The most recent upgrades include new lights, which feature a nearly 10-fold increase in candle power, and a new FieldTurf playing surface. Encircling the football field is an eight-lane Rekortan Track, originally laid in 1989 and replaced in 2002 and 2012.

Surface: Eight-lane Rekortan Track/Synthetic Field Turf
Built: 1924
Renovated: 1988, 1989, 2001, 2002, 2012

CHRISTY MATHEWSON-MEMORIAL STADIUM RECORDS

Men

100m	A. Campbell (Vermont)	10.38	2009
200m	B. Gehret (Penn State)	20.99	2012
400m	M. Fabio (Adelphi)	47.15	2012
800m	R. Foster (Penn State)	1:48.79	2009
1500m	R. Creese (Penn State)	3:41.32	2013
Mile	W. Rogers (Lehigh)	4:14.8	1973
5000m	B. Fennell (American)	14:02.53	2007
10000m	J. Spisak (Duquesne)	29:02.09	2014
110m HH	C. Lupica (Bucknell)	13.87	2015
400m IH	C. Hood (Penn State)	52.15	2007
Steeple	L. Watson (adidas)	8:51.10	2009
HJ	L. Toney (Shippensburg)	7-0 1/2	2008
LJ	D. Eradiri (St. Francis (Pa.))	24-6 1/4	2009
TJ	S. Waithe (Penn State)	52-7 1/2	2014
Shot Put	D. Hill (Penn State)	64-8 1/2	2015
Discus	S. Mozia (Cornell)	191-9	2015
PV	R. Quiller (Binghamton)	17-6 1/2	2007
Javelin	R. Robbins (Cornell)	248-11	2014
Hammer	G. Ingalls (Army)	222-0	1996
4x100	Cornell	40.77	2012
4x400	Army	3:12.57	2010
4x800	Army	7:24.16	2010
Decath.	O. Brown (Moravian)	6797	2007

Women

100m	B. Johnson (St. Francis)	11.68	2014
200m	K. Seymour (Penn State)	23.66	2014
400m	F. Dorr (Penn State)	53.61	2010
800m	A. Henry (Buffalo)	2:07.49	2012
1500m	R. Simko (Penn State)	4:20.11	2012
Mile	L. Young (West Chester)	5:14.4	1983
3000m	L. Gubicza (Fordham)	9:19.7	1993
5000m	J. Culley (Unattached)	16:08.08	2007
10000m	K. Kellner (Cornell)	34:02.54	2013
100m HH	A. Barber (Penn State)	13.52	2007
400m IH	A. Barber (Penn State)	58.54	2007
Steeple	B. Franek (Penn State)	9:53.70	2009
HJ	E. Siuciak (Buffalo)	5-10 3/4	2014
LJ	J. Maduka (Cornell)	20-6 1/4	2007
TJ	J. Maduka (Cornell)	43-2 1/4	2007
Shot Put	R. O'Brien (Unattached)	57-8 1/2	2012
Discus	R. O'Brien (Buffalo)	169-3	2011
PV	E. Knabe (Penn State)	12-9 1/2	2014
Javelin	L. Loht (Penn State)	163-1	2014
Hammer	M. Kurzdorfer (Penn St.)	203-1	2012
4x100	Penn State	45.34	2014
4x400	Cornell	3:36.26	2015
4x800	Bucknell	8:59.33	2010
Hept.	A. Huffman (Monmouth)	4,922	2005

JILL WISE
1988 NCAA QUALIFIER & 8X ECC CHAMPION

BUCKNELL ATHLETICS HALL OF FAME



BUCKNELL ATHLETICS HALL OF FAME

The following is an alphabetical list of Bucknell Athletics Hall of Fame members inducted for their cross country and track & field accomplishments:

Stephanie Bango '02

Track & Field - Inducted in 2012 - Bango graduated with 21 Patriot League gold medals, which still stands as the school record, 15 of which came in the 800 meters or 4x800. She also led her team to seven titles and one runner-up finish. Bango broke the six-year-old indoor record in the 800 by more than four seconds, a record that stills tands. A six-time All-East performer, she was named to the Patriot League All-Decade Team and was the recipient of the Christy Mathewson Award.

Robert W. Bickel '79

Cross Country/Track - Inducted in 2002 - Bickel was ranked among the top 50 American runners in 1978 and 1979, ran on cross country teams that were a perfect 49-0 in dual meets and won Bucknell's first four of 18 consecutive East Coast Conference and Patriot League championships. Bickel competed in the 1978 NCAA Cross Country Championship, won ECC championships in the indoor 3-mile run in 1978 and outdoors in the 10,000 meters 1978 and 1979.

George A. Buckheit '79

Cross Country/Track - Inducted in 1986 - The East Coast Conference cross country champion in 1977 and 1978 and winner of eight ECC indoor and outdoor track titles, Buckheit was All-East three straight years and an All-American in indoor and outdoor track as a senior. He captained both sports and was on seven ECC championship teams.

Francis J. Carroll, Jr. '75

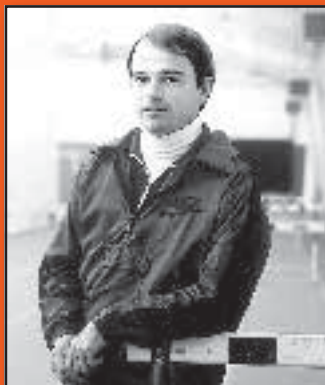
Cross Country/Track - Inducted in 1994 - A co-captain and four-year letterman in cross country and track and field, Carroll twice earned All-East honors in cross country and ran on a relay team that placed 11th at the 1974 NCAA Indoor Championships.

Charles Cole '88

Cross Country/Track - Inducted in 2010 - Cole led the cross country and track and field teams to 11 East Coast Conference championships as well as a pair of cross country NCAA Championship appearances. He was a two-time ECC individual cross country champion, a three-time All-ECC selection and a two-time ECC Scholar-Athlete of the Year. He also captured four ECC gold medals in indoor and outdoor track and field.

Gabrielle L. Czaja '85

Cross Country/Track - Inducted in 2000 - Czaja won 12 letters as a standout for the cross country and track & field teams. She led the cross country team to three ECC crowns and improved her individual finish at the championship meet each season, capping her career with an individual title in 1984.



+ ART GULDEN + A BISON LEGEND

Legendary Bucknell cross country and track and field coach Art Gulden passed away in May of 2001. Gulden was at the helm of the Bucknell cross country and track and field programs for 31 years. Gulden led Bucknell to 68 conference titles and was named the Patriot League Coach-of-the-Year 20 times in the 11 years he coached in the conference.

Gulden's men's cross country teams, arguably Bucknell's most nationally accomplished program, won 18 straight conference titles from 1975-92. At one point, men's cross country posted 167-straight dual meet wins, a streak spanning 16 years.

He sent men's teams to the NCAA Championships nine times in the last 21 years of his career and also saw the women receive an at-large selection to the NCAA meet in 1999 for the first time in school history.

He served in many positions in the world of cross country and track and field including stints as the president of the IC4A Cross Country and Track and Field Coaches Association and the U.S. Cross Country Coaches Association. Gulden was inducted into the USTFCCA Hall of Fame in 2009.

A 1964 graduate of Rutgers University, Gulden received his master's degree at Rutgers a year later. He served as a lieutenant in the U.S. Army for two years, then returned to Rutgers for three years before coming to Bucknell to begin his illustrious career with the Orange and Blue.

Gulden was inducted into the Bucknell Athletics Hall of Fame in 2001.

Yetunde Daniels Rubinstein '00

Track & Field - Inducted in 2012 - Daniels graduated with six school track & field records and 16 Patriot League gold medals. A member of the Patriot League All-Decade Team, she was named the Athlete of the Meet at the 1997 PL Indoor Championships and four won league titles in the outdoor 200 meters. The co-winner of the 2000 Christy Mathewson Award, Daniels still holds the Bucknell records in the indoor 200, 400 and 4x400 relay as well as the outdoor 200, 400 and sprint medley relay.

Lee C. Edmonds '79

Track & Field - Inducted in 2002 - Edmonds was ranked among the top 50 American runners in 1978 and 1979 and ran on cross country teams that were a perfect 49-0 in dual meets and won Bucknell's first four of 18 consecutive East Coast Conference and Patriot League championships. Edmonds competed in the 1978 NCAA Cross Country Championship, won ECC indoor titles in the 3-mile run in 1978 and 1979, and outdoor titles in the 10K in 1978 and 1979.

Mitchell Farbstein '73

Track & Field - Inducted in 1991 - Farbstein set a school discus record and won the event at the Middle Atlantic Conference Championships in 1971. In football, he was twice an honorable mention Little All-America fullback and an ECAC All-East choice in 1972.

Lonnie Fertik Williard '83

Track & Field - Inducted in 1994 - The first woman to earn All-America honors in track & field at Bucknell, Williard set seven indoor and outdoor school records and finished fourth in the heptathlon at the AIAW Division II National Championships in 1982.

Mike Geraghty '84

Track & Field - Inducted in 2002 - One of the top middle distance runners in the history of Bucknell's vaunted men's track and field program, Geraghty won East Coast Conference championships in the outdoor 400 meters in 1982 and 1984, and he competed in the NCAA Indoor Championships in 1982 and 1984. His standout performances helped lead Bucknell to six ECC team titles - three indoors and three more outdoors.

William H. Gravely '77

Track & Field - Inducted in 1998 - A four-year letterman in track and field and two-year starter in basketball, Gravely won two East Coast Conference outdoor titles and was runner-up his other two years in the triple jump.

Brian S. Harshman '85

Cross Country/Track - Inducted in 2003 - Harshman won six East Coast Conference individual titles, including the indoor mile and 1,000 meters in 1984 and 1985, the indoor 2-mile run in 1983 and the outdoor 1,500 meters in 1985. He is one of



**BEVERLY
ROGERS
2X ALL-EAST
SELECTION**



**MARK
CAROLEO
2006 ALL-
EAST
SELECTION**

BUCKNELL ATHLETICS HALL OF FAME



BUCKNELL ATHLETICS HALL OF FAME

only two men in Bucknell history to run the 5,000 meters in under 14 minutes.

Tameka Hinton '95.....
Track & Field - Inducted in 2005 - Hinton graduated with 19 conference track & field gold medals, including four straight in the 55-meter dash, 100-meter dash and 200-meter dash. Proving her versatility and incredible athleticism, she also earned a league title in the shot put. Hinton was named Outstanding Performer of the Patriot League Championships three times and was elected to the Patriot League All-Decade Team.

Mark D. Hulme '83*Cross Country/Track - Inducted in 2001* - Hulme played a big part in Art Gulden's program while at Bucknell as a member of nine ECC cross country and track & field championship teams. Hulme still holds records in the 1,500 meter run both indoors and outdoors.

Becki Marshall '02
Cross Country/Track - Inducted in 2013 - Marshall won the Patriot League Women's Cross Country Championship in 1999, 2000 and 2001 and was named to the Patriot League Women's Cross Country All-Decade Team in 2000 - following her sophomore year. She was an All-Region honoree in 1999. Marshall was also a Patriot League champion in the 1,500 and 5,000 meters as well as the distance medley relay and was a part of seven Patriot League championship squads in track and field. Marshall was a national Academic All-America Third Team selection in 2002.

Lynnette McBride '91
Track & Field - Inducted in 2010 - A superior athlete who helped set the stage for the championship-caliber program of today, McBride won Patriot League long jump titles both indoors and outdoors as a senior and was the East Coast Conference outdoor long jump champion in 1990. McBride also ran the anchor leg of Bucknell's victorious 4x400-meter relay that clinched the team title for the Bison at the inaugural Patriot League Outdoor Championships in 1991 and won the Patriot League Scholar-Athlete of the Year award for indoor track and field as a senior.

Glenn McLaughlin '74
Cross Country/Track - Inducted in 1999 - McLaughlin was a four-year letterwinner in cross country and outdoor track & field and earned three letters in indoor track and field. He qualified for the NCAA indoor track championships in the 600-yard dash in 1973, where he finished 12th. In 1974, McLaughlin was a member of the distance medley relay that placed 11th at the NCAA championships.

Thomas E. McLean '78
Track & Field - Inducted in 1983 - A track All-American, McLean was the 1976 NCAA outdoor 800-meter champion and represented the USA in several international competitions. McLean also won two IC4A and four ECC 800-meter titles and was basketball co-captain in 1974-75.

Susan Rowland Miller '89
Track & Field - Inducted in 1999 - Rowland was a four-year letterwinner in both indoor and outdoor track and served as a co-captain of the track teams during her junior and senior seasons. She became one of the premier sprinters in Bucknell history and continues to rank in the program's top-10 lists for the 100 and 200.

J. Douglas Nauman '73
Track & Field - Inducted in 1984 - Nauman was Middle Atlantic Conference javelin champion in 1973 and scored in the event all three years prior. An All-Pennsylvania, All-East and Academic All-America

defensive tackle in football, Nauman was named Bucknell's Outstanding Senior Athlete in 1973.

Judy Perry West '90
Cross Country/Track - Inducted in 2008 - Earned 12 career varsity letters in cross country, indoor and outdoor track and field, and she was the No. 1 runner on four East Coast Conference champion cross country teams. She was also part of three ECC track championship teams and five others that finished second. At the 1987 Penn Relays, she ran 35:05.14 in the 10,000-meter run. That smashed the previous school record by 58 seconds, and today her time still holds up as the Bucknell record by more than 54 seconds.

William P. Reifsnnyder '84
Cross Country/Track - Inducted in 1989 - The finest distance runner in Bucknell history, Reifsnnyder was an All-American three times in cross country, was All-East eight times in cross country and track and led Bucknell to 10 conference championships.

Richard J. Sayre '82
Cross Country/Track - Inducted in 1991 - An NCAA finalist and All-American in the steeplechase in 1981, Sayre was on four cross country teams that qualified for the NCAA meet and earned All-East recognition six times in cross country and track & field.

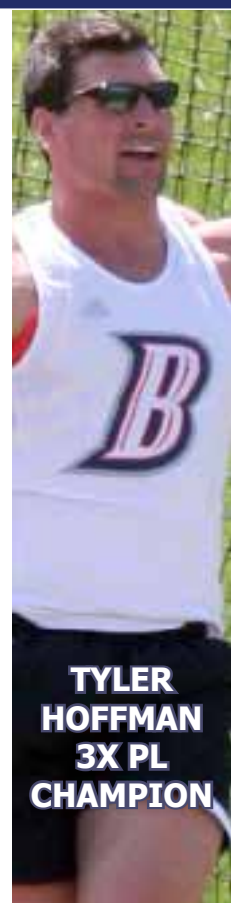
Edwin S. Stebbins '37
Track & Field - Inducted in 1997 - Considered one of the finest sprinters in Bucknell history, Stebbins captained the 1937 Bison track & field team. Though details of many of his meets are incomplete, he is rightfully regarded as one of the premier track & field athletes in Bucknell history.

Julie Sweitzer Granger '99
Cross Country/Track & Field - Inducted in 2011 - In cross country, Sweitzer became Bucknell's first NCAA Championship qualifier in 1997 and was the Patriot League individual champion in 1997 and 1998. Sweitzer was also All-East in the indoor mile and outdoor 3,000 meters. She was named Patriot League Athlete of the Meet at the 1998 PL Indoor Championships, and her seven indoor gold medals are tied for fourth-most in program history. A part of four PL Championship teams, Sweitzer was a six-time PL Scholar-Athlete of the Year and a Third Team Academic All-American in 1999.

David White '83
Cross Country/Track - Inducted in 2010 - White qualified for the NCAA Indoor Championships in the 1,000 meters in 1982, where he finished fourth in his heat and had the 12th-fastest time in the preliminaries. He was part of five East Coast Conference championship teams and also competed in the 1982 NCAA Cross Country Championship as part of a Bison squad that finished 12th in the nation.

William F. "Bud" Wilkinson '36
Track & Field - Inducted in 1992 - A three-year letterman in football and track & field, Wilkinson was the first Bucknell sprinter to break 10 seconds for the 100-yards dash, was on a mile relay team that won two races at the Penn Relays and once won the 100, 220 and 440-yard dashes and was second in the shot put and javelin in a single dual meet.

Jill Wise Smith '89
Track & Field - Inducted in 2001 - Wise became the first Bucknell woman to compete in an NCAA Track & Field Championship when she qualified for the indoor meet in the triple jump in 1988. She continues to hold both program triple jump marks by wide margins.



**TYLER
HOFFMAN
3X PL
CHAMPION**



**ERIN
CRANMER-HART
5X PL CHAM-
PION**



THE ABC'S OF THE RECRUITING PROCESS

ADMISSIONS & APPLICATIONS

You can reach our Admissions Office by calling (570) 577-1101. To receive an application, please call our admissions office or send a written request to: Bucknell Admissions Office, Freas Hall, Bucknell University, Lewisburg, PA 17837.

CALENDAR

A typical recruiting calendar for a prospective student-athlete interested in cross country or track and field would go something like this:

- ** Summer 2015** — Make unofficial visits to schools of interest.
- ** September 2015** — Contact head coach Kevin Donner if Bucknell falls within your top five list of potential colleges. Send a letter expressing interest in the cross country/track & field program. It would be helpful to include a transcript and any videotape you may have available. Also, the student-athlete should be registered with the NCAA Clearinghouse. See your high school athletics director or guidance counselor for information.
- ** October 2015** — Coach Donner will be in contact regarding the student-athlete's interest and possible visit date. The student-athlete and family should file CSS Financial Aid Profile Form. See your college guidance counselor for information.
- ** November 15, 2015** — Deadline for Admissions and Financial Aid for Early Decision I.
- ** Late December, 2015** — Target date for Admissions letters to go out for Early Decision I candidates.
- ** January 15, 2016** — Deadline for Admissions and Financial Aid for Regular Decision and Early Decision II.
- ** Late January, 2016** — Target date for Admissions decision letters to go out for Early Decision II candidates.
- ** Late March, 2016** — Target date for Admissions decision letters to go out for Regular Decision candidates.
- ** Mid-April, 2016** — Target date for open house weekend for all accepted applicants.
- ** May 1, 2016** — Deadline for securing spot in 2016 class with deposit.

CLEARINGHOUSE

Before making an official visit, the NCAA mandates that all student-athletes interested in competing at the Division I or II level be certified through the NCAA Initial Eligibility Clearinghouse. Contact high school coaches, athletics director and/or guidance counselor for necessary paperwork.

CONTACTS

As per NCAA by-law 13.02.3, a contact is any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or takes place on the grounds of the prospect's high school, or at the site of organized competition or practice involving the prospect's high school, preparatory school, two-year college, or all-star team is considered a contact, regardless of the conversation that occurs. We are limited to three off-campus contact days per prospective student-athlete.

CORRESPONDENCE

It's important that the prospective student-athlete get in touch with coach Donner as soon as possible. A simple letter of inquiry into the cross country/track & field program will initiate the recruiting process. In the spring of your junior year or early senior year is the most appropriate time to contact coach Donner.

ADMISSIONS DEADLINES

- November 15** — Early Decision I Application and Financial Aid deadline
- January 15** — Early Decision II and Regular Decision Application and Financial Aid deadline

EARLY DECISION

Students who are absolutely, 100% confident Bucknell is their top college choice are encouraged to apply during the Early Decision process. Advantages are that you'll have an Admissions decision prior to Christmas and all

students accepted during the early decision process are guaranteed financial aid for which they qualify.

EVALUATIONS

As per NCAA by-law 13.02.6.1, an evaluation is any off-campus activity designed to assess the academic qualifications or athletic ability of a prospect, including any visit to a prospect's educational institution (during which no contact occurs) or the observation of a prospect participating in any practice or competition at any site. We are limited in our number of evaluations per prospective student-athlete.

INTERVIEWS

Coach Donner strongly encourages all prospective student-athletes to arrange for an on-campus interview with the Admissions Office. If it is not possible to interview on campus, alumni interviews are highly recommended. All interviews should be arranged through the Admissions Office by calling (570) 577-1101.

TELEPHONE CALLS

As per NCAA by-law 13.1.3.1, institutional staff members may not telephone a prospect (or the prospect's relatives or legal guardians) prior to July 1 following the prospect's completion of the junior year in high school. After July 1, institutional staff members may telephone a prospect once per week (measured Sunday through Saturday). The once-per-week limit applies to the entire institution.

VIDEO TAPES

In an attempt to make an accurate assessment early in the process, it is recommended videotapes be forwarded to head coach Donner's attention as soon as possible. The video need not be an elaborate production. Some simple meet or practice tape is sufficient.

VISITS, Official

According to NCAA by-law 13.7.1.2, a prospect may not make more than five expense-paid visits to NCAA member institutions, regardless of the number of sports in which the prospect is involved. An institution may not provide an expense-paid visit to a prospect who has not presented the institution with a high school (or college) academic transcript and a score from a PSAT, an SAT, a PACTPlus, or an ACT test taken on a national testing date under national testing conditions. The official visit may not exceed 48 hours.

VISITS, Unofficial

According to NCAA by-law 13.8.1, a prospect may visit an institution's campus at the prospect's own expense an unlimited number of times and may make an unofficial visit before the prospect's senior year in high school.

If a prospective student-athlete and/or parent has any questions, please feel free to call head coach Kevin Donner at (570) 577-1482 and/or visit the Recruiting and Compliance links on Bucknell's athletics Web site, www.BucknellBison.com. Best times to reach coach Donner are between the hours of 9 a.m. and 3 p.m. Monday-Friday, and between 8 p.m. and 10 p.m. Monday thru Thursday. Also, please feel free to forward any correspondence you feel will be helpful in the coaching staff's assessment of a prospective student-athlete.



**MEGHAN
CARROLL**



**MAXWELL
PRIZANT**

THE PLAN FOR BUCKNELL/PATRIOT LEAGUE



BUCKNELL BISON LEADERSHIP ACADEMY



As Bison Athletics seeks to create a comprehensive learning environment that meshes with the academic mission of the University, an important element of the complete student-athlete experience is participation in an elite leadership development program designed to identify, develop, challenge and support student-athletes and coaches in their continual quest to become leaders in academics, in athletics and in life.

The Bucknell Bison Leadership Academy was launched in August 2011 with the goal of delivering programming and instruction that bridge theory, development and real experiences in an interactive learning environment.

Through this endeavor, team leaders can enhance their impact on their teammates' and their program's performance immediately and for years to come. Leadership Academy programming has evolved and expanded throughout its first three years, and much more is planned in 2014-15.

Approximately 60 student-athletes participate in Leadership Academy programming each year. Representing the track and field team in 2014-15 will be John Dugan, Ryan Johnson, Jessica Matsinger, Kylie Pearse, Jenn Silvestri and Kristin Sundy.

Goals for the Bucknell Bison Leadership Academy include:

- Identify and develop high potential leaders in their sophomore or junior years
- Help young best athletes become best leaders
- Create strong leaders by example and set the stage for developing vocal leaders
- Build a strong peer support network for aspiring leaders
- Develop leaders who support and learn from current team captains/leaders
- Practice leading self, their class, and below
- Succession Planning — smoothly replace graduating leaders
- Encourage veteran leaders to step up and be vocal leaders
- Establish a solid, cooperative and ongoing partnership with the coaching staff
- Teach and apply the insights and skills necessary to be a responsible and respected leader
- Provide veteran leaders with ongoing coaching and support as they tackle the tough issues of team leadership
- Provide veteran leaders with a solid peer network for guidance and support
- Provide veteran leaders with highly marketable leadership skills for a lifetime



LIFE AFTER BUCKNELL

According to a Bucknell Career Development Center survey of the Class of 2013, 97 percent of the respondents were either employed or attending graduate school six months after graduation. Of Bucknell's 849 graduates in that class, 841 (99 percent) responded to the survey. Of that portion of the class, 71 percent were employed, 16 percent were enrolled in graduate school, five percent were both employed and in graduate school part-time, and three percent were still seeking employment or awaiting graduate school admission.

Of those attending graduate school, 22 percent are in medical school, 15 percent are pursuing degrees in social sciences and the humanities, 13 percent are studying engineering, six percent are in law school, five percent are seeking advanced degrees in science, and the remaining 39 percent are continuing their studies in areas such as business and education.

The mean salary for the 2013 graduates responding to the survey was \$48,506 and was highest for engineers. The mean salary for a graduate with a bachelor of science degree in computer engineering was \$71,250, and the mean salary for a graduate with a bachelor of science degree in business administration/accounting was \$55,297. Graduates from the College of Arts and Sciences had a mean salary of \$41,980.



THE PATRIOT LEAGUE



Bucknell has won the Patriot League Presidents' Cup in 18 of the last 24 years.

The Patriot League, which was founded on the principles of admitting athletes who are academically representative of their class, is in its third decade of academic and athletic achievement. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

The Patriot League began as a successful football conference in 1986. Full League members include American, Army, Boston University, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh, Loyola Maryland and Navy. Associate members include Fordham in football, Massachusetts Institute of Technology in women's rowing, Richmond in women's golf and Georgetown in football and women's rowing.

These member institutions are among the oldest and most prestigious in the nation. Alumni from Patriot League colleges and universities have played a leadership role in the shaping of our country. In the classroom, the Patriot League's full-member institutions, individually and collectively, consistently rank among the top Division I programs in the NCAA Graduation Rates Report. Since 1998, the Patriot League has ranked first among all Division I conferences offering scholarships in student-athlete graduation rates according to the NCAA Graduation Rates report. The League finished at the top spot with 96 percent of its teams reporting a graduation rate of 85 percent or higher in the most recent data. In addition, 90 Patriot League teams earned NCAA Academic Performance Program Public Recognition Awards after posting academic progress rate scores in the top 10 percent of all squads in their respective sports.

In the Patriot League's history, more than 200 student-athletes have been recognized as CoSIDA Academic All-Americans, while more than 12,000 have qualified for the League's Academic Honor Roll. More than 30 student-athletes have received NCAA Postgraduate Scholarships. Additionally, Patriot League student-athletes have earned Fulbright Scholarships, Rhodes Scholarships, Marshall Scholarships and NACDA/Disney Scholarships.



Most 2013 graduates (82 percent) were employed in the Northeast, with Pennsylvania (22 percent), New York City (19 percent) and New Jersey (15 percent) leading the way. Among the most popular employers of Bucknell graduates were firms such as Accenture, AmeriCorps, Deloitte, Ernst & Young, Goldman Sachs, JPMorgan Chase, KPMG, Merck & Company, Inc., PricewaterhouseCoopers, Teach for America, Turner Construction, UBS and U.S. Army. Many of the class respondents secured employment through Bucknell on-campus interviews, Career Development Center leads, networking or offers from former employees.



LOUIS TOBIAS



REBECCA SKOVIRA



CROSS COUNTRY SCHEDULE

	SEPTEMBER
BISON OPEN	4
COLGATE HARRY LANG INVITATIONAL	5
DICKINSON LONG-SHORT INVITATIONAL	26
	OCTOBER
LEHIGH PAUL SHORT RUN	2
GREATER LOUISVILLE CLASSIC	3
PENN STATE OPEN	17
PRINCETON INVITATIONAL	17
PATRIOT LEAGUE CHAMPIONSHIPS (COLGATE)	31

TRACK SCHEDULE

	DECEMBER
4-5 BISON OPENER	
	JANUARY
9	PENN STATE RELAYS
23	GULDEN INVITATIONAL
29-30	BISON OPEN & MULTI
29-30	PENN STATE NATIONAL INVITATIONAL
	FEBRUARY
5-6	NOTRE DAME MEYO INVITATIONAL
5-6	YSU NATIONAL INVITATIONAL
12	BUCKNELL TUNE-UP
19-21	PATRIOT LEAGUE INDOOR CHAMPIONSHIPS
	MARCH
5-6	ECAC INDOOR CHAMPIONSHIPS
26	SUSQUEHANNA INVITATIONAL
	APRIL
1-2	WILLIAM & MARY COLONIAL RELAYS
9	GEORGE MASON SPRING INVITATIONAL
16-17	BISON OUTDOOR CLASSIC
23	BISON TEAM CHALLENGE
30	BLOOMSBURG MAROON & GOLD MEET
	MAY
6-7	PATRIOT LEAGUE OUTDOOR CHAMPIONSHIPS
13-15	ECAC OUTDOOR CHAMPIONSHIPS

HOME MEETS IN ORANGE

